

# 8<sup>th</sup> World Championship Apnea Indoor CMAS SCHEDULE

CMAS  
Confédération Mondiale  
des Activités Subaquatiques

8<sup>ème</sup> CHAMPIONNAT  
DU MONDE  
APNÉE INDOOR CMAS

FFESSM

France MULHOUSE 2015

Samedi 25 au  
vendredi 31 juillet 2015

ENTRÉE GRATUITE  
Piscine olympique  
de l'Ilberg

8<sup>th</sup> WORLD CHAMPIONSHIP APNEA INDOOR CMAS - Fra - MULHOUSE 2015

Programme détaillé sur : <http://worldapneachampionship2015.fr>

Logos on the left: République Française, MINISTÈRE DE LA VILLE, DE LA JEUNESSE ET DES SPORTS, Mulhouse, MULHOUSE ALSACE AGGLOMÉRATION, Région Alsace, Conseil départemental Haut-Rhin.

Logos on the right: BEUCHAT, SUBAQUA, Cabinet LAFONT, HESINGUE Carrelage, l'imageverte, WELEDA, win even, alsace.

Marseille, July 06<sup>th</sup>, 2015

## Welcome from the President of the French Underwater Sports Federation

The CMAS World Free Diving Championship, to be held in Mulhouse, France, from 25 to 31 July will be a great sporting event.

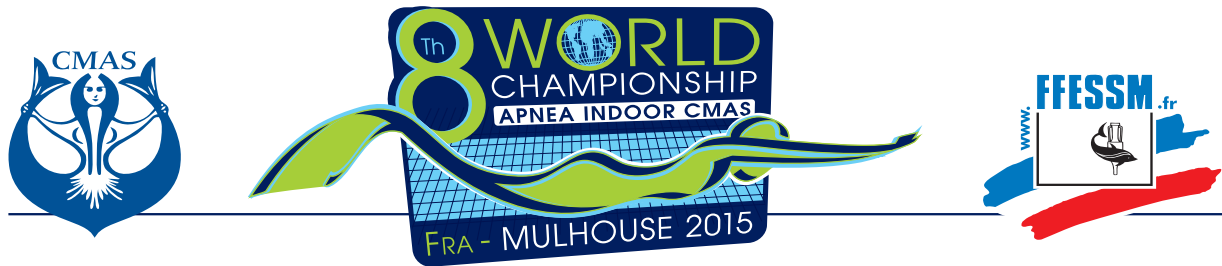
It is the first time that the City of Mulhouse has played host to such a major underwater sporting event.

Our team draws on its great experience of having organised championships in the past. We are happy and confident that we will welcome all of the participants under optimal conditions that will allow them to contribute fully to the success of this great event.

Now is the time for achievement, for sport and fun.

Welcome to France!

Jean-Louis Blanchard  
President of the French Underwater Sports Federation



## Competition – General information

The competition shall be held in accordance with CMAS rules and regulations and in compliance with set safety procedures.

### **Participating countries :**

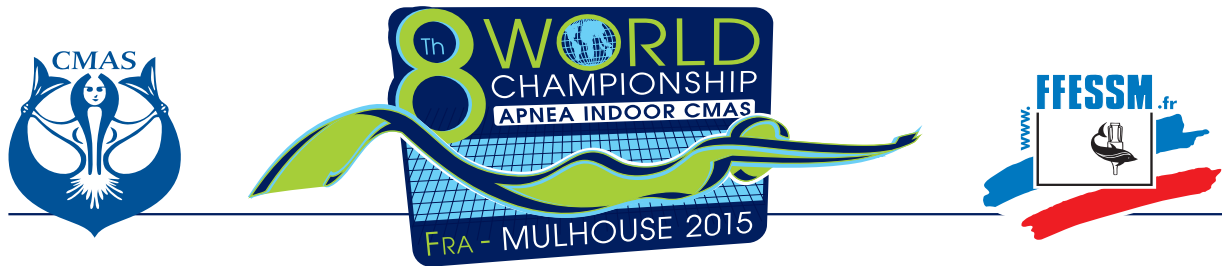
- |                   |              |
|-------------------|--------------|
| 1. Algeria        | 9. Venezuela |
| 2. Argentina      | 10. Italia   |
| 3. Belgium        | 11. Mexico   |
| 4. Czech Republic | 12. Morocco  |
| 5. Croatia        | 13. Russia   |
| 6. Ecuador        | 14. Serbia   |
| 7. France         | 15. Spain    |
| 8. Germany        | 16. Turkey   |

The opening ceremony will be held on **Saturday 25th July** at 17:00 at the Mulhouse Sport Center.

The closing ceremony will be held on **Thursday 30th July** at 17:00 at the Mulhouse Sport Center.

### **Swimming pool events :**

The competition will be held at the Illberg Aquatic Center in Mulhouse at 51 Bd. Stoessel.



## **Apnea Indoor WC 2015 – PROGRAMM**

### **Mulhouse – France**

#### **Friday 24th July**

At the Mulhouse Sport Center :

From 14h : Arrival and check-in of National Teams - Checking of documents (license, medical certificates, national flag, national anthem...) and issue of badges

20h30 : technical meeting

#### **Saturday 25th July**

Morning ( 9h– 12h30 ): Illberg Olympic Center

**1** – Organisation : Judges formation and the volunteers in the CMAS rules – competition briefing

**2** – Athletes : Official training session

9h at 10h45 : Spain, Italy, Mexico, Germany, Croatia, Russia, Venezuela and Belgium.

10h45 at 12h30 : Argentina, France, Algeria, Morocco, Turkey, Czech Republic, Ecuador, Serbia.

14h30 : technical meeting at the Mulhouse Sport Center

17h : Opening Ceremony at the Mulhouse Sport Center

20h : technical meeting at the Mulhouse Sport Center

#### **Sunday 26th July**

9h : Warm Up

9h30 : Top ( 2 lanes )

DNF Qualifications

15h30 – 17h30 : Official training session

18h : technical meeting



## **Monday 27th July**

9h : Warm Up

9h30 : Top

DNF Final

15h30 – 17h30 : Official training session

18h : Prize-giving at the Mulhouse Sport Center

20h00 : technical meeting

## **Tuesday 28th July**

9h : Warm Up

9h30 : Top ( 4 lanes )

STATIC competition M/F

11h30

SPEED competition M/F (6 lanes)

15h30 – 17h30 : Official training session

18h : Prize-giving at the Mulhouse Sport Center

18h30 : technical meeting

## **Wednesday 29th July**

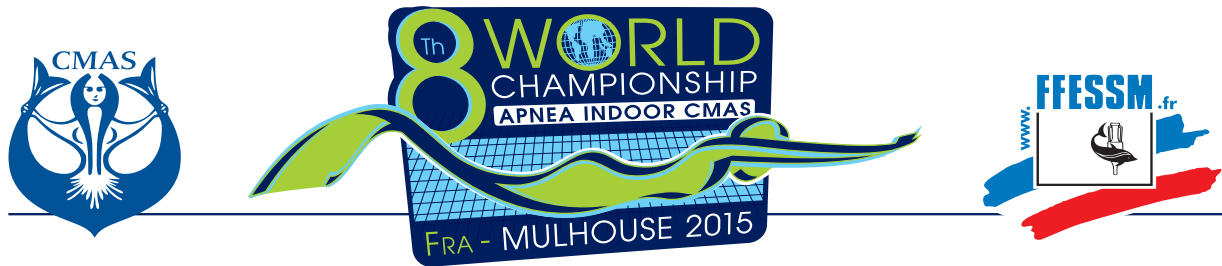
9h : Warm Up

9h30 : Top ( 2 lanes )

DYN Qualifications

15h30 – 17h30 : Official training session

18h : technical meeting



## Thursday 30th July

9h : Warm Up

9h30 : Top

DYN Final

11h : 16X50 m – demonstration (6 lanes)

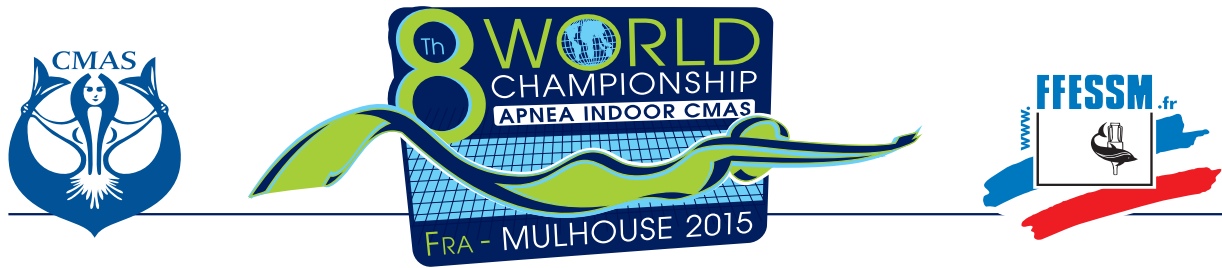
16h : Prize-giving

17h Closing ceremony

19h30 : final party ( 19h : bus departure)

**Friday 31 July** Departure from Mulhouse

**N.B. The organisers reserve the right to alter the chronological order of competitions for technical and organisational reasons.**



## **Presentation**

### **Mulhouse :**

The City of Mulhouse counts 113,000 residents and extends over 2,240 hectares. Nestled in the plains of Alsace, Mulhouse is a hub due to its location at the border of three countries : France, Germany and Switzerland.

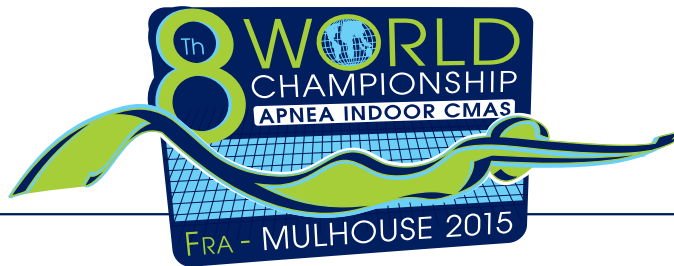
The greater urban area of Mulhouse is home to 267,759 residents, which is more than one-third of the population of Haut-Rhin and is the 20<sup>th</sup> largest urban community in France.

### **The Illberg Swimming Pool :**

The covered swimming pool is an ideal facility for sport swimmers. The aquatic center features an Olympic-sized pool of 50x21 metres, a training pool of 15x12.5 metres and a handicapped-accessible Jacuzzi.

### **Competition site – The Pool :**

The Illberg Aquatic Center is comprised of two indoor swimming pools (50 metres and 12 metres long) and two outdoor swimming pools (50 metres). The Eighth Annual CMAS World Indoor Freediving Championship will take place in the Illberg Olympic-sized indoor swimming pool for dynamic disciplines (DYN, DNF and speed) and in the smaller indoor pool for static activities. All of the captain's meetings and briefings will be held in the Sports Center, located just a 5-minute walk from the swimming pools.



## Staff



### **Bernard SCHITTLY**

*President of the Committee inter regional East of the FFESSM, Doctor*

3 stars Instructor, his hobby is technical diving and rebreather. Course director, he is very active in the federal training. President and founder of the diving association Alsace Nautile Club and co-creator of the « Gravière du Fort » with Michel Lambinet, he manages the FFESSM East Section since 2013. He is also a doctor, specialized in sport medicine, diving medicine, teacher and expert in decompression.



### **Olivia FRICKER**

*French Apnea Commission President*

Passionated about apnea, she loves above all to share this passion. Apnea Instructor in «Touring Plongée Mulhouse», she has participated and organized numbers of competitions for ten years.

She entered the french apnea commission in 2007 and deals at the time with communication. In 2010, she takes the head of the national apnea commission. CMAS International Judge, Judge Instructor, she is also captain of the French team since 2011.



### **Arnaud PONCHE**

*Technical manager*

Assistant professor in the field of biomaterials chemistry at the University of Haute Alsace and CNRS, Arnaud is Apnea Instructor in the Touring Plongée Mulhouse, CMAS International Judge (Main Judge in the 2011 World Championship), Judge Instructor. He is member of the French Apnea Commission since 2008 and CMAS apnea commission since 2011. Organizer and safety assistants in many competitions for more than 10 years, he has created 8 years ago national courses to teach physical, technical and pool apnea training. He has joined the national team staff in 2011 as technical manager.



### **Michel LAMBINET**

*President of the League of Alsace*

Show Technician, Course director, webmaster, judge and apnea monitor, Michel is the man for all events. Since 2005, he organizes apnea championships for the french apnea commission. He created and chairs the alsace league diving in 2013. His passion is the smooth running of all events for the participants, as at the dive base «Gravière du Fort» since 2010 with Bernard Schittly.



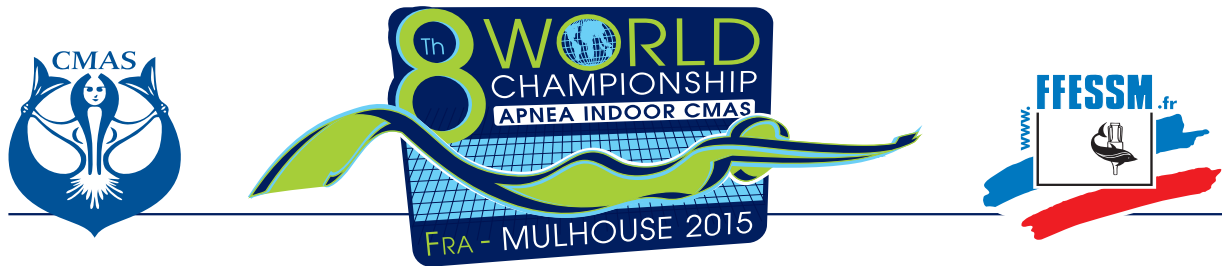
### **Richard THOMAS**

*National technical director*

As a state agent, the National technical director contributes to the definition of the federal sport policy, ensures its implementation and works on its evaluation in compliance with the Ministry of

Sports guidelines. He coaches the French teams of the Federation different sport disciplines.





For any additional information do not hesitate to contact FFESSM :

[ffesmchampionship@ffesm.fr](mailto:ffesmchampionship@ffesm.fr)

Organisation/Reception : Mikael DOURET [mikael\\_douret@yahoo.fr](mailto:mikael_douret@yahoo.fr)

The Sports Center :

**Centre Sportif Régional d'Alsace :**

Mulhouse - 5, rue des frères lumières

Tel. : 03 89 33 99 40

Accès : tram 2 ou bus 51 – Station Université – Vélocité station 32

**Time of meals :**

Breakfast : 7h00 - 8h30

Lunch : 12h - 14h

Dinner : 19h à 20h30

***WELCOME TO MULHOUSE***