



2nd World Cup Finswimming Masters 2015

RAVENNA – ITALY

Saturday 6 and Sunday 7 of June 2015

Version 4 (corrected April 29th new address for registration and insurance)



RULES

1 –DENOMINATION:

F.I.P.S.A.S. of Ravenna and A.S.D. CNP ROMA with the agreement of C.M.A.S. and F.I.P.S.A.S. has the pleasure to invite you at World Cup Finswimming Masters 2015, International Finswimming Competition will be held in Ravenna the 6 and 7 of June 2015.

2 –COMPETITION PLACE:

The Competition will be held in:

1 - Olympic swimming pool of Ravenna, Via Falconieri 31 - Number 8 lanes, 50 meters long a constant depth 2,10 m.

2 - Le Ghiarine Lake, Via Romea sud, n° 564 – 48124 - Mirabilandia Savio (RA)

3 –PARTICIPATION RULES AND RACES:

The competition, in accordance with the Finswimming International Regulation, and this Particular Regulations, includes the following races and categories:

Individuals:

V0: 29 – 34 years (from 1986-1981)

V1: 35 – 44 years (from 1980-1971)

V2: 45 – 54 years (from 1970-1961)

V3: 55 – 64 years (from 1960-1951)

V4: 65 – 74 years (from 1950-1941)

V5: 75 years and over

(1940 and over. Only Open Water competition – No swimming pool competition)

Relays

A Team of relay can be mix male and female. In this case, he should be classified in Men category

Women's Team is composed only with female.

The category is calculated with the sum of age of all members of the team according the table below.

Sum of age (from –to)

R1 140 216

R2 217 and over

Men & Women: 50 AP, 50 SF / 100 SF / 200 SF / 50 BF / 100 BF / 200 BF / Relay 4x100 SF / 4x50 BF.

The CMAS Master's Finswimming World Cup may concern also Open Water event:

Men & Women: 3 Km SF and 3 Km BF according age group defined at point 1.5.

Athletes belong to master only if during the current season:

Haven't participated in national championship (senior category) if master's ranking isn't provided in his own country.

Have classified only in competitions with master category.

Have not taken part in world's cup competitions (category senior)

Number of enrolment is free for individual races and relay for each participant.

A CMAS Master's Finswimming World Cup round should be staged at one venue during one day and 2 sessions for swimming pool competition, one day and one session for round only in Open Water or 2 days and 3 sessions if swimming pool and Open Water competition, following this program:

Day 1

Saturday 6
June morning

8,30/9.15 warm up
9,30 competition
- 50 SF
- 100 BF
- 200 SF
- Relay 4x50 BF

Saturday 6
June afternoon

15.00/15.45 warm up
16.00 competition
- 50 BF
- 100 SF
- 200 BF
- 50AP
- Relay 4x100 SF

Day2 (Open Water event)

Sunday 7
June morning

10.00 competition
3 Km BF
3 Km SF

- Each club can be associated by a National Federation recognized by C.M.A.S. and each competitor must have the CMAS International Sport Licence.
- If the competitor hasn't a CMAS finswimming license, the field "club" in result will be empty. He must provide medical certificate in one of the three CMAS language signed by doctor authorizing the practice of sport "Finswimming in competition", less than a year, the day of competition, certified and signed by the competitor. The sport license will be able delivery on place. He must provide also individual insurance contract cover participation at the finswimming competition "swimming pool and Open Water".

Organization will accept from each country only one judge in official jury

For every race, the classification will be according the following CMAS Point Table:

☐ **Swimming-Pool Individual and relay**

Place	points	place	points	place	points	place	points
1st	50	7th	30	13th	16	19th	6
2nd	46	8th	27	14th	14	20th	5
3rd	42	9th	24	15th	12	21st	4
4th	39	10th	22	16th	10	22nd	3
5th	36	11th	20	17th	8	23rd	2
6th	33	12th	18	18th	7	24th	1

All other swimmers who finish the race will receive 1 point for a successful participation.

☐ **Open Water Individual Point Table:**

place	points	place	points	place	points	place	points	place	points
1st	100	11th	60	21st	36	31st	20	41st	10
2nd	93	12th	57	22nd	34	32nd	19	42nd	9
3rd	87	13th	54	23rd	32	33rd	18	43rd	8
4th	82	14th	51	24th	30	34th	17	44th	7
5th	78	15th	48	25th	28	35th	16	45th	6
6th	75	16th	46	26th	26	36th	15	46th	5
7th	72	17th	44	27th	24	37th	14	47th	4
8th	69	18th	42	28th	23	38th	13	48th	3
9th	66	19th	40	29th	22	39th	12	49th	2
10th	63	20th	38	30th	21	40th	11	50th	1

All other swimmers who finish the race will receive 1 point for a successful participation.

4 –ENROLMENTS:

Enrolments are available only through internet. Registration will be open on Website April 20th

<http://cmasfinswimming-rsportz.com/registration>

new adress

<http://cmasfinswimming-rsportz.com>

CMAS FEES :

According the rules (art 6.1 of master's rules), the specific entry fees for CMAS charged to each competitor to participate in the Master's Finswimming World Cup, are fixed annually by the CMAS. CMAS

- **CMAS sport license holder: 10 € (participation fees)**
- **Not CMAS sport license holder:**
 - **15 € (registration for 1st participation in year)**
 - **+ 10 € (participation fees)**

ORGANIZING FEES

The inscription fee: Euro 15,00 for club, Euro 7,00 each distance and Euro 14,00 each relay. Fee paid for not-performed races won't be reimbursed. Also relays must be declared with time on the enrolment forms. Late enrolments maybe accepted with a fine of Euro 50,00.

ATTENTION: The registrations agree and all communication further exclusively will be accepted when the CED sends the confirmation of reception of the same ones. In lack of the reception confirmation no registration will come accepted beyond the expiration of 23 May.

For all information send to cednp@tiscali.it - cednuotopinnato@fipsas.it

5 –FORFAIT of COMPETITORS:

The team's leader will be announcing the competitor's absent 5 days before starting competition. For every swimmer absent in a heat without communication, the club will be liable for a fine of € 50,00.

6 - REGISTERED TIME:

Timekeepers with Electronic System from Federazione Italiana Cronometristi (F.I.Cr.).

7 – INDIVIDUAL PRIZES:

- **Gold, silver and bronze medals for each distance, for each master's age group, men and women,**
- **Gold, silver and bronze medals for each relay, for each master's age group, men and women,**
- **A Cup for the three clubs who win the General World Cup Classification**

8 –DOPING CONTROL:

Doping Control follows the international rules of WADA, CMAS antidoping code.

9 –RESPONSIBILITY:

A.S.D. CNR ROMA, C.M.A.S., F.I.P.S.A.S., the Competition Director, the Competition Officers and the Chief Judge are not responsible for accidents or damages caused to people and things, before, during or after the competition.

10 –SPECIAL NOTES:

This program could be modified for organization cause. Swimmers must be available for the Start Judge with their complete equipment at least 10 minutes before the race start. Swim cap are mandatory. The organizing club reserved to accept and insert an athlete or a relay at any time at own discretion, in or outside the official classification, on request by the participating club. Any other rule concerning the competition could be found on the C.M.A.S. Finswimming Rules.

14 -VISA:

IF YOU NEED VISA FOR ENTER IN ITALY, PLEASE MAKE CONTACT WITH ITALIAN FEDERATION (F.I.P.S.A.S.) MINIMUM 45 DAYS BEFORE THE EVENT.

12 -HOTEL INFORMATION:

Logistics Manager Mr. Franco Gardini tel. 0039/348/3665906 Email: fgardini@bacardi.com.

Reservation until 10 days from event.

APARTMENT WITH 2/6 PLACE IN 3 ROOMS AND ONE WC BREAKFAST ENCLOSED 25 EURO/PERSON

3 star hotel:

- Bed and breakfast € 35 per person in multiple rooms, 40 € in single;

3 star superior hotel:

- Bed and breakfast € 43 per person in multiple rooms, 53 single euro;

4 star hotel:

- Bed and breakfast € 50 per person in a shared bedroom, 60 € in single

Cuisine for lunch and dinner, catering in the pool:

- EUR 15 for meal

N.B. Prices inclusive of taxes

Dinner with Italian specialitat at The Lake Ghiarine EURO 18 (Cappeletti al ragu ', mixed grill, potatoes, dessert) – reservation until Wednesday at segreteria@fipsasravenna.com or 345.9392186

Accommodation / camping at the Federal Center Ghiarine - 7 € for person – info at segreteria@fipsasravenna.com or 345.9392186

See you in Ravenna!!!

Ravenna Tourist Information



The headquarters of the Municipality of Ravenna is in the central Piazza del Popolo.

City of Emilia- Romagna have 158 739 people.

Located east of northern Italy is bordered to the south by the provinces of Forlì and Cesena , in the north with those of Bologna and Ferrara.

Ravenna is just 10 kilometers from the sea .

Rich in history, monuments and works of art , Ravenna is the capital of the mosaic.

Also famous for its commercial port , for its International Tourist Port " Marinara" Marina di Ravenna and the spa of Punta Marina Terme.

Its predominant vocation hospitable city allows it to offer to those wishing to stay a good hotel accommodation , a spacious well-equipped service campgrounds and other alternative structures such as hostels, farms, etc. . Eight of its oldest monuments are UNESCO World Heritage under the auspices of UNESCO.

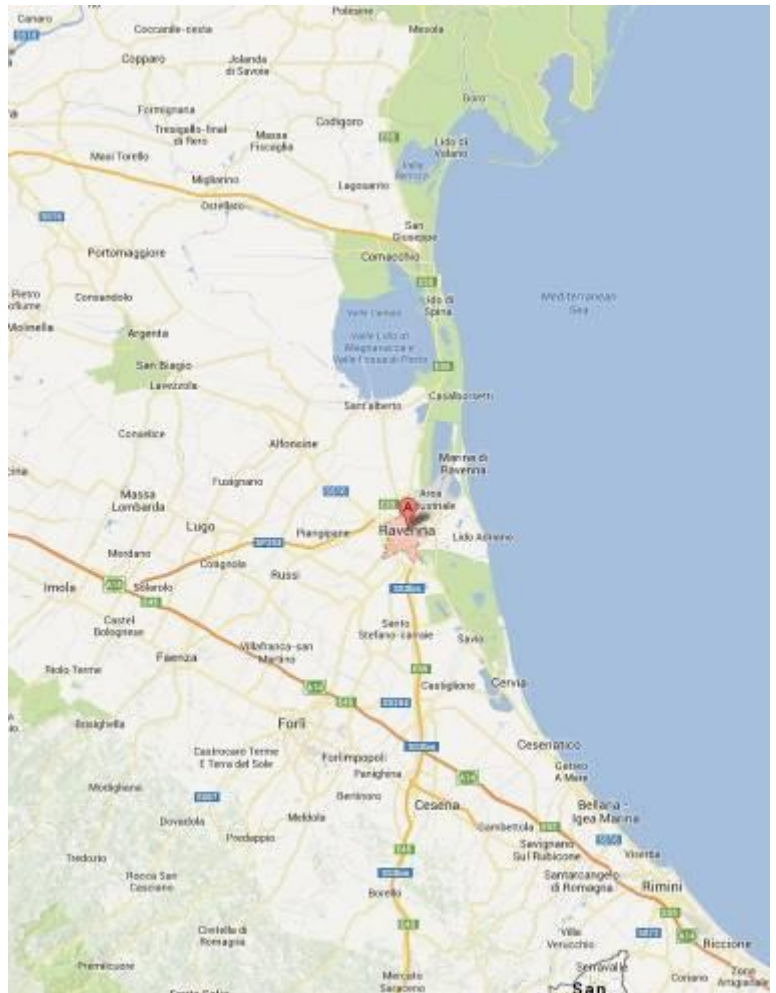
Ravenna is a city rich in cultural events and international prestige , such as the Ravenna Festival , Mosaic Night, Bella Sera Ravenna , Ravenna Jazz, Sound Mosaics are just some of the major events .

Attractive and welcoming its historical center with numerous shops and windows of merchants and artisans who exhibit a wide range of merchandise .

Its pine forests and its Natural Areas - a priceless heritage of rich flora and fauna - are an integral part of the Regional Park of the Po Delta

The flatbread, Cappelletti lean to the Romagna , the donut , Sangiovese and Albana are some of the delicacies of the culinary art of Ravenna.

Ravenna is the city of Riccardo Muti , samples of sport Sefi Idem, Marco Melandri, Valentina Belloni, Francesco and Matteo Ivaldi , Marcello Miani etc. . and has assigned an " honorary citizenship " to the likes of Michelangelo Antonioni and Dario Fo.



The capital of Romagna offers several opportunities : fun , with the Park Wonderland ; leisure , with the broad program of activities and exhibitions of tourism, with many excursions ranging from the cultural - tourist nature to those (we recommend a visit the pine forests of S. Vitale and Classe, Oasis Alberete and the largest city park in the "Park Theodoric ."

The more links you sent are those roads and motorways. From the North , Ravenna is reached by the A14 motorway from Bologna at the confluence of the A1 del Sole motorway , the A21 Turin -Piacenza motorway and the A22 Brenner

motorway. Coming from Venice, the director remains the fastest road SS 309 "Romea" , which are grafted on the streets from Padua and Ferrara.

From the South , in addition to the A1 and A14 , are to report the E45 , which connects through the mountains Ravenna to Rome and the Adriatic highway 16 .

The airports of Bologna (Guglielmo Marconi) , Forli (G. Ridolfi) , Rimini (Miramare) and Venice (Marco Polo) , are connected with the most important Italian and European cities by scheduled and charter flights. From Bologna Ravenna can be reached by car or train journey times between one and two hours drive from Venice about two hours, from Forli and Rimini in less than an hour.