

## **Hungarian Open Indoor Apnea Championship**

### **Information for athletes**

(2022)

#### **1. Aim of the competition**

The aim of the competition is to promote competitive indoor apnea. The event will serve as an opportunity for national and international qualification and ranking of athletes.

#### **2. Date and place of the competition**

Alfréd Hajós National Swimming Stadium

1138 Budapest, Margitsziget 23800

05-06 November, 2022 (Sat & Sun)

#### **3. Organizer**

- nOxygen Apnea Club
- Hungarian Diving Federation

#### **4. Jury**

- in dynamic disciplines 1 judge per athlete
- in static disciplines 1 judge per athlete

#### **5. Athletes**

Athletes must comply to following criteria to be able to compete:

- registered athlete or certified (minimum level 1 of any international certification)
- has a valid (not older than 1 year) medical certificate
- at least 14 years old
- fully completed registration by the registration deadline

#### **6. Registration**

Registration is possible via email to [noxygenapneaclub@gmail.com](mailto:noxygenapneaclub@gmail.com) or via the following link:  
<https://forms.gle/PeMak6b2p6o2mG4z8>

**In case of registration via email the following data must be included as a minimum:**

- Full name
- Official gender
- Nationality
- Date of birth
- Contact details: email and phone number
- Disciplines that the athlete would like to compete in and the announcements for each disciplines of any or all of the following options:

- Static apnea (STA)
- Dynamic Apnea No fins (DNF)
- Dynamic Apnea (DYN) or Dynamic Apnea with Bi-fins (DYNB)

- **Copy of the valid medical certificate**

**Additional information:**

- **Registration start: 1st of August, 2022**
- **Registration end: 15th of October, 2022**
- Limited spots available on a first come first serve basis (maximum of 40 spots)
- The registration is complete when the athlete receives written confirmation via email
- Incomplete registrations are invalid
- The organizer reserves the right to decline registration once the spots have been filled
- The organizer will refund the entry fee in case of invalid registration without any delays

## **7. Entry fee**

The entry fee is 69 EUR or equivalent amount of HUF based on the daily exchange rate of MNB (<https://www.mnb.hu/arfolyamok>)

The full amount is to be transferred to:

**nOxygen Apnea Club Egyesület**

IBAN: HU32121000111766457600000000

SWIFT code: GNBAHUHB

domestic bank account (HU): **12100011-17664576** (Gránit Bank)

description: **Donation**

**Please note that amounts paid with wrong description will be refunded**

## **8. General Terms & Conditions**

- a) The competition will follow both CMAS and AIDA protocols. The rankings will be available for both for valid performances.
- b) Athletes must use equipment for warm up and competition in accordance with the competition rules.
- c) Athletes take part in the competition at their own risk.

## **9. Organizational details**

- a) The competition for each discipline will be conducted for both sexes at the same time (female and male)
- b) Warm-up time (WT) and official top (OT) will be defined based on the announced performance.
- c) Announcement per discipline shall be made at registration.

- d) Static apnea will take place in a shallow indoor pool with warm water.
- e) Dynamic Apnea No Fins will take place in a 25 m pool.
- f) Dynamic Apnea (DYN and DYNB) will take place in a 50 m pool. The two disciplines will be held and awarded together with a +12% correction in favour of bi-fins (DYNB)

## **10. Ranking, prizes**

The competition will be ranked separately for male and female performances.

The ranking will be separate for each discipline as well as there will be national ranking for Hungary and international ranking for all of the athletes for 1st, 2nd and 3rd places.

## **11. Disciplines**

### **Female:**

- Static Apnea (STA)
- Dynamic Apnea No Fins (DNF)
- Dynamic Apnea (DYN)
- Dynamic apnea with bi-fins (DYNB)

### **Male:**

- Static Apnea (STA)
- Dynamic Apnea No Fins (DNF)
- Dynamic Apnea (DYN)
- Dynamic Apnea with Bi-fins (DYNB)

## **12. Competition schedule**

See appendix 1.

## **13. Protest**

Protest is possible for up until 30 minutes after the announcements of preliminary results. The fee is 50,-EUR that will be refunded in case of successful protest. The protest will be judged by the judges.

## **14. Costs**

The cost of the competition itself (including the pool rental, fee of judges, safety, medical staff and the prizes) is covered by the organizers. Athletes must cover their own expenses such as travel, food and accommodation. Athletes and coaches may enter the competition area free of charge after successful registration.

## **15. Equipment**

Athletes must use CMAS competition rule compliant equipment and are accountable for the condition of the equipment used in the competition.

## **16. Other**

- a) The organizer reserves the right to any changes and will inform all athletes in due time.

**For further inquiries please contact:**

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Budapest, 10th of August, 2022

## Appendix 1

### COMPETITION SCHEDULE

#### 05 November 2022 (Saturday)

07.30 – 08.00	Opening
08.30 – 11.00	Static Apnea (STA)
11.30 – 12.30	Training in 25 m pool
11.00 – 12.00	Break
12.00 – 15.00	Dynamic Apnea No Nins (DNF)
15.30 – 16.00	Awards Ceremony for STA and DNF
16.00 – 17.00	Training in 50 m pool

#### 06 November 2022 (Sunday)

08.30 – 12.30	Dynamic Apnea (DYN/DYNB)
13.00 – 13.30	Awards Ceremony