





INFORMATION PACK

The world underwater federation-CMAS, the underwater Colombian federation-FEDECAS and Liga Antioqueña de Actividades Subacuáticas -LASA, invite join to participate in the finswimming World Cup Master, in Medellin, Antioquia-Colombia, July 7 to 9 2017.

1. Championship Organization

The championship organization will be in charge of the Liga Antioqueña de Actividades Subacuáticas – LASA. Address: aquatic complex of sports center Atanasio Girardot, Calle 48 #78-100. Medellin – Colombia

e-mail: masterworldcup.lasa@gmail.com

2. Championship Authorities

- 2.1 General Direction: Mr. Daniel Arias Zapata. LASA President
- 2.2 CMAS technical delegate: Mr. Alvaro Hugo Polo
- 2.3 Delegate FEDECAS: Mr. William Peña. President FEDECAS
- 2.4 Chief Judge appointed by FEDECAS
- 2.5 Medical Management: INDEPORTES Antioquia

3. Category

The championship will be made in master categories according to CMAS rules.

Individual competitions

CATEGORY	AGES
V0	29 – 34 year
V1	35 – 44 year
V2	45 – 54 year
V3	55 – 64 year
V4	65 – 74 year
V5	More than 75 year



Relays:

A relay team can be mixed (2 females swimmers and 2 male swimmers), in this case, it will be included in the male category.

The category of the relays is calculated as the sum of the ages of the swimmers of the relay according to the following table:

CATEGORY	AGES
R1	140 - 216
R2	217 and over

4. Competition Place

Medellin, the capital of Antioquia department, has a pleasant climate of around 24°C; offers modern transport systems like Metro and Metro Cable an efficient infrastructure which has allowed it to host world-class events such as OAS and IDB meetings. Located in a valley surrounded by mountains, this city is always friendly to visitors.



From the mountains that surround the capital of Antioquia, you can see how the Medellin River runs parallel to the Metro, which connects various parts of the city. There is an abundance of parks, libraries, museums and public spaces where many Cultural events take place. Flowers have their own fair and in the surrounding villages, life is simple with relaxing landscapes and nature reserves.









Competition pool and warm-up pool



The aquatic complex is in Unidad Deportiva Atanasio Girardot is a sports complex in the city of Medellin has spaces for the meeting of all citizens, for enjoyment, recreation, healthy recreation and practicing various sports disciplines in an entertaining way and/or the high performance.



Location

The stadium and the sports Atanasio Girardot are located in one of the most central residential areas of the city; Barrio Stadium in the West downtown Medellin. It brings together two of the major roads of the capital of Antioquia: 70 Avenue that runs from south to north and Colombia Avenue that runs from east to west.

Access

You can access the Atanasio Girardot sports in Metro (serving the South American stations, stage and Forest).



Long Distance Competitions

Place: Guatapé.

Distance to Medellin: 82,8 km (1 h 30 min)

Guatapé is a town and municipality in Antioquia Department, Colombia. It is a part of the sub region of Eastern Antioquia. The charming town of Guatape is located in a geographically striking landscape dominated by lakes and mountains and offers a host of fun activities including boat trips, ziplines, swimming, kayaking, and climbing. The area is greatly, and somewhat inexplicably, under-visited by foreign tourists, yet the spectacular scenery and ample entertainment options make it well worth the short trip from Medellin.





New resorts, several restaurants, and rental homes along the lake are available for visitors. Each building has tiles along the facade's lower walls in bright colors and dimensioned images. Many of the tiles are tied to the products sold by the shops, or the beliefs of the residents. Others are cultural images of the farming heritage of the community.



One of the must-do activities is to climb La Piedra, a 200m rock formation jutting out of the landscape. The entrance fee is around 10,000 COP and there are nearly 700 steps to reach the summit. The ascent is moderately challenging (it takes about 20 minutes), but is well worth the effort. From the top, visitors can enjoy a chilled beer whilst taking in the spectacular 360° view of the lakes and mountains scattered across the landscape. On a clear







day, visibility is often excellent, allowing tourists to enjoy views of natural features lying up to several miles away.

5. Electronic system and pool characteristics.

Competition pool has 10 lines, 50 m length, 25 m width and 2.5 m deep. Warm-up pool has 6 lines, 25 m length, 12.5 m width and 1.4 m deep. Electronic system Omega.

6. Event Schedule

Informative meeting	Julio 7 2017	Audience	4:00 pm
Inauguration	Julio 7 2017	Competition pool	6:00 pm
Session 1 Julio 8 201	Julia 8 2017	Warm-Up	8:00 am
	Julio 8 2017	Star Races	9:00 am
Session 2 Julio 8 2017		Warm-Up	4:00 pm
	Julio 8 2017	Star Races	5:00 pm
Session 3 Julio 9 20	Julio 9 2017	Guatapé Dam	Departure 7:00 am
			Star Races
			9:30 am

6.1 session details.

Day 1		
		-50 SF
1st session (9:00 am)		-100 BF
		-200 SF
		- Relay 4x50 BF
2nd session (5:00 pm)		-50 BF
		-100 SF
		-200 BF
		-50 AP
		- Relay 4x100 SF
Day 2		
3rd Session 9:00 Am	-3 km BF	
	-3 km SF	
	-Relay 4X1000 m SF	(out of World Cup Program)

7. Rules

The regulation will be the current CMAS rules for the finswimming.







8. Enrolment.

8.1 Registration.

All registration must be submitted only through this way and not with enrolments form.

The website is <u>http://sport.cmasoffice.org</u> which operates from 15th May to Saturday 1st July 2017 00h00.

During registration, the system matches automatically with the CMAS licenses database.

8.2 CMAS fees.

According the rules (art 6.1 of master's rules), the specific entry fees for CMAS charged to each competitor to participate in the Master's Finswimming World Cup, are fixed annually by the CMAS.

- CMAS sport license holder:

10 EUR for participation fees

- Not CMAS sport license holder:

15 EUR for participation fees.

These fees will be paid only online during registration process.

8.3 Organization Cost.

Club enrolment – 15 euros Each distance – 7 euros Each relay – 14 euros.

These fees will be paid to organizing committee.

9. Ranking.

The ranking will be based on the times registered in the competition. Results will be organized as CMAS point propose in the rules.

The ranking classification with point, it will be for each distance, women and men and category

The final ranking for each club, it will be made the sum of all points (pool and long distance, *except Relay 4X1000 m SF because out of World Cup Program*).







10. Awards

Medals will be given to the first, second and third classified for each individual race and relay race.

Cups will be given to first three clubs with better performance.

the award ceremony will take place during the event. The athletes must remain available for awards and each athlete MUST WEAR his TEAM UNIFORM.

11. National flag.

Each team should bring 2 national flag (2x1 m).

12. Accommodation.

12.1. Swimming pool part

Hotel Dorado, A unique modern place for your business stays and entertainment in Medellin, strategically located. Financial on the tourist corridor of the race 70, in Florida Nueva neighborhood. Close to the main attractions of the city Sector, commercial zones areas and, quick access to main square, La Alpujarra administrative center and two blocks from the Stadium Metro Station Stadium

The fee includes:

- 2 nights (7 and 8 of July)
- 2 dinners
- 1 lunch
- 2 breakfast
- Wifi
- Gym
- Turkish bath

Fee:

Room	USD
Single	180
Double	210
Tripe	280
Quadruple	340







12.2. Open Water part

The fee includes:

- 1 night.
- 2 lunch
- 1 dinner (closure party)
- 1 breakfast.

Fee: \$110 USD

12.3. Additional night Fee with breakfast:

Room	USD
Single	95
Double	110
Tripe	145
Quadruple	175

13. Transportation.

The fee includes:

- Bus (Airport Hotel)
- Bus (Medellin Guatape Medellin).

Fee: \$40 USD

14. All deadlines and forms

Preliminary entry form forwarded by **20st May 2017 (Annex 1)** Preliminary hotel booking form forwarded by **30st May 2017 (Annex 2)** Bank transfer form forwarded by **16st June 2017 (Annex 3)** Final foreign competitor's list form forwarded by **16st June 2017 (Annex 4)**

15. Bank account

Swift code: COLOCOBM or COLOCOBMXXX Name: LIGA ANTIOQUEÑA DE ACTIVIDADES SUBACUÁTICAS Identification: 800183125-9 Bank: BANCOLOMBIA Account number: 00505471652 City: Medellin Country: Colombia

Note: **if you need information about the tourist plans or agencies**, you can write your request to <u>masterworldcup.lasa@gmail.com</u>