



# XVII Finswimming World Cup 2023



**FINSWIMMING**  
**LIGNANO SABBIAORO (UD) - ITALY**  
**BELLA ITALIA SPORTS VILLAGE**  
**Friday 17, Saturday 18 and Sunday 19 March 2023**



## RULES

### 1 – DENOMINATION:

The A.S.D. SPORTINACQUA, with the agreement of C.M.A.S. and F.I.P.S.A.S., is pleased to invite you to the XVII Finswimming World Cup 2023, which will hold in Lignano Sabbiadoro (UD) from 17 to 19 March 2023.

## 2 – COMPETITION PLACE:

The competition will be held in Bella Italia Sports Village – Viale Centrale, 29 – Lignano Sabbiadoro (UD) – ITALY – Number 8 lanes, 50 meters long Olympic swimming pool features a constant depth of 2,10 m.



## 3 – PARTICIPATION RULES AND RACES:

The competition, following the Finswimming International Regulation, and this Particular Regulations, includes the following races and categories:

Senior (Cat. A) (18 years old and over)

M/F: 50AP, 50SF, 100SF, 200SF, 400SF, 800SF, 50BF, 100BF, 200BF, 400BF, 100IS, 4x100SF RELAY, 4x100 BF MIXED RELAY.

Junior (Cat. B + C + D) (12/17 years old)

M/F: 50AP, 50SF, 100SF, 200SF, 400SF, 800SF, 50BF, 100BF, 200BF, 400BF, 100IS, 4x100 SF RELAY, 4x100 BF MIXED RELAY.

- Swimming style: AP= apnea; SF= surface finswimming; BF= bifins; IS=immersion.

		<b>Friday 17 March afternoon</b>	- 17:00 – 20:00 Arrival, control documents and training
<b>Saturday 18 March morning</b>	- 8:00 – 8:30, M&W warm-up - 8:30 – 9:00, B&G warm-up  - 9:10 opening ceremony  - ore 9:20 competition:  - m. 50 Apnea Men/Women - m. 50 Apnea Boys/Girls  Award ceremony 50 apnea men/women  - m. 50 Bifins Men/Women  Award ceremony 50 apnea boys/girls  -m. 50 Bifins Boys/Girls  Award ceremony 50 bifins men/women	<b>Saturday 18 March afternoon</b>	- 15:00 – 15:30, M&W warm-up - 15:30 - 16:00, B&G warm-up  - 16:10 competition:  - m. 200 SF Men/Women - m. 200 SF Boys/Girls  Award ceremony 200 sf men/women  - m. 400 Bifins Men/Women  Award ceremony 200 sf boys/girls  - m. 400 Bifins Boys/Girls  Award ceremony 400 bifins men/women  - m. 100 IS Men/Women  Award ceremony 400 bifins boys/girls

<b>Saturday 18 March morning</b>	<p>- <b>m. 800 SF Men/Women</b> Award ceremony 50 bifins boys/girls</p> <p>- <b>m. 800 SF Boys/Girls</b> Award ceremony 800 sf men/women Award ceremony 800 sf boys/girls</p>	<b>Saturday 18 March afternoon</b>	<p>- <b>m. 100 IS Boys/Girls</b> Award ceremony 100 IS men/women</p> <p>- <b>m. 4x100 Bifins mixed Men/Women</b> Award ceremony 100 IS boys/girls</p> <p>- <b>m. 4x100 Bifins mixed Boys/Girls</b> Award ceremony 4x100 bifins mixed men/women Award ceremony 4x100 bifins mixed boys/girls</p>
<b>Sunday 19 March morning</b>	<p>- <b>8:00 - 8:30, M&amp;W warm-up</b> - <b>8:30 - 9:00, B&amp;G warm-up</b></p> <p>- <b>9:10</b> competition:</p> <p>- <b>m. 100 SF Men/Women</b> - <b>m. 100 SF Boys/Girls</b> Award ceremony 100 sf men/women</p> <p>- <b>m. 100 Bifins Men/Women</b> Award ceremony 100 sf boys/girls</p> <p>- <b>m. 100 Bifins Boys/Girls</b> Award ceremony 100 bifins men/women</p> <p>- <b>m. 400 SF Men/Women</b> Award ceremony 100 bifins boys/girls</p> <p>- <b>m. 400 SF Boys/Girls</b> Award ceremony 400 sf men/women Award ceremony 400 sf boys/girls</p> <p>- <b>FREE TEST RACES (1500 SF)</b></p>	<b>Sunday 19 March afternoon</b>	<p>- <b>14:30 – 15:00, M&amp;W warm-up</b> - <b>15:00 - 15:30, B&amp;G warm-up</b></p> <p>- <b>15:40</b> competition:</p> <p>- <b>m. 50 SF Men/Women</b> - <b>m. 50 SF Boys/Girls</b> Award ceremony 50 sf men/women</p> <p>- <b>m. 200 Bifins Men/Women</b> Award ceremony 50 sf boys/girls</p> <p>- <b>m. 200 Bifins Boys/Girls</b> Award ceremony 200 bifins men/women</p> <p>- <b>relay 4x100 SF Men/Women</b> Award ceremony 200 bifins boys/girls</p> <p>- <b>relay 4x100 SF Boys/Girls</b> Award ceremony relay 4x100 sf men/women Award ceremony relay 4x100 sf boys/girls</p> <p>Award ceremony for clubs and closing ceremony.</p>

**NOTE: ORGANISERS RESERVE THE RIGHT TO ANY CHANGE TO THE SCHEDULED PROGRAMME.**

**THE PROGRAM WILL BE CONFIRMED AFTER THE CLOSING OF REGISTRATIONS THROUGH THE PUBLICATION OF THE START LIST AND MAY BE CHANGED DUE TO TECHNICAL NEEDS.**

**NO LIMIT TO PARTICIPATION IN "FREE TEST RACES" OR OUT-OF-RACE IN THE OFFICIAL PROGRAM.**

To register for "Free Test Races", the attached form must be used, which must be sent by 12 March 2023 to the following email address: [cednuotopinnato@fipsas.it](mailto:cednuotopinnato@fipsas.it). The receipt of the forms will be confirmed by email. Without confirmation by email, the forms are deemed not to have been received.

For participation in the World Cup program, please refer to points 1.9, 1.10, and 1.11 of the CMAS Finswimming World Cup Swimming-Pool rules Version 2020/01.

The organisation can accept from each country only one judge in the official jury.

#### **4 – ENROLMENTS:**

The competition is governed by CMAS Finswimming Rules, by CMAS Finswimming World Cup Swimming-Pool Rules and by the present Specific Rules that every athlete - with his / her enrolment - affirms to know and agrees to follow strictly.

CMAS regulations can and should be seen at the following link.

<http://www.cmas.org/finswimming/documents-of-the-finswimming-commission>

Please note the following instructions regarding registration because, for the World Cup, all data are stored in the CMAS sport database.

##### **1. Registration**



For registration, the website is <https://www.sportdata.org/cmas>

The opening date of registration is **from 01 February to Sunday 12 March.**

##### **1. Registration Tutorial:**

For registration, you need an account.

Users who already have registered an account in the **CMAS system**, please re-use your Account. In this case, you can re-use all competitors, coaches, referees and officials' data.

If you don't have an account yet, please register online:

[https://www.sportdata.org/cmas/set-online/registerate\\_registrator\\_main.php?active\\_menu=registration](https://www.sportdata.org/cmas/set-online/registerate_registrator_main.php?active_menu=registration)

For event registration of your competitors, coaches, referees and officials, please follow these steps:

- Log in with your Account.
- Check your team data. Please check if the data is correct and up to date.
- Enter or change the data of your competitors, coaches, referees and officials.
- If the calendar goes to the event you want to register for, click on the "Registration" button of the event you wish to register.
- You will see the functions to make new entries at the bottom of the entries site.
- Register your competitors/teams in categories, as well as your coaches, referees and officials.
- All your registrations will go first on a waiting list to validate them. After the payment process is finished, your registrations will be approved, and you will be notified by email.
- You can find an overview of all your registrations at "My current entries". You can also find the amount you have to pay and the provided payment method.
- Please also check out the "Other Items" section of the event. The organiser may also provide additional purchase items, like transport, accommodation, etc.
- If you need help, please get in touch with the Sportdata Support Team: [support@sportdata.org](mailto:support@sportdata.org)

**Please, read the attached notice with the new instructions for 2023.**

In 2023, you need to enter all categories of people who will attend the competition and not only the competitors.

From now on, we will use the system to print the accreditation to access the swimming pool. For this reason, in addition to the competitors, you need to enter all members of your club:

- Competitors
- Coaches
- Referees
- Officials (all categories).

Note: the registration out of the competitors is free of charge. No CMAS fees will be charged for the categories of Coaches, Referees and all Officials. To finish, all files recorded in the system must upload an ID photo, whatever the category.

After the deadline, the accreditations will be printed and sent to the organising committee, and you will receive them upon arrival.

## 2. Fees of registration

**It's unnecessary to buy a CMAS license to participate in World Cup 2023. CMAS licences won't be checked.**

## CMAS FEES



For each round or Golden Final, each competitor must participate and pay CMAS fees, fixed annually by CMAS.

- **22,00** € for participation fees by each round.

Please note that relays members' names must be entered during the registration process based on individual registration, even if they swim the only relay. According to the rules, the relays' composition can be changed on-site before the beginning of the competition.

These fees will be paid only at the end of the registration process online by credit card.

## ORGANISATION ENGAGEMENT FEES

Euro **22,00** for the club, Euro **8,00** for each distance or free test race and Euro **15,50** for each relay. The fee paid for not-performed races won't be reimbursed. Also, relays must be declared with time on the enrolment forms. Late enrolments may be accepted with a fine of Euro 50,00.

Payment of engagement fees should be made by bank transfer

- ASSOCIAZIONE SPORTIVA DILETTANTISTICA SPORTINACQUA

IBAN CODE: IT450 03069 09606 100000114805

(For tax of engagements World Cup Lignano Sabbiadoro team)

BIC SWIFT: BCITITMM

ATTENTION: The registrations agree, and all communication further exclusively will be accepted when the CED sends the same reception's confirmation. Without reception confirmation, no registration will be accepted beyond the expiration of 12 March.

**LATE ENROLMENTS OR PAYMENT IN CASH MAY BE ACCEPTED WITH A FINE OF 50,00 EUROS.**

For all information, send an email to [cednuotopinnato@fipsas.it](mailto:cednuotopinnato@fipsas.it)

## **5 – PRELIMINARY PROCEDURES:**

All sports documents of the swimmers will be checked exclusively from 5:00 p.m. to 8:00 p.m. on Friday, 17/03/2023, at the Bella Italia Sports Village swimming pool Viale Centrale, 29 – Lignano Sabbiadoro (UD).

## **6 – FORFAIT of COMPETITORS:**

The team's leader will announce the competitor's absence five days before starting the competition. For every swimmer missing in the heat without communication, the club will be liable for a fine of Euro 50,00.

## **7 – REGISTERED TIME:**

Timekeepers with Electronic System.

## **8 – INDIVIDUAL PRIZES:**

Medals will be given to the first, second and third competitor in each individual race and relay in the categories of Girls, Boys, Women, Men and Mixed. At the prize-giving, each swimmer **MUST WEAR** their TEAM UNIFORM.

**MEDALS WILL BE TAKEN ONLY DURING THE AWARD CEREMONY. PLEASE RESPECT THE PROGRAM**

## **9 – CLASSIFICATIONS AND CLUBS PRIZES:**

There will be a classification for Individuals, Clubs, National Teams and Countries.

Individual: there will be, for every distance, four different individual classifications for men, women, juniors, boys and girls. Swimmers registered by Clubs or National Teams are in this classification.

Club: the total amount will make the individual point's general classification (men and women, junior and senior only registered by clubs). Four separate Club Classification will also be made for seniors men, seniors women, juniors boys and juniors girls.

National teams: the total amount will make the individual point's general classification (men and women, junior and senior). Four separate National Teams Classification will also be made for men, women, juniors boys, and juniors girls.

Countries Ranking:

- a) the Countries Ranking will be made following points 1.9 and 1.11 by the total amount of the individual points (men and women, junior and senior) of National Teams.
- b) if National Federation doesn't enrol its National team, the best two results by the club following points 1.9 and 1.11 at each distance are at each category Countries ranking (men, women, juniors and seniors).

## **10 – WHATSAPP GROUP:**

**All clubs participating in the event must send an email to [cednuotopinnato@fipsas.it](mailto:cednuotopinnato@fipsas.it) containing the name of a contact person – who may approach the secretariat desk or the Head Judge only in case of extreme necessity – and WhatsApp contact details to be used for quick communications.**

## **11 – DOPING CONTROL:**

Doping Control follows the international rules of the WADA and CMAS Anti-doping code.

## **12 – CHECK EQUIPMENT:**

Equipment will be checked directly to the starting point during the competition.

### 13 – RESPONSIBILITY:

A.S.D. SPORTINACQUA, C.M.A.S., F.I.P.S.A.S., the Competition Director, the Competition Officers and the Chief Judge are not responsible for accidents or damages caused to people and things before, during or after the competition.

### 14 – SPECIAL NOTES:

This program could be modified for organisation causes. **Swimmers must be available for the Start Judge with their complete equipment at least 10 minutes before the race start.**

Are allowed only bi-fins and swimsuits homologated by CMAS.

A swim cap is mandatory.

Any other rule concerning the competition could be found in the C.M.A.S. Finswimming Rules.

### 15 – VISA:

**IF YOU NEED A VISA TO ENTER IN ITALY, PLEASE MAKE CONTACT WITH ITALIAN FEDERATION (F.I.P.S.A.S.) MINIMUM 40 DAYS BEFORE THE EVENT.**

### 16 – HOTEL INFORMATION:

- All information in the accommodation form here in the attachment

#### How can you get to Lignano Sabbiadoro

You can get to Lignano Sabbiadoro by various ways of transportation:

#### By car - on the highway (motorway)

By car, you can reach Lignano driving on the A4 Venice - Trieste motorway or A23 motorway linking Tarvisio and Venice; the motorway exit for Lignano is made at Latisana, the local road no 354, which ends at Lignano.

#### By Bus - Bus Stations

Many bus lines regularly depart from the northern part of Italy towards Lignano. Special buses link significant cities in Germany, Switzerland and Austria to Lignano. More information about bus schedules and timelines: Biglietteria Autostazione Viale Gorizia, 26 Tel. 0039 0431 71373

Bus Station Lignano SAF: [www.saf.ud.it](http://www.saf.ud.it)

**By Train** - Train Stations Latisana Train station is just 20 km from Lignano. From Latisana train station you can access train Venice (Mestre) and its neighbouring airports and Trieste, Udine and other main cities in Italy. Regular bus lines link Lignano and Latisana

Italian Railways Website: [www.trenitalia.com](http://www.trenitalia.com)

#### By Plane - Airports

The nearest airports to Lignano are *Ronchi Dei Legionari Airport* in Trieste, just 58 km away from Lignano Sabbiadoro, *Marco Polo Airport* in Venice, 100 km away from Lignano Sabbiadoro, and *Antonio Canova Airport* in Treviso, 110 km away from Lignano Sabbiadoro

City: Venice  
Airport: Marco Polo  
Telephone: 00390412606111



Website: [www. Venice airport.it](http://www.Venice airport.it)

City: Treviso

Airport: Antonio Canova

Telephone: 0039042220393

Website: [www. treviso airport.it](http://www. treviso airport.it)

City: Trieste

Airport: Ronchi Dei Legionari

Telephone: 0039040631484

Website: [www.aeroporto.fvg.it](http://www.aeroporto.fvg.it)

Other information is on [www.bellaitaliavillage.com](http://www.bellaitaliavillage.com).



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Efa Village Sport & Family