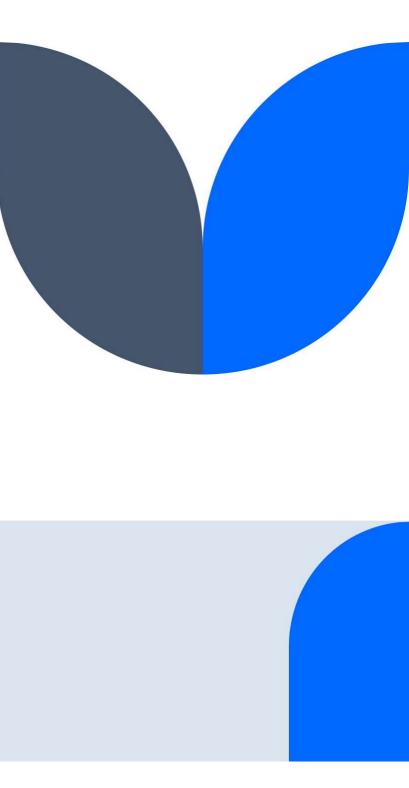


## 21<sup>st</sup> SENIOR CMAS WORLD FINSWIMMING OPEN WATER CHAMPIONSHIP

## 19<sup>th</sup> JUNIOR CMAS WORLD FINSWIMMING OPEN WATER CHAMPIONSHIP



Belgrade, Serbia 25<sup>th</sup> – 30<sup>th</sup> September 2023





### Dear Friends,

Serbia has been a proud sports nation for many years. It is our great pleasure and honour to be hosting such an event like 21<sup>st</sup> Senior CMAS World Open Water Championship in year 2023 in Belgrade.

This event represents the continued legacy of Serbian underwater sports and I sincerely thank CMAS Bureau for the confidence shown once again entrusting us organisation of this event.

Furthermore, I thank our partners, the Ministry of sports and the city of Belgrade for their support and commitment in this event. Together we are pleased to welcome you all to the capital of Serbia – Belgrade.

Belgrade is easy to access and experience. We hope that you will enjoy the flourishig cultural life and vibrant atmosphere in which you can meet the easy-going and open-minded Belgraders.

It is our hope that all the teams shall bring back good memories and results from the championships and we hope that everyone will enjoy their stay in our capital. We therefore look forward to once again demonstrating Serbia's unparalleled potential to meet your needs and to show our passion about sport.

On behalf of Serbian Underwater Federation I wish you all a pleasant and enjoyable stay.

Bozana Ostojic, president of Serbian Underwater Federation





# **Belgrade**, one city, fifteen names

The city of Belgrade is a place where world collide, where ancient history merges with medieval times which again merge with the contemporary age. Located on the intersection of the Danube and Sava river, it was destined to be the centre of Balkan culture.

With the Celts naming their settlement Singidun(on), Belgrade went form that to Singidunum and since then it has been known by many names including Alba Graeca, Alba Bulgarica, Fehervar, Nandoralba, Nandorfehervar, Landorfehervar, WeiBenburg and Griecnisch-WeiBenburg, Castelbianco, Veligrad(i)on/Velegrada, Dar Al Jihad, Belgrat, Prinz Eugen Stadt.

But the name that stuck to this day is Beograd (the White city), mentioned for the first time in 878 in a Papal letter to the Bulgarian ruler Boris I. Today there isn't a single location in old town Belgrade that doesn't hide remnants from Roman period. The first urban settlement was built here in 3<sup>rd</sup> century BC by Celts. It was conquered by the Romans in the 1<sup>st</sup> century BC and named Singidunum.

Belgrade is one of the oldest cities in Europe with settlements continuously existing here for at least 7000 years. Not far from Belgrade centre resides a culture older than the settlements in Mesopotamia.

The White city was fought over countless times, destroyed and rebuild times over and as a result emerged with a strong spirit which can be found in its architecture, landmarks, in its people and the overall way of life.

Throughout history many nations have fought over it resulting in the city being razed to the ground and rebuilt as many as 38 times throughout its history.







# **Belgrade**, the city underneath the city

In the 5<sup>th</sup> century, the Belgrade fortress was destroyed by the Huns and in the early Middle Ages saw an onslaught of Barbarian tribes, including the Slavs. A legend even says that Attila's grave lies at the confluence the Danube and the Sava river, more precisely under the very fortress.

Once Kalmegdan was a fortress (kale) and a field (megdan) and now is on of the most important cultural-historic sites, a park and a playground, a lookout and a Zoo, a concert venue and so much more. Belgrade became the capital city of Serbia in 1841.

The city is steeped in a rich cultural and historic heritage which is reflected in its many museums. Its numerous monuments, which have become the city's symbols bear witness to the turbulent history of Serbia and the Serbian capital.

Belgrade has so many secrets, one of them hides inches below the surface, literally. More than one hundred caves, canals, tunnels, passages tell the story of its connections to various empires and states that ruled in Belgrade over the ages.

Underground Belgrade has always attracted tremendous attention.

The Church of Saint Sava is one of the most recognizable symbols of Belgrade. Its dome is 70m tall and on top of it is a 12m high gold-plated cross.

With its reaching a height of 87m in total, this Church represents one of the largest churches in the world and the largest church building in the Balkans.







# Ada Ciganlija, the Belgrade sea

An island on the river Sava, stands out as a favourite and the most visited swimming place and playground in Belgrade. Now officially one of the three most beautiful city island in the world, connected with the right bank by two isthmuses creating Sava lake in the process. The green oasis near the centre of Belgrade, known as Belgrade sea, is surrounded by forest, countless cafes, restaurant, cycling tracks and sports fields and is lively through the year.

With its man-made beaches of about 6km in length, is the largest open water swimming area in The Republic of Serbia which welcomes up to 150.000 visitors on a daily basis during the summer season. The beaches are well-kept and equipped with all necessary infrastructural facilities.

The quality of water is extremely high and for the past 6 years, Ada Ciganlija lake has been the recipient of the Blue Flag, the highest international recognition for quality in tourism, environmental protection and safety in swimming area.





## **General Information**

- The Championships will take place in Belgrade, Serbia, from 25<sup>th</sup> till 30<sup>th</sup> September 2023
- Only participants with CMAS licence are eligible to compete
- All participants should respect the championships rules, the safety conditions set by the organizers and the CMAS rules and regulations • Only national teams affiliated to CMAS are eligible to compete. Each national team should respect the rules of championships, the
- safety conditions set by the organisers and CMAS rules and regulations
- Open water events: art. 2.3-8.1.3.6-8.1.3.7 Fin-swimming rules
- Underwater swimming is not permitted in open water competition
- It is specified that in open water, the style in Bi Fins is free
- In case of underwater swimming, the style judge shows a yellow card as a warning. If the style judge notices the fault again, he shows the swimmer a red card that informs him of his disgualification and obliges him to stop and go out of water. During relay events in Open water, this rule applies to each member of the team
- A swimmer who is deliberately obstructing another swimmer is shown a yellow card. If this is repeated the swimmer is shown a red card and is disgualified.
- Unfair and violent behaviour during Open water events is punishable by a direct red card.
- Reasons justifying such a decision are: a direct blow to the athlete's body or equipment. Also, pulling backwards or in another direction the athlete's body or equipment.
- For open water competitions, equipment of a) above and neoprene wet suits may be used; trousers and jackets, one-piece or two-pieces. Using competitive swimsuits long gown or skirt (enlarging the surface of the swimmer) is not allowed. Other auxiliary equipment or buoyancy devices are not allowed in any case.



# **Technical Regulations**

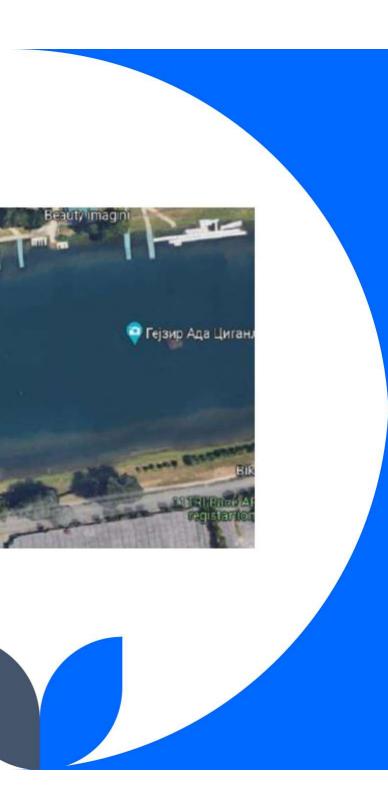
- AGE GROUPS:
- SENIOR 18 years and over
- JUNIOR 14 17 years
- DISCIPLINES AND DISTANCES (Male and Female)
- Surface Fin-swimming (SF): 5 km, 1 km
- Elimination Races: 150 m. SF, 150 m. BF, 4x150 m SB relay mixed
- Relay: 4x1 km SB mixed
- Bi Fins (BF): 3 km, 1 km
- Each country may enter not more than four (4) swimmers for each distance and one (1) relay team by category. For the elimination race each country may enter not more than two (2) swimmers for each distance and one (1) relay team by category.
- If the relay team is SB mixed, it's necessarily composed of two female athletes and two male athletes. The starting order is fixed by CMAS Rules 2.1.5.3 and is decided by the team leader according to CMAS Rules point 8.2.5.
- INTERNATIONAL JURY
- CMAS Technical Delegate according to the CMAS rules.
- PROTESTS
- · According to the CMAS rules.
- DOPING CONTROL
- The organizing committee guarantees to provide doping control according to the CMAS and WADA rules.
- The categories Juniors and Seniors are scheduled in the same place and at the same time.











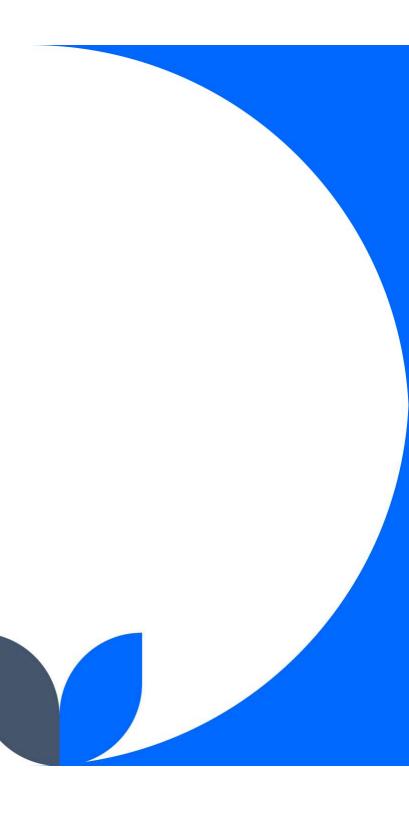






## **General Schedule**

- General Schedule as follows:
- Day 1: 25<sup>th</sup> September:
- Arrival of Delegations Day 2: 26<sup>th</sup> September: Official Training Team Leader`s Meeting • **Opening Ceremony**
- Day 3 5: 27<sup>th</sup> 29<sup>th</sup> September: Competition
- Day 6: 30<sup>th</sup> September: Departure of Delegations
- Competition Schedule: ٠
- 07:45-09:00 warm-up
- 09:15 start of races
- 15:00-16:15 warm-up
- 16:30 start of races





### 21<sup>st</sup> Senior CMAS World Open Water Championship – Belgrade 2023 19<sup>TH</sup> Junior CMAS World Open Water Championship – Belgrade 2023

	Morning Session	A
Day 1	1 km SF Women (Senior – Junior)	1 km BF Women (S
	1 km SF Men (Senior – Junior)	1 km BF Men (Senio
	150 m BF, Elimination Race (Senior Women), (Heats)	150 m SF, Eliminati
	150 m BF, Elimination Race (Senior Men), (Heats)	150 m SF, Eliminati
	150 m BF, Elimination Race (Junior Women), (Heats)	150 m SF, Eliminati
	150 m BF, Elimination Race (Junior Men), (Heats)	150 m SF, Eliminati
Day 2	5 km SF Women (Senior – Junior)	3 km BF Women (S
	5 km SF Men (Senior – Junior)	3 km BF Men (Seni
	4x150 m SB, Elimination Race (Senior), (Heats)	4x150 m SB, Elimin
	4x150 m SB, Elimination Race (Junior), (Heats)	4x150 m SB, Elimin
Day 3	150 m BF, Elimination Race (Senior Women), (Final)	4x1km SB Senior
	150 m BF, Elimination Race (Senior Men), (Final)	4x1km SB Junior
	150 m BF, Elimination Race (Junior Women), (Final)	
	150 m BF, Elimination Race (Junior Men), (Final)	
	150 m SF, Elimination Race (Senior Women), (Final)	
	150 m SF, Elimination Race (Senior Men), (Final)	
	150 m SF, Elimination Race (Junior Women), (Final)	
	150 m SF, Elimination Race (Junior Men), (Final)	
	1	

### **Afternoon Session**

(Senior – Junior)

Senior – Junior)

ination Race (Senior Women), (Heats)

nation Race (Senior Men), (Heats)

ination Race (Junior Women), (Heats)

ination Race (Junior Men), (Heats)

(Senior – Junior)

Senior – Junior)

imination Race (Senior), (Final)

imination Race (Junior), (Final)

# Accommodation

Official hotel - Slavija Lux - Belgrade

### • BOOKING & ENTRY FEES

- (5 Nights): from 25/09/2023 to 30/09/2023
- \* Entry fee per participant is 605€
- The package includes:
- Accommodation in 3-stars hotels with double or triple hotel rooms, full board (breakfast, lunch, dinner), 2x0,5l drinking water per person/per day, free transfers between the official hotel and competition venue, participation at the opening and closing ceremony.
- Extra day charged at 120€ per pax per day.
- Full board accommodation is considered as breakfast, warm lunch, warm dinner.
- Extra charges:
- These payments must be organized directly with the organization of the Championship.
- Transfers from the airport to the hotel and return fee per participant is 40€.
- Extra charges for single room ascend to 50€ per person per night.
- During the championship dates, the offer includes all benefits.
- All teams must stay obligatory during the Championship in the official hotels of the Championship.
- Participants who choose to be accommodated in hotels other than official will have to pay 302.5€ per pax for secretarial fees, competition, opening and closing gala ceremony. No local transfers will be provided.
- If a team needs a PCR COVID test to travel back to your origin countries, they must contact the organizing committee.



# Important

· Late registrations will not be accepted

### 1. PAYMENT

- Minimum 50% of total entry fee should be deposited at our bank to guarantee the booking. After this date, the participation fees will increase by a further 10% of total amount. The remaining payment can be paid cash upon arrival.
- Bank cheque and credit card will not be accepted!
- Minimum 50% of total entry fee must be paid, via bank transfer.
- For bank details please send mail to Serbian Underwater Federation. Bank information is confidential. Therefore it will be sent upon request to <a href="mailto:wcfsbelgrade@gmail.com">wcfsbelgrade@gmail.com</a>

### <u>2. VISA</u>

• If you require a visa, please contact the organizing committee at least Two Months prior to entry.

### 3. VARIOUS

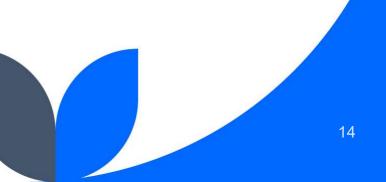
• Electrical current is 220V. Plug, type C, E, F



# **ENTRY AND PARTICIPATION,** DEADLINES

- Registration and Payment of CMAS licenses orders on www.cmasoffice.org ٠
- (Annex 1) The preliminary declaration of participation and registration form should be sent to the CMAS and Organizing Committee no later than ٠ 20/08/2023.
- (Annex 2) Final hotel booking form and entry fee should be sent to the Organizing Committee. Send also copy of "bank transfer" no later than ٠ 20/08/2023.
- (Annex 3) Competitors list form should be sent to the Organizing Committee no later than 10/09/2023. ٠
- Registration of the athletes and the events in SPORT ID according procedure attached. (Attention only when the CMAS licenses will be valid). ٠ Deadline before 10<sup>th</sup> of September.





## • For all queries, please contact us:

## • LOCAL ORGANISING COMMITTEE:

• President - Bozana Ostojic - wcfsbelgrade@gmail.com

### • GENERAL MANAGER OF THE CHAMPIONSHIP:

Milena Neskovic

## • OFFICIAL EMAIL OF THE CHAMPIONSHIP:

wcfsbelgrade@gmail.com





## 21<sup>ST</sup> SENIOR CMAS WORLD OPEN WATER CHAMPIONSHIP

## 19<sup>th</sup> JUNIOR CMAS WORLD OPEN WATER CHAMPIONSHIP

