



WORLD CUP SPORT DIVING

5-6 MARCH 2016

TALLINN, ESTONIA

1. GENERAL INFORMATION

The competition will take place in Tallinn (Estonia) between 5rd of March (Friday) and 6th of March (Saturday), 2016



2. COMPETITION POOL

The Tallinn sport TOP SPA UJULA is situated in the of Tallinn Pirita Spa Hotelli str. Purje 9
The swimming pool is 25 meters long, has 6 lanes, average water temp. is $27^{\circ}\text{C} \pm 1^{\circ}\text{C}$, depth of swimming pool is 2 meters.

3. ORGANIZING COMMITTEE

The competition is organized by CMAS together with the Estonia underwater sport federation, SK Akvalang.

For further information, do not hesitate to contact us at the following address:

Estonia e-mail: akvalang.eu@gmail.com or natalja.kutsok@gmail.com

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4. Individual events Senior and Junior (A and B group)

1. Trial M 200 metres
3. Emersion 6 Kg

Team events

1. 50 m octopus
2. Reley : 4x50 meters

5.EQUIPMENT, MATERIALS AND UNIFORMITY

The equipment and materials to enter the Scuba Diving in Swimming Pool competition are the following:

- Slip-type swimming trunks for men and complete swimming costume for women.
- Scuba diving face masks.
- Snorkel.
- Diving adjustable or non adjustable fins (if it is required).
- Diving ballast (if it is required) .
- Neoprene or isothermal suit (if it is required).
- Neoprene socks(if it is required) .
- Stabilizing jackets.
- Regulator.Octopus.
- Water proof manometer.
- Scuba tank with a volume between 10 and 18 litres (7l fo Junior groups). DIN and YOKO

Rent of scuba tank of 12-15 liters of 5 euros.

6. Competitors must possess the following documents and papers:

- Valid passport
- Valid CMAS license
- Valid medical certificate Annex 1
- OPEN WATER DIVER * or Pool Diver

7. COMPETITION SCHEDULE

5th March

- Arrival before
- Equipment inspection
- Team leader meeting
- **Excursion to the Old City with the guide**

6th March:

- Opening ceremony
- Trial M 200 metres
- Emersion 6 Kg
- 50 metres octopus
- Reley : 4x50
- Award and closing ceremony Gala dinner

8. INTERNATIONAL JURY

International Chief Judge: According to CMAS rules.

9. CLASSIFICATION AND AWARDS

Individual prizes: medals will be given to the first three classified athletes in every individual category A (men and women) and B (boy and girl). 1st place winners will receive championship cups as well.

10. PROTEST

According to CMAS rules.

9. BOOKING AND ENTRY FEE

Starting fee for competitors is 50€ per competitor.

Gala dinner 5 euro

PIRITA SPA HOTELL

Address Tallinn Purje 9, Pirita 11911

Option :

Room and breakfast

Single room - 36eu/room/breakfast

Twin room - 36 eu/room

3bed room -48 eu/room

4 bed room -60eu/room

5 bed room -75eu/room

6 bed room -90eu/room

Deadline for hotel reservation is 12 of FEBRUAR, 2016.

Later registrations will not be

