



Final (4th stage) of the World Cup of Sport Diving

English Version

From the 12th to the 16th of October 2017

Tenerife, Spain



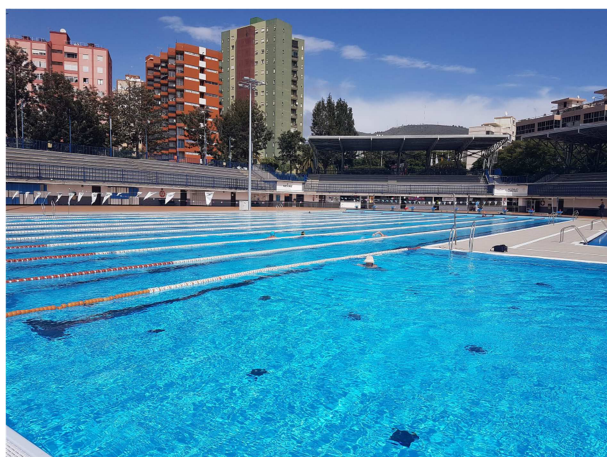
⑩ 1. GENERAL INFORMATION

The competition runs from 12 to 16 October 2017 in the city of Santa Cruz de Tenerife (Tenerife, the archipelago of the Canary Islands, Spain). The nearest airports are: Tenerife Norte (Tenerife North Airport, code TFN) which is 14 km from the city; Tenerife South (Tenerife South Airport, code TFS) which is 60 km.



⑩ 2. COMPETITION POOL

The competition takes place in the Acidalio Lorenzo Municipal Swimming Pool. The address of the pool is: Av. De Benito Pérez Armas, 1, 38007, Santa Cruz de Tenerife, Spain. Telephone: +34 60 922 95 04. The length of the pool is 50 meters, there are 10 lanes, the maximum depth is 4.5 meters, the average water temperature is 27 degrees Celsius.



⑩ 3. ORGANIZERS

The competitions are organized by FEDECAS and FEDAS in conjunction with CMAS.

Contacts:

FEDECAS: C / Puerta Canseco, 49 Edf. Jamaica, 2nd, pta.2, 38003 Santa Cruz de Tenerife. Tel. 922 240 041 E-mail: fedecas@telefonica.net

FEDAS: C / Arago, 517, 5º, pta.1, 08013 Barcelona. Tfno: 932 006 769 E-mail: fedas@fedas.es

Members of the organization of the World Cup of competition diving:

Director:	Adal Diaz Raya	FEDECAS
Coordinador general:	Luciano Cedrés Albelo	FEDECAS
Departamento Nacional		
Buceo competición:	Fernando Bernal	FEDAS
Departamento		
Arbitros y Jueces:	Severo Diaz Rizo	FEDECAS
Seguridad:	Manuel Gil Alonso Padrón	FEDECAS
Médico:	Mª Jesus Del Barrio Rentería	FEDECAS
Relaciones Públicas:		FEDECAS
Control Materiales:	Marcos Javier Garcia	FEDECAS
Medios audiovisuales:	Emilio Humanes Perez	FEDECAS

4. PARTICIPANTS

The competition will admit all teams from any of the clubs and associations of the sport divers. Minimum age according to current legislation. Participants must have: a valid ID, a valid diving certificate (at less - 1 Star / Scuba Diver / Open Water Diver / Pool Diver), a valid health certificate and CMAS sports license.

5. EQUIPMENT AND UNIFORMS

- ⑩ For competitions in pool diving sports, participants must use the following equipment and uniforms:
- ⑩ Bathing suit snug to the trunk for men and a full bathing suit for women.
- ⑩ Masks for underwater swimming.
- ⑩ Snorkel (tube).
- ⑩ Adjustable or non-adjustable diver fins.
- ⑩ Dive ballast.
- ⑩ Neoprene or isothermal suit.
- ⑩ Neoprene socks.
- ⑩ Buoyancy compensator of any type.
- ⑩ Regulator Octopus.
- ⑩ Waterproof gauge.
- ⑩ Diving tank with capacity from 10 to 18 liters.

⑩ 6. DISCIPLINES (men, women, mixed partners)

In total there are 6 (six) different disciplines, which include:

- 100m Diving Torpedo (men / women)
- 50m Load lifting of 6 kg (men / women)
- 4x50m Relay Race Diving - Torpedo (mixed partners)
- Medley 100 meters (men / women)
- 50m Octopus (men / women / mixed partners)
- 4x100m Medley Relay Race (men / women)

7. COMPETITION PROGRAM

Thursday 12, October 2017

Arrival of participants

Accommodation from noon

Friday 13, October 2017

08:00 – 08:45	Breakfast
08:50 – 09:00	Participants transfer to the Acidalio Lorenzo Pool (Santa Cruz de Tenerife) from the Hotel Catalonia Punta del Rey.
09:00 – 09:30	Equipment inspection
10:00 – 10:30	Training
10:30 – 13:00	Captains teams meeting
14:00 – 18:00	End of training, picnic and transfer to Hotel Catalonia Punta del Rey
19:00 – 20:00	Checking inscriptions and accreditations in the Hotel Catalonia Punta del Rey
20:00 – 20:30	Presentation of the World Cup event
20:30 – 21:00	Technical Meeting Organization and Delegations
21:00 – 22:00	Dinner

Saturday 14, October 2017

08:00 – 08:50	Breakfast and transfer of participants from the Hotel Catalonia Punta del Rey to the Acidalio Lorenzo Pool
09:00 – 09:30	Warm ups
10:00 – 10:30	Opening ceremony

10:30 – 14:30	Round 1	100m Diving Torpedo men / women
	Round 2	50m Load lifting of 6 kg men / women
	Round 3	4x50m Diving Relay Race - Torpedo (mixed)

Sunday, October 15, 2017, in the morning

08:00 – 08:50		Breakfast and transfer of participants from Hotel Catalonia Punta del Rey to the Acidalio Lorenzo Pool.
09:00 – 09:30		Warm ups
10:00 – 10:30		Award of the winners of the first day of the competition
10:30 – 14:30	Round 1	100m Medley men / women
	Round 2	50m Octopus men / women
	Round 3	4x100m Diving Relay Race Medley men / women

Domingo, 15 de Octubre de 2017, afternoon

15:00 – 16:00		End of rounds, picnic, medal delivery and transfer to the Hotel Catalonia Punta del Rey
21:00		Closing Dinner

Monday, 16 October 2017

Farewell to the participating delegations.

8. AWARDS

	kind of discipline	Men medals	Women medals	Mixed medals
	100m Diving Torpedo			
1	100m Buceo Boya Torpedo	1	1	-
2	50m 6 kg load lift	1	1	-
3	50m Octopus	2	2	2
4	4x50m Relay race Torpedo Diving	-	-	4
5	100m Medley	1	1	-
6	4x100m Relay race Medley	4	4	-
		9	9	6
		Total - 24		

Total sets of medals for group "A" - 24,
(24-gold, 24-silver, 24-bronze)

9. INTERNATIONAL JURY

Main International Judge: in accordance with CMAS provisions.

10. ROTEST

in accordance with CMAS regulations.

11. ANTIDOPPING

WADA – World Antidoping Code

CMAS – Antidoping Rules

MBSZ – Antidoping Rules

12. ACCOMMODATION AND REGISTRATION

Registration for participation in the Competition Diving World Cup 2017, will consist of the following services that are detailed below:

A) Pack Accommodation (This pack is optional only. Management and processing by the competitor): Price: 126 € per day in double room.

- Accommodation includes breakfast and dinner

[RESERVATION AND DIRECT PAYMENT TO HOTEL CATALONIA PUNTA DEL REY](#)

The name and address of the hotel:

Hotel Catalonia Punta Del Rey

Avenida Marítima, 165

38520 Las Caletillas (Tenerife)

www.cataloniahotels.com TEL. +34 922 50 18 99

B) Pack participation (Required to participate): Price: 90 € per participant

- Picnics on training and competition days;
 - Closing Dinner;
 - Gifts (championship t - shirt and souvenirs).
 - Medical care in the pool (if necessary)
 - Bus transfers on training and competition days (Punta del Rey hotel - swimming pool - Punta del Rey hotel)
 - And transfer to the place of celebration of the closing dinner;
- The deadline for registration is 26/09/2017, and you must send it by e-mail to fedecas@telefonica.net & / or fedecascanarias@gmail.com, The registration form duly completed, as well as the proof of the income in the bank account that this Canary Federation of Underwater Activities (FEDECAS) maintains in:

Bank's name: La Caixa

Holder: Federación Canaria de Actividades Subacuáticas

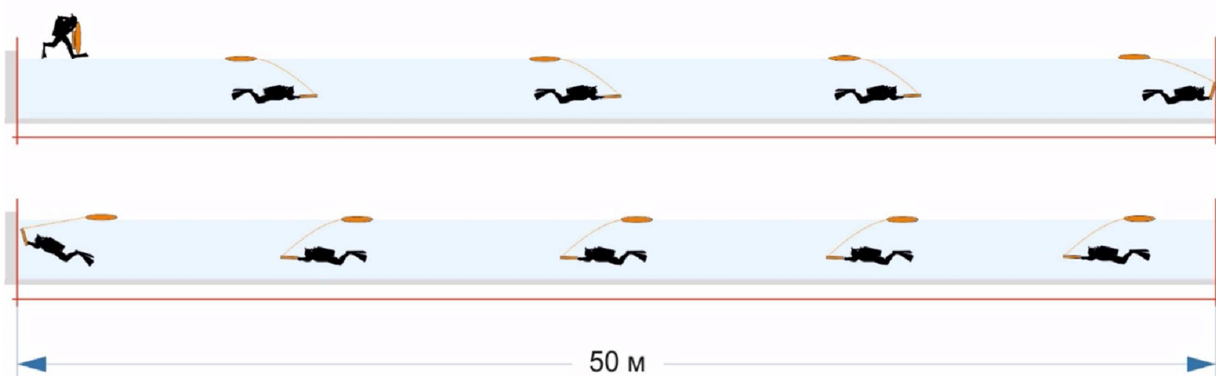
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General requirements and the description of the place of the competition

Competitions are held in a standard open pool 50 meters long the average water temperature is 27°C

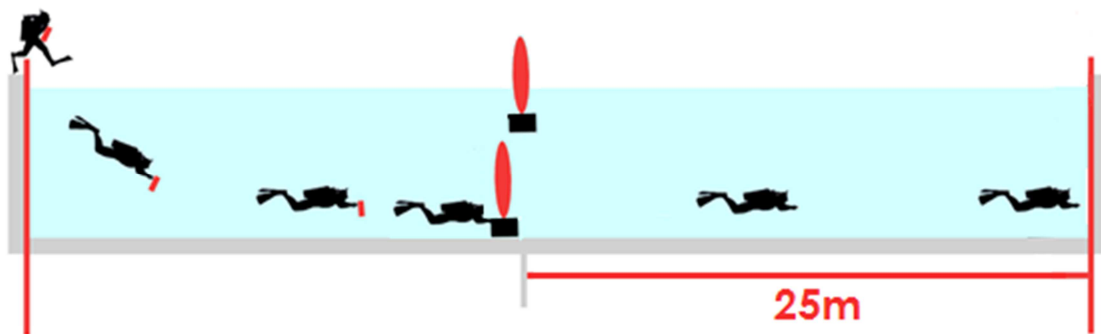
100 m IMMERSION TORPEDO in 50 m pool BUCEO

Men and women participate in separate categories. The total distance is 100 meters. Each athlete must have a torpedo buoy, which must be connected with a plastic stick with a normal lin. Before the start all athletes are on the starting platforms, equipped with a complete set of diving equipment. After the start, the athletes enter the water with a wide step, they submerge and dive. The transport of the torpedo buoy is carried out, holding the plastic stick. The buoy is connected to the stick by the lin. The athletes swim 50 meters and make a complete turn at the edge of the pool. Athletes continue the distance and end up on the opposite edge. The end is recorded when the athlete ascends and touches the edge of the pool by hand.



50 m EMERSION (LIFT BAG) 6 kg

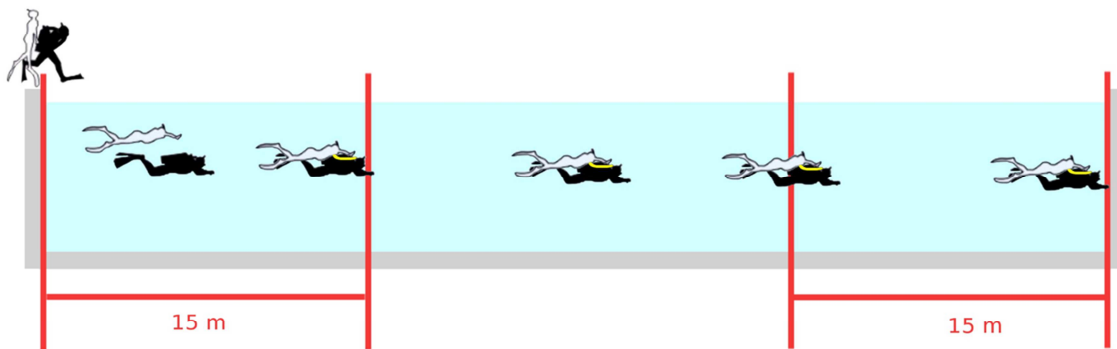
Men and women participate in separate categories. The total length of this distance is 50 meters. In the beginning the athletes are on the starting block with a complete set of diving equipment. Each athlete must have a lifting buoy. It must be bent and can be in the hands of the athlete. After the start signal, the athletes enter the water with a wide step, they submerge and begin the course. In the middle of the pool will be placed the lead weight of 6kg. The athlete must fill the air buoy and the weight should ascend from the bottom of the pool and the buoy should break the surface of the water, the athlete should reach the opposite edge of the pool, traveling 50m. The buoy should break the surface of the water at all times and the weight should be raised from the bottom of the pool until the athlete completes the test otherwise a 10-second penalty will apply. To record the end, the athlete must touch the edge of the pool by hand.



OCTOPUS 50 m in 50 m pool

The total length of the distance is 50 meters. Here couples of men, women and mixed (a man and a woman) participate in separate categories. In the beginning the athletes are to the left and to the right of the platform of exit. A companion uses a complete kit of diving equipment, the second uses mask, snorkel and fins. After the start the divers enter the water with a wide step. The diver who uses the SCUBA (hereinafter - donor) go underwater and dives. The swimmer with fins (hereinafter - the receiver) dives and dips with the breathing stopped using a mask, snorkel and fins. Before reaching the 15-meter mark from the donor's rim, you must provide the recipient with an alternate source of breathing (octopus). The recipient should initiate octopus breathing, maintaining stable and physical contact with the donor, avoiding the loss of octopus.

If the athletes begin the process of participation of the breath of the diving kit with the companion after the mark of 15 meters, a time penalty of 10 seconds is applied to them. Athletes finish when they reach the opposite edge (50 meters). The end is recorded when the diver using the dive kit touches the edge with his hand. The maximum length of the octopus hose is 110 cm.



RELAY 4x50m IMMERSION TORPEDO in 50 m pool

Mixed couples (2 men and 2 women) are involved here. The team is formed by 4 athletes. The relay race consists of 4 stages in which different athletes must be presented. The length of each stage is 50 meters, therefore, the total distance is 200 meters. Each team must have a torpedo buoy, which must be connected with a plastic stick with a line. Before the start all athletes are on the starting platforms with a full set of diving equipment set.

Lap 1

After the start, athlete 1 enters the water with a wide step, is submerged under water and nothing distances. The transport of the torpedo buoy is carried out, holding the plastic stick. The buoy is connected to the stick through the line. The athlete swims until reaching 50 meters, ascends to the surface and passes the relay to another athlete of stage 2, who waits on the opposite edge. The stage 2 athlete can start only after relay delivery. If the athlete starts earlier, the team applies a penalty time of 10 seconds.

Lap 2

The athlete 2 will wait in the water, attached to one of the edges of the pool, the token will be delivered out of the water and always after the athlete 1 touches the wall, he submerges under the water and swims the distance. The transport of the torpedo buoy is carried out, holding the plastic stick. The athlete swims until reaching 50 meters, ascends to the surface and passes the relay to

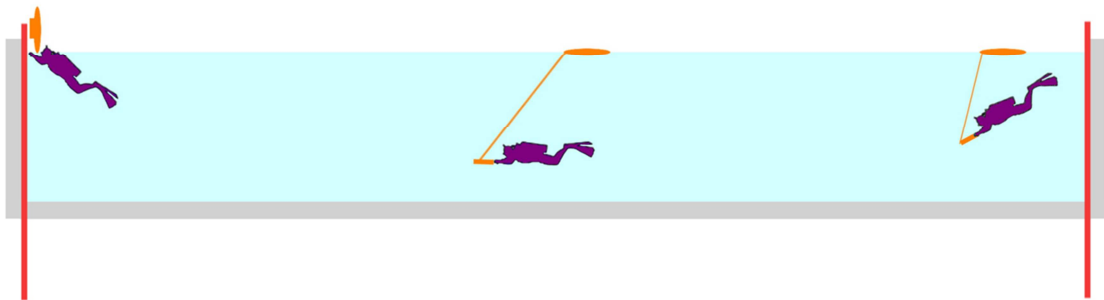
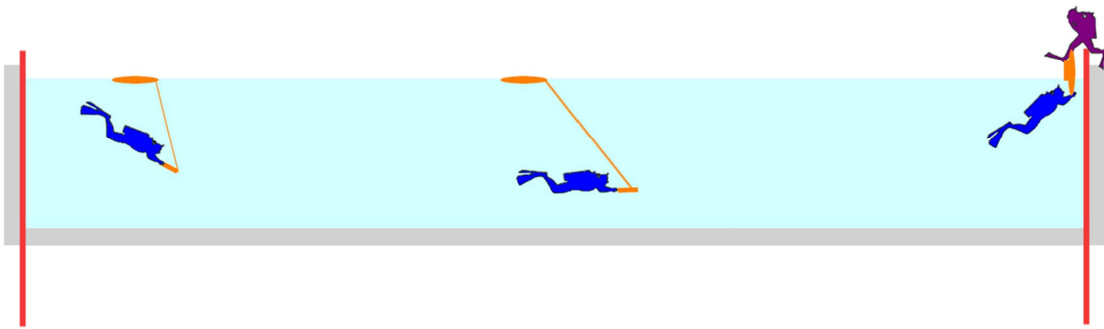
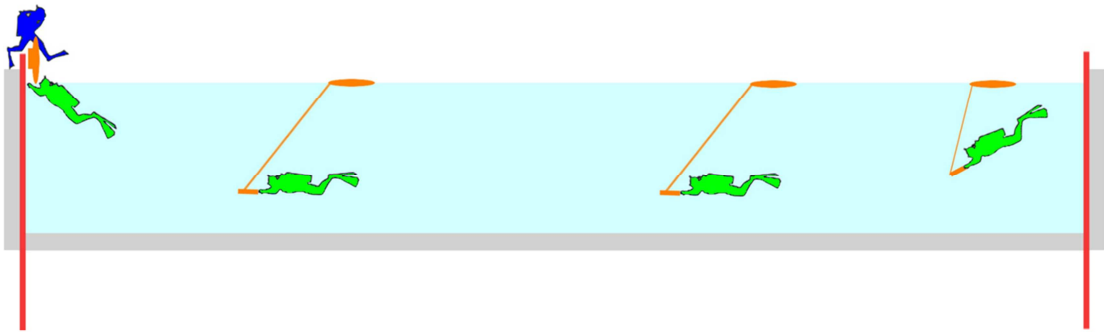
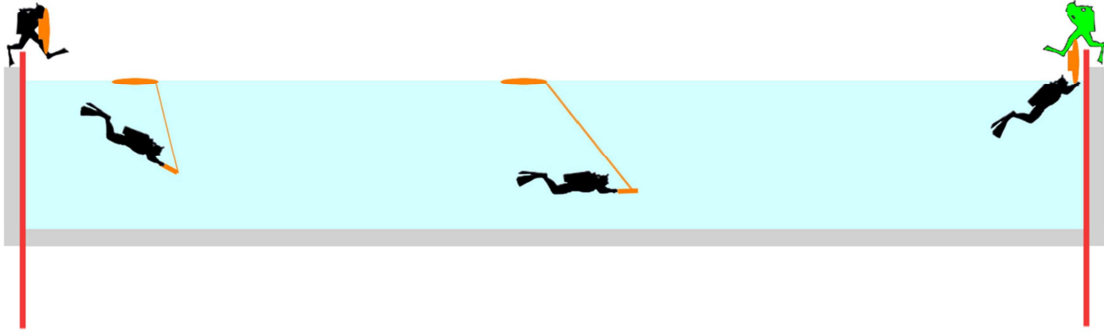
another athlete of stage 3, who waits on the opposite edge of the pool. The athlete of stage 3 can start only after delivery of relay. If the athlete starts earlier, the team applies a penalty time of 10 seconds.

Lap 3

The athlete 3 will wait in the water, supported to one of the edges of the pool, the stick will be delivered out of the water and always after the athlete 2 touches the wall, is submerged under the water and nothing the distance. The transport of the torpedo buoy is carried out, holding the plastic stick. The athlete swims up to 50 meters, climbs to the surface and passes the relay to another athlete of stage 4, who waits on the opposite edge. The stage 4 athlete can start only after relay delivery. If the athlete starts earlier, the team applies a penalty time of 10 seconds.

Lap 4

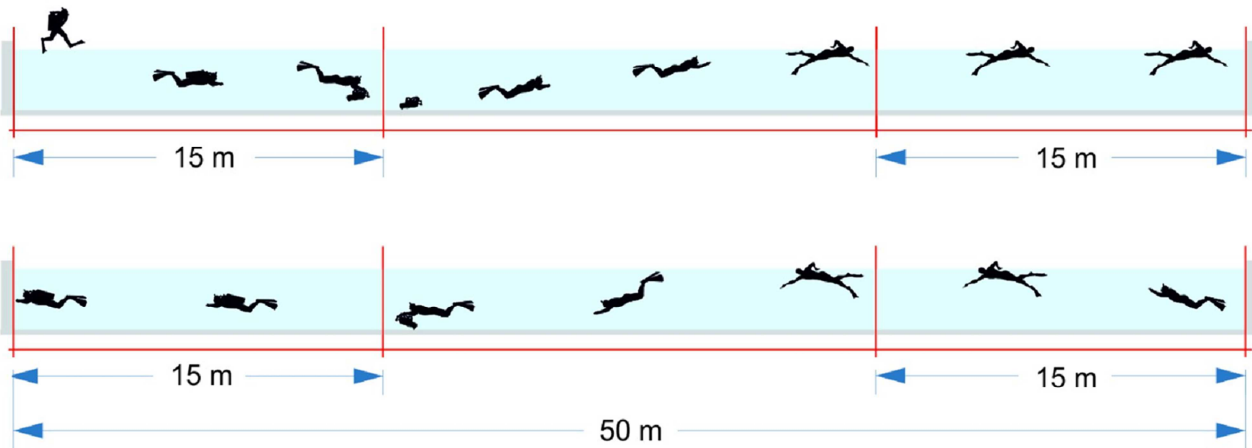
The athlete 4 will wait in the water, attached to one of the edges of the pool, the witness will be delivered out of the water and always after the athlete 3 touches the wall is submerged under the water and nothing the distance. The transport of the torpedo buoy is carried out, holding the plastic stick. The athlete swims 50 meters. Then go up to the surface and finish the distance by touching the edge of the pool.



MEDLEY 100 m in 50 m pool

Men and women participate in separate categories. The total length is 100 meters. In the beginning athletes are on the starting platforms and use a complete set of diving equipment. After the start signal, the athletes enter the water with a wide step, they submerge and begin to swim through the distance. Anywhere after reaching the mark of 15 meters, but before the other mark of 15 meters from the opposite edge, athletes must remove the diving kit, set the negative buoyancy and leave it in the background.

If an athlete leaves the dive kit closer to the 15 m markings of the edges, a time penalty of 10 seconds is applied. Athletes then climb to the surface and continue swimming with freestyle, using mask, snorkel and fins. Athletes must make a full turn at the edge of the pool and continue swimming with freestyle. When an athlete reaches the dive kit, he has to submerge with the cut breath, pick up the kit, begin to breathe through the regulator and continue to dive, at the same time putting and securing his dive kit. The kit must be set correctly and properly fixed before reaching the finish line. The athletes end the distance after passing 100 meters. The end is recorded when the athlete touches the edge of the pool with his hand.



RELAY 4x100m MEDLEY in 50 m pool

Men and women participate in separate categories. The team is formed by 4 athletes. The relay race consists of 4 stages in which different athletes must be presented. The length of each stage is 100 meters (2 lengths of the pool), therefore, the total distance is 400 meters. Before the start all athletes are on the starting platforms with a full set of diving equipment.

Lap 1

After the start, athlete 1 enters the water with a giant step, is submerged under water and nothing distances. Anywhere after reaching the 15-meter mark, but up to the other 15-meter mark from the opposite edge, athletes must remove the dive kit, set the negative buoyancy and leave it at the bottom. If an athlete leaves the dive kit closer to the 15 m markings of the edges, a time penalty of 10 seconds is applied. Athletes then climb to the surface and continue swimming with freestyle, using mask, snorkel and fins. Athletes should make a complete turn at the edge of the pool and continue swimming with freestyle. When an athlete reaches the dive kit, he has to submerge with the cut breath, pick up the kit, begin to breathe through the regulator and continue to dive, at the same time putting and securing his dive kit. The kit must be set correctly and properly fixed before reaching the finish line of lap 1. The athlete completes the lap 1 after passing 100 meters. **Relay Delivery:** The lap 2 athlete can start only after the lap1 athlete touches the edge of the pool by hand. If the athlete starts earlier, the team applies a penalty time of 10 seconds.

Lap 2

After the start the athlete 2 enters the water with a giant step, is submerged under the water and nothing the distance. Anywhere after reaching the 15-meter mark, but up to the other 15-meter mark from the opposite edge, athletes must remove the dive kit, set the negative buoyancy and leave it at the bottom. If an athlete leaves the dive kit closer to the 15 m markings of the edges, a time penalty of 10 seconds is applied. Athletes then climb to the surface and continue swimming with freestyle, using mask, snorkel and fins. Athletes should make a complete turn at the edge of the pool and continue swimming with freestyle. When an athlete reaches the dive kit, he / she submerges with the cut breath, picks up the kit, begins to breathe through the regulator and continues to dive, at the same time putting and securing his dive kit. The kit must be set correctly and well set before reaching the finish line of lap 2. The athlete completes the lap2 after the equipment passes 200 meters. **Relay Delivery:** The lap 3 athlete can start only after the lap2 athlete touches the edge of the pool by hand. If the athlete starts earlier, the team applies a penalty time of 10 seconds.

Lap3

After the start the athlete 3 enters the water with a giant step, is submerged under the water and nothing the distance. Anywhere after reaching the 15-meter mark, but up to the other 15-meter mark from the opposite edge, athletes must remove the dive kit, set the negative buoyancy and leave it at the bottom. If an athlete leaves the dive kit closer to the 15 m markings of the edges, a time penalty of 10 seconds is applied. Athletes then climb to the surface and continue swimming with freestyle, using mask, snorkel and fins. Athletes should make a complete turn at the edge of the pool and continue swimming with freestyle. When an athlete reaches the dive kit, he / she submerges with the cut breath, picks up the kit, begins to breathe through the regulator and continues to dive, at the same time putting and securing his dive kit. The kit must be set correctly and well set before reaching the finish line of lap 3. The athlete completes the lap3 after the equipment passes 200 meters. **Relay Delivery:** The lap 4 athlete can start only after the lap3 athlete touches the edge of the pool by hand. If the athlete starts earlier, the team applies a penalty time of 10 seconds.

Lap 4

After the start the athlete 4 enters the water with a giant step, is submerged under the water and nothing the distance. Anywhere after reaching the 15-meter mark, but up to the other 15-meter mark from the opposite edge, athletes must remove the dive kit, set the negative buoyancy and leave it at the bottom. If an athlete leaves the dive kit closer to the 15 m markings of the edges, a time penalty of 10 seconds is applied. Athletes then climb to the surface and continue swimming with freestyle,

using mask, snorkel and fins. Athletes should make a complete turn at the edge of the pool and continue swimming with freestyle. When an athlete reaches the dive kit, he / she submerges with the cut breath, picks up the kit, begins to breathe through the regulator and continues to dive, at the same time putting and securing his dive kit. The kit must be set correctly and properly fixed until reaching the end. The athlete ends the relay after the team passes 400 meters. The end is recorded when the athlete touches the edge of the pool by hand.

