



CMAS WOMEN

**7th FREE DIVING DEPTH
WORLD CHAMPIONSHIP
2023**

19-27 AUGUST 2023

ROATAN

PART A

INFORMATION

CMAS 7th FREE DIVING OUTDOOR DEPTH CHAMPIONSHIP 2023

Will be held in ROATAN on August 2023

- **EVENT SCHEDULE**

The Draft Program of the event is as follows:

- 19 August 2023. Arrivals, registrations.
- Official training on 20 August 2023 from 08:45 to 14:00.
- Boats to dive platform departing at every 30 minutes from our HQ San Simon Beach Club. (3 minutes boat ride)
- The opening ceremony will take place on 20 August 2023 at 18.00 p.m. at San Simon Beach Club.
- Medal ceremonies will be held downtown at the closing ceremony.
- The closing ceremony will take place on 26 August 2023 at San Simon Beach Club.

- **COMPETITIONS PROGRAM**

There will be CWT with Mono/Bi-Fins, Free Immersion, CNF and CWT with Bi-Fins competitions for Seniors WOMEN.

- Arrival day-registration
- Day 1 official training
- Day 2 CWT
- Day 3 FIM
- Day 4 Rest Day- RESERVE DAY in case of any previous cancelation
- Day 5 CNF
- Day 6 CWT-BF
- Day 7 RESERVE DAY in case of any previous cancelation

- **ADDITIONAL TRAINING**

- Roatan Freediving School & Training Center offers daily training all year round.
CWT with Mono/Bi-Fins, CWT with Bi-Fins, CWT No Fins and FIM

The athletes have to pay for additional Training.

- **GENERAL PROGRAM**

The Program of the event will be as follows:

- The opening ceremony will take place on Sunday 20 August 2023 at 18.00 p.m.
- Medals ceremonies will be held downtown before the closing ceremony
- The closing ceremony will take place on Saturday 26 August 2023 after the Medals ceremony.

PROGRAM SCHEDULE:

CMAS FREE DIVING WORLD DEPTH CHAMPIONSHIPS 2023

19 August 2023 SATURDAY	
14:00-20:00	Official registrations
20 August 2023 SUNDAY	
08:15	Depart to training site from San Simon Beach Club (Competitors) (CWT, FIM, CNF, CWT-BF)
16:00	ORGANIZATIONAL & TECHNICAL MEETING Location: San Simon Beach Club
17:00	OPENING PROGRAM Parade of the teams
	OPENING SPEECHES CMAS President, Guest Speakers
21 August 2023 MONDAY	
08:00	Depart to Competition Area (Competitors)
09:00	CWT Competition Location:
22 August 2023 TUESDAY	
08:00	Depart to Competition Area (Competitor)
09:00	FIM Competition Location:
23 August 2023 WEDNESDAY-RESERVE DAY	
	RESERVE DAY In case of cancelation a previous day it is reserved for competition

24 August 2023 THURSDAY	
08:00	Depart to Competition Area (Competitors)
09:00	CNF Competitions
	Location:
25 August 2023 FRIDAY	
08:00	Depart to Competition Area (Competitors)
09:00	CWT-BF Competitions
	Location:
26 August 2023 SATURDAY -RESERVE DAY	
	RESERVE DAY
	In case of cancelation a previous competition day it is reserved for competition
	Medals ceremony
	CLOSING CEREMONY-PARTY
27 August 2023 SUNDAY - DEPARTURE	
	Departures of delegations

• SPECIAL NOTES

- As some of the actions will take place according the competition finishing time, final program will be announced at technical meeting before the competition.
- The event is open to the athletes aged 18 and over and belonging to National Teams fully complying with the provisions of CMAS Regulations.
- National Teams may be made up of a minimum of one to a maximum of six athletes for each men's competition and a minimum of one to a maximum of six athletes for each women's competition.
- National Teams have to bring with them three flags of their countries, 2x1m in size and their national anthem in electronic form. The captain will deliver them at the registration.
- CMAS, the Competition Director, Competition Officers and the Technical Delegates are not responsible for accidents or damage caused to people and personal effects before, during or after the competition. The organizer ensures the presence of medical assistance.
- The rules of competitions applied will be:
 - CMAS Freediving International Rules Depth Competition
- All participating athletes shall accept and follow the international rules of WADA.

- Athletes must be in possession of:
 - The original entry form signed by the Federation's authorized person
 - Valid CMAS freediving sports license
 - Insurance
 - Medical certificate not older than 6 months
 - ID document- Passport.

Athletes that fail to provide the above documents will not be allowed to take part in the competitions, and their participation fee will not be refunded.

- Classifications and Prize-giving shall be performed in agreement with CMAS Procedures.
- **8. WHEN YOU ARRIVE AT ROATAN**

The organization can coordinate transportation for athletes and staff from airport to their respective lodging.

The organization also can help athletes to find accommodation according to their budget and preference.

- **CONTACT PERSONS**

Esteban Darhanpe, organizer

[e-mail: estebandar@hotmail.com](mailto:estebandar@hotmail.com) Whatsapp +504 8854 1171

<http://roatanfreediving.com>

Tolis Bellos, Director CMAS freediving commission

e-mail: tolis.cmas@gmail.com Whatsapp +306975863210

PART B

1. CMAS Registration

Pls notice that all entries of National teams must be made by the Nationals federations.

Pls make sure that all athletes have a **CMAS athletic license** issued from each federation through cmasoffice software.

Federations Registration

You have to register your teams through every federation official **Sportsid** account.

Then register all your athletes at their desired disciplines in **Sportdata**.

Instructions at the: 2023_General Registration Process Freediving_v2

Notice

If there is a participation from a country without federation then an individual application for super license is possible following the below steps.

Contact Tolis Bellos, Director CMAS freediving commission

e-mail: tolis.cmas@gmail.com

You have to send a copy of the passport so to be checked.

Only after approval you can register.

Register for super license. Click link please: <https://shorturl.at/dktX4>

There are instructional videos from the webmaster.

<https://youtu.be/vj9HRcTMSuA>

The application will be in waiting list and will be valid only after CMAS check and approval. The final step is the payment of 55 euros online. Then the athlete can register at the desired disciplines for free.

For registration you need an account.

Users which already have registered an account, please re-use your account. In this case you can also re-use all competitors, coaches, referees and officials' data. If you don't have an account yet, you can register online <https://shorturl.at/atW07>

Then after creating the account, you have to register at the following EVENT:

For athletes with superlicense the link for registration is: <https://shorturl.at/ikzEK>

2. LOC REGISTRATION and participation fees

Registration period: starting May 1 to July 30

Registration fees:

Until June 30th USD 680

After July 1st a 10% increase will be applied

TRAINING FEE BOOKING BEFORE AUGUST ACCORDING TO QUANTITY AS DETAILED BELOW:

1 TO 4 SESSIONS USD 40

4 TO 9 SESSIONS USD 35

+ 10 SESSIONS USD 30

From August 1st the price per session will be USD 40 USD regardless of the number of sessions.

CONTACT PERSON

Esteban Darhanpé
West End, Roatan, Bay Island, Honduras
+504 8740.5891

3. ACCOMODATION

PROPERTY MANAGERS CONTACTS:

ISLAND HOUSE ROATAN

CONTACT: RUTH HEALEY / BRAD VOLK

[Roatan Vacation Rentals & Accommodations | Island House Roatan reservations@islandhouserootan.com](#)

WhatsApp +504 9648 5738

WONDERLAN ORIGINAL TRAVELS

CONTACT : SARA CARAVAGLIA

[wonderlandoriginaltravels.com](#)

[info@wonderlandoriginaltravels.com](#)

WhatsApp +504 99419362

CARIBBEAN COLORS RENTALS

CONTACT: CAROLINE POWERS

[Accommodation on Roatan Vacation Rentals and Condo Rentals Caribbean Colors Rentals](#)

[info@caribbeancolorsroatan.com](#)

WhatsApp +504 3200-1630

WEST BAY RESORTS

[Hotels in Roatan - Honduras - Paradise Beach Hotel \(paradisehotels.com\)](#)

<https://www.mayanprincess.com/>

[Home - Bananarama Dive & Beach Resort](#)

[Turtle Beach Dive Resort, Roatan \(turtlebeachroatan.com\)](#)

[Naboo Resort & Dive Center, West Bay, Roatan](#)

[coconuttreecabins.com](#)

[Home - Splash Inn \(splashinnresorts.com\)](#)

WEST END RESORTS AND INNS

[Experience luxury at Boutique Hotel Roatan, a paradise getaway. \(lunabeach.net\)](#)

[Roatanhalfmoonresort.com](#)

[\(2\) Georphi's Tropical Hideaway | Roatán | Facebook](#)

[Home | Lands End Roatan | True Ocean Front Location](#)

[coconuttreecabins.com](#)

[Mariposa Lodge: Located on the Isla de Roatan in Honduras \(mariposa-lodge.com\)](#)

[Home - Splash Inn \(splashinnresorts.com\)](#)