



ROATAN 2019
CMAS 4TH FREEDIVING OUTDOOR
WORLD CHAMPIONSHIP
AUGUST 6th to 11th



DAY 1: CONSTANT WEIGHT NO FINS (SEA)

WOMEN

GOLD MEDAL	1	Alessia Zecchini	Italy	72	3:13
SILVER MEDAL	2	Nataliia Zharkova	Ukraine	67	3:00
BRONZE MEDAL AND NATIONAL RECORD	3	Jessea Lu	China	60	3:02

MEN

GOLD MEDAL AND NEW WORLD RECORD	1	Alexey Molchanov	Russia	85	3:38
SILVER MEDAL AND NATIONAL RECORD	2	Abdelatif Alouach	France	82	3:37
BRONZE MEDAL	3	Thomas Bouchard	France	80	3:41

DAY 2: CONSTANT WEIGHT WITH FINS (SEA)

WOMEN

GOLD MEDAL AND NEW WORLD RECORD	1	Alenka Artnik	Slovenia	113	3:50
GOLD MEDAL AND NEW WORLD RECORD	1	Alessia Zecchini	Italy	113	3:44
BRONZE MEDAL AND NATIONAL RECORD	3	Nataliia Zharkova	Ukraine	102	3:22

MEN

GOLD MEDAL AND NEW WORLD RECORD	1	Alexey Molchanov	Russia	125	3:50
SILVER MEDAL	2	Andrey Matveenko	Russia	115	3:31
BRONZE MEDAL	3	Daniel Koval	USA	108	2:56
BRONZE MEDAL	3	Samo Jeranko	Slovenia	108	3:04

DAY 3: CONSTANT WEIGHT BI-FINS (SEA)

WOMEN

GOLD MEDAL AND NEW WORLD RECORD	1	Nataliia Zharkova	Ukraine	93	3:18
SILVER MEDAL	2	Alenka Artnik	Slovenia	88	3:01
BRONZE MEDAL AND NATIONAL RECORD	3	Chiara Obino	Italy	85	3:20

MEN

GOLD MEDAL AND NEW WORLD RECORD	1	Alexey Molchanov	Russia	110	4:11
SILVER MEDAL AND NATIONAL RECORD	2	Abdelatif Alouach	France	103	3:53
BRONZE MEDAL AND NATIONAL RECORD	3	Vincenzo Ferri	Italy	98	3:13

DAY 4: FREE IMMERSION (SEA)

WOMEN

GOLD MEDAL	1	Alessia Zecchini	Italy	92	3:50
SILVER MEDAL	2	Nataliia Zharkova	Ukraine	90	3:31
BRONZE MEDAL	3	Jessea Lu	China	88	3:56

MEN

GOLD MEDAL AND WORLD RECORD	1	Alexey Molchanov	Russia	118	4:26
SILVER MEDAL	2	Samo Jeranko	Slovenia	105	3:38
SILVER MEDAL	2	Andrey Matveenko	Russia	105	3:46