



CMAS SPORT DIVING WORLD CHAMPIONSHIPS 2020 TOMSK (RUSSIA)



GENERAL INFORMATION

The competition will take place in Tomsk (Russia) from 08 to 13 July 2020.

Only national federation teams affiliated to the CMAS are eligible to compete in the competition. Each national team should respect the championships rules, the safety conditions set by the organizers and the CMAS rules and regulations.

PARTICIPATION

SWIMMING-POOL EVENTS:

- Each country may enter no more than two (2) swimmers for each individual distance, two (2) pairs for each pair distance and one (1) relay team.
- The entries must reach CMAS headquarters within the time limits set by the CMAS rules on www.cmasoffice.org (§ Point 1.21.1.3 & 4 of CMAS Procedures)
- World Championships will be organized over three (3) days and six (6) sessions.
- There are only final heats scheduled in the morning and in the afternoon. **For this reason, it's requested to the national federations to send to the CMAS HQ the official protocols of all national selection competitions in delay maximum of two weeks after the competitions (in one of the three CMAS languages). Thus, times of enrollments of the swimmers will be checked for CMAS championships.** If the protocols aren't transmitted in this deadline, times of corresponding enrollments will be cancelled and the athletes will be engaged with time 00:00:00.

Only national federation teams affiliated to the CMAS are eligible to compete in the competition. Each national team should respect the championships rules, the safety conditions set by the organizers and the CMAS rules and regulations. Competition is individual in 1 age category (male/female from 18 years old (from 2002 year of birth)).

Every National team must bring with it two (2) national flags (m. 2,00 x m.1,00) and a CD with the national anthem.

DISCIPLINES AND DISTANCES (Male and Female)

- **DIVING – 100m/300m Trial (men/women)**
- **DIVING – 50m/100m Octopus (men pairs /women pairs /mixed pairs)**
- **DIVING – 100m Obstacle Course (men pairs /women pairs /mixed pairs)**
- **DIVING – 100m Obstacle Course & SOLO (men/women)**
- **DIVING – 50m Lift Bag (men/women)**
- **DIVING – Relay 4x100m TRIAL (mixed)**
- **DIVING –Relay 4x50m IMMERSION TORPEDO (mixed)**

INTERNATIONAL JURY

CMAS Technical Delegate according to the CMAS rules.

CLASSIFICATION AND AWARDS

According to the CMAS rules and regulations.

PROTESTS

According to the CMAS rules.

DOPING CONTROL

Organising committee guarantees to provide doping control according to the CMAS and WADA rules.

CYLINDERS FILLING

- Only compressed air without oxygen enrichment is allowed
- For pool competitions, the minimum volume of a compressed air cylinder (bottle) is 10L (ten liter)
- The maximum filling pressure for the compressed-air cylinders cannot exceed 200 bar (20 MPa).
- When a cylinder with a flat bottom is used, adding a rounded bottom, which does not exceed the radius of the cylinder, is allowed
- All cylinders used must have passed a hydrostatic test less than 2 years before the competition, or even less if it is required by the local legislation.
- Each cylinder must be presented empty during checking meeting before competition. The organizer guarantees the filling of DIN 200, YOKE cylinders (bottles). (Bottles equipped DIN could be available to National teams through a written booking request at the time of subscription and in which details about the quantity and wished volumes should be provided.)
- For the National teams cylinders can be provided by the organizing committee (upon request).

FLAGS

Every National team must bring with it two (2) national flags (m. 2,00 x m.1,00) and a CD with the national anthem (short version).

GENERAL SCHEDULE

The championship program is as follows:

DAY 1 - 08/07/20: Arrival of delegations

DAY 2 - 09/07/20: Training day / Technical meeting /Championship Opening Ceremony

DAY 3 - 10/07/20: Swimming pool competition

DAY 4 - 11/07/20: Swimming pool competition

DAY 5 - 12/07/20: Swimming pool competition / Championship Closing Ceremony / Athletes Party/ dinner of heads of delegation

DAY 6 - 13/07/20: Departure day of delegations

THE BOOKING & ENTRY FEE

Choice 1 (6 days): from Wednesday 08 to Monday 13 July

(World Championships: Sport diving only)

Entry fee per participant is **550,00 €**.

The organizer will provide:

- Accommodation in three-star hotels with double or triple hotel rooms full board.
- Providing of 2x0,5l drinking water per pax/per day
- Free transfers between the official hotel and swimming pool (training day include).
- Participation at the closing ceremony and party.

Choice 2 (11 days): from Friday 03 to Monday 13 July

(CMAS World Championships: Finswimming, Sport diving and University competition)

Entry fee per participant is **990,00 €**.

The organizer will provide:

- Accommodation in three-star hotels with double or triple hotel rooms full board.
- Providing of 2x0,5l drinking water per pax/per day
- Free transfers between the official hotel and the swimming pool (training day include).
- Participation at the opening and closing ceremony and closing party.

Full board accommodation is considered as breakfast, warm lunch, warm dinner and water drink 0,5l per meal included.

Participants who choose to be accommodated in hotels other than official will have to pay 250 € per pax for secretarial fees, competition, opening and closing ceremony. No local transfers will be provided.

Extra charges:

- Transfers from international Tomsk airport to hotel and return, 40,00 € per pax.

- Transfer from Novosibirsk international airport (280 km to Tomsk) to hotel and return, 100€/person.
- Extra charges for single room ascend to 45,00 € per pax per day.
- Extra day charged at 110,00 € per pax per day, including full board accommodation (breakfast, lunch, dinner and water drink 0,5 per meal included).

During the championship dates, the offer includes all benefits. Outside the championship dates, the offer includes full board only.

- Training camp before Championship: teams wishing to organize a training camp before the championships must specify their request to the organizing committee (date, effective, number of water lines) before May 1, 2020.

The organization will give the rate as soon as it is available. The estimated cost of 1 training session: 10 euro per person.

- Immersion Cylinders of 10 to 12 liters could be available to National teams upon reservation: 10€ per bottle.
- Local transportation during the extra days: walking is possible between hotels and pool. In addition, a taxi service may be offered at the delegation charge.

Deadline for the hotel booking: 3rd of April 2020.

Late registrations will not guarantee the accommodation booking.

PAYMENTS

The organizer accepts only cash or bank transfers in Euros (bank charges will be billed to the sender). Bank checks and credit cards will not be accepted. A minimum of 50% of the total entry fee should be deposited at our bank no later than the April 3rd 2020 to guarantee the booking. After this date, April 18th 2020, the participation fees will increase by a further 10% of total amount. The remaining amount should be paid preferably before July 1st 2020 in case of bank transfer, and before the delegation arrival.

Bank cheque and credit card will not be accepted.

Information for Bank Transfers :

BENEFICIARY (NAME)	RUSSIAN UNDERWATER FEDERATION (RUF)
BANK	JSC MOSCOMBANK, Moscow, Russia SWIFT: CBMWRUMM

CORRESPONDENT BANK	VTB Bank (Europe) SE, Frankfurt am Main, Germany SWIFT: OWHBDEFF
ACCOUNT	4070397870000002998
REASON FOR PAYMENT	Contribution for participation in World Championship 2020 in Tomsk

Dear Sirs!

To comply with Russian currency regulations would you be so kind supplying the transfer (payment through bank) with a letter on blank and with stamp of your federation (Annex 3) by e-mail: info@ruf.ru

VISAS

If you require a visa, please contact the embassy or consulate in your country.

For delegations must obtain a visa, an invitation with the names of participants will be sent on request.

MISCELLANEOUS

The electrical power in Russia is 220V, 50 Hz

DEADLINE –ENTRY AND PARTICIPATION CONDITIONS

As reception of this specific rules:

- Registration and payment of the CMAS fees subscription must be done on www.cmasoffice.org
- The Hotel booking forms, the payment and the bank transfer certificate must be sent to the Organizing Committee according to the following schedule:
 - 3rd APRIL 2020 (no later) : ANNEX 1 : Initial entry form
 - 18th APRIL 2020 (no later) : ANNEX 2 : Hotel booking form
 - 3rd JUNE 2020 (no later): ANNEX 3: Confirmation of payment
 - 3rd JUNE 2020 (no later) : ANNEX 4 : Competitor's list form
 - 3rd JUNE 2020 (no later) : ANNEX 5 : Final hotel booking form

- The competitor's list have to be entered in www.cmasoffice.org and the form should be sent to the organizing committee.
- The list of national records should be sent to CMAS HQ and the organizing committee. For further information, please contact us at the following addresses:
 ORGANIZING COMMITTEE: RUSSIAN UNDERWATER FEDERATION, info@ruf.ru;
 NATALIA GRECHIKINA, +79627797191, burakovanata@gmail.com
 GRIGORY SHUMKOV, +79138591408, grishum@mail.ru

PROGRAMME

Wednesday 8th July 2020 (-2)	
During the day:	Arrival of sport diving delegations

Thursday 9th July 2020 (-1)	
13:00-15:00	Training at the swimming pool
13:00-15:00	Sports equipment check (according to the CMAS rules)
14:00	Judges meeting
14:30	Team leaders technical meeting

Friday 10th July 2020 (day 1)	
Morning:	
12:30-13:00	Warm up
13:00-16:30	Competition start DIVING - 300m Trial (men/women) <i>Award ceremony (DIVING - 300m TRIAL (men/women))</i> DIVING - 50m Octopus (men/women pairs)
Afternoon:	
	DIVING – 50m Octopus (mixed pairs)

Saturday 11th July 2020 (day 2)	
Morning:	
09:30-10:00	Warm up sport diving
10:15-13:00	Competition start DIVING - 100m Obstacle Course (men/women pairs) <i>Award ceremony (DIVING - 50m Octopus (men/women/mixed pairs))</i> DIVING - 100m Obstacle Course (mixed pairs) <i>Award ceremony (DIVING - 100m Obstacle course (men/women/mixed pairs))</i> DIVING - 100m Obstacle Course SOLO (men/women) <i>Award ceremony (DIVING - 100m Obstacle course (mixed pairs))</i>
Afternoon:	
17:00-17:30	Warm up
17:30	Competition start DIVING - 100m Trial (men/women) <i>Award ceremony (DIVING - 100m Obstacle Course SOLO (men/women))</i> DIVING - Relay 4x50m Immersion Torpedo (mixed) <i>Award ceremony (DIVING – 100m Trial (men/women))</i>

Sunday 12th July 2020 (day 3)	
Morning:	
09:30-10:00	Warm up
10:15-13:00	Competition start DIVING - 25m Lift Bag (men/women)

	<p><i>Award ceremony (DIVING - Relay 4x50m Immersion Torpedo (mixed))</i> DIVING - 100m Octopus (men/women pairs) <i>Award ceremony (DIVING - 25m Lift Bag (men/women))</i></p>
Afternoon:	
17:00-17:30	Warm up
17:30	Competition start
	<p>DIVING - 100m Octopus (mixed pairs) <i>Award ceremony (DIVING - 100m Octopus (men/women pairs))</i> DIVING - Relay 4x100m TRIAL (mixed) <i>Award ceremony</i> <i>(DIVING - 100m Octopus (mixed pairs)</i> <i>DIVING - Relay 4x100m TRIAL (mixed)</i></p>
20:00	Closing ceremony for all participants

<p>Monday 13th July 2020 (day 4)</p>	
Morning:	
During the day	Excursions and departure of delegations