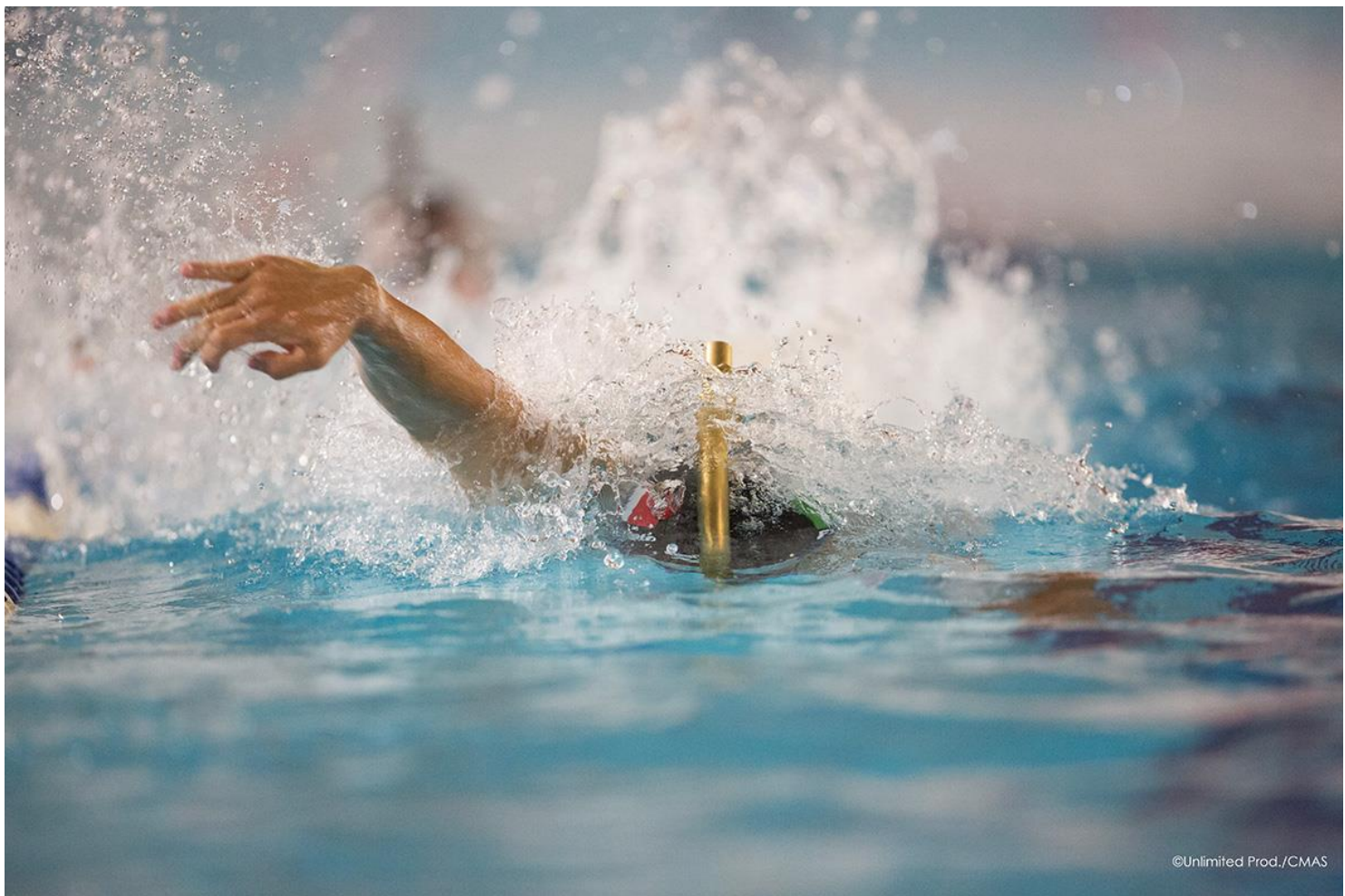




FISU
UNIVERSITY
WORLD
CUP
FINSWIMMING



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FISU University World Cup Finswimming

LIGNANO SABBIAADORO (Udine) – ITALY

from 01/04/2022 to 02/04/2022



WELCOME MESSAGE OF PRESIDENT OF THE ORGANISING COMMITTEE



I am pleased to invite you to the 1st Edition of the “**FISU World Cup Finswimming**” that will take place in Lignano Sabbiadoro (Udine), at the Sport Village Bella Italia, on 1 and 2 April 2022.

I am truly honoured that FISU has awarded CUSI and, consequently, FIPSAS and the Organising Committee that I chair, this very prestigious sports event.

I hope that the by hosting this first edition of the University World Cup in Italy Finswimming will benefit from a visibility boost and, therefore, gain further popularity.

I would like to extend a warm welcome to the university delegations that will be taking part in the event in Lignano Sabbiadoro and convey my best wishes to all its participants (athletes, coaches, officials and competition judges), trusting we will be spending together a few days filled with

enthusiasm and healthy competition.

We will be able to enjoy a spectacular sports event. After all, because of the high speeds that cannot be reached in other water sports, Finswimming is appropriately referred to as the Formula One of swimming sports.

Finally, I wish to express my thorough appreciation to CUSI, the University of Udine, the CONI and the relevant local authorities, who, together with CMAS and FIPSAS, will do their utmost to ensure the successful outcome of this event.

My best of luck to all the athletes - *may the best win!*

President of the Organising Committee
Prof. Ugo Claudio Matteoli

For further information, please contact us at the following address:

2022 FISU University World Cup Finswimming

Viale Tiziano, 70 – 00196 Roma

Website: <https://www.wcuf2022.com/>

E-mail: finswimming@wcuf2022.com / Tel. + 39 06-8798.0513

SPECIFIC RULES

1 – DENOMINATION:

The International University Sports Federation (FISU), the Italian University Sports Federation (CUSI), the University of Udine and the Organising Committee have the honour of inviting you to participate in the sport events which will be held in Lignano Sabbiadoro (Udine), Italy from 01/04/2022 to 02/04/2022 on the occasion of the celebration of the LIGNANO SABBIAADORO 2022 – FISU UNIVERSITY WORLD CUP FINSWIMMING.

This competition will be held under CMAS Finswimming Rules and the present specific rules.

2 – COMPETITION PLACE:

The Competition will be held in:

Olympic swimming pool of Bella Italia Sports Village – Viale Centrale, 29 – Lignano Sabbiadoro (UD)
– number 8 lanes, 50 meters long and a constant depth 2,10 m.

Swimming Pool Program			
Wednesday 30 March 2022		- 09:00 / 20:00 Arrival, control documents and equipment	
Thursday 31 March 2022		- 09:00 / 13:00 Training - 15:00 / 19:00 Training - 18:00 / 19:00 Opening Ceremony	
Friday 1 April 2022 morning	- 08:30 / 09:00 WOMEN warm up - 09:00 / 09:30 MEN warm up - 50m AP Women - 50m BF Women - 100m SF Men - 100m BF Men - 200m SF Women - 200m BF Women - 400m SF Men - 400m BF Men - 800m SF Women slow heats - 4x100m SF mixed (if more than 8 teams) - 4x50m BF mixed (if more than 8 teams)	Friday 1 April 2022 afternoon	- 14:30 / 15:00 WOMEN warm up - 15:00 / 15:30 MEN warm up - 50m AP Women final - 50m BF Women final - 100m SF Men final - 100m BF Men final - 200m SF Women final - 200m BF Women final - 400m SF Men final - 400m BF Men final - 800m SF Women fast heat - 4x100m SF final mixed - 4x50m BF final mixed
Saturday 2 April 2022 morning	- 08:30 / 09:00 WOMEN warm up - 09:00 / 09:30 MEN warm up - 50m AP Men - 50m BF Men - 100m SF Women - 100m BF Women - 200m SF Men - 200m BF Men - 400m SF Women - 400m BF Women - 800m SF Men slow heats - 4x100m BF mixed (if more than 8 teams) - 4x50m SF mixed (if more than 8 teams)	Saturday 2 April 2022 afternoon	- 14:30 / 15:00 WOMEN Warm Up - 15:00 / 15:30 MEN warm up - 50m AP Men final - 50m BF Men final - 100m SF Women final - 100m BF Women final - 200m SF Men final - 200m BF Men final - 400m SF Women final - 400m BF Women final - 800m SF Men fast heat - 4x100m BF final mixed - 4x50m SF final mixed
Sunday 3 April 2022		- Departure	

3 – GENERAL CONDITIONS:

Only the athletes who satisfy the following conditions may take part in the FISU University World Cup Finswimming:

- Be a student of the university (no matters the nationality) they represent;
- Be at least 18 and no older than 25 years of age on the 31st December of the year of the event; for 2022, athletes must be born between the 01/01/1997 and the 31/12/2004.

The competitions include the following events:

Individuals disciplines (men and women)

50m AP, 100m SF, 200m SF, 400m SF, 800m SF, 50m BF, 100m BF, 200m BF, 400m BF.

Relays (mixed)

4x50m SF mixed, 4x100m SF mixed, 4x50m BF mixed, 4x100m BF mixed.

A mixed team is composed of 4 athletes (2 men and 2 women).

Each athlete may participate to the individual and relay events.

Each University Team can register two athletes per individual event in men and women category.

The number of disciplines by athletes is not limited. A maximum of 36 athletes is allowed per University.

Each University can register one team for each relay event. Each athlete can be entered in several relays.

Each country is authorised to enter a maximum of two athletes per event and per gender from two different universities.

The delegation may include the following officials, according to the number of participants entered:

- up to nine participants: two officials
- up to 20 participants: four officials
- over 20 participants: five officials

At the Technical meeting, the Head of Delegation or his/her representative shall confirm and sign the official list of competitors accredited by the CIC.

4 – EQUIPMENT:

Equipment must be CMAS approved.

Equipment needed is listed in the FISU Finswimming Venue Minimum Requirements.

5 – ACCOMMODATION:



BELLA ITALIA SPORTS VILLAGE

The center consists of thirteen residences with 700 rooms, able to accommodate up to two thousand eight hundred people. The rooms are all with reserved indoor toilets, widely lit with direct light, some with balcony and sea views; accessibility to them is free of any barrier; many are predisposed to accommodate people with disabilities.

6 – BOOKING & ENTRY FEES:

FISU University World Cup Finswimming from 30/03/2022 to 03/04/2022

Entry fee per participant is **70,00 Euro per night per person**. The organizer will provide:

- Accommodation in three-star hotels with double or triple hotel rooms full board;
- Drinking water during the meals included;
- Transfers from Venice international airports to hotel and return.

Full board accommodation is considered as breakfast, warm lunch, warm dinner and water drink per meal included.

7 – PAYMENT:

Minimum 25% of total entry fee should be deposited at our bank no later than **January 1st** to guarantee the booking. The remaining payment should be made on arrival. The organizer will only accept transfers (bank charges will be charged to the remitter).

Bank cheque and credit card will not be accepted.

Minimum 25% of total entry fee must be paid, via bank transfer, to:

WORLD CUP UNIVERSITY FINSWIMMING 2022

Bank: Bper Agenzia 26 Roma

IBAN code: IT 83 K 05387 03295 000003305624

BIC SWIFT: BPMOIT22XXX

(Reason for payment: Fee for participation in FISU UNIVERSITY WORLD CUP FINSWIMMING 2022)

8 – ENROLEMENTS:

All registration of athletes and officials for events must be submitted **only through electronic way by the National University Sport Federation**. For registration the website is:

<https://accreditation.fisu.net/sites/cup/Pages/WUC.aspx>

Opening date of registration: 1st October 2021 / Closing date: 1st March 2022

Entry forms must be submitted in the FISU Online Accreditation System according to FISU procedure and must be received under the following procedure:

Deadline for entry:

- a. **General entries (engagement of participation – Annex 1)** at least six months before the beginning of the World Cup;
- b. **Quantitative entries (confirmation of participation – Annex 2)** with the number of officials and participants in each sports event, and with the payment of the deposit of 25% of the participation fees, at least three months before the beginning of the World Cup;
- c. **Individual entries (conditions for participation – Annex 3)** with the list of competitors and substitutes, the events to which they will participate and the necessary photographs, one month before the beginning of the World Cup.

Entry requirements:

1. Entry forms shall be submitted in the FISU Online Accreditation System to meet the required entry deadlines.
2. Entries arriving after the expiration of the required deadlines will not be taken into consideration, except in the case of circumstances outside one's control, with the agreement of the Organising Committee and FISU.

For all information write to: finswimming@wcu2022.com

9 - REGISTERED TIME:

Timekeepers with Electronic System.

10 – INDIVIDUAL PRIZES:

- Gold, silver and bronze medals for each distance men and women;
- Gold, silver and bronze medals for each relay.

11 – MEDICAL ASSISTANCE:

The Organising Committee will provide to the FISU family, participants and all accredited persons free and adequate medical care including initial response and follow-up, immediate medical care as indicated. This medical care includes appropriate emergency care at all training and competition venue sites.

12 – DOPING CONTROL:

Doping control follows the international rules of WADA, FISU and CMAS antidoping code.

13 – RESPONSIBILITY:

The International University Sports Federation (FISU), the Italian University Sports Federation (CUSI), the University of Udine, the “2022 FISU University World Cup Finwimming” Organizing Committee, the Event Manager, the Competition Officers and the Chief Judge are not responsible for accidents or damages caused to people and things before, during or after the competition.

14 – SPECIAL NOTES:

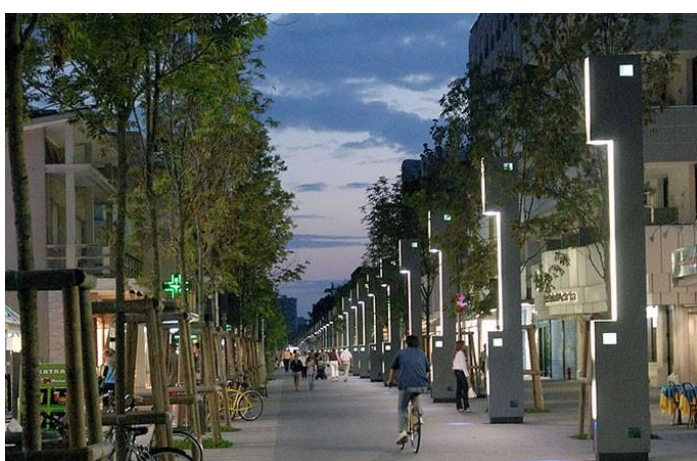
This program could be modified for organization cause. Swimmers must be available for the Start Judge with their complete equipment at least 10 minutes before the race start. **Swim cap is mandatory.** Any other rule concerning the competition can be found on the C.M.A.S. Finswimming Rules.

15 – VISA:

IF YOU NEED VISA FOR ENTRY IN ITALY, PLEASE MAKE CONTACT WITH ORGANISING COMMITTEE MINIMUM 45 DAYS BEFORE THE EVENT.

THE CITY OF LIGNANO SABBIAORO

Lignano Sabbiadoro stands on a long sandy peninsula covered with pine trees, the southwestern end of the beautiful Marano lagoon nature reserve. Its slight slope, the sandy beach in front of the Coast of Istria, a safe bathing for families and the active nightlife, make it a popular resort for Italian and foreign tourists. The extreme point of the peninsular area is divided into three districts: Lignano Sabbiadoro is one of them and is accompanied by Lignano Pineta, 1 km further south, and Lignano Riviera, more recent but still all centred in its natural features, also given the close ness of the Tagliamento River. In



total there are just under 7,000 residents. The name of the resort was originally Lignano, in 1935 'Sabbiadoro' was added exclusively for promotional purposes. The development of the tourist resort began in the early twentieth century, when after the reclamation began the construction of some bathing establishments, however accessible only by boat from the lagoon. Before that, nothing existed in these places, except a small area of refuge for some fishermen. The ancient plans of the Serenissima, duly compiled by the so-called Water Savi, made no mention of either the name or the characteristic of the area, considered in the complex of the important lagoon territory. The

wonderful beach, however, could not go unnoticed for much longer and the first hotel was built in 1903. Its urban growth, however, was delayed, not only because of the malarial area in the vicinity, but also because of the lack of basic infrastructure: it had to wait more than two decades before the construction of the main and vital road artery. Today's city has reached the maturity of urban planning and infrastructure in the best way and presents itself with a wide variety of attractions. Moving between its neighbourhoods is possible through urban transport managed by the SAF, but Lignano is also to be explored on foot or perhaps by bike. Riviera, the western part of the peninsula is characterized by the villas and residential condominiums, all gracefully decorated with beautiful pine trees; Pineta, in the

city centre, has a modest shopping mall, famous beaches and a plethora of venues suitable for evening and night fun; Sabbiaodoro, at the extreme tip of the peninsula, contains a lively shopping mall and even more night and cultural life than the previous ones. The hotel presence in general is remarkable. For those who want to enjoy the maximum stay at the seaside, we recommend the baths of Lignano, located in the Riviera area and immersed in the centuries-old pine forest (directions: waterfront R. Riva 1) or even the numerous spas and fitness centers of the city. In addition to the exclusively seaside attractions, Lignano also offers some historical and naturalistic itineraries. The original farmer's core, placed close to the lagoon, has two typical rural houses of sure interest, probably dated from the 17th century. The religious cult for centuries has concentrated in the small church of St. Zacharias and the fifteenth century church of Santa Maria, in the resort of Bevazzana, and in the interior of which is noticed a series of frescoes of the 15th century. The Hemingway Park is a park of botanical interest that covers 4 hectares of land and is named after the famous American writer who visited the resort during his stay in Italy. The writer is also dedicated to the prestigious "Ernest Hemingway Lignano Sabbiaodoro Prize" in journalism, fiction and non-fiction. The Punta Verde Zoo Park is a natural oasis with ponds, animals (1200 specimens belonging to 200 different species) in semi-open areas and eco-environmental paths. The nature in Lignano is also enriched by the UNICEF Park, born in the late 1980s, dedicated to children in as many as 4 hectares of entertainment between skating rinks, mini golf, swimming pools, bike paths and much more. The natural attraction, however, remains the Oase of the Wwf Laguna in Marano. Birdwatchers will be able to observe birds of prey such as the marsh hawk, the osprey, the buzzer, the small and real hen harrier, the kestrel, the brown kite. Don't miss it.

CITY MAP OF LIGNANO SABBIAODORO

How you can get to Lignano Sabbiaodoro

You can get to Lignano Sabbiaodoro by various ways of transportation:

By Car - on the highway (motorway)

By car you can reach Lignano Sabbiaodoro driving on the A4 Venice - Trieste motorway or on A23 motorway linking Tarvisio and Venice; the motorway exit for Lignano Sabbiaodoro is made at Latisana, following the local road no 354 which ends at Lignano.

By Bus - Bus Stations

There are many bus lines which regularly depart from the northern part of Italy towards Lignano Sabbiaodoro. There are special buses linking important cities in Germany, Switzerland and Austria to Lignano. More information about bus schedules and timelines: Biglietteria Autostazione Viale Gorizia, 26 Tel. 0039 0431 71373.



Bus Station Lignano SAF: www.saf.ud.it

By Train - Train Stations Latisana. Train station is just 20 km away from Lignano Sabbiaodoro. From Latisana train station you can access by train Venice (Mestre) and its neighboring airports as well as Trieste, Udine and other main cities in Italy. Lignano Sabbiaodoro and Latisana are linked by regular bus lines.



Italian Railways Website: www.trenitalia.com

By Plane - Airports

The nearest airport to Lignano Sabbiadoro is *Marco Polo Airport* in Venice, 100 km away from Lignano Sabbiadoro.

Transportation will be provided for the participants from this airport.

City: Venice
Airport: Marco Polo
Telephone: 00390412606111
Website: www.veniceairport.it



OFFICIAL COMPETITION POOL AND TRAINING



BELLA ITALIA SPORTS VILLAGE

The FISU University World Cup Finswimming will be held in Lignano Sabbiadoro (UD), at the Bella Italia Sports Village, located in a valuable position

within the urban fabric of Lignano Sabbiadoro, in Central Avenue, 29. It consists of a modern tourist-social center, nestled in 60 hectares of verdant pine forest. The tranquility, fragrant aroma of pines and sea saloons, the clear sea and the beach front reserved exclusively for guests of the Village (1120 meters long and 60 meters deep) create the ideal environment for toning individual holidays or groups, in the name of sport, relaxation and fun. Twelve kilometres of roads and trails run throughout the area, creating amene solutions for racing, running, promenade and plain air, all routes can be excluded from car traffic. The whole village is dotted with outdoor sports camps; it also offers some high-quality solutions for all sports disciplines indiscriminately within the multifunctional palace, which can accommodate up to three thousand people and, for water sports, in the two indoor and conditioned pools, of which one Olympic.



SEE YOU IN LIGNANO!