



11-15 August 2023

Roatan, Honduras

Organized by
Roatan Freediving School & Training



PART A

Information

Event Schedule

August 11th- Registration Day- San Simon Beach Club 14:00-16:30
Open Ceremony- San Simon Beach Club 17:00

August 12th- Competition Day

August 13th- Competition Day

August 14th- Competition Day

August 15th- Competition Day -
Award Ceremony & Closing Party- Paradise Beach Resort 17:00

Each competition day athletes will be free to choose which discipline they will compete with.

Disciplines:

- FIM
- CWT
- CWT-BF
- CNF

Ferry Boat will departure from San Simon Beach Club to competition site every 30 minutes starting at 8:15

Additional Training

Roatan Freediving School and Training Center offers training all year long

Training Fee:

According to a month of training sessions as indicated below

1 TO 4	SESSIONS	USD 40
4 TO 9	SESSIONS	USD 35
+ 10	SESSIONS	USD 30

Entry fee USD \$600

For athletes who also compete in the CMAS WC entry fee is USD \$400



From August 1st the price per session will be USD 40 USD regardless of the number of sessions.

Special notes

Competition is open for ages 18 and over

CMAS, the Competition Director, Competition Officers and the Technical Delegates are not responsible for accidents or damage caused to people and personal effects before, during or after the competition. The organizer ensures the presence of medical assistance.

- The rules of competitions applied will be: CMAS Freediving International Rules Depth Competition
- All participating athletes shall accept and follow the international rules of WADA.

Athletes must be in possession of:

- Valid CMAS freediving sports license
- Insurance
- Medical certificate not older than 6 months
- ID document- Passport.

Athletes that fail to provide the above documents will not be allowed to take part in the competitions, and their participation fee will not be refunded.

PART B

Registration : Athletes must register through the event website caribbeancupfreediving.com and have a CMAS sports license.

To request it contact tolis.cmas@gmail.com

Upon arrival to Roatan

The organization can coordinate transportation for athletes and staff from airport to their respective lodging.

The organization also can help athletes to find accommodation according to their budget and preference.

Roatan Vacation Rentals & Accommodations

Island House Roatan

Contact: Ruth Healey / Brad Volk

- reservations@islandhouserootan.com
- WhatsApp +504 9648 5738



Wonderland Original Travels

Contact: Sara Caravaglia

- wonderlandoriginaltravels.com
- info@wonderlandoriginaltravels.com
- WhatsApp +504 99419362

Caribbean Colors Rentals

Contact: Caroline Powers

- info@caribbeancolorsroatan.com
- WhatsApp +504 3200-1630

West Bay Resorts

- Paradise Beach Hotel (paradisehotels.com)
- Mayan Princess Resort (<https://www.mayanprincess.com>)
- Bananarama Dive & Beach Resort
- Turtle Beach Dive Resort, Roatan (turtlebeachroatan.com)
- Naboo Resort & Dive Center

Westend Resorts and Inns

- Splash Inn (splashinnresorts.com)
- Luna Beach Resort (lunabeach.net)
- Half Moon Resort (roatanhalfmoonresort.com)
- Georphi's Tropical Hideaway
- Mariposa Lodge (mariposa-lodge.com)

CONTACT PERSONS

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