

SPORTS DIVING WORLD CUP 30th June – 4th July, 2016 Elektrėnai, Lithuania

1. GENERAL INFORMATION

The competition will take place in Elektrenai (Lithuania) from 30th of June (Thursday) to 4th of July (Monday), 2016.



2. SWIMMING POOL

The competiton will be held in Elektrenai swimming pool. Address of the swimming pool is Draugystes st. 20, Elektrenai, Lithuania.

The swimming pool is 50 meters long, has 8 lanes, average water temp. is $26^{\circ}C \pm 1^{\circ}C$, depth of swimming pool is 2 meters.



3. PARTICIPATION

Eligible to participate in these competitions are clubs and individuals. Each club should comply with the rules of competitions, the safety conditions set by the Organizers and the CMAS Rules and Regulations.

A team of the club is composed of 1 divers minimum and 6 divers maximum.

A club can registered several teams from 1 to 6 divers.

4. DISCIPLINES (MEN AND WOMEN)

- Trial M (200m)
- Obstacle course (could be mixed pair which participate in men category)
- Night diving
- Immersion 6kg
- 4x100m relay

5. INTERNATIONAL JURY

International Chief Judge: According to the CMAS rules

6. CLASSIFCATION AND AWARDS

Individual classification: Medals for the first 3 places in each event. Club classification: The 2 better divers of each team in each event points in according to the following scale: 1st- 15 points, 2nd- 13 points, 4th - 11 points and until 14th. The club have the most points win the CUP.

7. PROTEST

According to CMAS rules

8. CYLINDER (BOTTLE) FILING

The organizer guarantees the filling of cylinders (bottles) for either DIN or YOKE type. The maximum charging pressure is 200 Bars. All cylinders (bottles) must be in good condition and must have passed a hydraulic test less than 24 months before the date of the championship.

9. BOOKING AND ENTRY FEE

>Option 1 (5 days): Entry fee per participant is 400€. This includes:

- Accommodation in double or triple hotel rooms.

- Breakfast, lunch and dinner, starting with dinner on the 30^{th} of June and ending with breakfast on the 4^{th} of July, 2016

>Option 2 (4 days): Entry fee per participant is 350€. This includes:

- Accommodation in double or triple hotel rooms.

- Breakfast, lunch and dinner, starting with breakfast on the 1st of July and ending with breakfast on the 4th of July, 2016

>Option 3 (3 days): Entry fee per participant is 300€. This includes:

- Accommodation in double or triple hotel rooms.

- Breakfast, lunch and dinner, starting with breakfast on the 1st of July and ending with dinner on the 3rd of July, 2016

>Option 4 (2 days): Entry fee per participant is 200€. This includes:

- Accommodation in double or triple hotel rooms.

- Breakfast, lunch and dinner, starting with breakfast on the 2^{nd} of July and ending with dinner on the 3^{rd} of July, 2016

Accommodation in a single room costs an additional 50€.

Transfer: Vilnius>Elektrėnai>Vilnius - 30€ per person Transfer: Kaunas>Elektrėnai>Kaunas - 30€ per person

Deadline for hotel reservation is 1st of May, 2016. Later registrations will not be accepted.

HOTEL "Minhotel"

Competitors will be staying in a 3 star hotel very close to the swimming pool. Address of the hotel is Draugystes st. 5, Elektrenai, Lithuania.



PAYMENT

A minimum of 50% of the total entry fee must be transferred until 1st of May, 2016, to guarantee the booking. If the payment is not made within the given time, the participation fee increases by 10%. The remaining payment must be done upon arrival. The organizer only accepts cash or bank transfer. Bank cheques and credit cards are not accepted.

Name of bank: AB "Swedbank" Beneficiary: Lithuanian underwater sport federation Address: Žemaitės st. 8, Vilnius, Lithuania Bank account No.: LT 467300010002460797 Bank code No.: 73000

The participants, who want to use other hotels by themselves, have to pay 50 Euro for Club and each participant pay 15 Euro for each event.

10. DATE LINE – CONDITION FOR ENTRY AND PARTICIPATION

- <u>No later then 1st may 2016</u>
 (Annex 1) Preliminary Hotel Booking from and entry fee to the Organizing Committee
 (Annex 2) Supplying Letter to bank transfer.
- No later then 1st june 2016 (Annex 3) Final Hotel Booking to the Organizing Committee.

11. ANTIDOPING

WADA – World Antidoping Code CMAS – Antidoping Rules MBSZ – Antidoping rules

12. PROGRAM OF CHAMPIONSHIP

The Championship will be carried out in a period of 2 days and 4 sessions.

The program of the championships will be the following:

30th June:

• Arrival before 19:00

1st July:

- Equipment inspection 12:00
- Training 15:00 17:00
- Team leader meeting 18:00

2nd July:

- Morning
- Warm-up 09:00
- Obstacle course men/women 10:00-13:00
- Evening
- Competition opening ceremony 15:00
- Warm-up 15:30
- Night diving men/women 16:30-19:30

3rd July:

- Morning
- Warm-up 09:00
- Trial M (200m) men/women 10:00-13:00
- Evening
- Warm-up 15:00
- Immersion 6kg men/women and 4x100 relay 16:00-19:00
- Award and closing ceremony 19:15

4th July:

• Departure of the delegations before 12:00

13. ADDITIONAL NOTES

The Lithuanian Underwater Federation, CMAS, competition organizers and officers are not responsible for accidents or damage caused to people and personal effects before, during or after the competition. The organizer ensures the presence of medical assistance.

Signed by:

Lithuanian underwater federation president Aurelijus Kinas

Lithuanian underwater federation vice-president Virginija Juodeikienė

14. ORGANIZING COMMITTE

The competition is organized by CMAS together with the Lithuanian underwater sport federation, Lithuanian sports department, International Olympic Committee (TOK), Elektrénai municipality. For further information do not hesitate to contact us at the following address: Lithuanian Underwater Federation, Žemaitės st. 8, Vilnius, Lithuania e-mail: <u>aurelijus@nardymas.lt</u> Aurelijus Kinas, head of federation: +37068658974 Virginija Juodeikienė, head assistant: +37061455040