



CMAS FINSWIMMING WORLD CUP FINAL TOMSK-2016



PARTICULAR REGULATION

1. DENOMINATION:

The Russian Underwater Federation has the CMAS authorization to organize the Final round of the XI CMAS Finswimming World Cup 2016 on the 9th – 12th September 2016.

2. PARTICIPATION RULES AND RACES

The competition is governed by CMAS Finswimming Rules, by CMAS Finswimming World Cup Rules, and by the present Particular Rules that every athlete, with his/her enrolment, affirms to know and agrees to follow. CMAS regulations are available at the following link: <http://www.cmas.org/finswimming/documents-of-the-finswimming-commission>

Races and categories are as follows:

XI CMAS Finswimming World Cup programme

Senior (Cat. "A") M/F

50 m AP, 100 m IM,
50 m SF, 100 m SF, 200 m SF, 400 m SF, 800 m SF, relay 4 x 100 m SF,
50 m BF, 100 m BF, 200 m BF.

Junior Cat. ("B,C,D") B/G

50 m AP, (not for Cat. "D") 100 m IM,
50 m SF, 100 m SF, 200 m SF, 400 m SF, 800 m SF, relay 4 x 100 m SF,
50 m BF, 100 m BF, 200 m BF.

All team members of National Federations should be affiliated to CMAS.
Teams/clubs need to send agreements from their national federations affiliated to the Finswimming Commission of the CMAS Sports Committee.

All athletes must be in the possession of "CMAS licenses".

- Each competitor can take part in a maximum of three (3) individual races and one (1) relay.
- Each team can enroll a maximum of two (2) swimmers into each individual race.
- Teams/clubs and national federations are entitled to participate in the CMAS

Finswimming World Cup Race.

- In the course of a specific year an athlete is entitled to participate on behalf of only one (1) team/club.



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3. COMPETITION FIELD

The competition will take place in the ZVEZDNIY swimming pool. The swimming pool has a length of 50m., a width of 8 lanes, constant depth of 2m, electronic scoreboard and about 1500 spectator's seats. The temperature of the water is 26 °C ±1°C.



4. PRELIMINARY PROCEDURES

All sport documents and equipment of the swimmers will be checked at the swimming pool on Friday the 09th September 2016 from 12:00 PM to 20:00 PM.

5. TIMER

The timekeepers of the swimming pool of Tomsk will record times through electronic measuring and recording system.

6. CLASSIFICATIONS

The classifications will be based on times registered by the timekeepers. Results will be compiled according to CMAS score. For all distance no final race is held. Individual, as well as team/club classifications are recorded.

Individual: For each distance there are four classifications. (Male, Female, Junior, Senior)

Team/Club: The classification will be compiled by the total points of each club members according to the following CMAS point table:

Rank	Points	Rank	Points	Rank	Points	Rank	Points
1 st	50	7 th	30	13 th	16	19 th	6
2 nd	46	8 th	27	14 th	14	20 th	5
3 rd	42	9 th	24	15 th	12	21 st	4
4 th	39	10 th	22	16 th	10	22 nd	3
5 th	36	11 th	20	17 th	8	23 rd	2
6 th	33	12 th	18	18 th	7	24 th	1

All other swimmers who finish the race will receive 1 point for a successful participation



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7. PRIZES

Individual prizes: medals will be given to the first three classified athletes in every individual race and in every relay.

Team prizes: Prizes will be given for teams/clubs' classification according to CMAS rules. Award ceremonies will take place during the competition, so athletes involved must be at the disposal of the organizing staff on time. During the ceremony athletes involved must wear official uniforms of their team.

8. RESPONSIBILITY

The Russian Underwater Federation, CMAS, the Competition Director, Competition Officers and the Chief Judge are not responsible for accidents or damage caused to people and objects before, during or after the competition. The organizer during the competition ensures the presence of qualified medical assistance.

9. ANTIDOPPING

WADA - WORLD ANTIDOPING CODE

CMAS – ANTIDOPING RULES

ALL ATHLETES ACCEPT THESE RULES AS PRE-CONDITION OF THEIR PARTICIPATION

10. SPECIAL NOTES

Based on organizational exigencies, the present programme could be modified. Participating teams will get all necessary information about the changes in time. Swimmers must be available for the Pre-start Judge with their complete equipment at last 10 minutes before races start. At the specific request of a participating club the organizers have the right to accept and insert an athlete or a relay at any time at their discretion, in or outside the official classification. Any other rule concerning the competition can be found in the C.M.A.S. Finswimming Rules. Protests are presented following the rules of CMAS.

11. ENROLMENTS

The only valid application forms are supplied as attachment to this set of rules.

- Preliminary enrolment: completed entry form must be received by the **7th August 2016** at the following e-mail address: **grishum@mail.ru**.

- Final enrolment: completed entry form must be received by the **4th September 2016** at the following e-mail address: **grishum@mail.ru**.

Relays must be declared with time on the enrolment forms as well, competitors' names are not required at that time however.



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Important Note: Payment can be made by bank transfer or in cash during registration at the swimming pool. If the mode of payment is bank transfer, please, contact us through **grishum@mail.ru until the 9th August**. In that case a proforma invoice would be issued and sent to the payee, so safe payment can be effected.

12. THE BOOKING & ENTRY FEE

3 days: Entry fee for each participant is:

200 € (Economy class, twin and triple room)**

230 € (Standart*, twin room)**

260 € (Luxe**, twin or single room)**

The organizer will provide:

- Accommodations in hotel in rooms with one, two or three bed
- Breakfast, lunch and dinner, including lunch on the 9th September and breakfast on the 12th September 2016
- Transfers Tomsk airport – hotel – Tomsk airport and hotel – swimming pool – hotel
- Participation at the opening, closing ceremony and gala-dinner
- Souvenir's pack

Single room extra price is **15 € / person / night**.

Extra day cost with full board accommodation:

- **50 € / person (rooms with 2-3 beds)**

- **65 € for single room**





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Athletes who do not use the full board accommodations offered by the Organizing Committee and arrange their accommodation on an individual basis are required to pay **50 €/person organizing fee**.

In case participating teams/clubs wish to arrive earlier to conduct training in Tomsk full board services are offered on a fee-paying basis as indicated above. Swimming pool lanes are charged separately.

Organizer can accept only cash and direct bank transfer (bank charges are paid by remitter).

TRANSPORTATION

Transfer Airport/ Train station Novosibirsk – hotel Tomsk - Airport/ Train station Novosibirsk (270 km from Tomsk) can be arranged by the organizers at a cost of **max. 80 € / person**. The actual cost will depend on the number of persons transported.

BOOKING CONDITIONS

The booking deadline will be on the **09th August 2016**. After this deadline organizers can not guarantee the offered prices.

PAYMENT

Payment should be made:

- by direct bank transfer after receiving our proforma invoice **until the 01st September 2016** (bank charges are paid by remitter).

or

- in cash **on Friday the 09th September 2016 from 12.00** at the swimming pool.





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SCHEDULE

Friday, 9th September 2016

Morning: arrival and registration

12:00 - 20:00 Training

Saturday, 10th September 2016

Morning:

08:00 - 09:15 Warm up
09:30 Competition start:
50 AP B girls/boys
50 AP A women/men

Award Ceremony 50 AP B girls/boys

800 SF B girls/boys

Award Ceremony 50 AP A women/men

800 SF A women/men

Afternoon:

15:00 - 15:45 Warm up
16:00 Opening Ceremony
16:30 Competition start:

50 BF B girls/boys

Award Ceremony 800 SF B girls/boys

50 BF A women/men

Award Ceremony 800 SF A women/men

200 SF B girls/boys

Award Ceremony 50 BF B girls/boys

200 SF A women/men

Award Ceremony 50 BF A women/men

100 IM B girls/boys

Award Ceremony 200 SF B girls/boys

100 IM A women/men

Award Ceremony 200 SF A women/men



Sunday, 11th September 2016

Morning:

08:00 - 09:15 Warm up
09:30 Competition start:
100 SF B girls/boys

Award Ceremony 100 IM B girls/boys

100 SF A women/men

Award Ceremony 100 IM A women/men

100 BF B girls/boys

Award Ceremony 100 SF B girls/boys

100 BF A women/men

Award Ceremony 100 SF A women/men

400 SF B girls/boys

Award Ceremony 100 BF B girls/boys

400 SF A women/men

Award Ceremony 100 BF A women/men

Afternoon:

15:30 - 16:15 Warm up
16:30 Competition start:
50 SF B (girls/boys)

Award Ceremony 400 SF B (girls/boys)

50 SF A (women/men)

Award Ceremony 400 SF A (women/men)

200 BF B (girls/boys)

Award Ceremony 50 SF B (girls/boys)

200 BF A (women/men)

Award Ceremony 50 SF A (women/men)

4x100 SF B girls/boys

Award Ceremony 200 BF B girls/boys

4x100 SF A women/men

Award Ceremony 200 BF A women/men

Award Ceremony 4x100 SF B girls/boys

Award Ceremony 4x100 SF A women/men

21:00 **Closing Ceremony**, banquet
for all participants

Monday, 12th September 2016

Delegation Departure

CMAS SUPER SPRINT CUP



1) Programme of CMAS Super Sprint Cup 12th September 2016

18:00 - 18:45	Warm up
19:00	Competition start: 50 AP women (quarterfinal, 8 women) 50 AP men (quarterfinal, 8 men) 50 SF women (semifinal, 6 women) 50 SF men (semifinal, 6 men) 100 SF women (FINAL, 4 women) 100 SF men (FINAL, 4 men)

Award Ceremony for all participants after final races

2) Participation

CMAS Super Sprint Cup participants are selected according to the following criteria:
3 best women and 3 best men of World Championship 2016 on 50 SF, 50 AP and 100 SF**
(If one finswimmer wins more than one of these events, silver medalist(s) will be chosen by the Cup organizers.)

**These finswimmers will be provided with full transportation and accommodation by the organizers of CMAS Super Sprint Cup.

- 3 best women and 3 best men revealed on Golden Final 2016
- 1 best girl and 1 best boy sprinters of Golden Final 2016
- 1 female and 1 male finswimmer (wild card from the organizers)

3) Competition

Competitions are held on a knockout system. 16 finswimmers participate (8 women and 8 men - best CMAS sprinters of 2016). The time interval between the races is 8 minutes. Seeding of athletes is based on blind draw. After first and second heats 2 female and 2 male finswimmers who performed

with slowest results are knocked out. 4 female and 4 male finswimmers will participate in Final.

4) Awards and determination of winners and prize-winners

Winners and prize-winners of CMAS Super Sprint Cup are defined by best time results in final heats, separately among women and men. All 16 participants performing in heats receive prizes or money rewards according to the table of CMAS Super Sprint Cup prize fund, and awarded after all final heats by the sponsors and organizers, which established the prize fund.

5) Participants' sports equipment

According to the CMAS rules.

6) Protest

According to the CMAS rules.

7) International jury

International Chief Judge - according to the CMAS rules.

Prize fund - 10 000 USD

CONTACT

Tomsk Region Underwater Federation
E-mail: grishum@mail.ru , band88@mail.ru
Phone: +79234021020, +79138591408

DEADLINES

PRELIMINARY ENTRY: 09th August 2016
FINAL ENTRY: 04th September 2016
WITHDRAWAL: 04th September 2016