



# **1<sup>st</sup> CMAS “KAŞ BAŞKA-KAS is DIFFERENT”**

## **APNEA OUTDOOR OPEN WORLD COMPETITION-INFO**

**1-8 OCTOBER 2017**

**KAŞ-ANTALYA, TURKEY**



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## COMPETITION INFO

The competition will be done at Kaş, Antalya, Turkey.

[https://drive.google.com/open?id=0B\\_CHQqFm-0pEZFNaLTFKTUtMWE0](https://drive.google.com/open?id=0B_CHQqFm-0pEZFNaLTFKTUtMWE0)

<https://en.wikipedia.org/wiki/Ka%C5%9F>

<https://www.youtube.com/watch?v=91QtBiqK-es>

[https://www.youtube.com/watch?v=ajpaAgvOeQg&feature=iv&src\\_vid=TSjDcVrQg6Y&a\\_nnotation\\_id=annotation\\_1885575511](https://www.youtube.com/watch?v=ajpaAgvOeQg&feature=iv&src_vid=TSjDcVrQg6Y&a_nnotation_id=annotation_1885575511)

### 1. COMPETITIONS

There will be **CW with Mono-Fins, CW with Bi-Fins, CW No Fins and Jump Blue Apnea** competitions.

### 2. APPLICATION & PAYMENTS

Attached you can find the ANNEX1 Application form and below is the BANK TRANSFER INFO if you want make to wire transfer.

**PLEASE BE CAREFULL FOR SENDING THE FORMS NOT LATER THEN THE DEAD-LINE OF APPLICATION FOR ANNEX-1: 31<sup>st</sup> August 2017.**

**The payments to be done to TSSF Account or Cash on Arrival Registration:**

VAKIFBANK	
ACCOUNT HOLDER	TÜRKİYE SUALTI SPORLARI FEDERASYONU
EURO IBAN NO	TR65 0001 5001 5804 8000 4320 88
SWIFT CODE	TVBATR2A



**Please note that the payment to be done as:**

**FULL REGISTRATION:**

- **110 Euro per night per person** for the athletes and the Trainer/Coach.
- **30 Euro per Person** for two ways transfer from & to Dalaman Airport.
  - FINAL DUE PAYMENT IS 1<sup>st</sup> October 2017.
- Prices are including **BED+BREAKFAST+LUNCH+DINNER+TRANSFERS (except from/to Airport)+OFFICIAL TRAININGS DURING THE COMPETITIONS WEEK+WELCOME PACK.**
- Rooms are for 2-3 persons. If special request exists for a single room the payment will be %30 more.
- **The transfers will only be done from Dalaman Airport and ONLY for the teams that will stay at organization's hotel.**
- Party night and one day cultural tour To Be Defined later on.

**COMPETITION ONLY REGISTRATION:**

- **75 Euro per discipline** participation.
- **30 Euro per Person** for two ways transfer from & to Dalaman Airport.
- **30 Euro per Person per Session** for training.
  - FINAL DUE PAYMENT IS 1<sup>st</sup> October 2017 at the Registration.

**3. SPECIAL NOTES**

1. The event is open to the athletes aged 18 and over and having CMAS individual licence to be taken easily from the CMMAS Online Registration system will be available soon.
2. Turkish Underwater Sports Federation (TSSF), CMAS, the Competition Director, Competition Officers and the Main Judge are not responsible for accidents or damage caused to people and personal effects before, during or after the competition. The organizer ensures the presence of medical assistance.
3. The rules of competitions applied will be:  
Constant Weight Apnea Rules\_CA-195 Feb 2017  
Jump Blue Apnea Rules\_CA-195 Feb 2017
4. All participating athletes shall accept and follow the international rules of WADA.
5. Athletes must be in possession of:
  - a valid CMAS Apnea sports licence;



- an ID document.

Athletes that fail to provide the above documents will not be allowed to take part in the competitions, and their participation fee will not be refunded.

6. Classifications and Prize-giving shall be performed in agreement with CMAS Procedures.

## 4. EVENT SCHEDULE

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The Draft Program of the event is as follows:

- The opening ceremony will take place on Monday 02 October 2017 at 7 p.m., in Main Square, Kaş Downtown.
- The closing ceremony will take place on Saturday 07 October 2017 straight after the Prize-giving ceremony for the Jump Blue World Championship at the Main Square, Kaş Downtown.
- Prize-giving ceremonies will be held in Main Square, Kaş Downtown at the conclusion of each competition session.

### a. ADDITIONAL TRAINING

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- 1- There will be **CW with Mono-Fins, CW with Bi-Fins, CW No Fins and Jump Blue Apnea** trainings.
- 2- The registration will be done as the same conditions for competition registration (the only exception is this week the lunch is not included in the price for FULL REGISTRATION).
- 3- For the ones who doesn't do full registration to the organization has to pay 30 Euro/Person/Training session if they are on the boat even they don't dive.
- 4- The training dates;
  - a. Jump Blue training will be available from September 24<sup>th</sup>, all day/any time at the competition venue 60 meters from the shore,
  - b. The safety is to be done by the athlete's team,
  - c. CW trainings will be planned from September 24<sup>th</sup> until September 30<sup>th</sup> at 07:00-09:30 AM (one session a day),
  - d. The competition boat and the performance & emergency system will be available.
  - e. The safety is to be done by the athlete's team.
  - f. Please register yourself on:

[https://docs.google.com/spreadsheets/d/1J\\_5DN44UGsAPgeGO43JDsYubnNcQ39MvjqMXgjEH5Ql/edit#gid=0](https://docs.google.com/spreadsheets/d/1J_5DN44UGsAPgeGO43JDsYubnNcQ39MvjqMXgjEH5Ql/edit#gid=0)





**Sun Sep 24 – Sat Sep 30, 2017 (Istanbul)**

**TEKNE KULLANIMI**

	Sun 24/9	Mon 25/9	Tue 26/9	Wed 27/9	Thu 28/9	Fri 29/9	Sat 30/9
03:00							
04:00							
05:00							
06:00							
07:00	ADDITIONAL TRAINING for CW 07:00 - 09:30	ADDITIONAL TRAINING for CW 07:00 - 09:30	ADDITIONAL TRAINING for CW 07:00 - 09:30	ADDITIONAL TRAINING for CW 07:00 - 09:30	ADDITIONAL TRAINING for CW 07:00 - 09:30	ADDITIONAL TRAINING for CW 07:00 - 09:30	ADDITIONAL TRAINING for CW 07:00 - 09:30
08:00							
09:00							
10:00							
11:00							
12:00							
13:00							



**Mon Oct 2 – Sun Oct 8, 2017 (Istanbul)**

TEKNE KULLANIMI	Mon 2/10	Tue 3/10	Wed 4/10	Thu 5/10	Fri 6/10	Sat 7/10	Sun 8/10
	<input type="checkbox"/> ADDITIONAL TRAINING for JB <input type="checkbox"/> CHAMPIONSHIP <input type="checkbox"/> ADDITIONAL TRAINING for JB	<input type="checkbox"/> ADDITIONAL TRAINING for JB <input type="checkbox"/> CHAMPIONSHIP <input type="checkbox"/> ADDITIONAL TRAINING for JB	<input type="checkbox"/> ADDITIONAL TRAINING for JB <input type="checkbox"/> ADDITIONAL TRAINING for JB	<input type="checkbox"/> ADDITIONAL TRAINING for JB <input type="checkbox"/> CHAMP. TRAINING 07:00 - 12:00	<input type="checkbox"/> ADDITIONAL TRAINING for JB <input type="checkbox"/> CHAMPIONSHIP <input type="checkbox"/> ADDITIONAL TRAINING for JB	<input type="checkbox"/> ADDITIONAL TRAINING for JB <input type="checkbox"/> ADDITIONAL TRAINING for JB	
	04:00	05:00	06:00	07:00	08:00	09:00	10:00
							11:00
							12:00
							13:00
							14:00





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## **b. PROGRAMME:**

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### **Sunday 1 October**

10:00 – 18:30 Arrival and check-in, registration and checking of documents (licences etc.), issue of accreditations (passes) and registration for official practice on 2 October.

### **Monday 2 October**

07:45 Meet-up at harbour at Boat

08:00 Boat out

08:30 Start of warm-up, official practice for CWT – CWT BF – CNF

08:45 Start of official practice CWT – CWT BF – CNF

12:00 End of official practice CWT – CWT BF – CNF

JUMP BLUE TRAINING is always available by 60 meters distance from the shoreline, in venue called KÜÇÜKÇAKIL in the town center (safety is under the responsibility of teams).

16:00 – 18:00 Technical Meeting and handover by athletes' declarations indicating times and depths

19:00 – 20:30: Opening ceremony at Main Square, Kaş Downtown



### **Tuesday 3 October**

- 07:30 Meet-up at harbour at Boat
- 07:45 Boat out
- 08:27 Start of warm-up for CWT Competition
- 09:30 Official Top Time for CWT Competition
- 18:00 Prize-giving at Main Square, Kaş Downtown
- 20:45 Technical Meeting and handover by athletes' declarations indicating times and depths

### **Wednesday 4 October**

- 07:30 Meet-up at harbour at Boat
- 07:45 Boat out
- 08:27 Start of warm-up for CNF Competition
- 09:30 Official Top Time for CNF Competition
- 18:00 Prize-giving at Main Square, Kaş Downtown
- 20:45 Technical Meeting and handover by athletes' declarations indicating times and depths

### **Thursday 5 October**

- 07:45 Meet-up at harbour at Boat
- 08:00 Boat out
- 08:30 Start of warm-up, official practice for CWT BF
- 08:45 Start of official practice CWT BF
- 12:00 End of official practice CWT BF

### **RESERVE DAY & CULTURAL BUS&BOAT TOUR to ANCIENT SANK CITY and OLD CASTLE TOWN**

- 20:45 Technical Meeting and handover by athletes' declarations indicating times and depths



### Friday 6 October

07:30	Meet-up at harbour at Boat
07:45	Boat out
08:27	Start of warm-up for CWT-BF Competition
09:30	Official Top Time for CWT-BF Competition
18:00	Prize-giving at Main Square, Kaş Downtown
20:45	Technical Meeting and handover by athletes' declarations indicating times and depths

### Saturday 7 October

Meet-up at harbour at Boat

07:45	Boat out
08:27	Start of warm-up for JB Competition
09:30	Official Top Time for JB Competition
18:00	Prize-giving at Main Square, Kaş Downtown
20:00	GALA DINNER

### Sunday 8 October

Departure from KAŞ.

**PS: The organiser reserve the right to change the times and the chronological order of events depending on technical and organisational needs, which include sea and weather conditions.**



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## 5. CLIMATE

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Kaş is one of the southernmost points in Turkey—indeed, it lies on about the same latitude with North African city of Tunis—so be ready for warm weather conditions:

<http://www.weather-forecast.com/locations/Kas/forecasts/latest>

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## 6. HOW TO GET THERE

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The organization will transfer you. But if you want to do your own plan; Kaş is halfway between Dalaman Airport (140 km) and Antalya Airport (192 km) and a fair distance from both, so it avoids excessive package trade. There are various ways to get to Kaş from these airports. The easiest way, and the most expensive, is by taxi. You can hire a taxi in the airport (generally more expensive - should be fixed price of 60-90 EURO), or you can book a transfer from the hotel where you will be staying or from a local travel agency in Kaş (around 60 EURO). You can take a bus or dolmuş (a shared/bus taxi of usually 12 passengers) however they stop in every small village along the way which takes more time.

There are also direct overnight bus services between Istanbul and Kaş, a rather inexpensive way of getting to and from the capital. Bus services in Turkey are very modern and generally excellent and, if you want to get to Istanbul, you may prefer spending the night in the bus and waking up in Istanbul the next morning rather than wasting a whole day traveling to the airports for a local flight.

The bus station (*otogar*) is located right at the centre of town, on the side of main square.

The savvy traveler should remember that when traveling into Kaş, there are several national holidays to keep in mind as they can cause delays in travel, traffic congestion, booked up accommodations and crowded venues.

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## 7. GET AROUND

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Kaş is a small town, and you can walk anywhere within 10 minutes. Scooters are available for rent around town (10-20 Euro per day, depending on season), if you just can't be bothered.

Minibuses run around the Peninsula of Çukurbağ, known in Turkish as *Yarım Ada*, which is a few kilometers away and where most hotels have their own terrace "beaches" open to the public (as long as beverages or food are consumed from their beach bars). Taxis to the peninsula can be costly, at least US \$10 each way.

Transportation in Turkey is excellent. You can take a minibus (*or dolmuş*) up to the village of Çukurbağ, about 10 km directly above and behind Kaş and on to places such as Kekova or Kalkan on either side of Kaş.

## 8. SEE

- Lycian Way
- Ancient theater and acropolis in Kas (Antiphellos: Habessos)
- Phellos ancient city
- Kekova Sound, where the sunken Lycian city is located
- Aperlai ruins
- Appolonia
- Saklikent gorge
- Patara ruins & beach
- Kaputaş beach & Blue Cave
- Limanagzi (Sebeda-Bayindir) beach
- Big Pebble Beach
- Hidirellez Sinkhole
- Factoria Bay
- Cape Ulburun
- Cukurbag Village
- Saribelen Village
- Kyenai ruins
- Pinara
- Xanthos & Letoon ruins in Kınık
- Hoyran village and ruins
- Gedife Cliffs
- The long line of **murals painted on the wall of town's harbour** are quite interesting and are apparently inspired by the ancient local culture of Lycians and other civilizations which took place throughout the history in Turkey.

## 9. CONTACT

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