

TECHNICAL INFORMATION



FINSWIMMING



PESCARA 2015

Giochi del Mediterraneo sulla Spiaggia

Jeux Méditerranéens de Plage

Mediterranean Beach Games

ألعاب البحر الأبيض المتوسط الشاطئية





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1. INTERNATIONAL FEDERATION

WORLD UNDERWATER FEDERATION (CMAS)

Viale Tiziano, 74
00196 Rome
Italy
Phone: 0039 06 3211 0594 / 3
Fax: 0039 06 3211 0595

Website: <http://www.cmas.org>

E-mail: cmas@cmas.org

President: Mrs Anna ARZHANOVA

Secretary General: Mr Hassen BACCHOUCHE

U.F.M.A.S

Union of Federations of Mediterranean Diving center

President: Mr. Abdelkrim BOUJEMAA

Address: Piscine Olympique EL MENZEH, Tunis, Tunisie

Mail: bouja@planet.tn

Phone: 0021623967487

Secretary General: Mr. Mohamed BOUKHEDDAR

ufmas@hotmail.org

[Phone: 00213555903036](tel:00213555903036)

2. NATIONAL FEDERATION

ITALIAN FEDERATION OF SPORT FISHING AND DIVING (FIPSAS)

V.le Tiziano, 70

00196 ROME

Phone: +39 06 87980086

Website: portale.fipsas.it

E-mail: fipsa@fipsa.it

President: Mr. Ugo Claudio MATTEOLI

Secretary General: Mr. Pasqualino ZUCCARELLO

Representative of Italian Federation in Committee of the Mediterranean Games Pescara 2015:

3. MANAGEMENT OF FIN SWIMMING COMPETITIONS

3.1. CMAS Technical Delegate.

Mr. Carlo ALLEGRINI

carlo.allegrini@fipsas.it



3.2. Staff of the Organizing Committee of the Mediterranean Beach Games Pescara 2015 (OCMBG 2015).

The staff organization for this sport is made up of a Referee and a Manager of the Race Path who will take the task and the necessary responsibilities for the proper conduct of the competition with the cooperation of competition managers of the unit support.

Competition Director: Mr. Stefano Manzi
 E-mail: Stefano.manzi@fipsas.it

4. COMPETITIONS, DATES AND VENUES

4.1. Competitions

The Finswimming competitions of the 1st edition of the Mediterranean Beach Games will include the following events:

MEN	WOMEN
50 m AP	50 m AP
50 m BF	50 m BF
100 m SF	100 m SF
100 m BF	100 m BF
200 m SF	200 m SF
200 m BF	200 m BF
400 m SF	400 m SF
4x100 m SF	4x50 m SF
4x50 m BF	4x50 m BF

OPEN WATER

Individual: 4 Km SF	M/F
2 Km BF	M/F
Relay: 4x 2 km Mixed	

4.2. Dates and Venues

Finswimming races will be held from **1 to 3 September 2015** in Pescara.

Open Water Finswimming will be held in Stadio del Mare and the Fast races at the Park Le Naiadi

5. CONDITIONS UNDER WHICH COMPETITION WILL BE HELD AND CONFIRMATION

The races of Finswimming for each race will take place if at least eight (8) nations for men's event and six (6) nations for women's event have registered by the deadline set for numeric registration.

Considering the minimum number of participants, the President of the Technical Commission of the International Committee of the Mediterranean Games (ICMG), assisted by one or two (2) other members from the same Commission, appointed by the President of the ICMG and in the presence



of the Sports Director of the OCMBG 2015 will decide the interruption of the numerical registration.

Depending on the numerical registrations submitted by **30 April 2015** (h.24.00 Italian time), the abovementioned Commission will decide on the actual carrying out of the race, or on the possible cancellation of one or more categories of weight, by **06 May 2015**.

Then immediately the OCMBG 2015 will notify the National Olympic Committees (NOCs) involved, via fax or e-mail about the possible cancellation of one or more events.

Once confirmed, the events will be held and medals will be awarded, regardless of the actual number of participants.

6. COMPETITION RULES

Finswimming competitions will be held in accordance with the CMAS rules in force as of **1st January 2015**, special dispensations by the ICMG excepted.

Any case not covered by the aforesaid rules will be decided as follows:

- General cases will be settled according to ICMG rules;
- Technical questions will be decided according to CMAS rules.

7. COMPETITION VENUES AND EQUIPMENT

The Finswimming competitions of the 1st edition of the Mediterranean Beach Games will be held:

Fast Race: "Le Naiadi Park" Pool, which is 3 km (7 min) away from the Athletes' Village

Open Water: at the Stadio del Mare in Pescara which is 6.5 km (11 minutes) away from the Athletes' Village.

7.1. Warm-up Area

Athletes will be able to warm-up in a designated area adjacent to the competition.

7.2. Equipment

All sports and technical equipment used for Open Water Swimming competitions and the training will comply with technical regulations as defined by CMAS and FIPSAS and in force as of **1st January 2015**, special dispensations by the ICMG excepted.

7.3. Changing rooms

Private changing rooms will be provided for the Athletes with facilities including showers, baths and massage beds.

7.4. Athletes lounge

The Athletes lounge, located near the playing field, is for Athletes only; during competition sessions, access will be allowed only by showing the accreditation pass. In this lounge, equipped with treated air, competing Athletes will be provided with refreshments including cold beverages, water and fruits. A sport information desk will also provide information on competition.

7.5. Mixed Zone and Press Conference Room

Accredited media will be allowed to conduct short interviews with the Athletes in the Mixed Zone immediately after competitions.

Athletes must go through this area to get out of the arrival area and they are requested to cooperate and to answer questions from the Press.



Upon request by accreditation media, the person in charge of the Press of the OCMBG 2015 will escort the Athletes or their Coaches to the Press Conference Room in order to answer questions from the reporters.

8. TRAINING

8.1. Training Venues

According to the number of registered athletes a space will be available for the training in the sea. The training venues will be available from **August 30th, 2015** in accordance with the training program provided by the OCMBG 2015.

The training area will have separate changing rooms for men and women, all equipped with showers.

8.2. Procedures for the scheduling of training sessions

The Competition Direction will assign training sessions, according to the number of participants for each country by following a turnover criterion.

Teams will receive more information on the training sessions at the Information Center of the Athletes' Village and the Technical Office of Finswimming.

9. TECHNICAL ORGANIZATION

The FIPSAS supervised by the CMAS Technical Delegate, is responsible for the technical organization and management of the Finswimming competitions of the 1st edition of the Mediterranean Beach Games 2015 in Pescara.

9.1. Special Provisions for the holding of Competitions

Each Athlete must have a CMAS license valid for the year 2015.

Any dispute occurring before or during the competition will be resolved by the Competition Direction in accordance with the ICMG and the CMAS rules in force on 1st January 2015, special dispensations by the ICGM excepted.

9.2. Competitions System

The competition system will be conform to the CMAS rules

10. ELIGIBILITY

All NOCs of the ICMG member countries whose Federations are also CMAS members can take part in the Finswimming competition of the 1st Edition of the Mediterranean Beach Games 2015 in Pescara.

Athletes must be nationals of the country they represent sport and must comply with and follow ICMG and CMAS conditions and rules.

Each country is eligible to take part in the competition with two (2) Athletes for each event race.

Each country may register maximum six (6) athletes for men and six (6) athletes for women.

11. ENTRIES

The entries system of the Delegation is linked to the General Accreditation System.

The OCMBG 2015 registration system is based upon a document downloadable from the website: www.pescara2015.it



Each Delegation will receive a code and a password to access the document available in three languages: Italian, French and English.

The document for online accreditation allows the registration of sports entries which must also be faxed or e-mailed to the OCMBG 2015 before the deadlines hereafter indicated.

11.1. Preliminary Entries by Number

The Preliminary Entries by Number form issued by the NOC of each participating country must be submitted to the OCMBG 2015 by: **30th March 2015** (24:00 CET).

11.2. Entries by Number

The Entries by Number form issued by the NOC of each participating country must be submitted to the OCMBG 2015 by: **30th April 2015** (24:00 CET).

11.3. Entries by Name (Long List)

The Entries by Name (Long List) must be entered into the system by the NOC of each participating country and must be submitted to the OCMBG 2015 by: **30th June 2015** (24:00 CET)

11.4. Final Entries by Name (Short List)

The final nominative list of participating Athletes issued by the NOC of each participating country must be submitted to the OCMBG 2015 by: **30th July 2015** (24:00 CET).

11.5. Entries Confirmation

Confirmation of registration of the participant Athletes will be announced at the Information Technology Center at the competition venue or to 'Sport Information Point' at the Athletes' Village before the technical meeting.

The Team Leader of each Country will be duly sent the specific forms for registration confirmation.

12. TECHNICAL MEETING

The Technical Meeting will be held on **31th August 2015** at the Athletes' Village.

The time fixed for the Meeting will be announced at a later date.

The Meeting will be organized following CMAS rules and under the supervision of the CMAS Technical Delegate.

The meeting will be attended by:

- CMAS Technical Delegate;
- Team Leader (one per country)
- Trainers (one per country)
- OCMBG 2015 Director of Finswimming competition.

A member of the ICMG Technical Commission will attend the meeting.

13. MEDICAL SERVICES

Medical Services will be available in the Athletes' Village and at the Training and Competition venues for all Accredited.

a. Athletes' Village

The Athletes' Village clinic will provide assistance to residents with the following medical services:

- Sports medicine;
- Physiotherapy;



- First aid;
- 24-hour emergency service;
- Ambulance Service.

A Medical Guide will be published with a detailed list of medical services that will be given to the Mediterranean Family during the Games.

b. Training and Competition venues

Service of sports medicine and physiotherapy will be provided to athletes and support staff at the training and competition venues.

An ambulance service to designated hospitals will be also organized.

During training sessions a medical assistance team will be available for potential accidents occurring.

c. Direct assistance to the competition

During the competitions there will be 2 boats / speed boats for health care.

13.1. Anti-Doping Tests

Anti-doping test will be conducted during, and sometimes prior to, the competition, under the responsibility of the Medical Committee of the ICMG in collaboration with the Anti-Doping Commission of the OCMBG 2015 and in accordance with ICMG and CMAS rules.

All Athletes selected for anti-doping tests will receive written notification.

The procedure for collecting of samples to be analyzed in accordance with set rules and the time limits will then start.

Any athlete who refuses to undergo anti-doping control or who tests positive will be excluded from the competition and will be sanctioned along with his team according to the ICMG and CMAS rules.

14. JURY AND JUDGES

14.1. Judges and Referees

For Finswimming competitions will be appointed International Referees and Judges of E and I category.

To ensure the best performance of the event, the OCMBG 2015 will appoint two (2) Referees, representatives of non-Mediterranean countries, designated by the CMAS Commission of Arbitration. The Referee's name of the participating countries shall be indicated on the model of numerical entries.

The FIPSAS, supervised by the CMAS Technical Delegate, will ensure the organization of the tests in program and the announcement of the relevant results.

15. COMPLAINTS AND APPEALS

In accordance with the technical regulations of events of each sport scheduled in the 1st edition of Mediterranean Beach Games, an International Appeals Committees will be created. They will be responsible for the scrutiny of official complaints lodged, as well as of appeals.

If the Technical Delegate is not the President of the Appeals Committee, the International Federation will decide, through the Technical Delegate, the name of the President of the Jury of Appeal appropriately named.

In general, special dispensation by the International Federation excepted, the Appeals Committee shall be composed of:



- One (1) President;
- Two (2) members selected among six (6) qualified people chosen from the representatives list of participating countries.

This list will be communicated by the CMAS Technical Delegate during the Technical Meeting.

In the event of a complaint, the members of the Committee cannot be of the same nationality as the person lodging the complaint itself.

Complaints and appeals will be examined according to CMAS international regulations.

16. SPORTS UNIFORMS

Athletes taking part in the competitions of Finswimming in the 1st Edition of the Mediterranean Beach Games must wear uniforms which correspond to the standards provided by CMAS.

No advertising logos may appear on the uniforms, accessories or, generally, on any clothing or equipment worn or used by Athletes, with the exception of producer labels of the clothing and equipment, under the condition that the latter are not displayed for advertising purposes, in accordance with ICMG and CMAS rules.

The awards ceremony is subject to the same rules for the advertising aspects of the athletes' uniform.

17. AWARDS

Award ceremonies will be held at the end of each competition.

Medals and diplomas

In accordance with the ICMG rules the following prizes will be awarded:

- **First Prize**
 - Gold medal and diploma for each winner of each category and for the components of the relay;
- **Second Prize**
 - Silver medal and diploma for each winner of each category and for the components of the relay;
- **Third Prize**
 - Bronze medal and diploma for each winner of each category and for the components of the relay;
- **From the 4th to the 8th place**
 - A diploma for each Athlete;

18. CALENDAR

1st September 2015:

08:15	Warm-up	
09:30	50m AP	Women (heats)
	50m BF	Women (heats)



	100m SF	Men (heats)
	100m BF	Men (heats)
	200m SF	Women (heats)
	200m BF	Women (heats)
	400m SF	Men (heats)
	4x100m SF	Women
	4x50m BF	Men
15:45-16:45	Warm-up	
17:00	50m AP	Women(Finals)
	50m BF	Women(Finals)
	100m SF	Men (Finals)
	100m BF	Men (Finals)
	200m SF	Women(Finals)
	200m BF	Women(Finals)
	400m SF	Men (Finals)
	4x100m SF	Women(Finals)
	4x50m BF	Men (Finals)

2st September 2015

08:15	Warm-up	
09:30	50m AP	Men (heats)
	50m BF	Men (heats)
	100m SF	Women (heats)
	100m BF	Women (heats)
	200m SF	Men (heats)
	200m BF	Men (heats)
	400m SF	Women (heats)
	4x100m SF	Men (Finals)
	4x50m BF	Women(Finals)
15:45-16:45	Warm-up	
17:00:	50m AP	Men (Finals)
	50m BF	Men (Finals)
	100m SF	Women(Finals)
	100m BF	Women(Finals)
	200m SF	Men (Finals)
	200m BF	Men (Finals)
	400m SF	Women(Finals)
	4x100m SF	Men (Finals)
	4x50m BF	Women(Finals)



3th September 2015:

Race of Found in Open Water

Morning	4 Km Men	09:00
	4 Km Women	09:05
	2 Km Men BF	10:50
	2 Km Women BF	10:55
Afternoon	Relay 4 x 2 km mixed	15:00

In case the number of entries is less than eight (8) for the relay 4 x 2000 mixed, the departure will be anticipated in the morning at the end of the individual races (12.00)

19. TECHNICAL OFFICES FOR THE COMPETITION

Two offices will provide specific information on the races of Finswimming: the first located at the Technical Office of Finswimming at the competition venue and the second at the Sport Information Centre in the Athletes' Village.

These two offices will provide information on competition times, training sessions, transportation, list of Athletes and results.

The two offices will also provide technical information issued and communicated by CMAS and the OCMBG 2015.

20. APPROVAL OF THE REGULATION

In case of disagreement on the interpretation of this Regulation, the French version shall prevail.

This Regulation was approved by the ICMG on _____