



PYRAMIDS - CAIRO



CITADEL OF QAITBAY - ALEXANDRIA

CMAS FINSWIMMING WORLD CUP GOLDEN FINAL

POOL - OPEN WATER

**EGYPT (CAIRO - ALEXANDRIA)
07 - 12 OCTOBER 2015**



Particular Regulation

Denomination:

The Egyptian Diving and Lifesaving Federation (EDLF) with the CMAS Authorization organize the golden final of CMAS Finswimming World Cup 2015 (Pool – Open Water) from 07 – 12 Oct. 2015.

Participation Rules and Races:

The competition is ruled by CMAS Finswimming International Rules, and CMAS Finswimming World Cup Rules, and by these Particular Rules that every athlete know and to agree to follow:

Categories:

Senior (Cat. A) M/F

Junior (Cat. B, C, D) B/G

Program:

	Day 1		Day 2
1 st Session	50 AP (except Cat D) 800 SF	3 rd Session	100 BF 100 FS 400 FS
2 nd Session	50 BF 200 FS 100 IM	4 th Session	50 FS 200 BF 4 x 100 FS

- All team members of National Federations should be affiliated to CMAS.
- Clubs need to send agreements from their national federations affiliated to the Finswimming Commission of the Sports Committee.
- All athletes must be in the possession of "CMAS licenses".
- Each competitor can take part in a maximum of three (3) individual races and (1) relay.
- Each team can enroll a maximum of two (2) swimmers into each individual race.
- In the CMAS Finswimming World Cup Meetings, only National Federations' teams and clubs can participate.
- Each competitor can participate on behalf of only one (1) club during the year

Competition Field:

The competition will take place in the "Shooting Club Swimming Pool in Cairo City, and Montazah Gulf (Open water)" in Alexandria City. The swimming pool has a length of 50 m., a width of 10 lanes, depth of 2 m, electronic scoreboard and about 1000 spectators' seats. The temperature of water is 26 °C.



Final Enrolment:

- The only valid application form that must be filled in is supplied as attachment to this set of rules.
- The final enrolment must be completed on the attached entry form and must be received before 1st September 2015 at the following e-mail address uwf@access.com.eg – edlf_eg@yahoo.com
- The inscription fee for World Cup : 25 EURO per club and 15 EURO per athlete
- Relays must be declared with time on the enrolment forms well (even without competitor's names)

Preliminary Procedures:

All sport documents of the swimmers will be checked on Wednesday, 07th October 2015 at 15:00 at the swimming pool or hotels.

Classifications:

The classifications will be based on the times registered by the timekeepers; the results will be compiled according to CMAS score. For all distance races no final are provided.

Prizes:

Round Classification

Individual Prizes: Medals will be given to the first three classified athletes in every individual race and in every relay.

Teams Prizes: Each club will be given prizes.

Cups will be given to the best swimmer male / female in Cat. A / B-C-D. (*Only one price for the three categories B-C-D*).

Award ceremonies will take place during the competition, so athletes involved should be at the full disposal of the organizing staff at the right time. During the ceremony athletes involved must wear official uniforms of their team.

General classification of 10th World Cup (CMAS Awards)

Individual: Gold, silver and bronze medals for the best men, women, boys and girls (swimming pool and open water).

Club: A Cup for the club who win the General World Cup Classification (swimming pool and open water).

Anti-dopping:

WADA – World Antidoping Code

CMAS – Antidopping Rules

All athletes accept these rules as a pre-condition of their participation



Responsibility:

The Egyptian Diving and Lifesaving Federation, CMAS, the Competition Director, Competition Officers and the Chief Judge are not responsible for accidents or damage caused to people and objects before, during or after the competition. The organizer shall ensure the presence of medical assistance.

National Flag:

Each team is supposed to bring one national flag with an approximate size of 2 m x 1 m.

Special Notes:

- The present program could be modified based on for organizational causes.
- Participating teams will get all information about the changes on time.
- Swimmers must be available for the Start Judge with their complete equipment at least 10 minutes before the race starts.
- The organizer reserves the right to accept and insert an athlete or a relay at any time at their discretion, in or outside the official classification, on the specific request of a participating club.
- Any other rule concerning the competition can be found in the CMAS Finswimming Rules.

Accommodation:

- Organizers offer accommodation possibility during the competition deadline of enrollment 20th September 2015
- The official accommodation (Pool) starts from the lunch of Wednesday 7th October 2015 till the breakfast of Saturday 10th October 2015.
 - 200 EURO / person in double or triple rooms.
 - 300 EURO / person in single rooms.
- The official accommodation (Open Water) starts from the lunch of Saturday 10th October 2015 till breakfast of Monday 12th October 2015.
 - 120 EURO per person in double or triple rooms.
 - 180 EURO / person in single rooms.
- For any extra days, please contact with Organizing Committee.

Cost will include full board accommodation, local transportation, transfer Airport-Hotel-Airport, training, opening and closing ceremony.

Payment Conditions:

- Teams who do not accept the accommodation offered by the Organizing Committee are supposed to pay 50 EURO / person as organizing fees.

Payment should be made by direct bank transfer:

Name of the Bank: : Banque Misr
Saving Department : 17, Gawad Hosni Street, Cairo, Egypt
Swift Code : B M I S E G C X 1 O 1
Name : Egyptian Diving and Lifesaving Federation
Account # : 1011 300000 2322

Enrolment will only be accepted when accompanied by bank transfer receipt.



Golden Final

CMAS Finswimming World Cup

7th – 12th October 2015

Wednesday 7th October 2015:

- 12:00 Arrival of Teams - Checking of Documents - Payment of Participating Fee and Accommodation Fee.
- 15:00 Checking of Equipment (Fin, Snorkel)
- 17:00 – 19:00 Training Possibility



POOL PROGRAM

Thursday Morning 8th October 2015:

- 08:00 – 08:45 Warming Up
- 09:00 50 m ap M/F "A" Cat.
- 50 m ap B/G "B-C " Cat. (cat "D" not authorized)
- 800 m sf M/F "A" Cat.
- 800 m sf B/G "B-C-D" Cat.

Prize Giving



Thursday Afternoon 8th October 2015:

- 15:00 – 15:45 Warming Up
- 16:00 Opening Ceremony
- 16:30 200 m sf M/F "A" Cat.
- 200 m. sf B/G "B-C-D" Cat.
- 50 m bf M/F "A" Cat.
- 50 m bf B/G "B-C-D" Cat.
- 100 m im M/F "A" Cat.
- 100 m im B/G "B-C-D" Cat.

Prize Giving





Friday Morning 9th October 2015:

08:00 – 08:45	Warming Up	
09:00	100 m sf	M/F "A" Cat.
	100 m sf	B/G "B-C-D" Cat.
	100 m bf	M/F "A" Cat.
	100 m bf	B/G "B-C-D" Cat.
	400 m sf	M/F "A" Cat.
	400 m sf	B/G "B-C-D" Cat.

Prize Giving

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Friday Afternoon 9th October 2015:

15:00 – 15:45	Warming Up	
16:00	50 m sf	M/F "A" Cat.
	50 m sf	B/G "B-C-D" Cat.
	200 m bf	M/F "A" Cat.
	200 m bf	B/G "B-C-D" Cat.
	4 x 100 m relay	M/F "A" Cat.
	4 x 100 m relay	B/G "B-C-D" Cat.

Prize Giving

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Saturday 10th October 2015:

- CMAS Board of Directors Meeting
- Transportation from Cairo to Alexandria and Free Day For All Teams Who Are Going to Participate in CMAS Open Water Golden Final World Cup

OPEN WATER PROGRAM

Sunday 11th October 2015:

09:00 – 09:15	Warming Up	
90:30 – 11:00	4 km	F Cat. "A" And Girls Cat. "B-C-D"
11:00 – 12:30	4 km	M Cat. "A" And Boys Cat. "B-C-D"

Prize Giving

18:00 **Closing Ceremony - Gala Dinner Party**

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Monday 12th October 2015:

12:00 Departure



**For Further Information, Please Contact:
Egyptian Diving and Lifesaving Federation**

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Website: WWW.EDLF-EG.COM

Looking Forward to Seeing You in Egypt

***Yours Sincerely
EDLF President***

Sameh El-Shazly