



## FEDERAZIONE ITALIANA PESCA SPORTIVA ATTIVITÀ SUBACQUEE E NUOTO PINNATO

### TECHNICAL SECTOR

Underwater Activities and Finswimming

Circ. no. 70

Ref.: 1852/CA/fs

Rome, 24 March 2023

Kind attn.

The athletes concerned  
Clubs of Underwater Activities and  
Finswimming Sector  
F.I.P.S.A.S. Regional Committees  
F.I.P.S.A.S. Provincial Committees  
F.I.P.S.A.S. Conv. Provincial Sections  
F.I.P.S.A.S. Provincial Delegates  
CONI Doping Controls Committee  
Ministry of Health

c.c.: Underwater Activities and Finswimming Sector  
Committee  
Competition Officials  
Organising club  
Freediving Technical Staff  
Freediving Zone Coordinators

=THEIR EMAIL ADDRESSES=

**SUBJECT: *Italian Open Freediving Outdoor Championships  
Riva del Garda (TN) – 1/3 September 2023***

This is to inform you that entries for the Italian Open Freediving Outdoor Championships 2023 (categories: Open and Promotion) must be through the website <https://iscrizioni.novarapnea.it/>, as per the instructions indicated in art. 3 of this document, by no later than **12 August 2023**.

**The fee for each athlete to take part in competitions is: €45.00 for one competition; €80,00 for both. These fees must be paid by 12 August by bank transfer, made out to:**

**A.S.D. Gruppo Sommozzatori Riva – Cassa Rurale Alto Garda – IBAN: IT470 08016 35320 0000 14002 396**

**Reason for payment: Entry fee Italian Freediving Outdoor Championships 2023 (please also specify the name of the athlete(s) for whom you are paying the entry fee and the competition: CWT-BF, CWT-M)**

Participants must be in possession of the Federal Membership Card, Athlete Card, valid for the current year, and, consequently, a valid competitive sport medical certificate.

For all matters not provided for herein, the Federation's by-laws shall apply. For further information please contact: **Mr Graziano Marchi Mobile +39 349-0531605 E-mail: [info@grupposommozzatoririva.it](mailto:info@grupposommozzatoririva.it)**

After the event, the Organizing Club shall send the relative rankings to the address: [subacquea@fipsas.it](mailto:subacquea@fipsas.it), for publication on the federal website.

It is also recalled that when applying for and/or renewing membership, the Sports Anti-Doping Rules implementing the WADA World Anti-Doping Programme are agreed to. The anti-doping regulations can be viewed on the FIPSAS website ([WWW.FIPSAS.IT](http://WWW.FIPSAS.IT)), click on the anti-doping link, and on the NADO Italia site ([WWW.NADOITALIA.IT](http://WWW.NADOITALIA.IT)).

Kind regards.

The General Secretary

Barbara DURANTE



# ITALIAN OPEN FREEDIVING OUTDOOR CHAMPIONSHIPS (categories: Open and Promotion)

Riva del Garda (TN) – 1/3 September 2023

## ORGANIZATION

### ART. 1 - ORGANIZATION

F.I.P.S.A.S., in collaboration with the Club A.S.D. Gruppo Sommozzatori Riva, is organising for the days **2 and 3 September 2023** the Italian Open Freediving Outdoor Championships - Categories: Open and Promotion (specialities: Constant Weight with Monofin (bi-fins also allowed) – and Constant Weight with Bi-Fins).

The event is governed by the National Competition Rules, the Regulatory Circular, the Specific Rules and these Organizational provisions (which can all be downloaded from the federal website: [www.fipsas.it](http://www.fipsas.it)), which all participants, by registering, declare they have read and duly agree to.

### ART. 2 - PARTICIPATION

All athletes may take part in the Italian Freediving Constant Weight with Fins Championship (Monofin – bi-fins also allowed – and Bi-Fins), without prejudice to the depth limitations set forth in art. 2.1.4 of the Regulatory Circular in force for Junior athletes.

The winners will be awarded the title of Italian Champion (Open or Promotion), depending on the category entered, in the following specialties: Constant Weight with Monofin (bi-fins also allowed, it being understood that there will be a single ranking) and Constant Weight with Bi-Fins.

The title of Best Outdoor Freediving Club will be awarded after both specialties in the programme are completed by the athletes taking part in the event in question.

The final ranking will be determined by assigning to the top six (6) ranked athletes and the top six (6) ranked athletes in each speciality and category (Open/Promotion) a score based on the following criterion:

10 points to top ranked, 6 points to second ranked, 4 points to third ranked, 3 points to fourth ranked, 2 points to fifth ranked and 1 point to sixth ranked. These points will then be multiplied by the category coefficient, namely 2 for the Open and 1 for the Promotion category. The winning Club will be the one obtaining the highest score.

The entry limits are:

60 places for the Italian Constant Weight with Bi-fins event;

60 places for the Italian Constant Weight with Monofin event (bi-fins also allowed, it being understood that there will be a single ranking).

### ART. 3 - ENTRIES

Entries to the Italian Championship must be through the website <https://iscrizioni.novarapnea.it/>, following the instructions shown below, by no later than **12 August 2023**. The entries phase for all programme specialties might end early if the maximum number of entrants is reached before the set deadline.

**Instructions for online registration:** The Club must register at: <https://iscrizioni.novarapnea.it/> After that, it will receive a password that it can use to enter its athletes and modify declarations, download the entry form in pdf format and upload it, duly signed. Declarations can be modified until 12 August 2023.

**12 August 2023 is the deadline for all athletes' entries.**

Confirmation of participation is subject to the payment of the entry fee, by no later than 12 August 2023, communicated by e-mail to: [info@grupposommozzatoririva.it](mailto:info@grupposommozzatoririva.it), sending a copy of the payment of the entry fee for each athlete, as follows:

one competition: €45.00; both: €80.00.

The bank details of A.S.D. Gruppo Sommozzatori Riva are:

**Cassa Rurale Alto Garda – IBAN code: IT470 08016 35320 0000 14002 396**

**Entries are valid only after payment of the participation fee.**

**Non-participation in the Italian Championship, for whatever reason, does not exempt competitors from paying the relative participation fee.**

**Non-participation in the Italian Championship, for whatever reason, does not entail the right to a refund of the participation fee.**

***N.B. After the deadline of 12 August 2023, any fresh applications received will be rejected.***

## **ART. 4 - PLACE AND TIME OF COMPETITIONS**

### **Constant Weight with Bi-Fins**

The Italian Freediving Championship - Constant Weight with Bi-Fins will take place **on 2 September 2023**, in Riva del Garda (TN), at the following venue:

Competition venue: Riva del Garda, location S. Nicolò port (Viale Rovereto, 140)

Athlete accreditation is scheduled for 18:45 on 1 September 2023, at the headquarters of ASD Gruppo Sommozzatori Riva.

### **Constant Weight with Monofin**

The Italian Freediving Championship - Constant Weight with Monofin (bi-fins also allowed, it being understood that there will be a single ranking) will take place **on 3 September 2023**, in Riva del Garda (TN), at the following venue:

Competition venue: Riva del Garda, location S. Nicolò port (Viale Rovereto, 140)

Athlete accreditation is scheduled for 18:00 on 2 September 2023, at the headquarters of ASD Gruppo Sommozzatori Riva.

## **ART. 5 -THE COMPETITION**

### **Constant Weight with Bi-Fins**

The Italian Championship will begin at 08:30 on 2 September 2023 and continue in accordance with the attached programme, in compliance with Federal rules.

### **Constant Weight with Monofin**

The Italian Championship will begin at 08:30 on 3 September 2023, and continue in accordance with the attached programme, in compliance with Federal rules.

## **ART. 6 - CONSTANT WEIGHT WITH FINS (MONOFIN AND BI-FINS)**

As far as technical rules are concerned, reference is made to the National Competition Rules (available on the federal website [www.fipsas.it](http://www.fipsas.it)) and, in particular, the Freediving Rules (Constant Weight with and without Fins).

## **ART. 7 - ASSISTANCE AND SAFETY**

The organisers must be able to guarantee and meet the following service and safety requirements:

- a) real-time monitoring of the athletes, on the surface, using assistants and/or the most suitable equipment made available to Competition Officials;
- b) an adequate system to immediately rescue the athlete (counterweight, winch or other device);
- c) an adequate number of surface assistants and divers ready to intervene.

If the organisation is unable to guarantee the requirements stated in points (a) – (b) – (c) above, the depth limit shall be set at 70m.

In this case, assistance will be entrusted to an adequate number of divers and surface assistants.

It would also be desirable to use the video camera situated below the bottom plate.

**The Chief Judge, after consulting the Competition Director, may decide to reduce the diving depth for safety reasons.**

## **ART. 8 - PRIZEGIVING**

The prizegiving ceremony will be held at the headquarters of ASD Gruppo Sommozzatori Riva in accordance with the attached programme and with the FIPSAS–CONI protocol. Any additional prizes shall be presented at the end of the official ceremony (competitors will be informed of any prizes at the meeting before the start of the competition).

## **ART. 9 - COMPLAINTS**

All competitors are entitled to submit complaints, in the form, manner and terms provided for by the Regulatory Circular and FIPSAS National Rules in force.

## **ART. 10 - INTERPRETATIONS**

The Chief Judge alone shall decide on any deviations from the Rules set forth herein, without prejudice to the right of the parties concerned to file a complaint, as indicated in Art. 9 herein.

## **ART. 11 - ORGANIZATIONAL STAFF**

Head of Organisation: Mr Graziano Marchi

## **ART. 12 – RUNNING OF COMPETITION**

Competition Director:	Graziano Marchi
Chief Judge:	To be designated
Competition Judges:	To be designated
Competition physician:	To be chosen by organising Club
Competition secretary:	Alessandro Marcabruni

# ITALIAN OPEN FREEDIVING OUTDOOR CHAMPIONSHIPS (categories: Open and Promotion)

Riva del Garda (TN) – 1/3 September 2023

## PROGRAMME

### Friday 1 September 2023

- 17:30 Inauguration of the Italian Freediving Outdoor Championships
- 18:45 Athlete accreditation for the Italian Freediving Championships, Constant Weight with Bi-fins, briefing with athletes

### Saturday 2 September 2023

- 07:00 Meeting with athletes
- 08:00 Warm-up
- 08:30 Start of Italian Freediving Constant Weight with Bi-fins Championship;
- 14:30 End of Italian Freediving Constant Weight with Bi-fins Championship;
- 15:00 Presentation of rankings
- 15:30 Prizegiving
- 18:00 Athlete accreditation for the Italian Freediving Championships, Constant Weight with Monofin, briefing with athletes

### Sunday 3 September 2023

- 07:00 Meeting with athletes
- 08:00 Warm-up
- 08:30 Start of Italian Freediving Championship in Constant Weight with Monofin (bi-fins also allowed)
- 14:30 End of Italian Freediving Championship in Constant Weight with Monofin (bi-fins also allowed)
- 15:00 Presentation of rankings
- 15:30 Prizegiving
- 17:00 End of event and refreshments

**N.B. The times indicated may be subject to change due to technical and organizational needs. Any such changes will be promptly notified to participants in the appropriate manner.**

**ITALIAN OPEN FREEDIVING  
OUTDOOR CHAMPIONSHIPS  
(categories: Open and Promotion)**

**Riva del Garda (TN) – 1/3 September 2023**

## **USEFUL INFORMATION**

- **HOW TO GET HERE:**  
FROM THE A22 MOTORWAY EXIT AT JUNCTION ROVERETO SUD-LAGO DI GARDA NORD, FOLLOW THE SIGNS FOR LAGO DI GARDA, TORBOLE, RIVA DEL GARDA
- **HOTELS OFFERING SPECIAL RATES:** THESE WILL BE FINALISED AND PUBLISHED ON THE WEBSITE OF ASD GRUPPO SOMMOZZATORI RIVA ([www.grupposommozzatoririva.it](http://www.grupposommozzatoririva.it))
- **USEFUL APPS:** GO TO GOOGLE PLAY AND LOOK FOR THE APP “GSRG” WITH THE LOGO OF THE SOMMOZZATORI RIVA GROUP. DOWNLOAD IT TO HAVE, IN REAL TIME:  
TEMPERATURE: 0mt.,- 6mt.,- 10mt.,- 20mt.,- 30mt.,- 40mt.  
AIR TEMPERATURE  
WIND SPEED AND DIRECTION
- A TRAINING PLATFORM IS AVAILABLE ABOUT 200M FROM THE SHORE. YOU MUST BRING YOUR OWN ROPE.