

APNEA COMMISSION

CMAS

FREEDIVING JUDGE

SYSTEM - COURSES

STANDARDS & OUTLINES

VERSION 2019 /01

CA 208

1*STAR FREEDIVING JUDGE INDOOR

- Definition:** : 1* Star freediving judge indoor is the trained judge who has completed the theoretical and practical training of CMAS International Judge indoor course and he is certified with certificate from a CMAS active Judge Trainer.
: He can act as National Main Judge and can participate as judge at international indoor competitions and/or assistant at world or continental indoor competitions
- Entry** : Minimum age 18 years old
- Requirements** : National federation Judge or equivalent
- Documents** : ID card or passport
: Must be fluent in English. Basic reading, writing and speaking is required for international judge candidates, or else they will act in local events only.
- Duration** : Theory : 3 x 2-hour lessons
: Practice : 1 x 2-hour pool
- Education** : Theory : History of Free Diving and CMAS
: CMAS structure, BoD, Commissions, web site
: Rules of Championship organization
: Rules of World Record attempt and homologation
: Rules of Freediving Competition indoor (all disciplines)
: Logistic and equipment for competition
: Dangers and safety precautions
: Typical mistakes and problem solving
: Practice : Logistic and equipment for competition
: STA
: DNF, DYN, DYN bifins
: Speed and endurance
: Skill exercises (measuring and typical mistake)

Exams

- : Theory : 15 questions in theory topics with 75% passing score
The candidate has to review and the instructor has to check the mistakes and give further instructions
- : Practice : Main Judge assistant during one indoor international competition (ctg C)

Course organizing

- : The course is organized by a Judge Trainer or National Federation or directly from CMAS and conducted by an active CMAS Freediving Judge Trainer

3*STAR FREEDIVING JUDGE INDOOR

- Definition:** : 3* Star freediving judge indoor can be nominated as Chief Judge at continent or world indoor competitions and Cups (ctg A-B)
- Entry** : 2* Star freediving judge indoor
- Requirements** : three international indoor competitions as main judge and
: two continental or world indoor championships as judge or main judge assistant. After his good evaluation of the main judge(s)
- Course organizing** : No course is given, the judge may request its appointment to the CMAS freediving commission issuing the documents proving the participation.
Freediving commission after evaluation of participations, skills, knowledge and according to the needs can appoint the 3* star judge title

3*STAR FREEDIVING JUDGE OUTDOOR

- Definition:** :3* Star freediving judge outdoor can be nominated as Chief Judge at continent or world outdoor competitions and Cups (ctg A-B)
- Entry** : 2* Star freediving judge outdoor
- Requirements** : three international outdoor competitions as main judge and
: two continental or world outdoor championships as judge or main judge assistant. After his good evaluation of the main judge(s)
- Course organizing** : No course is given, the judge may request its appointment to the CMAS freediving commission issuing the documents proving the participation.
Freediving commission after evaluation of participations, skills, knowledge and according to the needs can appoint the 3* star judge title.

