



information Bulletin

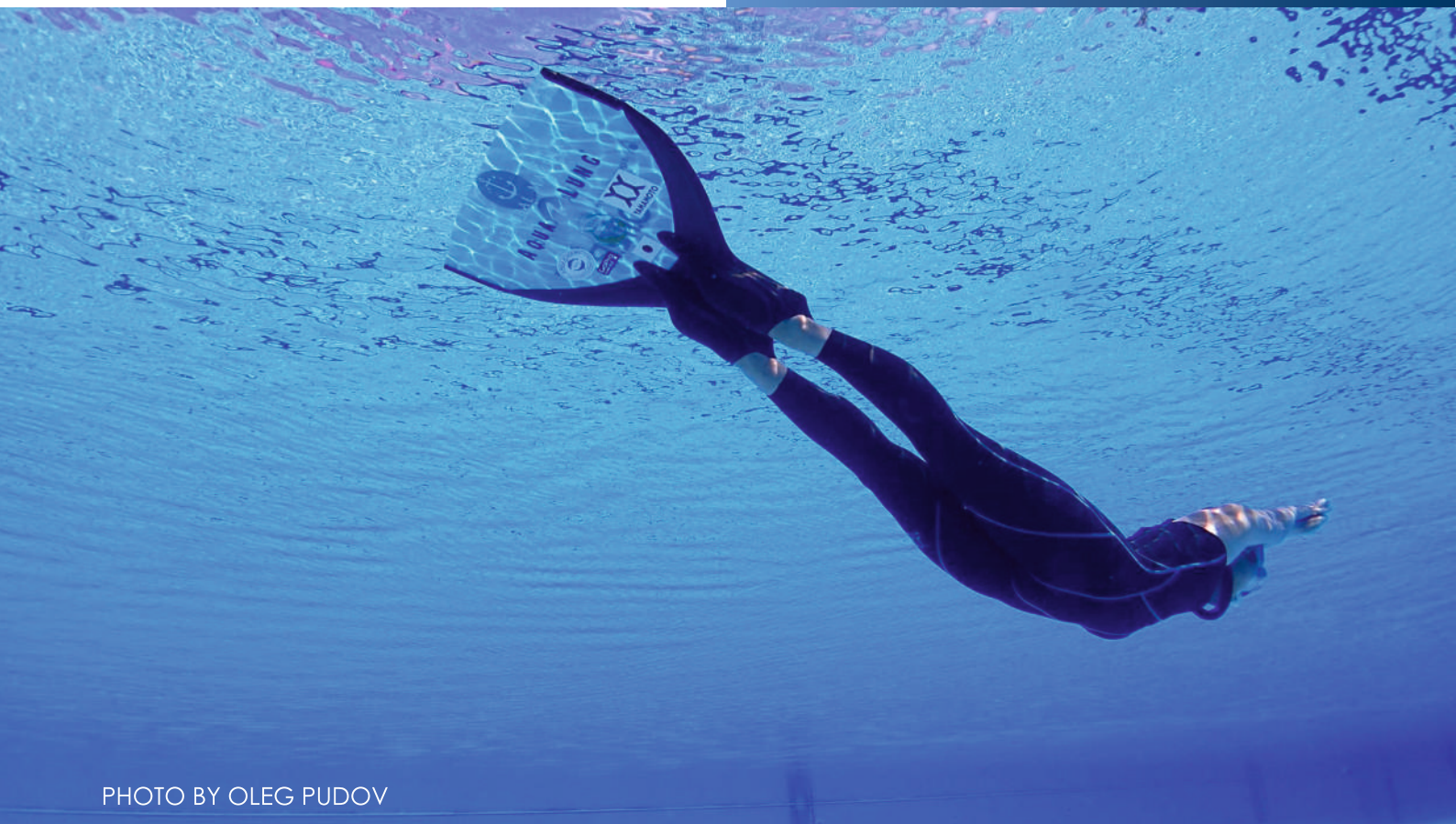


PHOTO BY OLEG PUDOV

VOLOS 2016
27 JUNE - 1 JULY

INTERNATIONAL UNIVERSITY FINSWIMMING COMPETITION



Δήμος Βόλου
Municipality of Volos



Δ.Ο.Ε.Π.Α.Π. - ΔΗ.Π.Ε.ΘΕ.
ΔΗΜΟΣ ΒΟΛΟΥ
Πυρήνας Πολιτισμού

OFFICIAL PARTNERS



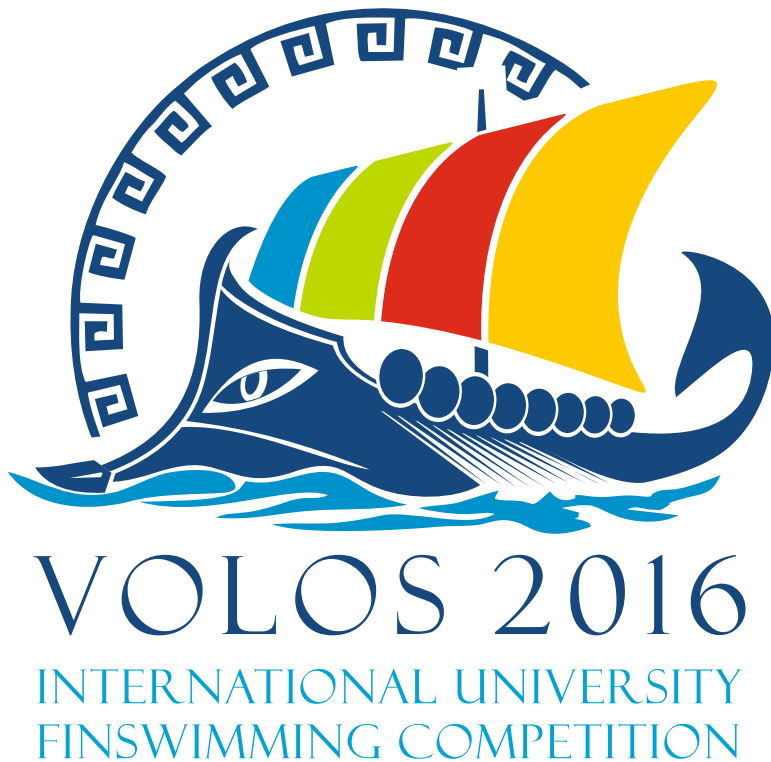
OFFICIAL SUPPLIERS



Securing Your World

S P O N S O R

THE LOGO



Volos, is the city of the Argonauts and the Myth. Iolkos and the myth of the Argonauts are the historical identity of the modern city of Volos.

The Logo of the Universiade Championships is inspired by the first ship ever to sail the Argo.

The ship Argo was the divinely-inspired ship said to have been built by Argus with the aid of the goddess Athena and to have carried Jason, the leader of the Argonautic expedition and his crew from Thessaly to Colchis and back again.

Every one, at the sight of the vessel, was amazed, and the intended design and the building of this ship, was noised over all Greece, so that many of the noble and brisk youths were eager to join and go away with Jason in order to partake of the honour in this expedition.

The Golden Fleece is the prize of the hero.

From Antiquity to Today Argonautica symbolizes overshoot, connecting people and their cultures, exploring the world. Legend of Argonauts endured over the centuries, because the truth of the journey, the need that the Mediterranean peoples for communication was always so timely and so important.

Argo in each destination convey the message of cooperation and our common cultural heritage. And if then the myth symbolized the need for exploration, currently in "a world without borders, the modern Argo reminds us all the interaction and closeness of our peoples.

ADDRESS OF H.S.F PRESIDENT **Mr. Dimitris Diathesopoulos**



It is my great pleasure to welcome all the participating athletes and officials to the CMAS Finswimming University competition 2016, to take place on June 27th – July 1st 2016.

The global sports community and millions of Finswimming friends, once again this summer will turn to the city of Volos, where we expect to live great glory and we will offer special spectacle.

With the participation of the best Senior athletes competing at the University competitions, this occasion will be once more a landmark in the promotion of this discipline.

Finswimming is conquering more audience and more media interest and is generating substantial work and attention.

The city of Volos is ready to welcome athletes and Finswimming Community in general.

Besides, Volos has a long tradition in organizing and hosting major Aquatics events, always ready to respond both in terms of infrastructure and facilities. It is the sixth consecutive year, that such a great sports event, will successfully be organized in this city.

Volos is a city with rich sporting and cultural presence, a city where the Argonauts and Jason came from, a city with a dynamic tourism market, strong industrial and commercial tradition, University and research centres, the port, the beautiful mountain of Centaurs, the unique natural and built environment and we promise to all a warm hospitality.

We are convinced that people will experience in Volos unique emotions on Summer 2016.

The Organising Committee and the Hellenic Swimming Federation anticipate to welcoming the participants in this friendly place and its facilities.

We are looking forward to meet you this summer and we wish to the participants, all the luck.

THE CITY OF VOLOS



A mythical destination

Volos is one of the largest and most attractive cities in Greece as well as one of the country's most prominent ports. The modern-day city, built near the site of ancient Iolcos, dominates the region of Magnesia from its position at the foot of Mount Pelion overlooking the Pagasetic Gulf. This is one of the most beautiful areas in Thessaly, in the centre of Greece (Volos is situated 320km N of Athens and 219km S of Thessaloniki) combining the allure of the sea with the mystical charm of the Centaurs' mountain.

The area's mythical background captivates the visitor's imagination. Magnesia features in some of the most remarkable tales in Greek mythology. The progenitor of its peoples was Magnes, son of Zeus and Aeolus, yet Magnesia is believed to be the birthplace of a strange race, the Centaurs, beings which were part equine, part human and originated from the union of Nephele and Ixion. Asclepius and Achilles were, among others, pupils of the Centaur Chiron. The famous Argonaut expedition, one of the greatest epics in the Greek mythological cycle, set sail from the Pagasetic Gulf.



Population: 141,675

Area: 387.1 km² (149 sq mi)

Density: 366 /km² (948 /sq mi)

Municipal unit:

Population: 82,439

Area: 27.678 km² (11 sq mi)

Density: 2,979 /km² (7,714 /sq mi)

Websites:

<http://www.volos-city.gr>,

<http://www.magnesia-tourism.gr>,

<http://www.volosinfo.gr/>

CITY MAP OF VOLOS

This is a detailed street map of Volos, Greece. The map shows the city's layout, including major roads like E92 and E6, and local streets such as Ag. Onoufrios, Anakasia, and others. Key landmarks are highlighted with red dots and labels: SWIMMING POOL HOTEL, SWIMMING POOL, VOLOS PALACE, HOTEL AEGLE, HOTEL PARK, OPEN WATER, and DOMOTEL XENIA. The map also features various districts and neighborhoods, including Larisa, Vizantiou, and others. The city is situated near the coast, with the Aegean Sea visible on the right side.

SCHEDULE

The competition will be carried out over a period of 2 days and in 4 sessions.

Swimming pool events:

The qualifying heats are scheduled in the morning and finals in the afternoon.

The program is as follows:

Monday 27th June 2016

- Arrival of delegations throughout the morning.

Tuesday 28th June 2016

- 10:00 – 13:00 Training at the swimming pool

-13:00 Team Leaders technical meeting

Wednesday 29th June 2016

Morning Section

08:00 – 09:20 Warm - up

09:30 – 10:00 Opening ceremony

10:10	50 AP	Women	Heats
	50 BF	Women	Heats
	100 SF	Men	Heats
	100 BF	Men	Heats
	200 SF	Women	Heats
	200 BF	Women	Heats
	400 SF	Men	Heats
	4X100 SF	Women	Heats
		(if more than 8 teams)	
	4X50 BF	Men	Heats
		(if more than 8 teams)	

Afternoon Section

16:00 – 17:20 Warm – up

17:30	50 AP	Women	Final
	50 BF	Women	Final
	100 SF	Men	Final
	100 BF	Men	Final
	200 SF	Women	Final
	200 BF	Women	Final
	400 SF	Men	Final
	800 SF	Women	Final
	4X100 SF	Women	Final
	4X50 BF	Men	Final

Thursday 30th June 2016

Morning Section

08:00 – 09:20 Warm - up

09:30	50 AP	Men	Heats
	50 BF	Men	Heats
	100 SF	Women	Heats
	100 BF	Women	Heats
	200 SF	Men	Heats
	200 BF	Men	Heats
	400 SF	Women	Heats
	4X100 SF	Men	Heats
		(if more than 8 teams)	
	4X50 BF	Women	Heats
		(if more than 8 teams)	

Afternoon Section

16:00– 17:20 Warm – up

17:30	50 AP	Men	Final
	50 BF	Men	Final
	100 SF	Women	Final
	100 BF	Women	Final
	200 SF	Men	Final
	200 BF	Men	Final
	400 SF	Women	Final
	800 SF	Men	Final
	4X100 SF	Men	Final
	4X50 BF	Women	Final

Friday 1st July 2016

- Delegation departure

NOTE: The competition program is subject to change according to CMAS

PARTICIPATION

Only national federation teams affiliated to the CMAS are eligible to compete in the competition. Each national team should respect the rules of championship, the safety conditions set by the organizers and CMAS rules and regulations.

- Swimming-pool events: No more than two (2) athletes per national team are allowed to compete in each individual event and no more than one team per relay event.

Each national team must bring two (2) national flags (m. 2,00 x m. 1,00) and a CD with the national anthem (short version).

DISCIPLINES AND DISTANCES (Male and Female)

Swimming-pool:

Surface Fin swimming (SF): 100m, 200m, 400m, 800m.

Apnea (AP): 50m

Relay: 4x100m.

Bifins (BF): 50m, 100m, 200m, 4x50m.

INTERNATIONAL JURY

CMAS Technical Delegate: According to the CMAS rules.

CLASSIFICATION AND AWARDS

According to the CMAS rules and regulations

PROTEST

According to the CMAS rules.

PARTICIPATION

SWIMMING POOL NEAS IONIAS "VASILIS POLYMEROS" COMPETITION POOL: 50m Indoor

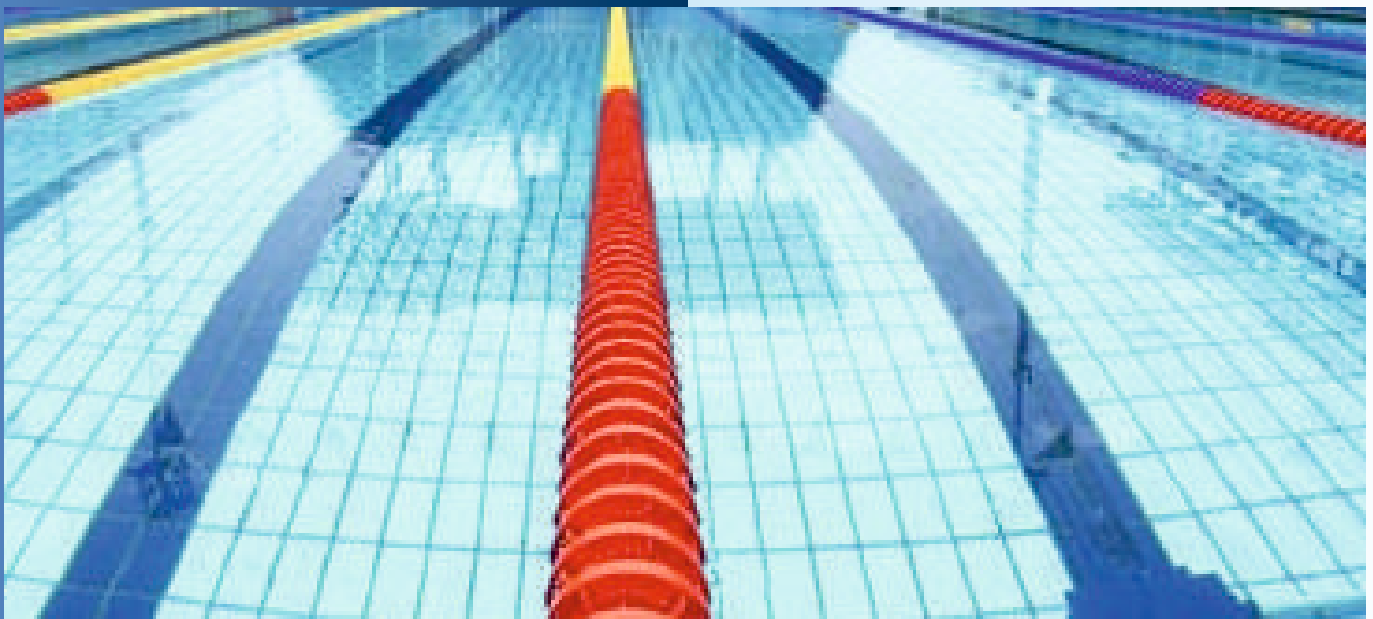


This sport complex, with a capacity of 2.000 spectators.
The indoor competition swimming pool is a 50 meters and 8 lanes pool with 2,10 meters depth, and average temperature 26 ± 1 °C.

The complex also include: Four groups of dressing rooms.
Each group has adequate space for 100 persons with: showers, toilets, massage and rest rooms, dressing rooms for officials, separate from athletes.
It also includes numerous rooms for preparation, meetings, victory ceremonies, preparations and cafeteria.

Official competitions that have been organised in this pool were:

- 2011 held the "FINA World Men's Water Polo Championships"
- 2012, held the "FINA World Junior Synchronized Swimming Championships"
- 2013, held the "FINA World Women's Water Polo Championships"
- 2015, held the FINA World Women's Junior Water Polo Championships.



ACCOMMODATION

Participants will be hosted at 4 stars Hotels.
For their better convenience, hotels are located close to the swimming pool, only 15 minutes driving distance.

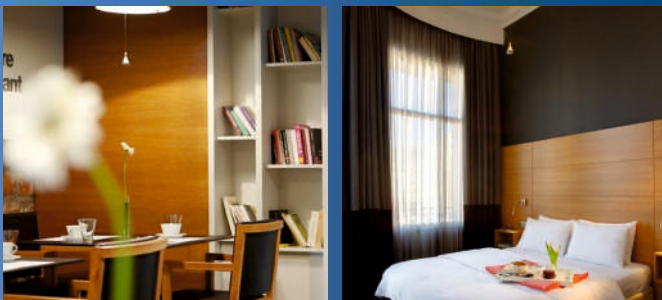
VOLOS PALACE



PARK HOTEL



AEGLI HOTEL



SPORT VILAGE

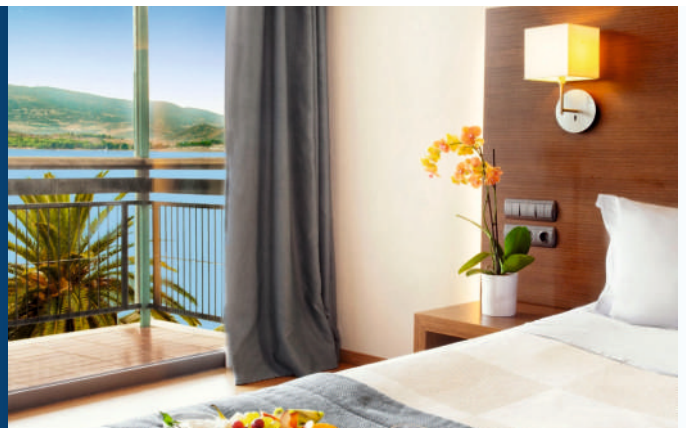


ACCOMMODATION

Demotel Xenia is a modern version of a navy style hotel, that will accommodate VIP guests, located at the beach side of Volos.

Rooms and suites of Demotel Xenia, guarantee a warm and comfortable stay.

DEMOTEL XENIA VOLOS



BOOKING & ENTRY FEE

- **Choice 1 (4 days):** Entry fee per participant is **350,00€**. The organizer will provide:
- Accommodation in four and three stars hotels with double or triple hotel rooms.
- Breakfast, lunch and dinner, starting with dinner on the **27th June** and ending with breakfast on the **01st July 2016**.
- Transfers from international Thessaloniki and Anchialos airport to hotel and return extra fee **25,00€**
- Transfers between the official hotel and the Swimming pool.

- Any Extra meal **10€**.
- Extra charges for single room ascend to **45. -- €** per day.
- Extra day charged at **85. -- €** per day, including full board and accommodation.
- Any requests or queries on the price of the hire of the pool outside championship dates should be sent directly to the organizing committee.

ATTENTION Deadline for the final hotel booking
on the 12th of April 2016.
Later registrations will not be accepted.

1. PAYMENT

Minimum 50% of total entry fee should be deposited at our bank no later than **12th April 2016** to guarantee the booking. After this date (12th April 2016) the participation fee will be increased by a further 10% of the total amount. The remaining payment should be made on arrival. The organizer will only accept cash or transfers (bank charges will be charged to the remitter).

Bank cheques and credit card will not be accepted!

BANK: NATIONAL BANK OF GREECE BRANCH No 080
ADDRESS: 38, STADIOU STR. - ATHENS GREECE (GRE)
ACCOUNT HOLDER: HELLENIC SWIMMING FEDERATION
ACCOUNT: 080/480572-05
IBAN: 0601100800000008048057205
SWIFT CODE: ETHNGRAA

2. SECRETARY AND COMPETITION FEE

Participants who choose to be accommodated in hotels other than the official will have to pay **250 Euros** per person for secretarial fees, competition, opening and closing gala ceremony. No local transfers will be provided.

3. VISA

If you require a visa, please contact the Greek embassy or consulate in your country at least forty (40) days prior to entry in Greece.

4. VARIOUS

Electrical current in Greece is 220V, 50Hz.

5. DEADLINE - CONDITION FOR ENTRY AND PARTICIPATION

- **no later than 28th March 2016**

(Annex 1) The preliminary declaration of participation and registration form should be sent to the CMAS and organizing committee.

- **no later than 12th April 2016**

(Annex 2) Final hotel booking form and entry fee should be sent to the organizing committee. Send also copy of "bank transfer".

- **no later than 25th May 2016**

(Annex 3) The competitor's list form should be sent to CMAS HQ and the organizing committee. (on line web site www.cmas.org).

The list of national records should be sent to CMAS HQ and the organizing committee. Sport record of swimmers should be sent to the organizing committee.

**For further information, please
contact us at the following address:**

Organizing Committee: Hellenic Swimming Federation
137, Syngrou Avenue, 171 21 Nea Smirni, Athens, Greece
PH: + 30 210-9851020 / FAX: + 30 210 9850964
e-mail: public_relations@coe.org.gr
yian.monte@gmail.com

ANNEX 1

INITIAL ENTRY FORM (Before 28th March 2016)

We will participate in the "INTERNATIONAL UNIVERSITY FINSWIMMING COMPETITION 2016" in Volos (GREECE).

Initial Entry Form:

Please complete this form and send to CMAS HQ, Organizing Committee and www.cmasoffice.org
e-mail: public_relations@koe.org.gr - yian.monte@gmail.com before 28th March 2016

Country:		
Federation:		
Total number of Competitions:	male:	female:
Total number of Officials	male:	female:
Total number of the Delegation:	male:	female:

Declaration Form:

Release from liability: I hereby declare that I exonerate of all liability however so arising, the CMAS, its affiliates, the event Organizing Committee and staff, the venue owners, sponsors, and any other persons that participate at the event, in respect to all and every action or claim about accidents that may occur.

- **Inscriptions will only be valid on the presentation, by each Federation, of the obligatory ACCIDENT INSURANCE COVERAGE POLICY for participants.**

Please check the CMAS Procedures for participation in CMAS Competition.

Date

(President Signature/ stamp)

(Full name in block letters)

ANNEX 2

HOTEL BOOKING FORM (Before 12th April 2016)

Please complete this form and send to CMAS HQ, Organizing Committee and www.cmasoffice.org
e-mail: public_relations@koe.org.gr - yan.monte@gmail.com before 12th April 2016

Country:		
Federation:		
Telephone:	Fax:	e-mail:

Please complete:

	Number of Rooms	Date	
		From	To
Single			
Double/Triple			
	Number of Rooms	Date	
		From	To
Single			
Double/Triple			

Extra Nights:

If you need extra nights, please fill in the following:

Please complete:

	Number of Rooms	Date	
		From	To
Single			
Double/Triple			
	Number of Rooms	Date	
		From	To
Single			
Double/Triple			

Method of Payment:

Please check (x) in one of the following:

ANNEX 3

COMPETITOR'S LIST FORM (Before 25th May 2016)

Country				
Federation				
Competitors	Men		Women	
Officials	Men		Women	

n.	NAME	First Name	Athlete, Trainer, Delegation Chief, Doctor, Judge, Other	Male	Female	Single room
1						
2						
3						
4						
5						
6						
7						
8						
9						
10						
11						
12						
13						
14						
15						
16						
17						
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26						
27						
28						
29						
30						

ARRIVAL:	Date:		Time:	
Airport:			Flight No.	
DEPARTURE:	Date:		Time:	
Airport:			Flight No.	

Date:

(President Signature/ stamp)

(Full name in block letters)

METHOD OF PAYMENT:

Please check (x) in one of the following:

A) Total amount by

Bank Transfer

Date Transfer

See the attached document

B) 50% of total Amount and balance at the arrival

Bank Transfer

Date Transfer

Cash on Arrival

BANK: NATIONAL BANK OF GREECE

IBAN: Gr42 01 10 0800 0000 0804 8100 401

SWIFT CODE: ETHNGRAA
