



# XII CMAS **FINSWIMMING**

## **WORLD CUP** - III ROUND



**22nd – 23rd April 2017**  
**OLSZTYN, POLAND**

# PARTICULAR REGULATIONS

## **1. Denomination:**

The Polish Underwater Federation PZPn – authorized by CMAS – invite all interested Federations and Clubs to participate on the III CMAS Finswimming World Cup 2017 organized in the period from 21<sup>st</sup> to 23<sup>rd</sup> of April 2017 in Olsztyn.

## **2. Participation rules and races :**

The competition is governed by CMAS Finswimming Rules, by CMAS Finswimming World Cup Rules, and by the present Particular Rules that every athlete, - with his/her enrolment - affirms to know and agrees to strictly follow.

CMAS regulations can, and should be seen at the following link.  
<http://www.cmas.org/finswimming/documents-of-the-finswimming-commission>

Please note the following changes which are in effect from 1<sup>st</sup> January 2017.

### **1. Database for World Cup**

All data will be used in 2017 from a new database

### **2. Registration**

All registration must be submitted **only** through this way and not with enrollments form.

The website is <http://sport.cmasoffice.org> which operates from 01<sup>st</sup> to 17<sup>th</sup> April 2017 During registration the system matches automatically with the CMAS licenses database.

By registration it is only said for world cup program. Additional program have to be managed like previous editions – by Splash program or registration after technical meeting (Friday evening)

### **3. CMAS fees**

For each round or Golden Final each competitor to participate must pay CMAS fees fixed annually by CMAS and additionally to the participating fees paid to the organizer:

- CMAS sport license holder

- 10 Euro for participation fees by each round

- Not CMAS sport license holder

- 15 Euro for temporary license for world cup at the first inscription in 2017

10 Euro for participation fees by each round

These fees will be paid only during the registration process.

Recall of the procedures and obligations point 1.15.7. Request for licenses will be done according to previous procedures and within 10 days at least before the corresponding competition. Thus all clubs and participants must take this delay in account for registration and this delay of 10 days is meant to be delay after payment and not after order.

The payment procedures of all expenditures regarding the competition (accommodation fee, inscription fees etc.) will not change from previous years.

Races and categories are as follows:

**SENIOR (Cat. "A") M/W**

50 m ap., 100 m im.,

50 m sf., 100 m sf., 200 m sf., 400 m sf., 800 m sf., **Relay: 4 x 100 m sf.**

50 m bf., 100 m bf., 200 m bf.,

**JUNIOR (Cat. "B, C, D") B/G**

50 m ap., (competitors of Cat. "D" cannot enter) 100 m im.,

50 m sf., 100 m sf., 200 m sf., 400 m sf., 800 m sf., **Relay: 4 x 100 m sf.**

50 m bf., 100 m bf., 200 m bf.,

**Additional distances:**

400 m im

400 m bf

relay 4x100 bf mikst (2 man + 2 woman)

**IMPORTANT:**

1. All team members of the respective National Federation must be affiliated to CMAS. The Clubs have to send the required approvals from their National Federations affiliated to the Sport Committee and the Finswimming Commission of CMAS.
2. All athletes have to have their respective CMAS licenses.
3. Each competitor can take part in a maximum of three (3) individual races and one (1) relay (+all additional distances). If the number of participants is not big the organizer can consider "out of points" extra starts.
4. Each team can enroll a maximum of two (2) swimmers for each individual race.
5. Only clubs and National Teams can participate in the CMAS Finswimming World Cup Meeting.
6. Each competitor can participate only on behalf of one (1) club during the year.

**4. Competition place :**

The competition will take place in the "AQUASFERA Swimming Pool" in Olsztyn.

The swimming pool has a length of 50m, a width of eight lanes and a depth of 2m. The temperature of the water is 26°C ( ± 1°C).

**Address: Aleja Piłsudskiego 69b, 10-449 Olsztyn**



## **5. Enrolment :**

1. **Preliminary entry** - application form is provided as attachment with this set of rules and must be filled duly and sent before **9. April 2017** to email address: [biuro@pzp-n.pl](mailto:biuro@pzp-n.pl)  
( **Enclosure 1\_preliminary entry**)
2. The website is <http://sport.cmasoffice.org> which operates from 01<sup>st</sup> to 17<sup>th</sup> April 2017

## **6. Inscription fee :**

**The inscription fee: € 20 for each club; € 7 each distance ; € 14 each relay**

Fee paid for not performed races will not be reimbursed. Late enrolments may be accepted with a fine of € 100. Also relays must be declared with time on the enrolment form as well, even though competitors names are not known. Payment should be made by direct bank transfer to:

**Name of the Bank :** BANK ZACHODNI WBK SA

I ODDZIAL GDYNIA

**Address:** UL. 10 LUTEGO 11  
81-366 GDYNIA

**Beneficiary:** Polski Związek Pletwonurkowania,  
ul. Hallera 2  
83-400 Kościerzyna, Poland (notice: new address)

**Bank account no:** SWIFT (BIC CODE) : **WBKPPLPP**  
IBAN: PL93109011020000000115588285

## **7. Preliminary procedures :**

The registration to the competitions will be possible on 21.04.2017 from 12.00 to 19.00 at the swimming pool **Aquasfera**, address: Aleja Piłsudskiego 69 b, 10-449 Olsztyn.

## **8. Equipment and bottle refills :**

The judges are authorized to control swimmers' equipment at any time during the competitions.

All cylinders used must have passed a hydrostatic test less than 2 years before the competition, or even less if it is required by the local legislation.

## **9. Timer :**

Electronic. Omega system.

## **10. Classifications :**

Classifications will be based on times registered by the timekeepers, results will be compiled according to CMAS score. For distance races no finals are organized.

## **11. Prizes :**

**Individual prizes:** medals will be given to the first three classified athletes in every individual race and every relay.

**Teams prizes:** cups for first three clubs.

Awarding ceremonies will take place during the competition, so the involved athletes have to be at organizing staff's disposal at the right time.

During ceremonies awarded athletes must wear official uniforms of their teams.

## **11. Antidopping :**

WADA – World Antidoping Code

CMAS – Antidoping Rules

Athletes accept these rules as a condition of participation.

## **12. Responsibility :**

The Polish Underwater Federation PZPn, CMAS, the Competition Director, Competition Officers and the Chief Judge are not responsible for accidents or damage caused to people and personal effects before, during or after the competition.

## **13. Special Notes :**

The program of the World Cup can be modified according to the needs of the organizer's judgment. Participating teams will get all information about the changes in time.

Swimmers must be available for the Start Judge with their equipment complete at least 10 minutes before the race starts.

Organizers reserve the right to accept and insert an athlete or relay at any time at their discretion, in or outside the official classification, on the specific request of a participating club. Rules in general concerning this competition can be found on the website of CMAS, under the Finswimming Rules.

## 14. Program :

### Friday 21<sup>st</sup> April 2017

12.00 – 19.00 Arriving of teams, checking of documents, payments  
Office at the swimming pool. Check of bottles.  
19.00 – 21.00 Training time  
19.30 – 20.00 **Technical meeting** at the swimming pool AQUASFERA

### Saturday morning 22<sup>nd</sup> April 2017

8.00 – 8.45 Warming up  
9.00 50 m ap M/W senior  
50 m ap B/G junior  
800 m sf M/W senior  
800 m sf B/G junior  
**400 m im open**  
**4 x 100 m bf relay mikst 2M+2W open**

### Saturday afternoon 22<sup>nd</sup> April 2017

14.00 – 14.45 Warming up  
15.00 **Opening Ceremony**  
15.30 50 m bf M/W senior  
50 m bf B/G junior  
200 m sf M/W senior  
200 m sf B/G junior  
100 m im M/W senior  
100 m im B/G junior  
**400 m bf open**

### Sunday morning 23<sup>rd</sup> April 2017

8.00 – 8.45 Warming up  
9.00 100 m bf M/W senior  
100 m bf B/G junior  
100 m sf M/W senior  
100 m sf B/G junior  
400 m sf M/W senior  
400 m sf B/G junior

### Sunday afternoon 23<sup>rd</sup> April 2017

14.00 – 14.50 Warming up  
15.00 50 m sf M/W senior  
50 m sf B/G junior  
200 m bf M/W senior  
200 m bf B/G junior  
4 x 100 m relay M/W senior  
4 x 100 m relay B/G junior  
**Closing Ceremony**



## 15. Accommodation :

**Organizers offer accommodation possibility during the competition with enrolment deadline of 9<sup>th</sup> April 2017 ( Enclosure 2\_Booking Form):**

1. Full board accommodation is offered:  
(from Friday 21. April – dinner, until Sunday 23. April – lunch)  
**Hotel \*\*\*\* and Hotel \*\*\* 120 EURO / person (rooms with 1-2-3 beds)**
2. Extra day 50 EURO /person
3. Single room extra price is 25 EURO /person /day.
4. Those participants who do not accept one of the accommodations offered by the Organizing Committee - but arrange their accommodation by themselves are supposed to pay 40EURO/person as organizing fee.

## 16. Transportation :

Transfer options:

Warszawa Airport - Olsztyn 60 € / person / in group up to 4 person  
Warszawa Airport - Olsztyn 50 € / person / in group 5 to 19 person  
Gdansk Airport - Olsztyn 60 € / person / in group up to 4 person  
Gdansk Airport - Olsztyn 50 € / person / in group 5 to 19 person

Price include arrival and departure and all transfers hotel – swimming pool - hotel

## 17. Booking conditions and payment :

1. The booking deadline will be **16. April 2017**.

After this period fee will be increased by 10%.

2. Payment should be made by direct bank transfer:

**Name of the Bank :** BANK ZACHODNI WBK SA  
I ODDZIAŁ GDYNIA

**Address:** UL. 10 LUTEGO 11  
81-366 GDYNIA

**Beneficiary:** Polski Związek Płetwonurkowania,  
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