## Finswimming - Detailed Competition Activity Schedule - TWG2022

| Activity Types |  |  |  |  |  |  |  |
|----------------|--|--|--|--|--|--|--|
|                | Athletes/teams arrival at the venue and preparation          |  |  |  |  |  |  |
|                | Training/Competition Warm Up                                 |  |  |  |  |  |  |
|                | Briefings  |  |  |  |  |  |  |
|                | Ceremonies (including Medal Presentations)                   |  |  |  |  |  |  |
|                | Technical Preparations                                       |  |  |  |  |  |  |
|                | Athletes/teams preparation                                   |  |  |  |  |  |  |
|                | Introduction of Athletes/Teams and call to start             |  |  |  |  |  |  |
|                | Event taking place/Race                                      |  |  |  |  |  |  |
|                | Athletes/Teams exit the water when advised by Referee        |  |  |  |  |  |  |
|                | Athletes/teams members/technical officials/ leaves the venue |  |  |  |  |  |  |

## Finswimming DCAS

| Date                | Туре | Start Time           | End Time             | Activity   | Run Time |
|---------------------|------|----------------------|----------------------|--|----------|
|                     |      | 08:30:00             | 09:15:00             | Athletes Section 1 arrive and prepare to enter the pool to train   | 0:45:00  |
|                     |      | 09:15:00             | 11:15:00             | Training Section 1 in the Competition Pool   | 2:00:00  |
|                     |      | 10:30:00<br>11:15:00 | 11:15:00<br>12:00:00 | Athletes Section 2 arrive and prepare to enter the pool to train<br>Athletes/teams Section 1 leaves the venue                | 0:45:00  |
|                     |      | 11:15:00             | 13:15:00             | Training Section 2 in the Competition Pool   | 2:00:00  |
|                     |      | 13:15:00             | 14:00:00             | Athletes/teams Section 2 leaves the venue  | 0:45:00  |
| 7th July            |      | 13:15:00             | 14:15:00             | Training of volunteers   | 1:00:00  |
| λth                 |      | 14:15:00             | 15:15:00             | Starting procedure rehearsal and protocol ceremonies   | 1:00:00  |
| 2                   |      | 14:15:00             | 14:45:00             | Technical Officials arrive and prepare to enter the pool   | 0:30:00  |
|                     |      | 15:15:00<br>15:30:00 | 16:15:00<br>16:00:00 | Briefing of Technical Officials  | 1:00:00  |
|                     |      | 16:15:00             | 16:45:00             | Teams managers and coaches arrive and prepare to enter the pool<br>Technical Officials leaves the venue                      | 0:30:00  |
|                     |      | 16:15:00             | 17:15:00             | Briefing of Team Managers  | 1:00:00  |
|                     |      | 17:15:00             | 17:45:00             | Teams Managers leaves the venue  | 0:30:00  |
|                     |      | 12:55:00             | 13:40:00             | Athletes arrive and prepare to enter the pool for Competition Warm-up  | 0:45:00  |
|                     |      | 13:40:00             | 14:40:00             | Warm-up session in the Competition Pool  | 1:00:00  |
|                     |      | 14:40:00             | 14:45:00             | Preparation of Opening Ceremony  | 0:05:00  |
|                     |      | 14:45:00<br>15:00:00 | 15:00:00<br>15:05:00 | Opening Ceremony for Finswimming<br>Commentators Introduce Finswimming to the Spectators                                     | 0:15:00  |
|                     |      | 15:05:00             | 15:10:00             | Preparation of Competitions  | 0:05:00  |
|                     |      | 15:10:00             | 15:10:30             | Event 1- 50m Apnea Women - Call to "Last Call Room"  | 0:00:30  |
|                     |      | 15:10:30             | 15:11:00             | Event 2 - 50m Bi-Fin Women - Call to "Last Call Room"  | 0:00:30  |
|                     |      | 15:11:00             | 15:13:00             | Commentators Introduce Judges to the Spectators  | 0:02:00  |
|                     |      | 15:13:00             | 15:16:30             | Event 1 - 50m Apnea Women Athletes Introduced and Called to Start  | 0:03:30  |
|                     |      | 15:16:30             | 15:18:00             | Event 1 - 50m Apnea Women Athletes Preparation Event 1 - 50m Apnea Women   | 0:01:30  |
|                     |      | 15:18:00<br>15:18:30 | 15:18:30<br>15:19:00 | Event 1 - 50m Apnea Women<br>Event 1 - 50m Apnea Women Athletes exit the water   | 0:00:30  |
|                     |      | 15:19:00             | 15:19:30             | Event 3 - 100m Surface Men - Call to "Last Call Room"  | 0:00:30  |
|                     |      | 15:19:30             | 15:23:00             | Event 2 - 50m Bi-Fin Women Athletes Introduced and Called to Start   | 0:03:30  |
|                     |      | 15:23:00             | 15:24:30             | Event 2 - 50m Bi-Fin Women Athletes Preparation  | 0:01:30  |
|                     |      | 15:24:30             | 15:25:00             | Event 2- 50m Bi-Fin Women  | 0:00:30  |
|                     |      | 15:25:00             | 15:25:30             | Event 2 -50m Bi-Fin Women Athletes exit the water  | 0:00:30  |
|                     |      | 15:25:30<br>15:32:30 | 15:32:30<br>15:33:00 | Event 1- Medal Presentation Ceremony 50m Apnea Women<br>Event 4 - 200m Surface Women - Call to "Last Call Room"              | 0:07:00  |
|                     |      | 15:33:00             | 15:36:30             | Event 3 - 100m Surface Men Athletes Introduced and Called to Start   | 0:03:30  |
|                     |      | 15:36:30             | 15:38:00             | Event 3 - 100m Surface Men Athletes Preparation  | 0:01:30  |
|                     |      | 15:38:00             | 15:38:45             | Event 3 - 100m Surface Men   | 0:00:45  |
|                     |      | 15:38:45             | 15:39:15             | Event 3 - 100m Surface Men Athletes exit the water   | 0:00:30  |
| - Competition Day 1 |      | 15:39:15             | 15:46:15             | Event 2- Medal Presentation Ceremony 50m Bi-Fin Women  | 0:07:00  |
| u D                 | -    | 15:46:15<br>15:46:45 | 15:46:45<br>15:50:15 | Event 5 - 100m Bi-Fin Men - Call to "Last Call Room"<br>Event 4 - 200m Surface Women Athletes Introduced and Called to Start | 0:00:30  |
| titic               |      | 15:50:15             | 15:51:45             | Event 4 - 200m Surface Women Athletes Preparation  | 0:01:30  |
| npe                 |      | 15:51:45             | 15:53:45             | Event 4 - 200m Surface Women   | 0:02:00  |
| Cor                 |      | 15:53:45             | 15:54:15             | Event 4 - 200m Surface Women Athletes exit the water   | 0:00:30  |
| >                   |      | 15:54:15             |                      | Event 3- Medal Presentation Ceremony 100m Surface Men  | 0:07:00  |
| 8th Jul             |      | 16:01:15             | 16:01:45             | Event 6 - 400m Surface Men - Call to "Last Call Room"  | 0:00:30  |
| 8                   |      | 16:01:45<br>16:05:15 | 16:05:15<br>16:06:45 | Event 5 - 100m Bi-Fin Men Athletes Introduced and Called to Start<br>Event 5 - 100m Bi-Fin Men Athletes Preparation          | 0:03:30  |
|                     |      | 16:06:45             | 16:07:35             | Event 5 - 100m Bi-Fin Men  | 0:00:50  |
|                     |      | 16:07:35             | 16:08:05             | Event 5 - 100m Bi-Fin Men Athletes exit the water  | 0:00:30  |
|                     |      | 16:08:05             | 16:15:05             | Event 4 - Medal Presentation Ceremony 200m Surface Women   | 0:07:00  |
|                     |      | 16:15:05             | 16:15:35             | Event 7 - 4x100m Surface Relay Women - Call to "Last Call Room"  | 0:00:30  |
|                     |      | 16:15:35             | 16:19:05             | Event 6 - 400m Surface Men Athletes Introduced and Called to Start   | 0:03:30  |
|                     |      | 16:19:05<br>16:20:35 | 16:20:35<br>16:24:35 | Event 6 - 400m Surface Men Athletes Preparation Event 6 - 400m Surface Men   | 0:01:30  |
|                     |      | 16:20:35             | 16:24:35             | Event 6 - 400m Surface Men Athletes exit the water   | 0:04:00  |
|                     |      | 16:25:05             | 16:32:05             | Event 5 - Medal Presentation Ceremony 100m Bi-Fin Men  | 0:07:00  |
|                     |      | 16:32:05             | 16:35:35             | Event 8 - 4x50m Surface Relay Men Teams - Call to "Last Call Room"   | 0:03:30  |
|                     |      | 16:35:35             | 16:39:05             | Event 7 - 4x100m Surface Relay Women Teams Introduced and Called to Start  | 0:03:30  |
|                     |      | 16:39:05             | 16:40:35             | Event 7 - 4x100m Surface Relay Women Teams Preparation   | 0:01:30  |
|                     |      | 16:40:35             | 16:44:35             | Event 7 - 4x100m Surface Relay Women   | 0:04:00  |
|                     |      | 16:44:35<br>16:45:05 | 16:45:05<br>16:52:05 | Event 7 - 4x100m Surface Relay Women Teams exit the water<br>Event 6 - Medal Presentation Ceremony 400m Surface Men          | 0:00:30  |
|                     |      | 16:52:05             | 16:55:35             | Event 8 - 4x50m Surface Relay Men Teams Introduced and Called to Start   | 0:03:30  |
|                     |      | 16:55:35             | 16:57:05             | Event 8 - 4x50m Surface Relay Men Teams Preparation  | 0:01:30  |
|                     |      | 16:57:05             | 16:59:05             | Event 8 - 4x50m Surface Relay Men  | 0:02:00  |
|                     |      | 16:59:05             | 16:59:35             | Event 8 - 4x50m Surface Relay Men Teams exit the water   | 0:00:30  |
|                     |      | 16:59:35             | 17:07:35             | Event 7 - Medal Presentation Ceremony 4x100m Surface Relay Women   | 0:08:00  |
|                     |      | 17:07:35             | 17:15:35             | Event 8 - Medal Presentation Ceremony 4x50m Surface Relay Men  | 0:08:00  |
|                     |      | 17:15:35<br>17:18:35 | 17:18:35<br>18:03:35 | The judges leave the pool<br>Athletes/teams members/technical officials/ leaves the venue                                    | 0:03:00  |
|                     |      | 17.10.33             | 10.00.00             |  | 0.40.00  |

## Finswimming DCAS

| Date                         | Туре | Start Time           | End Time             | Activity   | Run Time |
|------------------------------|------|----------------------|----------------------|--|----------|
|                              |      | 13:15:00             | 14:00:00             | Athletes arrive and prepare to enter the pool for Competition Warm-up          | 0:45:00  |
|                              |      | 14:00:00             | 15:00:00             | Warm-up session in the Competition Pool  | 1:00:00  |
|                              |      | 15:00:00             | 15:05:00             | Commentators Introduce Finswimming to the Spectators                           | 0:05:00  |
|                              |      | 15:05:00             | 15:10:00             | Preparation of Competitions  | 0:05:00  |
|                              |      | 15:10:00             | 15:12:00             | Commentators Introduce Judges to the Spectators                                | 0:02:00  |
|                              |      | 15:12:00             | 15:12:30             | Event 1- 50m Apnea Men - Call to "Last Call Room"                              | 0:00:30  |
|                              |      | 15:12:30             | 15:13:00             | Event 2 - 50m Bi-Fin Men - Call to "Last Call Room"                            | 0:00:30  |
|                              |      | 15:13:00             | 15:16:30             | Event 1 - 50m Apnea Men Athletes Introduced and Called to Start                | 0:03:30  |
|                              |      | 15:16:30             | 15:18:00             | Event 1 - 50m Apnea Men Athletes Preparation                                   | 0:01:30  |
|                              |      | 15:18:00             | 15:18:30             | Event 1 - 50m Apnea Men  | 0:00:30  |
|                              |      | 15:18:30             | 15:19:00             | Event 1 - 50m Apnea Men Athletes exit the water                                | 0:00:30  |
|                              |      | 15:19:00             | 15:19:30             | Event 3 - 100m Surface Women - Call to "Last Call Room"                        | 0:00:30  |
|                              |      | 15:19:30             | 15:23:00             | Event 2 - 50m Bi-Fin Men Athletes Introduced and Called to Start               | 0:03:30  |
|                              |      | 15:23:00             | 15:24:30             | Event 2 - 50m Bi-Fin Men Athletes Preparation                                  | 0:01:30  |
|                              |      | 15:24:30             | 15:25:00             | Event 2- 50m Bi-Fin Men  | 0:00:30  |
|                              |      | 15:25:00             | 15:25:30             | Event 2 -50m Bi-Fin Men Athletes exit the water                                | 0:00:30  |
|                              |      | 15:25:30             | 15:32:30             | Event 1- Medal Presentation Ceremony 50m Apnea Men                             | 0:07:00  |
|                              |      | 15:32:30             | 15:33:00             | Event 4 - 200m Surface Men - Call to "Last Call Room"                          | 0:00:30  |
|                              |      | 15:33:00             | 15:36:30             | Event 3 - 100m Surface Women Athletes Introduced and Called to Start           | 0:03:30  |
|                              |      | 15:36:30             | 15:38:00             | Event 3 - 100m Surface Women Athletes Preparation                              | 0:01:30  |
|                              |      | 15:38:00             | 15:38:45             | Event 3 - 100m Surface Women   | 0:00:45  |
|                              |      | 15:38:45             | 15:39:15             | Event 3 - 100m Surface Women Athletes exit the water                           | 0:00:30  |
|                              |      | 15:39:15             | 15:46:15             | Event 2- Medal Presentation Ceremony 50m Bi-Fin Men                            | 0:07:00  |
|                              |      | 15:46:15             | 15:46:45             | Event 5 - 100m Bi-Fin Women - Call to "Last Call Room"                         | 0:00:30  |
| ₹ 2                          |      | 15:46:45             | 15:50:15             | Event 4 - 200m Surface Men Athletes Introduced and Called to Start             | 0:03:30  |
| Da                           |      | 15:50:15             | 15:51:45             | Event 4 - 200m Surface Men Athletes Preparation                                | 0:01:30  |
| tio                          |      | 15:51:45             | 15:53:45             | Event 4 - 200m Surface Men   | 0:02:00  |
| 9th July - Competition Day 2 |      | 15:53:45             | 15:54:15             | Event 4 - 200m Surface Men Athletes exit the water                             | 0:00:30  |
| ŭ                            |      | 15:54:15             | 16:01:15             | Event 3- Medal Presentation Ceremony 100m Surface Women                        | 0:07:00  |
| S                            |      | 16:01:15             | 16:01:45             | Event 6 - 400m Surface Women - Call to "Last Call Room"                        | 0:00:30  |
| À                            |      | 16:01:45             | 16:05:15             | Event 5 - 100m Bi-Fin Women Athletes Introduced and Called to Start            | 0:03:30  |
| ηl                           |      | 16:05:15             | 16:06:45             | Event 5 - 100m Bi-Fin Women Athletes Preparation                               | 0:01:30  |
| 6                            |      | 16:06:45             | 16:07:35             | Event 5 - 100m Bi-Fin Women  | 0:00:50  |
|                              |      | 16:07:35             | 16:08:05             | Event 5 - 100m Bi-Fin Women Athletes exit the water                            | 0:00:30  |
|                              |      | 16:08:05             | 16:15:05             | Event 4 - Medal Presentation Ceremony 200m Surface Men                         | 0:07:00  |
|                              |      | 16:15:05             | 16:15:35             | Event 7 - 4x100m Surface Relay Men - Call to "Last Call Room"                  | 0:00:30  |
|                              |      | 16:15:35             | 16:19:05             | Event 6 - 400m Surface Women Athletes Introduced and Called to Start           | 0:03:30  |
|                              |      | 16:19:05<br>16:20:35 | 16:20:35             | Event 6 - 400m Surface Women Athletes Preparation Event 6 - 400m Surface Women | 0:01:30  |
|                              |      | 16:24:35             | 16:24:35<br>16:25:05 | Event 6 - 400m Surface Women Athletes exit the water                           | 0:00:30  |
|                              |      | 16:25:05             |                      | Event 5 - Medal Presentation Ceremony 100m Bi-Fin Women                        | 0:07:00  |
|                              |      | 16:32:05             |                      | Event 8 - 4x50m Surface Relay Women Teams - Call to "Last Call Room"           | 0:03:30  |
|                              |      | 16:35:35             | 16:39:05             | Event 7 - 4x100m Surface Relay Mon Teams Introduced and Called to Start        | 0:03:30  |
|                              |      | 16:39:05             | 16:40:35             | Event 7 - 4x100m Surface Relay Men Teams Introduced and Called to Start        | 0:01:30  |
|                              |      | 16:40:35             |                      | Event 7 - 4x100m Surface Relay Men   | 0:04:00  |
|                              |      | 16:44:35             | 16:45:05             | Event 7 - 4x100m Surface Relay Men   | 0:00:30  |
|                              |      | 16:45:05             | 16:52:05             | Event 6 - Medal Presentation Ceremony 400m Surface Women                       | 0:07:00  |
|                              |      | 16:52:05             | 16:55:35             | Event 8 - 4x50m Surface Relay Women Teams Introduced and Called to Start       | 0:03:30  |
|                              |      | 16:55:35             | 16:57:05             | Event 8 - 4x50m Surface Relay Women Teams Preparation                          | 0:01:30  |
|                              |      | 16:57:05             | 16:59:05             | Event 8 - 4x50m Surface Relay Women  | 0:02:00  |
|                              |      | 16:59:05             | 16:59:35             | Event 8 - 4x50m Surface Relay Women Teams exit the water                       | 0:00:30  |
|                              |      | 16:59:35             | 17:07:35             | Event 7 - Medal Presentation Ceremony 4x100m Surface Relay Men                 | 0:08:00  |
|                              |      | 17:07:35             | 17:15:35             | Event 8 - Medal Presentation Ceremony 4x50m Surface Relay Men                  | 0:08:00  |
|                              |      | 17:15:35             | 17:18:35             | The judges leave the pool  | 0:03:00  |
|                              |      | 17:18:35             | 17:21:35             | Preparation of Closing Ceremony  | 0:03:00  |
|                              |      | 17:21:35             | 17:29:35             | Closing Ceremony   | 0:08:00  |
|                              |      | 17:29:35             | 18:14:35             | Athletes/teams members/technical officials/ leaves the venue                   | 0:45:00  |