



# 1st round Finswimming World Cup 2021



**FINSWIMMING**  
**LIGNANO SABBIAORO (UD) - ITALY**  
**BELLA ITALIA SPORTS VILLAGE**

**Friday 19, Saturday 20 and Sunday 21 March 2021**



## RULES

### 1 – DENOMINATION:

The A.S.D. SPORTINACQUA with the agreement of C.M.A.S. and F.I.P.S.A.S. is pleased to invite you to 1<sup>st</sup> Round Finswimming World Cup 2021, that will hold in Lignano Sabbiadoro (UD) from 19 to 21 March 2021.

### 2 – COMPETITION PLACE:

The competition will be held in Bella Italia Sports Village – Viale Centrale, 29 – Lignano Sabbiadoro (UD) – ITALY – Number 8 lanes, 50 meters long Olympic swimming pool features a constant depth 2,10 m.



### 3 – PARTICIPATION RULES AND RACES:

The competition, following the Finswimming International Regulation, and this Particular Regulations, includes the following races and categories:

Senior (Cat. A) (18 years old and over)

M/F: 50AP, 50SF, 100SF, 200SF, 400SF, 800SF, 50BF, 100BF, 200BF, 400BF, 100IS, 4x100SF RELAY, 4x100 BF MIXED RELAY.

Junior (Cat. B + C + D) (12/17 years old)

M/F: 50AP, 50SF, 100SF, 200SF, 400SF, 800SF, 50BF, 100BF, 200BF, 400BF, 100IS, 4x100 SF RELAY, 4x100 BF MIXED RELAY.

- Swimming style: AP= apnea; SF= surface finswimming; BF= bifins; IS=immersion.

		<b>Friday 19 March afternoon</b>	- ore 17,00 / 20,00 Arrival, control documents and training
<b>Saturday 20 March morning</b>	- ore 8,00/8,30 M&B warm-up - ore 8,30/9,00 W&G warm-up  - ore 9,10 opening ceremony  - ore 9,20 competition:  - m. 50 apnea men/women - m. 50 apnea boys/girls  award ceremony 50 apnea men/women  - m. 50 bifins men/women  award ceremony 50 apnea boys/girls  -m. 50 bifins boys/girl  award ceremony 50 bifins men/women	<b>Saturday 20 March afternoon</b>	- ore 15,00/15,30 M&B warm up - ore 15,30/16,00 W&G warm up  - ore 16,10 competition:  - m. 200 sf men/women - m. 200 sf boys/girls  award ceremony 200 sf men/women  - m. 400 bifins men/women  award ceremony 200 sf boys/girls  - m. 400 bifins boys/girls  award ceremony 400 bifins men/women  - m. 100 IS men/women  award ceremony 400 bifins boys/girls

<p><b>Saturday 20 March morning</b></p>	<p>- <b>m. 800 sf men/women</b> award ceremony 50 bifins boys/girls</p> <p>- <b>m. 800 sf boys/girls</b> award ceremony 800 sf men/women award ceremony 800 sf boys/girls</p>	<p><b>Saturday 20 March afternoon</b></p>	<p>- <b>m. 100 IS boys/girls</b> award ceremony 100 IS men/women</p> <p>- <b>m. 4x100 bifins mixed men/women</b> award ceremony 100 IS boys/girls</p> <p>- <b>m. 4x100 bifins mixed boys/girls</b> award ceremony 4x100 bifins mixed men/women award ceremony 4x100 bifins mixed boys/girls</p>
<p><b>Sunday 21 March morning</b></p>	<p>- ore 8,00/8,30 M&amp;B warm-up - ore 8,30/9,00 W&amp;G warm-up</p> <p>- ore 9,10 competition:</p> <p>- <b>m. 100 sf men/women</b> - <b>m. 100 sf boys/girls</b> award ceremony 100 sf men/women</p> <p>- <b>m. 100 bifins men/women</b> award ceremony 100 sf boys/girls</p> <p>- <b>m. 100 bifins boys/girls</b> award ceremony 100 bifins men/women</p> <p>- <b>m. 400 sf men/women</b> award ceremony 100 bifins boys/girls</p> <p>- <b>m. 400 sf boys/girls</b> award ceremony 400 sf men/women award ceremony 400 sf boys/girls</p> <p>- <b>FREE TEST RACES (1500 SF)</b></p>	<p><b>Sunday 21 March afternoon</b></p>	<p>- ore 14,30/15,00 M&amp;B warm up - ore 15,00/15,30 W&amp;G warm up</p> <p>- ore 15,40 competition:</p> <p>- <b>m. 50 sf men/women</b> - <b>m. 50 sf boys/girls</b> award ceremony 50 sf men/women</p> <p>- <b>m. 200 bifins men/women</b> award ceremony 50 sf boys/girls</p> <p>- <b>m. 200 bifins boys/girls</b> award ceremony 200 bifins men/women</p> <p>- <b>relay 4x100 sf men/women</b> award ceremony 200 bifins boys/girls</p> <p>- <b>relay 4x100 sf boys/girls</b> award ceremony relay 4x100 sf men/women award ceremony relay 4x100 sf boys/girls</p> <p>Award ceremony for clubs and closing ceremony.</p>

**NOTE: ORGANIZER'S RESERVE THE RIGHT OF ANY CHANGE TO THE SCHEDULED PROGRAMME.**

**THE PROGRAM WILL BE CONFIRMED AFTER THE CLOSING OF REGISTRATIONS THROUGH THE PUBLICATION OF THE START LIST AND MAY BE CHANGED DUE TO TECHNICAL NEEDS.**

**NO LIMIT OF PARTICIPATION TO "FREE TEST RACES" OR OUT OF RACE IN OFFICIAL PROGRAM.**

**To register for "Free Test Races", the attached form must be used, which must be sent, by March 14, 2021, to the following e-mail address: [cednuotopinnato@fipsas.it](mailto:cednuotopinnato@fipsas.it) The receipt of the forms will be confirmed by e-mail. In the absence of confirmation by e-mail, the forms are deemed not to have been received.**

For the participation in World Cup program, please refer to points 1.9, 1.10, 1.11 of the CMAS Finswimming World Cup Swimming-Pool rules Version 2020/01.

The organisation will accept from each country only one judge in the official jury.

#### **4 – ENROLMENTS:**

The competition is governed by CMAS Finswimming Rules, by CMAS Finswimming World Cup Swimming-Pool Rules, by the "Detailed protocol for the holding of international Finswimming competitions taking place in Italy" (attached) and by the present Specific Rules that every athlete - with his/her enrolment - affirms to know and agrees to follow strictly.

CMAS regulations can and should be seen at the following link.

<http://www.cmas.org/finswimming/documents-of-the-finswimming-commission>

Please note the following instructions regarding registration because of World Cup all data are stored in the CMAS sport database.

##### **1. Registration**



For registration the website is <https://www.sportdata.org/cmas>

Opening date of registration is **from Friday 26 February to Sunday 14 March.**

**This year, the registration applies for World Cup program and Free test races.**

##### **1. Registration Tutorial:**

For registration, you need an account.

Users who already have registered an account in our system (only registered in sportdata. Account in the previous base, sport.cmasoffice.org aren't valid now), please re-use your Account. In this case, you can also re-use all competitors, coaches, referees and officials data.

If you don't have an account yet, please register online:

[https://www.sportdata.org/cmas/set-online/registrate\\_registrator\\_main.php?active\\_menu=registration](https://www.sportdata.org/cmas/set-online/registrate_registrator_main.php?active_menu=registration)

For event registration of your competitors, coaches, referees and officials, please follow these steps:

- Log in with your Account.
- Check your team data. Please check if the data is correct and up to date.
- Enter or change the data of your competitors, coaches, referees and officials.
- In the event, the calendar goes to the event you want to register for, click on the "Registration" button of the event you wish to register.
- On the bottom of the entries site, you will see the functions to make new entries.
- Register your competitors/teams in categories, as well as your coaches, referees and officials.
- All your registrations will go first on a waiting list to validate them. After the payment process is finished, your registrations will be approved, and you will be notified by email.
- You can find an overview of all your registrations at "My current entries". There you can also find the amount you have to pay and the provided payment method.
- Please also check out the "Other Items" section of the event. The organiser may also provide here additional purchase items, like transport, accommodation, etc.
- If you need help, please contact the Sportdata Support Team: [support@sportdata.org](mailto:support@sportdata.org)

##### **2. Fees of registration**

**It's not necessary to buy a CMAS licence to participate in World Cup 2021. The system will take into Account only Temporary licence CMAS. CMAS licences won't be checked.**

# CMAS FEES



For each round or Golden Final, each competitor must participate and pay CMAS fees, fixed annually by CMAS.

- 20,00 € for participation fees by each round (include annually temporary licence).

Please note that relays members' names must be entered during the registration process based on individual registration even if they swim the only relay. According to the rules, relays' composition can be changed on-site before the beginning of the competition.

These fees will be paid only at the end of the registration process online by credit card, or bank transfer includes SEPA.

## ORGANISATION ENGAGEMENT FEES

Euro 20,00 for the club, Euro 7,00 for each distance or free test races and Euro 14,00 for each relay. The fee paid for not-performed races won't be reimbursed. Also, relays must be declared with time on the enrolment forms. Late enrolments may be accepted with a fine of Euro 50,00.

Payment of engagement fees should be made by bank transfer

- ASSOCIAZIONE SPORTIVA DILETTANTISTICA SPORTINACQUA

IBAN CODE: IT450 03069 09606 100000114805

(For tax of engagements World Cup Lignano Sabbiadoro team)

BIC SWIFT: BCITITMM

ATTENTION: The registrations agree, and all communication further exclusively will be accepted when the CED sends the same reception's confirmation. In lack of the reception confirmation, no registration will come accepted beyond the expiration of 14 March.

**LATE ENROLMENTS OR PAYMENT IN CASH MAY BE ACCEPTED WITH A FINE OF 50,00 EURO.**

For all information send an email to [cednuotopinnato@fipsas.it](mailto:cednuotopinnato@fipsas.it)

### 5 – PRELIMINARY PROCEDURES:

All sports documents of the swimmers will be checked exclusively from hours 5,00 p.m. to hours 8,00 p.m. of Friday 19/03/2021 at the Bella Italia Sports Village swimming-pool Viale Centrale, 29 – Lignano Sabbiadoro (UD).

### 6 – FORFAIT of COMPETITORS:

The team's leader will be announcing the competitor's absent five days before starting competition. For every swimmer missing in the heat without communication, the club will be liable for a fine of Euro 50,00.

### 7 – REGISTERED TIME:

Timekeepers with Electronic System.

### 8 – INDIVIDUAL PRIZES:

Medals will be given to the first, second and third competitor in each individual race and relay in the categories Girls, Boys, Woman, Men and Mixed. At the prize-giving, each swimmer **MUST WEAR** his **TEAM UNIFORM**.

**MEDALS WILL BE TAKEN ONLY DURING AWARD CEREMONY. PLEASE RESPECT THE PROGRAM**

## **9 – CLASSIFICATIONS AND CLUBS PRIZES:**

There will be a classification for Individuals, Clubs, National Teams and Countries.

Individual: there will be, for every distance, four different individual classifications for men, women, juniors boys and girls. Swimmers registered by Clubs or National Teams are in this classification.

Club: the total amount will make the individual point's general classification (men and women, junior and senior only registered by clubs). Four separate Club Classification will also be made for seniors men, seniors women, juniors boys and juniors girls.

National teams: the total amount will make the individual point's general classification (men and women, junior and senior). Four separate National Teams Classification will also be made for men, women, juniors boys, juniors girls.

Countries Ranking:

- a) the Countries Ranking will be made following points 1.9 and 1.11 by the total amount of the individual points (men and women, junior and senior) of National Teams.
- b) if National Federation doesn't enrol its National team, the best two results by the club following points 1.9 and 1.11 at each distance are at each category (men, women, juniors and seniors) Countries ranking.

## **10 - ANTI-COVID PROVISIONS:**

- **THE EVENT WILL TAKE PLACE BEHIND CLOSED DOORS AND, THEREFORE, NO SPECTATORS WILL BE PRESENT**
- **SELF-DECLARATION: All participants in the event must sign the self-declaration attached to this regulation. Self-declarations, duly signed, must be sent to [cednuotopinnato@fipsas.it](mailto:cednuotopinnato@fipsas.it) The team leader will be held responsible for any individual belonging to his/her club who has not signed and submitted the self-declaration.**
- **ACCREDITATIONS: All those taking part in the event must be accredited. Individuals who do not hold the necessary credentials will not be allowed to access the sports site.**
- **GATHERING PREVENTION MEASURES: All clubs participating in the event must send an email to [cednuotopinnato@fipsas.it](mailto:cednuotopinnato@fipsas.it) containing both the name of a contact person – who may approach the secretariat desk or the Head Judge only in case of extreme necessity – and WhatsApp contact details to be used for quick communications.**
- **SWAB TEST: Athletes, coaches and accompanying persons coming from countries other than Italy and San Marino will have to undergo a molecular or antigenic test to establish their health conditions, the result of which must be stated in the “Self-declaration warranting entry into Italy from abroad” attached to these regulations. This test must be carried out no earlier than 48 hours before arrival in Italy. Moreover, in order that they may be authorised to enter Italy, the individuals concerned must be in possession of the report certifying the negative findings and stating the personal details of the tested person for the purpose of conducting any checks as necessary.**

## **11 – DOPING CONTROL:**

Doping Control follows the international rules of WADA and CMAS Anti-doping code.

## **12 – CHECK EQUIPMENT:**

Equipment will be checked directly to the starting point during the competition

## **13 – RESPONSIBILITY:**

A.S.D. SPORTINACQUA, C.M.A.S., F.I.P.S.A.S., the Competition Director, the Competition Officers and

the Chief Judge are not responsible for accidents or damages caused to people and things, before, during or after the competition.

#### 14 – SPECIAL NOTES:

This program could be modified for organisation cause. Swimmers must be available for the Start Judge with their complete equipment at least 10 minutes before the race start.

Are allowed only bi-fins and swimsuit homologated by CMAS

A swim cap is mandatory. The organising club reserved to accept and insert an athlete or a relay at any time at own discretion, in or outside the official classification, on request by the participating club.

Any other rule concerning the competition could be found on the C.M.A.S. Finswimming Rules.

#### 15 – VISA:

IF YOU NEED VISA FOR ENTERING IN ITALY, PLEASE MAKE CONTACT WITH ITALIAN FEDERATION (F.I.P.S.A.S.) MINIMUM 40 DAYS BEFORE THE EVENT.

#### 16 – HOTEL INFORMATION:

- All information in accommodation form here in attachment

#### How you can get to Lignano Sabbiadoro

You can get to Lignano Sabbiadoro by various ways of transportation:

##### By car - on the highway (motorway)

By car you can reach Lignano driving on the A4 Venice - Trieste motorway or A23 motorway linking Tarvisio and Venice; the motorway exit for Lignano is made at Latisana the local road no 354 which ends at Lignano.

##### By Bus - Bus Stations

There are many bus lines which regularly depart from the northern part of Italy towards Lignano. Special buses are linking significant cities in Germany, Switzerland and Austria to Lignano. More information about bus schedules and timelines: Biglietteria Autostazione Viale Gorizia, 26 Tel. 0039 0431 71373

Bus Station Lignano SAF: [www.saf.ud.it](http://www.saf.ud.it)

**By Train** - Train Stations Latisana Train station is just 20 km away from Lignano. From Latisana train station you can access by train Venice (Mestre) and its neighbouring airports and Trieste, Udine and other main cities in Italy. Regular bus lines link Lignano and Latisana

Italian Railways Website: [www.trenitalia.com](http://www.trenitalia.com)

##### By Plane - Airports

The nearest airports to Lignano are *Friuli Venezia Giulia Airport* from Ronchi Dei Legionari, just 58 km away from Lignano Sabbiadoro, *Marco Polo Airport* in Venice 100 km away and *San Giuseppe Airport* of Treviso, 110 km away from Lignano

City: Venice

Airport: Marco Polo

Telephone: 00390412606111

Website: [www.veniceairport.it](http://www.veniceairport.it)

City: Treviso

Airport: Antonio Canova

telephone: 0039042220393

Website: [www.trevisoairport.it](http://www.trevisoairport.it)



City: Trieste  
Airport: Ronchi dei Legionari  
Telephone: 0039040631484  
Website: [www.aeroporto.fvg.it](http://www.aeroporto.fvg.it)

Other information on [www.bellaitaliavillage.com](http://www.bellaitaliavillage.com).

