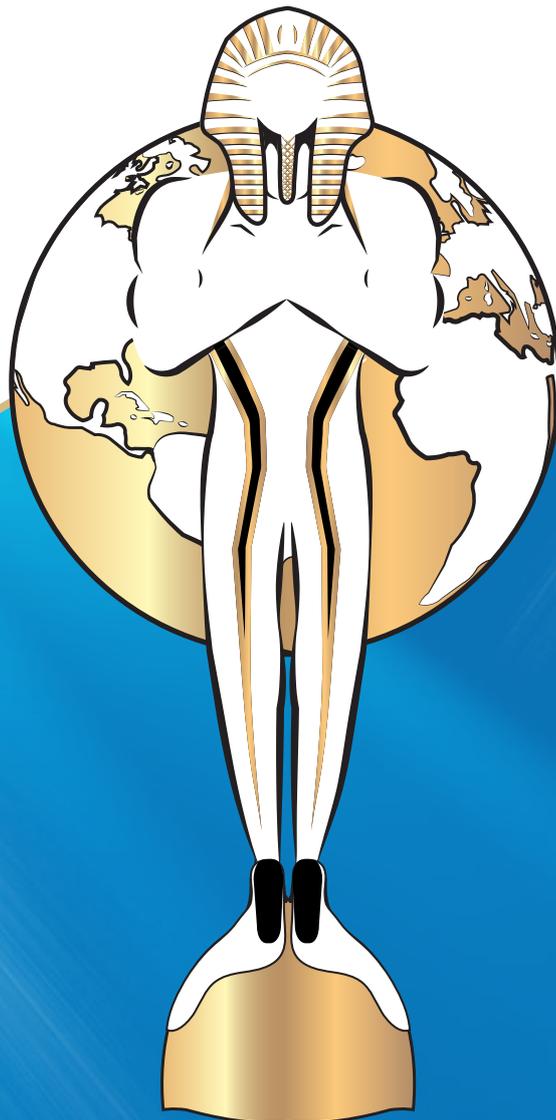




You are invited to

18TH CMAS FINSWIMMING WORLD JUNIORS CHAMPIONSHIP CAIRO-EGYPT

19/06 TO 25/06/2023





ASHRAF SOBHY



| Speech of the Minister of Youth & Sports |

I would like to welcome our honorable guests to the land of peace and civilization. It is a great honor to host the 18th World Finswimming Championship 2023 in Egypt.

Sport has been and will always remain an influencing and active soft force, and one of the most important means of rapprochement and communication between people all over the world regardless of languages, beliefs, geographical and cultural differences.

Egypt has repeatedly demonstrated its ability to work to the highest standards in organizing major sports events under the leadership of his Excellency Abdel Fattah El-Sisi - President of Egypt, as we are well aware of the great value of sport and its magnificent role in achieving sustainable development in the whole world. In this regard; the Ministry of Youth and Sports, in appreciation for this great role, is always keen to host such important events, especially the international ones.

I hope this championship to be held in an atmosphere of sportsmanship, fair play, solidarity and goodwill. wishing to all athletes the best of luck in the championship, and to enjoy your stay here in Egypt.

Welcome in Egypt and good luck for all participants.

Minister of Youth and Sports

Dr. Ashraf

Prof. Dr. Ashraf Sobhy



SAMEH EISHAZLY

| EDLF PRESIDENT |

The Egyptian Diving and Lifesaving Federation have both pleasure and honor to invite you to the 18th CMAS Junior Finswimming World Championship that will take place in Cairo, Egypt during the period from the 19th till the 24th of June 2023.

I am delighted to welcome all the joining teams whom represent different nations all across the globe in a fair Championship that will result in growing up and empowering the friendship between all participants, meanwhile it will leave a remarkable and memorable print in their minds specially its hosted in Cairo, The Greater metropolitan area, and the largest urban agglomeration in Africa.

We hope that the event results in unforgettable and honorable appearance in front of the whole world especially that it is organized under the name of CMAS.

We're looking forward to enjoy your time in Cairo, the city of a thousand minarets.

Wishing all the participating teams the best of luck and successful results.

SAMEH ELSHAZLY

EDLF President, ADLF President
CMAS BoD Member



THE CITY OF CAIRO

Cairo or Al-Qāhirah is the capital of Egypt and the largest city in the Arab world.

The Greater Cairo metropolitan area, with a population of 21,3 million and it is the largest urban agglomeration in Africa, the largest in the Arab world and the Middle East, and the sixth-largest in the world by population.

Cairo is associated with ancient Egypt, as the Giza pyramid complex and the ancient cities of Memphis and Heliopolis are located in its geographical area.

Al-Qāhirah has long been a center of the region's political and cultural life, and is titled "the city of a thousand minarets" for its preponderance of Islamic architecture.

Cairo's historic center was awarded World Heritage Site-status in 1979.



CAIRO

INTERNATIONAL STADIUM



The Cairo International Stadium is an Olympic-standard, multi-use stadium with an all-seated capacity of 75,000 (1)The architect of the stadium is the German Werner March, who had built from 1934 to 1936 the Olympic Stadium in Berlin. The engineering and construction supervision work of the stadium was performed by ACE Moharram Bakhoum.

It is the 69th largest stadium in the world. Located in Nasr City; a suburb north east of Cairo, it was completed in 1960, and was inaugurated by President Gamal Abd El Nasser on 23 July that year, the eighth anniversary of the Egyptian Revolution of 1952.

Swimming pool Consists of:

The Vip Loge Comprises a conference hall, a lecturing hall, toilets (men, ladies), and a cafeteria.

The second floor (above VIP loge) includes services (journalism - international communications - international committees - national committees).

The third floor includes the main restaurant equipped with central air conditioner and four elevators for guests of higher floors.

The Annexes Of The Complex: Players' camp to the right and the left of the VIP loge. The camp includes players' rooms, administrators' rooms, conference rooms, and a restaurant).

Parking area with the capacity of 30 VIP vehicles and 100 spectator vehicles.

The gymnasium.

Two changing rooms (men, ladies) for 100 players.

Advertisements' areas at the complex entry and around the fountain.



GENERAL INFORMATION

- The Championship will take place in MADINATY SPORTS CLUB, Cairo, Egypt from 19 to 24 June 2023.
- Only participants with a CMAS license are eligible to Compete in the Championship.
- All participants should respect the championship rules, the safety conditions set by the organizers and CMAS rules and regulations.

INFORMATION ABOUT PARTICIPATION

- Only national federation teams affiliated to CMAS are eligible to compete in the Championship. Each national team should respect the rules of Championships, the safety conditions set by the organizers and CMAS rules and regulations.
- **Swimming-pool events:**
- Each country may enter no more than two (2) swimmers for each distance and one (1) relay team.
- For relay races the names of the swimmers and their starting order must appear in a list submitted to the results office before the start of the session. The composition of mixed relays is with two (2) males and two (2) females and starting order is Man-Woman-Man-Woman.
Any change in the fixed starting order leads to disqualification. It's possible to change the composition of the relay teams between the qualifying heats and the final.
- The entries must reach CMAS headquarters within the time limits set by the CMAS rules according the procedure attached (www.cmasoffice.org and Sports id – Sport data).
- World and Continental Championships will be organized over four (4) days and eight (8) sessions.



- The qualifying heats are scheduled in the morning and finals in the afternoon except 400 IM, 800SF and 1500SF slow heats in the morning and fast heat in the afternoon. For this reason, it's requested that the national federations send to the CMAS HQ the official protocols of all national selection competitions in a delay of maximum two weeks after the competitions (in one of the three CMAS languages). Thus, times of enrollments of the swimmers will be checked for CMAS championships. If the protocols aren't transmitted in this deadline, the times of corresponding enrollments will be cancelled and the athletes will be engaged with time 59:59:99.

DISCIPLINES AND DISTANCES (Male and Female)

- Surface Finswimming (SF): 50m, 100m, 200m, 400m, 800m, 1500m
- Apnea (AP): 50m
- Immersion (IM): 100m, 400m
- Relay: 4x50m (SF) mixed, 4x100m (SF), 4x200m (SF) – 4x100m mixed (BF)
- Bi Fins (BF): 50m, 100m, 200m, 400m

INTERNATIONAL JURY

- CMAS Technical Delegate according to the CMAS rules.

CLASSIFICATION AND AWARDS

- According to the CMAS rules.



PROTESTS

- According to the CMAS rules.

DOPING CONTROL

- The organizing committee guarantees to provide doping control according to the CMAS and WADA rules.

BOTTLE FILLING

- Only compressed air without oxygen enrichment is allowed.
- For pool competitions, the minimum volume of a compressed air cylinder (bottle) is liter 0,4 (zero point four liter).
- The maximum filling pressure for the compressed-air cylinders cannot exceed 200 bar (20 MPa).
- When a cylinder with a flat bottom is used, adding a rounded bottom, which does not exceed the radius of the cylinder, is allowed.
- All cylinders used must have passed a hydrostatic test less than 2 years before the Championship, or even less if it is required by the local legislation.
- Each cylinder must be presented empty during checking meeting before Championship.

FLAGS

- National teams should bring two (2) national flags (m 2,00 x m. 1,00) and a CD with the national anthem (short version).



18TH CMAS FINSWIMMING WORLD JUNIORS CHAMPIONSHIP CAIRO-EGYPT

19/06 TO 25/06/2023

• **General Schedule as follow:**

Day 1 06/19	Arriving of Delegations
Day 2 06/20	Training - Technical Meeting - Opening Ceremony of the Championship
Day 3 06/21	1 st Day of the Championship
Day 4 06/22	2 nd Day of the Championship – Dinner of Team Leaders
Day 5 06/23	3 rd Day of the Championship
Day 6 06/24	4 th Day of the Championship - Closing Ceremony of the Championship
Day 7 06/25	Departure of Delegations



ACCOMMODATION

BOOKING & ENTRY FEES

(6 Nights): from 19 to 25 June 2023

(Finswimming World Championship days) Entry fee per participant is €720.

- The organizer will provide:
- Accommodation in -3stars hotels with double or triple hotel rooms full board (breakfast, lunch, dinner).
- Providing of 2x0,5l drinking water per pax/per day
- Free transfers between the official hotel and swimming pool.
- Participation at the opening and closing ceremony.

Extra day charged at €120 per pax per day

Including full board accommodation (breakfast, lunch, dinner).

- Full board accommodation is considered as breakfast, warm lunch, and warm dinner.

Extra charges:

- These payments must be organized directly with the organization of the Championship.
 - Transfers from "Cairo Airport" to hotel and return fee per participant is €40.
 - Extra charges for single room ascend to €50 per pax per night.
 - During the championship dates, the offer includes all benefits.
 - All teams must stay during the Championship in the official hotels of the Championship.
- Participants who choose to be accommodated in hotels other than official will have to pay €350 per pax for Opening and Closing Ceremony and Organizing Fees.
- If a team needs a PCR COVID test to travel back to their origin countries, they must contact the organizing committee.



ATTENTION

“Later registrations will not be accepted”

PAYMENT

- Minimum %50 of total entry fee should be deposited at our bank no later than April 13rd to guarantee the booking. After this date April 13rd, the participation fees will increase by a further %10 of total amount. The remaining payment should be paid cash upon arrival.

Bank cheque and credit card will not be accepted!

Minimum %50 of total entry fee must be paid, via bank transfer, to:

EGYPTIAN DIVING AND LIFESAVING FEDERATION
Bank information is confidential.
Thus, it will be sent to you upon
your request by e-mail:
edlf@edlf-eg.org

- Reason for payment: Fee for participation of National Team in Finswimming World Championship 2023.

VISA

- If you require a visa, please contact the organizing committee at least Two Months prior to entry.

VARIOUS

- Electrical current is 220V.



DEADLINE – CONDITION FOR ENTRY AND PARTICIPATION

- Registration and payment of CMAS fees subscription on www.cmasoffice.org

No later than 19 March 2023:

- (Annex-1) The preliminary declaration of participation and registration form should be sent to the CMAS and Organizing Committee.

No later than 03 May 2023:

- (Annex-2) Final hotel booking form and entry fee should be sent to the Organizing Committee. Send also copy of “bank transfer”.

No later than 19 May 2023:

- The competitor's must be entered online through www.cmasoffice.org

Registration of the athletes and the events in Sport Id according procedure attached
(Attention! only when the CMAS licenses will be valid)

The list of national records should be sent to CMAS HQ and the Organizing Committee.

Sport personal notice of swimmers should be sent to the Organizing Committee.

No later than 03 June 2023:

- (Annex-3) The list form should be sent to the Organizing Committee.



PROGRAM

Monday 19th June 2023

During the day

Arrival of delegations

Accreditations of Participants

Accommodation

10:00 - 15:00

Training

Afternoon

13:00 - 15:00

Lunch

19:00 - 21:00

Dinner

Tuesday 20th June 2023

Morning

Afternoon

06:00 - 09:00

Breakfast

13:00 - 15:00

Lunch

10:00 - 15:00

Training at Swimming Pool

15:00

Judges Meeting

10:00 - 18:00

Sports Equipment check
(according to CMAS rules)

16:00

Team Leaders Technical meeting

18:00

Opening ceremony

19:00 - 21:00

Dinner



Wednesday 21st June 2023

Morning		Afternoon	
06:00 - 09:00	Breakfast	13:00 - 15:00	Lunch
07:45 - 08:30	Warm-up group A	16:00 - 16:45	Warm-up
08:30 - 09:15	Warm-up group B	17:00	Competition Start Session - 2
09:30	Competition Start Session - 1		100 SF Women (Final)
	100 SF Women (heats)		100 SF Men (Final)
	100 SF Men (heats)		1 st Award Ceremony - 100 SF Women
	100 BF Women (heats)		100 BF Women (final)
	100 BF Men (heats)		2 nd Award Ceremony - 100 SF Men
	400 SF Women (heats)		100 BF MEN (Final)
	400 SF Men (heats)		3 rd Award Ceremony - 100 BF Women
	4x50 SF Mixed relay (heats)		400 SF Women (Final)
			4 th Award Ceremony - 100 BF Men
		400 SF Men (Final)	
		5 th Award Ceremony - 400 SF Women	
		4x50 SF Mixed relay (final)	
		6 th Award Ceremony - 400 SF Men	
		7 th Award Ceremony - 4x50 SF Mixed relay	
		19:00 - 21:00	Dinner

Thursday 22nd June 2023

Morning		Afternoon	
06:00 - 09:00	Breakfast	13:00 - 15:00	Lunch
07:45 - 08:30	Warm-up group A	16:00 - 16:45	Warm-up
08:30 - 09:15	Warm-up group B	17:00	Competition Start Session - 4
09:30	Competition Start Session - 3		100 IM Women (Final)
	100 IM Women (heats)		100 IM Men (Final)
	100 IM Men (heats)		1 st Award Ceremony - 100 IM Women
	200 SF Women (heats)		200 SF Women (final)
	200 SF Men (heats)		2 nd Award Ceremony - 100 IM Men
	200 BF Women (heats)		200 SF MEN (Final)
	200 BF Men (heats)		3 rd Award Ceremony - 100 BF Women
	1500 SF WOMEN (slow heats)		200 BF Women (Final)
	1500 SF MEN (slow heats)		4 th Award Ceremony - 100 BF Men
	4x100 BF Mixed relay (heats)	200 BF Men (Final)	
		5 th Award Ceremony - 400 SF Women	
		1500 SF WOMEN (Fast heat)	
		6 th Award Ceremony - 200 BF Men	
		1500 SF MEN (Fast heat)	
		7 th Award Ceremony - 1500 SF WOMEN	
		4x100 BF Mixed relay (Final)	
		8 th Award Ceremony - 1500 SF Men	
		9 th Award Ceremony - 4x100 BF Mixed relay	
		19:00 - 21:00	Dinner



Friday 23rd June 2023

Morning		Afternoon	
06:00 - 09:00	Breakfast	13:00 - 15:00	Lunch
07:45 - 08:30	Warm-up group A	16:00 - 16:45	Warm-up
08:30 - 09:15	Warm-up group B		Competition Start Session - 6
09:30	Competition Start Session - 5	17:00	50 SF Women (Final)
	50 SF Men (heats)		50 SF Men (Final)
	50 SF Men (heats)		1 st Award Ceremony - 50 SF Women
	50 BF Women (heats)		50 BF Women (final)
	50 BF Men (heats)		2 nd Award Ceremony - 50 SF Men
	400 IM Women (slow heats)		50 BF Men (Final)
	400 IM Men (slow heats)		3 rd Award Ceremony - 50 BF Women
	400 BF Women (heats)		400 IM Women (Fast heat)
	400 BF Men (heats)		4 th Award Ceremony - 50 BF Men
	4×200 SF Women (heats)		400 IM Men (Fast heat)
	4×200 SF Men (heats)		5 th Award Ceremony - 400 IM Women
			400 BF WOMEN (Final)
	6 th Award Ceremony - 400 IM Men		
	400 BF MEN (Final)		
	7 th Award Ceremony - 400 BF WOMEN		
	4×200 SF Women (Final)		
	8 th Award Ceremony - 400 BF MEN		
	4×200 SF Women (Final)		
	9 th Award Ceremony - 4×200 SF Women		
	10 th Award Ceremony - 4×200 SF Men		
	19:00 - 21:00	Dinner	

Saturday 24th June 2023

Morning		Afternoon	
06:00 - 09:00	Breakfast	13:00 - 15:00	Lunch
07:45 - 08:30	Warm-up group A	16:00 - 16:45	Warm-up
08:30 - 09:15	Warm-up group B		Competition Start Session - 8
09:30	Competition Start Session - 7	17:00	50 AP Women (final)
	50 AP Men (heats)		50 AP Men (final)
	50 AP Men (heats)		1 st Award Ceremony - 50 AP Women
	800 SF Women (slow heats)		800 SF Women (fast heat)
	800 SF Men (slow heats)		2 nd Award Ceremony - 50 AP Men
	4×100 SF Women (heats)		800 SF Men (fast heat)
	4×100 SF Men (heats)		3 rd Award Ceremony - 800 SF Women
			4×100 SF Women (final)
	4 th Award Ceremony - 800 SF Men		
	4×100 SF Men (final)		
	5 th Award Ceremony - 4×100 SF Women		
	6 th Award Ceremony - 4×100 SF Men		
	19:00 - 21:00	Dinner	
	22:00	Closing Ceremony	

Sunday 25th June 2023

12:00

Departure of Junior delegations



- For further information, please contact us at the following addresses:

ORGANISING COMMITTEE:

Egyptian Diving and Lifesaving Federation

+20220825015

+20220825016

GENERAL DIRECTOR OF THE CHAMPIONSHIP:

Sameh Nabil Elshazly

Egyptian Diving and Lifesaving Federation President

+201099998667

OFFICIAL EMAIL OF THE CHAMPIONSHIP:

edlf@edlf-eg.org



ANNEX 1

«INITIAL ENTRY FORM (Before 19 March 2023)»

- We will participate in the «18th Juniors Finswimming World Championship Cairo Egypt June 2023»

Initial Entry Form:

- Please complete this form and send to CMAS HQ and Organizing Committee by e-mail: edlf@edlf-eg.org

Country: _____

Federation: _____

Total number of Competitions:

male:

female:

Total number of Officials:

male:

female:

Total number of Delegation:

male:

female:

Declaration Form:

- Release from liability: I hereby declare that I exonerate of liability however so arising, the CMAS, its affiliates, the event Organizing Committee and staff, the venue owners, sponsors, and any other persons that participate at the event, in respect to all and every action or claim about accidents that may occur.

Date and Signature: _____

Consent to publication of Imagery:

- I grant the Organizing Committee the permission for my imagery, full name, nationality and voice to be recorded during the competition.

Date and Signature: _____

Antidoping:

- I, undersigned as responsible that all the athletes of the teams acknowledge WADA Anti-Doping Rules and CMAS Anti-Doping Rules.

Athletes consent and agree to comply with the conditions of the WADA Anti-Doping Code, the CMAS Anti-Doping Rules.

Date and Signature: _____

Insurance:

- I hereby declare that the participants to this competition have a valid health insurance for the duration of the competition which covers the full extent of the consequences of accidents and reimbursement for the costs of treatment and rehabilitation following the accident that may occur during my stay during the dates of competition.

I am aware that the organizing committee is not liable (financially or in any other way) for any injuries that occurred during the present competition.

- Please check CMAS Procedures, Finswimming rules for participation in CMAS Championship.

Date _____

(President Signature / stamp)

(Full name in block letters)



ANNEX 2

“HOTEL BOOKING FORM (Before 3 May 2023)”

- Please complete this form and send to CMAS HQ and Organizing Committee by e-mail: edlf@edlf-eg.org

Country:		
Federation:		
Telephone:	Fax:	e-mail:

- Please complete:

	Number of Rooms	Date	
		From	To
Single			
Double / Triple			

	Number of Rooms	Date	
		From	To
Single			
Double / Triple			

Extra Nights:

- If you need extra nights, please fill in the following:

- Please complete:

	Number of Rooms	Date	
		From	To
Single			
Double / Triple			

	Number of Rooms	Date	
		From	To
Single			
Double / Triple			



ANNEX 3

«COMPETITORS LIST FORM (Before 3 June 2023)»

- Please complete this form and send to CMAS HQ and Organizing Committee by e-mail: edlf@edlf-eg.org

Country						
Federation						
Competitors		MEN		WOMEN		
Officials		MEN		WOMEN		
n.	NAME	FIRST NAME	Athlete, Trainer, Delegation Chief, Doctor, Judge, Other	Male	Female	Single room
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
18						
19						
20						

ARRIVAL	Date:		Time	
Airport			Flight No.	
DEPARTURE	Date:		Time	
Airport			Flight No.	

Date

(President Signature / stamp)

(Full name in block letters)