







World CUP AQUATHLON 29-31 January 2016 Paldiski, Estonia

1. GENERAL INFORMATION

The competition will take place in Paldiski (Estonia) between 29rd of January (Friday) and 31th of January (Saturday), 2016



2. COMPETITION POOL

The Paldiski sport centr is situated in the center of Paldiski Pakri str.7

The swimming pool is 25 meters long, has 6 lanes, average water temp. is $27^{\circ}\text{C} \pm 1^{\circ}\text{C}$, depth of swimming pool is 3.8 meters.

3. ORGANIZING COMMITTE

The competition is organized by CMAS together with the Estonia underwater sport federation, Paldiski municipality, SK Dvigatel.

For further information, do not hesitate to contact us at the following address:

Estonia e-mail: sk.aquastar@gmail.com or arsenalfins@gmail.com

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4. CATEGORIES AND WEIGHTS (MEN AND WOMEN)

Age category	Group			
Juniors under 12 years	girls			
	boys			
Juniors under 14	girls			
	boys			
Juniors under 16 years	girls			
	boys			
Juniors under 18 years	girls	Under 50 kg	50 kg and above	
	boys	Under 60 kg	60 kg and above	
Juniors under 21 years	girls	Under 60 kg	60 kg and above	
	boys	Under 70 kg	70 kg and above	
	female	Under 70 kg	70 kg and above	
Adults	male	Under 80 kg	80 kg and above	

5. Competitors must possess the following documents and papers:

Valid passport

- Valid CMAS license
- Valid medical certificate
- Valid health insurance

6. COMPETITION SCHEDULE

29rd January:

- Arrival before
- Competitor weighing and division into categories
- Training fee 10€ per person

30th January:

- Opening ceremony
- Qualification matches

31th January:

- Final matches
- Award and closing ceremony 1
- Gala dinner 18:00

7. INTERNATIONAL JURY

International Chief Judge: According to CMAS rules.

8. CLASSIFICATION AND AWARDS

Individual prizes: medals will be given to the first three classified athletes in every individual category (men and women). 1st place winners will receive cups as well.

9.PROTEST

According to CMAS rules.

10. BOOKING AND ENTRY FEE

You will have 2 options for accommodation.

Option 1:

Accommodation in hotel: single, double or triple bedrooms + breakfast included.
 Price for one bed - 20 euro per day

Option 2:

- Accommodation in hostel with 6, 8 or 10 beds in one room + kitchen included. Price for one bed is 15 euro per day.

- Transfer: From Tallinn Airport to > Paldiski > Tallinn airport. (50€ per person)

Deadline for hotel reservation is 19th of December, 2016.

Later registrations will not be accepted.

Starting fee for competitors is 50€ per competitor.