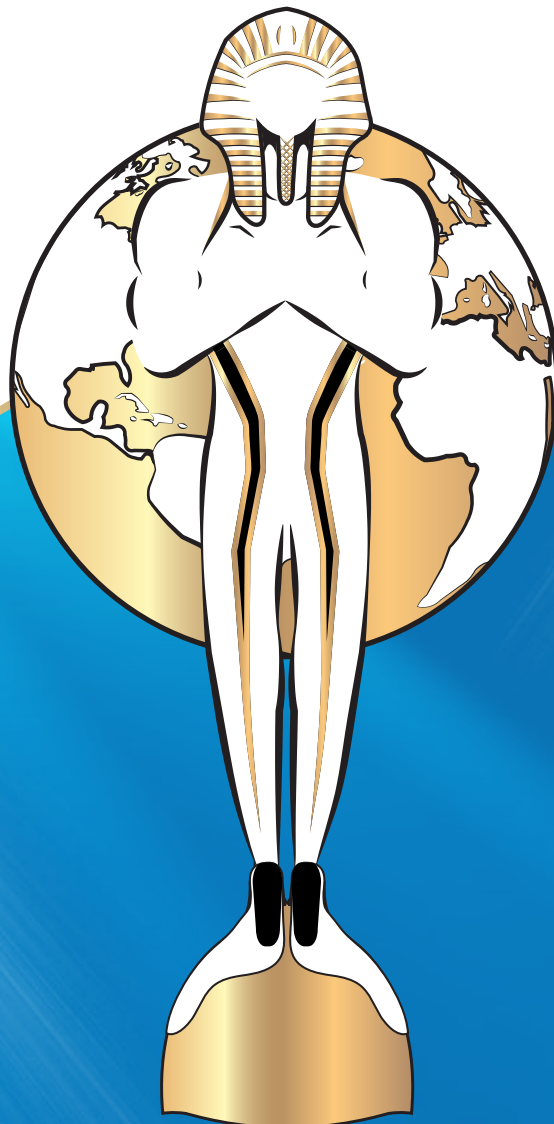




You are invited to

**3RD CMAS
FINSWIMMING WORLD
MASTERS CHAMPIONSHIP
CAIRO-EGYPT**

24/06 TO 27/06/2023





ASHRAF SOBHY



| Speech of the Minister of Youth & Sports |

Ladies and gentlemen from all around the globe, Welcome to Egypt, The land of peace. Sport in general, and international sport events in particular, have been and will always remain at the forefront of the influencing and active soft forces, and one of the most important means of rapprochement and communication between the peoples from all around the world, despite their different languages, beliefs, and geographical, and cultural differences.

There is no doubt that Egypt, under the wise and conscious leadership of Mr. President Abdel-Fattah El-Sisi, President of the Arab Republic of Egypt, has become well aware of and magnifies the value of sport and its great role in achieving sustainable development in each country in the world.

Out of belief and appreciation for this great role, we are always keen to host all sport events, especially international ones, and work to organize and make them in a way that befits the reputation of Egypt and also befits the great development witnessed by the sports field.

Hello and welcome to your second country, Egypt, during the 3rd Masters World Finswimming Championship, which is hosted by the city of Cairo.

Wishing all the guests of Egypt a pleasant stay in their second country, Egypt.

Minister of Youth and Sports

Dr. Ashraf

Prof. Dr. Ashraf Sobhy



SAMEH EISHAZLY

| EDLF PRESIDENT |

The Egyptian Diving and Lifesaving Federation have both pleasure and honor to invite you to The 3rd CMAS Masters Finswimming World Championship that will take place in Cairo, Egypt during the period of the 25th and the 26th of June 2023.

I am delighted to welcome all the joining teams whom represent different nations all across the globe in a fair Championship that will result in growing up and empowering the friendship between all participants, meanwhile it will leave a remarkable and memorable print in their minds specially its hosted in Cairo, The Greater metropolitan area, and the largest urban agglomeration in Africa.

We hope that the event results in unforgettable and honorable appearance in front of the whole world especially that it is organized under the name of CMAS.

We're looking forward to enjoy your time in Cairo, the city of a thousand minarets.

Wishing all the participating teams the best of luck and successful results.

SAMEH ELSHAZLY

EDLF President, ADLF President

CMAS BoD Member



THE CITY OF CAIRO

Cairo or Al-Qāhirah is the capital of Egypt and the largest city in the Arab world.

The Greater Cairo metropolitan area, with a population of 21,3 million and it is the largest urban agglomeration in Africa, the largest in the Arab world and the Middle East, and the sixth-largest in the world by population.

Cairo is associated with ancient Egypt, as the Giza pyramid complex and the ancient cities of Memphis and Heliopolis are located in its geographical area.

Al-Qāhirah has long been a center of the region's political and cultural life, and is titled "the city of a thousand minarets" for its preponderance of Islamic architecture.

Cairo's historic center was awarded World Heritage Site-status in 1979.



CAIRO

INTERNATIONAL STADIUM



The Cairo International Stadium is an Olympic-standard, multi-use stadium with an all-seated capacity of 75,000 (1)The architect of the stadium is the German Werner March, who had built from 1934 to 1936 the Olympic Stadium in Berlin. The engineering and construction supervision work of the stadium was performed by ACE Moharram Bakhoum.

It is the 69th largest stadium in the world. Located in Nasr City; a suburb north east of Cairo, it was completed in 1960, and was inaugurated by President Gamal Abd El Nasser on 23 July that year, the eighth anniversary of the Egyptian Revolution of 1952.

Swimming pool Consists of:

The Vip Loge Comprises a conference hall, a lecturing hall, toilets (men, ladies), and a cafeteria.

The second floor (above VIP loge) includes services (journalism - international communications - international committees - national committees).

The third floor includes the main restaurant equipped with central air conditioner and four elevators for guests of higher floors.

The Annexes Of The Complex: Players' camp to the right and the left of the VIP loge. The camp includes players' rooms, administrators' rooms, conference rooms, and a restaurant).

Parking area with the capacity of 30 VIP vehicles and 100 spectator vehicles.

The gymnasium.

Two changing rooms (men, ladies) for 100 players.

Advertisements' areas at the complex entry and around the fountain.



GENERAL INFORMATION

- The Championship will take place in MADINATY SPORTS CLUB, Cairo, Egypt from 25 to 26 June 2023.
- Only participants with a CMAS license are eligible to Compete in the Championship.
- All participants should respect the championship rules, the safety conditions set by the organizers and CMAS rules and regulations.

INFORMATION ABOUT PARTICIPATION

General Principles of CMAS Master's Finswimming Championships:

- The CMAS General Rules and CMAS Finswimming Rules will be applied.
- The participants shall register only individually or as persons representing clubs. No swimmer or team may be designated as representing a country, but a label of Federal Team is authorized.
- Since federal or club teams are not national ones, a club or a federation can present more than one relay teams in each age group.
- Masters Competitors must be aware of the need of being well prepared and medically fit before entering master's Competitions. They shall assume full responsibility for the risks included in competing in such competitions. In consideration of their entry, they must agree to waive and release CMAS, the Organising National Federation and the Organising Committee from any kind of liability for accidents, which may cause death, injury or property loss. Entry Forms containing a warning of the risks, an Accident Waiver and Release of Liability must be signed by each master's competitor.
- Anti-doping test may be conducted during the championship according to the international rules of WADA and the CMAS antidoping code.

Masters age groups:

- Each athlete is registered for the individual events in his related age category, M30+, M35+, M40+, M45+, M50+, M55+, M60+, M65+, M70+, M75+, etc.



- The relays' categories are:

	Sum of ages (from-to)	
R140	140	179
R180	180	219
R220	220	259
R260	260	+

Championships events and awards:

- The championships events are
- Individual: 50 AP, 50 BF, 50 SF, 100 BF, 100 SF, 200 BF, 200 SF, 400 BF, 400 SF, 800 SF.
- Relays: 4x100 SF M & W, 4x50 BF mixed, 4x100 SB mixed.
- The number of enrolments for each participant is free for individual races and in relays.
- There will be awarded gold, silver and bronze medals for each distance in individual races and for each relay, for each age group for men and women (or mixed teams).

INTERNATIONAL JURY

- CMAS Technical Delegate according to the CMAS rules.

PROTESTS

- According to the CMAS rules.

DOPING CONTROL

- The organizing committee guarantees to provide doping control according to the CMAS and WADA rules.



3RD CMAS FINSWIMMING WORLD MASTERS CHAMPIONSHIP CAIRO-EGYPT

24/06 TO 27/06/2023

• **General Schedule as follow:**

Day 1 24/06	Arriving of Delegations - Training - Technical Meeting
Day 2 25/06	1 st Day of Masters Championship
Day 3 26/06	2 nd Day of Masters Championship
Day 4 27/06	Departure of Masters Delegations



ACCOMMODATION

BOOKING & ENTRY FEES

(3 Nights): from 24 to 27 June 2023

(Masters Finswimming World Championship days) Entry fee per participant is 360€.

- The organizer will provide:
- Accommodation in 3-stars hotels with double or triple hotel rooms full board (breakfast, lunch, dinner).
- Providing of 2x0,5l drinking water per pax/per day
- Free transfers between the official hotel and swimming pool.
- Participation at the opening and closing ceremony.

Extra day charged at 120€ per pax per day

Including full board accommodation (breakfast, lunch, dinner).

- Full board accommodation is considered as breakfast, warm lunch, and warm dinner.

Extra charges:

- These payments must be organized directly with the organization of the Championship.
 - Transfers from "Cairo Airport" to hotel and return fee per participant is 40€.
 - Extra charges for single room ascend to 50€ per pax per night.
 - During the championship dates, the offer includes all benefits.
 - All teams must stay during the Championship in the official hotels of the Championship.
- Participants who choose to be accommodated in hotels other than official will have to pay 180€ per pax for Opening and Closing Ceremony and Organizing Fees.
- If a team needs a PCR COVID test to travel back to their origin countries, they must contact the organizing committee.



ATTENTION

“Later registrations will not be accepted”

PAYMENT

- **Minimum %50 of total entry fee should be deposited at our bank no later than April 13rd to guarantee the booking. After this date April 13rd, the participation fees will increase by a further %10 of total amount. The remaining payment should be paid cash upon arrival.**

Bank cheque and credit card will not be accepted!

Minimum %50 of total entry fee must be paid, via bank transfer, to:

EGYPTIAN DIVING AND LIFESAVING FEDERATION

Bank information is confidential.

**Thus, it will be sent to you upon
your request by e-mail:**

edlf@edlf-eg.org

- **Reason for payment: Fee for participation in the Finswimming World Masters Championship 2023.**

VISA

- **If you require a visa, please contact the organizing committee at least Two Months prior to entry.**

VARIOUS

- **Electrical current is 220V.**



DEADLINE - CONDITION FOR ENTRY AND PARTICIPATION

No later than 19 March 2023:

- (Annex-1) The preliminary declaration of participation and registration form should be sent to the CMAS and Organizing Committee.

No later than 03 May 2023:

- (Annex-2) Final hotel booking form and entry fee should be sent to the Organizing Committee. Send also copy of "bank transfer".

No later than 19 May 2023:

- The competitor's must be entered online through SportData.
- Sport personal notice of swimmers should be sent to the Organizing Committee.

No later than 03 June 2023:

- (Annex-3) The list form should be sent to the Organizing Committee.



ENROLMENTS

Please note the following instructions regarding registration since all data of CMAS sports are stored in the CMAS sport database managed by SportData.

- The link is <https://www.sportdata.org/cmas/>

REGISTRATION

- All registration of athletes for events must be submitted only through electronic way. Application forms can be used only for accommodation, general organization and other items proposed.
- For registration the website is: <https://www.sportdata.org/cmas>

Opening date of registration: May 1st 2023

Closing date of registration: June 4th 2023

REGISTRATION SHORT TUTORIAL

For registration you need an account.

- Users which already have registered an account in the system, please reuse your account. In this case you can also re-use all competitors, coaches, referees and officials' data. An ID photo is mandatory.
- If you don't have an account yet, please register online:
https://www.sportdata.org/cmas/set-online/registrate_registrator_main.php?active_menu=registration

For event registration of your competitors, coaches, referees and officials please follow these steps:

- Log in with your account
- Check your team data. Please check if the data is correct and up to date.
- Enter or change the data of your competitors, coaches, referees and officials.



- In the event calendar go to the event you want to register for, click on the "Registration" button of the event you want to register.
- On the bottom of the entries site you will see the functions to make new entries
- Register your competitors / teams in categories, as well as your coaches, referees and officials
- All your registrations will go first on a waiting list in order to be validated. After the payment process is finished, your registrations will be approved and you will be notified by email.
- You can find an overview about all your registrations at "My current entries". There you can also find the amount you have to pay and the provided payment method.
- Please also check out the "Other Items" section of the event. The organizer may also provide here additional purchase items, like transport, accommodation, etc.
- If you need help please contact the Sportdata Support Team: support@sportdata.org

FEES OF REGISTRATION

CMAS Fees

- Each competitor must, in order to participate, pay the CMAS fees, fixed annually by CMAS.
 - 44 € for participation fees (include annually temporary license).
- Please note that the names of relay members must be entered during the registration process on the basis of individual registration even if they swim only in relay and even if, according to the rules, the composition of relays can be changed on site before the beginning of the competition.
- These fees will be paid only at the end of the registration process online. by credit card or bank transfer including SEPA.

DEADLINES Registration entries

- For registration of events, go to the website: <https://www.sportdata.org/cmas>

Opening date of registration: May 1st 2023

Closing date for individual and club relays: June 4th 2023

- Penalties will be applied after closing date for late registration or modification of individual events or relays of clubs.
 - On the closing date for individual and club relays, a statement of all registrations will be sent to all National Federations for an opportunity to register federal relays.
- Closing date for federal relays: June 10th 2023.



PROGRAM

Saturday 24th June 2023

During the day

Arrival of delegations

Accreditations of Participants

Accommodation

Training

Technical Meeting

Sunday 25th June 2023

Morning

Afternoon

Warming Up

08:00 - 08:30 (Women's)

15:45 - 16:15 (Women's)

08:30 - 09:00 (Men's)

16:15 - 16:45 (Men's)

Opening Ceremony

09:10 - 09:30

Masters Competition Start

Session 1
50 SF (W&M) - 100 BF (W&M)
400 SF (W&M)

09:30

Session 2

800 SF (W&M) - 50 BF (W&M)
4x100 SF (W&M)

17:00

Monday 26th June 2023

Morning

Afternoon

Warming Up

08:15 - 08:45 (Women's)

15:45 - 16:15 (Women's)

08:45 - 09:15 (Men's)

16:15 - 16:45 (Men's)

Masters Competition Start

Session 3
50 AP (W&M) - 400 BF (W&M)
200 SF (W&M) - 4x50 BF (Mixed)

09:30

Session 4

100 SF (W&M) - 200 BF (W&M)
4x100 SB (Mixed)

17:00

Tuesday 27th June 2023

Departure of Masters delegations

12:00



- For further information, please contact us at the following addresses:

ORGANISING COMMITTEE:

Egyptian Diving and Lifesaving Federation

+20220825015

+20220825016

GENERAL DIRECTOR OF THE CHAMPIONSHIP:

Sameh Nabil Elshazly

Egyptian Diving and Lifesaving Federation President

+201099998667

OFFICIAL EMAIL OF THE CHAMPIONSHIP:

edlf@edlf-eg.org



ANNEX 1

«INITIAL ENTRY FORM (Before 19 March 2023)»

- We will participate in the «3rd Masters Finswimming World Championship Cairo Egypt June 2023»

Initial Entry Form:

- Please complete this form and send to CMAS HQ and Organizing Committee by e-mail: edlf@edlf-eg.org

Country:

Federation:

Total number of Competitions:

male:

female:

Total number of Officials:

male:

female:

Total number of Delegation:

male:

female:

Declaration Form:

- Release from liability: I hereby declare that I exonerate of liability however so arising, the CMAS, its affiliates, the event Organizing Committee and staff, the venue owners, sponsors, and any other persons that participate at the event, in respect to all and every action or claim about accidents that may occur.

Date and Signature: _____

Consent to publication of Imagery:

- I grant the Organizing Committee the permission for my imagery, full name, nationality and voice to be recorded during the competition.

Date and Signature: _____

Antidoping:

- I, undersigned as responsible that all the athletes of the teams acknowledge WADA Anti-Doping Rules and CMAS Anti-Doping Rules.

Athletes consent and agree to comply with the conditions of the WADA Anti-Doping Code, the CMAS Anti-Doping Rules.

Date and Signature: _____

Insurance:

- I hereby declare that the participants to this competition have a valid health insurance for the duration of the competition which covers the full extent of the consequences of accidents and reimbursement for the costs of treatment and rehabilitation following the accident that may occur during my stay during the dates of competition.

I am aware that the organizing committee is not liable (financially or in any other way) for any injuries that occurred during the present competition.

- Please check CMAS Procedures, Finswimming rules for participation in CMAS Championship.

Date

(President Signature / stamp)

(Full name in block letters)



ANNEX 2

“HOTEL BOOKING FORM (Before 3 May 2023)”

- Please complete this form and send to CMAS HQ and Organizing Committee by e-mail: edlf@edlf-eg.org

Country:		
Federation:		
Telephone:	Fax:	e-mail:

- Please complete:

	Number of Rooms	Date	
		From	To
Single			
Double / Triple			

	Number of Rooms	Date	
		From	To
Single			
Double / Triple			

Extra Nights:

- If you need extra nights, please fill in the following:

- Please complete:

	Number of Rooms	Date	
		From	To
Single			
Double / Triple			

	Number of Rooms	Date	
		From	To
Single			
Double / Triple			



ANNEX 3

“COMPETITORS LIST FORM (Before 3 June 2023)”

- Please complete this form and send to CMAS HQ and Organizing Committee by e-mail: edlf@edlf-eg.org

Country						
Federation						
Competitors		MEN		WOMEN		
Officials		MEN		WOMEN		
n.	NAME	FIRST NAME	Athlete, Trainer, Delegation Chief, Doctor, Judge, Other	Male	Female	Single room
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

ARRIVAL	Date:		Time	
Airport			Flight No.	
DEPARTURE	Date:		Time	
Airport			Flight No.	

Date

(President Signature / stamp)

(Full name in block letters)