

PATRAS



2019



II ΜΕΣΟΓΕΙΑΚΟΙ ΠΑΡΑΚΤΙΟΙ ΑΓΩΝΕΣ

II MEDITERRANEAN BEACH GAMES

II JEUX MEDITERRANEE DE PLAGES

عاب شاطئ البحر الأبيض المتوسط الثانية



TECHNICAL INFORMATION FIN SWIMMING

TECHNICAL INFORMATION

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**1. INTERNATIONAL FEDERATION WORLD UNDERWATER FEDERATION
(C.M.A.S.)**

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President: Mrs Anna ARZHANOVA
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2. NATIONAL HELLENIC SWIMMING FEDERATION (H.S.F.)

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Phone: +30 2109851020
Fax: +2109850964
President: Mr. Dimitrios DIATHESOPOULOS
Secretary General: Mr. Dimitrios SARAKATSANIS

3. MANAGEMENT OF FIN SWIMMING COMPETITION

3.1 CMAS Technical Delegate

Mr. Alexandros Xiarchos
axiarchos@yahoo.gr
Telephone: +30 697 411 3914

**3.2 Staff of the Organizing Committee of the Mediterranean Beach Games Patras
2019 (OCMBG 2019)**



The staff organization for this sport is made up of the CMAS Technical Delegate, the Competition Manager and the Chief Judge who will be responsible for the proper conduction of the competition along with the cooperation of the supporting staff of the competition.

Competition Manager:
E-mail:

4. COMPETITION, DATES AND VENUES

4.1 Competition

Fin swimming competitions of the 2nd edition of the Mediterranean Beach Games will include the following events:

Finswimming	
II MEDITERRANEAN BEACH GAMES "PATRAS 2019"  	
SWIMMING POOL	
MEN	WOMEN
50m AP	50m AP
50m BF	50m BF
100m SF	100m SF
100m BF	100m BF
200m SF	200m SF
200m BF	200m BF
400m SF	400m SF
Relays	
4 x 50m BF Mixed	
4 x 100m SF Mixed	
OPEN WATER	
MEN	WOMEN
2km BF	2km BF
4km SF	4km SF
Relays	
4 x 2km Mixed	

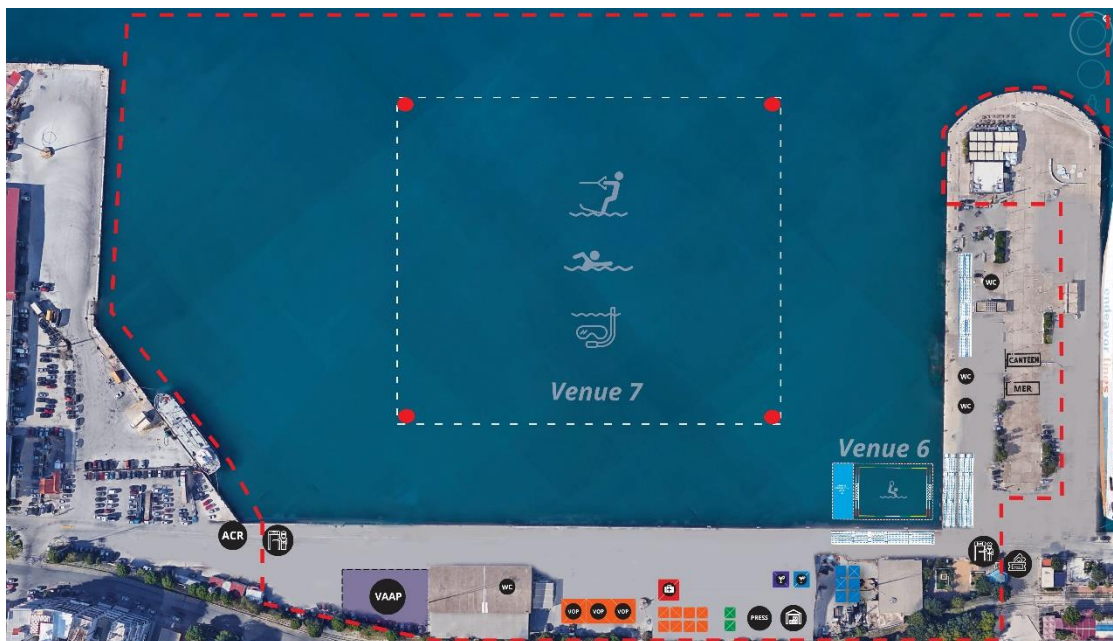
4.2 Dates and Venues

Fin swimming Competition will be held from 26 to 27 of August 2019 at "A. Pepanos" Swimming Pool– and at 28th of August at the Old Port of Patras.



- MAGNETIC GATES CHECKPOINT & SECURITY OFFICE
- LOUNGES (VIP & T.O. & ATHLETES)
- MEDICAL CENTER
- VENUE OPERATIONS
- WAREHOUSE
- PRESS CONFERENCE CENTER & PRESS CENTER
- ACR VEHICLES PARKING
- ATHLETES' CHANGING ROOMS
- T.O.'s CHANGING ROOMS
- COMPETITION MANAGEMENT

“A.Pepanos” Swimming Pool



- MAGNETIC GATES CHECKPOINT & SECURITY OFFICE
- LOUNGES (VIP & T.O. & ATHLETES)
- MEDICAL CENTER
- VENUE OPERATIONS
- WAREHOUSE
- PRESS CONFERENCE CENTER & PRESS CENTER
- ACCREDITATION OFFICE
- ACR VEHICLES PARKING
- TICKET BOOTH
- ATHLETES' CHANGING ROOMS
- COMPETITION MANAGEMENT
- T.O.'s CHANGING ROOMS

Old Port of Patras

5. TERMS AND CONDITIONS UPON WHICH COMPETITION WILL BE HELD

The races of Fin swimming for each race will take place if at least eight (8) nations for men's event and six (6) nations for women's event have registered by the deadline set for numeric registration. Considering the minimum number of participants, the President of the Technical Commission of the International Committee of the Mediterranean Games (ICMG), assisted by one or two (2) other members from the same Commission, appointed by the President of the ICMG and in the presence of the Sports Director of the OCMBG 2019, will decide the interruption of the numerical registration.

Depending on the numerical registrations submitted by **15th of May 2019 (24.00 GMT+2)**, the abovementioned Commission will decide on the actual carrying out of the race, or on the possible cancellation of one or more categories, by **22 May 2019**. Then immediately the OCMBG 2019 will notify the National Olympic Committees (NOCs) involved, via fax or e-mail about the possible cancellation of one or more events. Once confirmed, the events will be held and medals will be awarded, regardless of the actual number of participants.

6. COMPETITION REGULATIONS

Fin swimming competitions will be held in accordance with the CMAS regulations which are in force during the competition, special dispensations by the ICMG excepted. Any case not covered by the aforesaid rules will be decided as follows:

- General cases will be settled according to ICMG rules
- Technical questions will be decided according to CMAS rules.

Every difference that is coming up before or during the competitions will be appointed by the Competition Manager according to the pre-mentioned regulations, except ICMG special distributions.

7. TECHNICAL ORGANIZATION

The Organizing Committee along with CMAS Technical Delegate, is responsible for the technical organization and management of the Fin swimming competitions of the 2nd edition of the Mediterranean Beach Games 2019 in Patras.

7.1 Specific procedures which the competition will be held

The competition system will be conformed to the CMAS rules

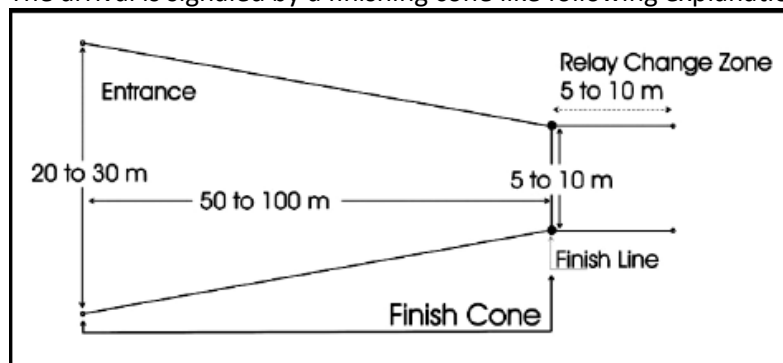
8. COMPETITION VENUE

8.1 Playing Venue

The fin swimming competition of the 2nd Mediterranean Beach Games in Patras, will take place in a special designed marine area at Venue 7, at the Old Port of Patras.

- The choice of the place must be done in places with low currents and tides. The water can be either fresh or salty.
- During the competition need security boats, not less than one (1) boat every ten (10) swimmers.

- The water temperature will be of 14 °C minimum to swim without neoprene swimming suit. It will be verified the day of the competition, two hours before the start, in the middle of the distance at a depth of 0,40 meters. If the temperature is lower than 14 °C, swimmers are obliged to wear a neoprene swimming suit during the competition.
- A certificate from the local competent authorities for hygiene and safety must ascertain that the site is appropriate for swimming.
- Every turn and change of directions must be clearly signaled by a visible buoy. In the CMAS championship, a floatable rope or a lane longer than 15 meter must join at every “turn buoy” fixed in the same direction of the next buoy.
- From every buoy not more than 500 meters.
- A boat or a platform clearly signaled with, on board, minimum a turn judges, must be placed at each turn of the run without disturbing the view of the swimmer.
- All equipment for the turns and every boat or platform of the turn judges, must have a solid anchorage and must not be subject to the movement of tides, wind etc.
- The arrival is signaled by a finishing cone like following explanation map



- The relay area comprises the finishing cone and a special 10 meters marked zone at the exit of the cone where swimmers will wait for the arriving team mates.
- After leaving the arrival cone, the swimmers will pass the relay by a physical contact.
- When they approach the finishing line, swimmers must enter the arrival cone and complete their course inside the cone, or else be disqualified. In the imperative necessities of security or weather reasons, the CMAS technical delegate can stop the race after 50% of total distance of the event was swim. In this case, the classification when the race is stopped will be the official classification.

- If the circuit comprises several laps, the race is over in the same lap as the winner. This means that when the first swimmer crosses the finishing line all other swimmers and their race when they cross the line even if they are at one of several laps behind the winner.
- Only the swimmers in the same lap of the winner will be classified with time. The others will be classified in the order of arrival and number of laps missing.
- For races over distances exceeding 12 km the organizer must offer water and calorific drinks to the swimmers every 3km (± 1). The swimmers may prepare their own provisions and place them at the provisioning points set by the organizer. If the provisioning takes place out of a fixed platform, the swimmer may touch the platform and mount it if he wishes to change his equipment. Whenever a swimmer comes out of the water, he must restart at exactly the same spot at which he left the water.

8.2 Warm-up Venues

A warm-up area, established by the ITU Technical Delegate, will be provided for Athletes (near the competition area).

8.3 Locker rooms

Private changing rooms, for men and for women, will be provided for the Athletes with facilities including with showers, baths and massage beds.

8.4 Athlete's Lounge

The Athletes lounge, located near the playing field, is for athletes only; during competition sessions, access will be allowed only by showing the accreditation pass. In this lounge, equipped with treated air, competing athletes will provide with refreshments including cold beverages, water and fruits. A sport information desk will also provide information on competition.

8.5 Mixed Zone and Press Conference Room

Accredited media will be allowed to conduct short interviews with the Athletes in the Mixed Zone immediately after competitions. Athletes must go through this area to get out of the arrival area and they are requested to cooperate and to answer questions from the press. Upon request by accreditation media, the person in charge of the press of OCMBG 2019 will escort the athletes or their coaches to the Press Conference Room in order to answer questions from the reporters.

8.6 Equipment

All sports and technical equipment used for Finswimming races and training will comply with technical regulations as defined by CMAS and in force during the competition time period, special dispensations by the ICMG excepted.

9. TRAINING

9.1 Training Warm-up Venue

According to the number of registered athletes, an appropriate number of training Venues will be available for practicing. Those Venues will be available from 25th of August 2019 according to the training sessions scheduling provided by OCMG 2019. This Venue also will have separate locker rooms for men and women, equipped with showers.

9.2 Procedures for training sessions scheduling

The teams will be informed during their arrival about the training sessions scheduling, in the Sport Information Centre and to the technical office of Fin swimming.

9.3 Available services at the training Venues

The provided services at the training Venues are respectively with those during the game

10. ELIGIBILITY

All NOCs of the ICMG member countries whose Federations are also CMAS members can take part in Fin Swimming Competition of the 2nd Edition of the Mediterranean Beach Games 2019 in Patras. Athletes must be nationals of the country they represent and must comply and follow ICMG and CMAS conditions and regulations.

Each country may register maximum six (6) athletes for men and six (6) athletes for women.

Each country may register up to two (2) athletes for each category and one (1) team for the relay race.

The composition of the relay team will be of the same athletes participating in the individual categories.

11. REGISTRATION

11.1 General principles

The entries system of the Delegation is linked to the General Accreditation System. The OCMBG 2019 registration system is based upon a document downloadable from the website: www.mbgpatras2019.gr

11.2 Entries

Each Delegation will receive a code and a password to access the document available in three languages: Italian, French and English.

The document for online accreditation allows the registration of sports entries which must also be faxed or e-mailed to the OCMBG 2019 before the deadlines hereafter indicated.

11.2.1 Preliminary Entries by Number

The Preliminary Entries by Number form issued by the NOC of each participating country must be submitted to the OCMBG 2019 by: **24th of March 2019 (24:00 GMT+2)**.

11.2.2 Entries by Number

The Entries by Number form issued by the NOC of each participating country must be submitted to the OCMBG 2019 by: **15th of May 2019 (24:00 GMT+2)**.

11.2.3 Preliminary Entries by Name

The Entries by Name (Long List) must be entered into the system by the NOC of each participating country and must be submitted to the OCMBG 2019 by: **30th of June 2019 (24:00 GMT+2)**.

11.2.4 Final Entries by Name

The final nominative list (Short list) of participating Athletes issued by the NOC of each participating country must be submitted to the OCMBG 2019 by: **30th of July 2019 (24:00 GMT+2).**

11.3 Entries Confirmation

Confirmation of entries of the participant Athletes will be announced at the Information Technology Center, the athletics management before the technical meeting. The Team Leader of each Country will be duly sent the specific forms for entries confirmation.

12. TECHNICAL MEETING

The Technical Meeting will be held at least one day prior to the start of the competition. The time fixed for the Meeting will be announced at a later date. The Meeting will be organized following CMAS regulations and under the supervision of the CMAS Technical Delegate.

The meeting will be attended by:

- CMAS Technical Delegate;
- Team Leader (one of each team);
- Trainer (one of each Country)
- OCMBG 2019 Competition Manager of Fin swimming competition.
- OCMBG 2019 representative.

All athletes, according to OCMBG regulations, are obliged to be present to the signature of the presence forms.

A member of the ICMG Technical Commission may take part in the meeting.

The Technical Delegate will provide all the necessary information .

13. MEDICAL SERVICES

Medical Services will be available in the Athletes' Village and at the Training and Competition venues for all accredited.

13.1 Medical services available to the places of accommodation (Athletes Village) and Venues

The Athletes' Village clinic will provide assistance to residents with the following medical services:

- Sports medicine,
- Physiotherapy,
- First aid,
- 24-hour emergency service,
- Ambulance Service.

A Medical Guide will be published with a detailed list of medical services that will be given to the Mediterranean Family during the Games.

Service of sports medicine and physiotherapy with massage beds will be provided to athletes and support staff at the training and competition venues.

An ambulance service to designated hospitals will be also organized.

13.2 Anti-doping tests

Anti-doping test will be conducted during, and sometimes prior to, the competition, under the responsibility of the Medical Committee of the ICMG in collaboration with the Anti-Doping Commission of OCMBG 2019 and in accordance with ICMG and CMAS rules. All Athletes selected for anti-doping tests will receive written notification.

The procedure for collecting of samples to be analyzed in accordance with set rules and the time limits will then start. Any Athlete who refuses to undergo anti-doping control or who tests positive will be excluded from the competition and will be sanctioned along with his team according to the ICMG and CMAS rules.

14. JUDGES AND REFEREES

14.1 Chief Judge

For Fin swimming competitions will be appointed International Judge for the place of the Chief Judge. To ensure the best performance of the event, the OCMBG 2019 will appoint two (2) Judges, representatives of Mediterranean countries, designated by the CMAS Commission. The Judge's name of the participating countries shall be indicated on the model of numerical entries. The Hellenic Swimming federation, supervised by the CMAS Technical Delegate, will ensure the organization of the tests in program and the announcement of the relevant results.

15. PROTESTS AND APPEALS

In accordance with the technical regulations of events of each sport scheduled in the 2nd edition of Mediterranean Beach Games, an International Appeals Committees will be created. They will be responsible for the scrutiny of official complaints lodged, as well as of appeals. If the Technical Delegate is not the President of the Appeals Committee, the International Federation will decide, through the Technical Delegate, the name of the President of the Jury of Appeal appropriately named. In general, special dispensation by the International Federation excepted, the Appeals Committee shall be composed of:

- One (1) President.
- Two (2) members selected among six (6) qualified people chosen from the representatives list of participating countries.

This list will be communicated by the CMAS Technical Delegate during the Technical Meeting. In the event of a complaint, the members of the Committee cannot be of the same nationality as the person lodging the complaint itself. Complaints and appeals will be examined according to CMAS international regulations.

16. ATHLETIC APPAREL

16.1 Athletes apparel

Athletes taking part in the competitions of Fin swimming in the 2nd Edition of the Mediterranean Beach Games must wear uniforms which correspond to the standards provided by CMAS. No advertising logos may appear on the uniforms, accessories or, generally, on any clothing or equipment worn or used by Athletes, with the exception of producer labels of the clothing and equipment, under the condition that the latter are not displayed for advertising purposes, in accordance with ICMG and CMAS rules. Every material that is used in the competition will be checked by the judges before the start of the matches the day of the competition, in the athletes Lounge. The awards ceremony is subject to the same rules for the advertising aspects of the athletes' uniform.

16.2 Referees apparel

The referees will wear the uniform provided by the international regulations of CMAS.

17. SPECIAL EVENTS AND AWARDSs

Award ceremonies will be held at the end of each competition

17.1 Medals and diplomas

Medals and diplomas in accordance with the ICMG rules the following prizes will be awarded:

- **First Prize** - Gold medal and diploma for each winner of each category and for the components of the relay.
- **Second Prize** - Silver medal and diploma for each winner of each category and for the components of the relay.
- **Third Prize** - Bronze medal and diploma for each winner of each category and for the components of the relay.
- **From the 4th to the 8th place** - A diploma for each Athlete.

18. CALENDAR

Finswimming Pool	
II MEDITERRANEAN BEACH GAMES "PATRAS 2019"	
 	
25th of August	
Training	
Technical Meeting	
SWIMMING POOL	
26th of August - 08:00 - 20:00 - Individual & Relays	
Sessions 1 & 2 (Heats-Finals, Men & Women)	
Award Ceremonies	
27th of August - 08:00 - 20:00 - Individual & Relays	
Sessions 3 & 4 (Heats-Finals, Men & Women)	
Award Ceremonies	
OPEN WATER	
28th of August - 08:00 - 20:00 - Individual & Relay	
Sessions 1 & 2 (Heats-Finals, Men & Women)	
Award Ceremonies	

Calendar Version 1.0

19. SPORT'S INFORMATION DESKS

Two offices will provide specific information on the Fin swimming Competition: the first located at the Technical Office of Fin swimming at the competition venue and the second at the Sport Information Centre in the Athletes' Village. These two offices will provide information on competition times, training sessions, transportation, list of Athletes and results. The two offices will also provide technical information issued and communicated by CMAS and the OCMBG Patras 2019.

20. REGULATIONS APPROVAL

In case of disagreement on the interpretation of this Regulation, the English version shall prevail.

This Regulation was approved by the ICMG on _____

Version 1.0 - February 2019