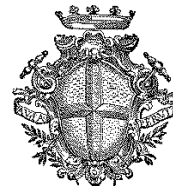


Patrocinio della  
Provincia  
di Modena



Patrocinio del  
Comune di Modena  
Settore Sport



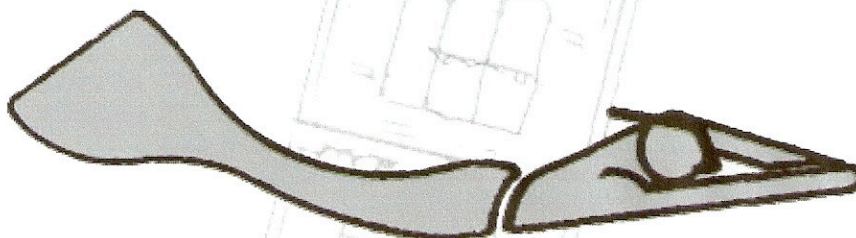
# TROFEO INTERNAZIONALE GHIRLANDINA

## 2016

# International Finswimming Competition

**Saturday, 28<sup>th</sup> to  
Sunday, 29<sup>th</sup> May 2016**

**Swimming pool  
Dogali - Modena**



**CMAS**  
CONFÉDÉRATION MONDIALE  
DES ACTIVITÉS SUBAQUATIQUES  
WORLD UNDERWATER FEDERATION

**MODENA – Saturday, 28th to Sunday, 29th May 2016**

## **TROFEO INTERNAZIONALE GHIRLANDINA 2016** **International Finswimming Competition**

The Club **A.S.D. Nuoto Sub Modena Bruno Loschi**, with the agreement of F.I. P.S.A.S. and the participation of the Municipality of Modena, organizes the International Finswimming Competition “**TROFEO INTERNAZIONALE GHIRLANDINA 2015**”, that will be held in Modena Saturday, 28th to Sunday, 29th May 2016.

### SUPPLEMENTARY REGULATIONS

#### ➤ 1- PARTECIPATION RULES AND RACES:

The competition, in accordance with the C.M.A.S. Finswimming Rules and this Supplementary Regulations, accepted from all the participants, includes the following races and categories:

**SENIOR (Cat. “A” year 1998 and older) - F/M:**

50m sf - 50m bf - 50m apnea - 100m sf - 100m bf - 100m im - 200m sf - 200m bf - 400m sf - 400m bf - 400m im  
800m sf - 1500m sf - Relay 4x50bf - Relay 4x100sf

**JUNIOR (Cat. “B, C, D” years 1999-2004) - G/B:**

50m sf - 50m bf - 50m apnea - 100m sf - 100m bf - 200m sf - 200m bf  
Relay 4x100sf (Cat.B) - Relay 4x100sf (Cat.C) - Relay 4x100sf (Cat.D)

**CATEGORY E (years 2005-2008) - F/M:**

50m bf - 100m bf - 200m bf - Relay 4x50bf (years 2005-06) - Relay 4x50bf (years 2007-08)

Swimming style: sf=*surface*; im=*immersion*; bf=*bifins*

Each club must be associated by a National Federation recognized by C.M.A.S. and each competitor must have the **CMAS International Licence**.

There's no limit to participate to individual races, but each competitor will be allowed to take only (1) relay for style; allowed more male and female relays for club and category.

Distances 1500m. and 800m. are reserved to the style finswimming exclusively with the use of the monofin.

#### ➤ 2- ENROLMENTS

The enrolments must be done only fill in the attached form and sent it **before Thursday 19<sup>th</sup> May 2016** to: **A.S.D. Nuoto Sub Modena Bruno Loschi – Via IV Novembre, No.40/D - 41123 Modena**, by fax **+39(0)59219812**, or e-mail: [pinnato@brunoloschi.it](mailto:pinnato@brunoloschi.it)

For each team are required the name, surname and telephone number of one of the team manager.

Inscription fees are €10,00 for each club, €4,00 for each distance, and €12,00 for each relay race.

The matches not played will not be refunded.

Payment must be made by direct bank transfer:

ACCOUNT: **A.S.D. Nuoto Sub Modena Bruno Loschi**

BANK: **UniCredit Banca – Agenzia Modena Corassori**

EU IBAN: **IT13A0200812907000002906824** BIC: **UNCRTBINO7**

Reason: “Club Name – Share inscription races Trofeo Internazionale Ghirlandina 2016”

**IMPORTANT.** Enrolment will be accepted only when accompanied by bank transfer receipt sent by fax to +39(0)59219812, or mail: [pinnato@brunoloschi.it](mailto:pinnato@brunoloschi.it).

➡ **IMPORTANT:** The event will be filmed by television and a photographer will take pictures during the various moments of the competition. Sunday 29<sup>th</sup> May, at the end of the event, close to the swimming pool, there'll be a traditional lunch called “Ghirlandina's Barbecue” (also guaranteed in the adjacent indoor place in case of bad weather). ↩  
Open to all, obligatory booking (inserting the number of the participants in the registration's form).

**Information: tel.+39337295401, Mr. Giancarlo Pagliarini.**

➤ **3- COMPETITION PLACE and PRELIMINARY PROCEDURES**

The Competition will be held in county swimming pool “Dogali”, Via Dogali No.17 Modena, tel.+39(0)59217525, (close to the Braglia’s Football Stadium).

The Olympic open swimming pool is 50m, with nr.8 lines, deep from 1,40 to 3.70m.

All sport documents of the swimmers will be checked on Saturday 28<sup>th</sup> May from 8:00am at the swimming-pool. The races will start on 8:45am both on Saturday and on Sunday morning; warm up will be from 8:00am to 8:30am (50m all categories, 25m only category E). On Saturday afternoon the races will start on 3.45pm and the warm up will be from 3:00pm to 3:30pm.

It will be available in the system by the indoor pool 25m for warm up: on Sunday from 8:00am to 8:30am only category E and from 8:30am to 9:00am all categories.

On Sunday morning before the starting session of races is planned the “Athletes of category E Parade”.

All athletes invited to parade must wear their team uniform.

The end of the competition is expected to be on Sunday at 1:00pm.

➤ **4- RACES JUDGES AND TIMING REGISTRATION**

The competition will be directed by the judges of F.I.P.S.A.S. Federation.

Timekeepers with electronic systems are from Federazione Italiana Cronometristi (F.I.Cr.) of Modena.

➤ **5- STARTS**

The enrolment times will be used to define the starting lines. The athletes will have to remain at complete disposal of the Starting Judge, with his/her complete equipment, at least ten minutes before the race starts.

➤ **6- EQUIPMENT AND BOTTLE REFILLS**

The equipment, including bifins, monofins, snorkel and bottles, must respect C.M.A.S. regulation.

Bottles without homologation will not be accepted.

All bottles used must have passed a hydrostatic test less than 2 years before the competition, or even less if it is required by the local registration;

Bottles’ recharge could be done on Saturday and on Sunday. But all the bottles, including those used for warm-up, must be delivered before 8:30am for the races of Saturday and Sunday morning. Swimming caps are obligatory.

➤ **7- RANKING**

The classification both for individual races and for relay races will be done on the basis of each report and of the R.G.N. regulation. The competition’s rank will be determined by race times. There will be no final.

➤ **8- AWARDS**

Medals will be given to the first, second and third classified for each individual race and relay race. Prizes will be given to the best competitor for categories men, women, boys and girls and to the youngest athlete of the event. In distances 1500sf, 800sf, 400sf, 400bf, 400im, 100im, 4x50bf will be awarded only Cat.A. Cups will be given to each club. The award ceremony will take place during the event. The athletes must remain available for awards and **each athlete MUST WEAR his TEAM UNIFORM.**

➤ **9- SPECIAL NOTES**

F.I.P.S.A.S, A.S.D. Nuoto Sub Modena Bruno Loschi, the Competition Director, the Competition Officers and Judge Director are not responsible for accidents or damage caused to people and thing, before, during or after the competition. The organizer shall ensure the presence of medical assistance.

The present regulation and program could be modified by the organization club.

Like C.M.A.S. regulation, the athletes that will not be respectful to the organization, the judges, other athletes and the place of the event, will be immediately disqualified.

**Each team will be completely liable of their athlete’s behaviour during the event.**

**The organization club**  
**A.S.D. Nuoto Sub Modena Bruno Loschi**  
**Via IV Novembre 40/D – tel/fax.+39(0)59219812**  
**e-mail: pinnato@brunoloschi.it**

# PROGRAM RACES

## Saturday morning – 28<sup>th</sup> May

08:00 – 08:30 am - Warm-up -  
08:45 am - Start races -  
**1500m sf**  
**50m bf**  
**50m sf**  
**400m im**  
**200m bf**  
**200m sf**  
12:30 - Lunch -

## Saturday afternoon – 28<sup>th</sup> May

03:00 – 03:30 pm - Warm-up -  
03:45 pm - Start races -  
**400m bf**  
**50m apnea**  
**800m sf**  
**100m bf**  
**100m sf**  
**Relay 4x50bf**



**12:30 - Lunch with SPORTING menù to € 10.00 each**  
**expected in the area adjacent to the Registered Office Bruno Loschi m.400 from the pool to see the map;**  
**will be guaranteed even in bad weather in the covered area adjacent.**  
**Obligation Reservation: possibility to reserve tables in groups.**

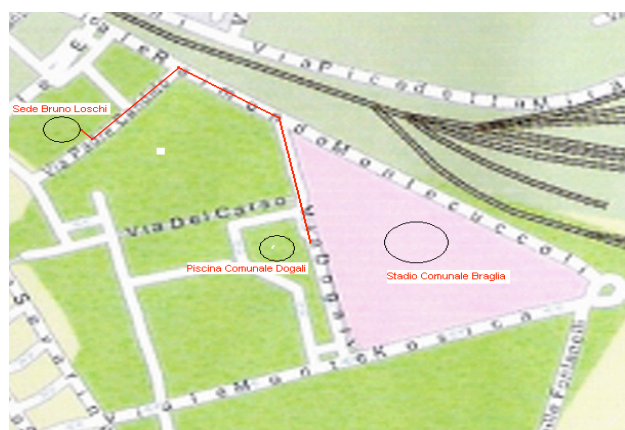


## Sunday morning – 29<sup>th</sup> May

08:00 – 08:30 am - Warm-up: **pool 50m only categories A, B, C, D** -  
08:00 – 08:30 am - Warm-up: **pool 25m only category E** -  
08:45 am - Unthread athletes category E in social uniform -  
09:00 am - Start races -  
**50m bf Cat.E**  
**400m sf**  
**100m bf Cat.E**  
**100m im**  
**200m bf Cat.E**  
**Relay 4x100sf Cat.D (years 2003-04)**  
**Relay 4x100sf Cat.C (years 2001-02)**  
**Relay 4x100sf Cat.B (years 1999-00)**  
**Relay 4x100sf Cat.A**  
**Relay 4x50bf Cat.E (years 2007-08)**  
**Relay 4x50bf Cat.E (years 2005-06)**  
01:00 pm - Closing Ceremony -



**13:00 - GHIRLANDINA'S BARBECUE, Traditional menù to € 12.00 each,**  
**planned in the area adjacent to the Registered Office Bruno Loschi m.400 from the pool to see the map;**  
**will be guaranteed even in bad weather in the covered area adjacent.**  
**Obligation Reservation: possibility to reserve tables in groups.**



## Special promotion Saturday, 28th to Sunday, 29th May 2016

### Bed and breakfast

Special promotion: HOTEL EDEN (to 4km from the swimming pool)

Via Emilia Ovest, No.666 (to 3Km outside Highway exit Modena Nord, in the direction centre of the city)

To book require the “**Special Promotion Bruno Loschi 2016**” bed and breakfast:

- single room €50,00 - double room €65,00 - triple room €85,00

- Info: [www.hoteledenmodena.it](http://www.hoteledenmodena.it) - e-mail: [info@hoteledenmodena.it](mailto:info@hoteledenmodena.it)

tel.+39(0)59335660, fax.+39(0)59820108, Mr. Andrea.

Special promotion: PRINCIPE HOTEL (to 1km from the swimming pool).

C.so Vittorio Emanuele, No.94 (to 200m from the central railway station).

To book require the “**Special Promotion Bruno Loschi 2016**” bed and breakfast:

- single room €50,00 - double room €70,00 - triple room €90,00

- Info: [www.hotelprincipe.mo.it](http://www.hotelprincipe.mo.it) - e-mail: [info@hotelprincipe.mo.it](mailto:info@hotelprincipe.mo.it)

tel.+39(0)59218670, fax+39(0)59237693, Mr. Giacomo.

Special promotion: LA CORTE DEI SOGNI (6km away from the swimming pool, 8km Highway Modena Sud) - Stradello Romano, No. 8 (side street Via Emilia Est, location Fossalta).

To book require the “**Special Promotion Bruno Loschi 2016**” bed and breakfast:

- single room €60,00 - double room €70,00 - quad room €110,00

- Info: [www.lacortedeisogni.it](http://www.lacortedeisogni.it) - e-mail: [info@lacortedeisogni.it](mailto:info@lacortedeisogni.it)

tel.+39(0)59283138, Mr. Andrea.

### Lunch and dinner

Only Saturday, 28<sup>th</sup> May for lunch: Registered Office Bruno Loschi, Via IV Novembre 40/D, walk 400m from the pool.

Reservation required for groups.

Info: e-mail: [pinnato@brunoloschi.it](mailto:pinnato@brunoloschi.it) – tel.+39337295401, Mr.Giancarlo Pagliarini

SPORTING MENU’ to €10,00 each (inclusive only water drink):

#### Lunch

- Pasta with tomato
- meat
- vegetables

Only Sunday, 29<sup>th</sup> May for lunch: Registered Office Bruno Loschi, Via IV Novembre 40/D, walk 400m from the pool.

Reservation required for groups.

Info: e-mail: [pinnato@brunoloschi.it](mailto:pinnato@brunoloschi.it) – tel.+39337295401, Mr.Giancarlo Pagliarini

Traditional MENU’ to €12,00 each:

#### Ghirlandina’s Barbecue

- pasta with meat
- grilled meat
- vegetables
- water and beverages
- cake