

CMAS FINSWIMMING WORLD CUP

11 – 12 APRIL 2015

OLSZTYN, POLAND

PARTICULAR REGULATION

1. Denomination:

The Polish Underwater Federation PZP-n – authorized by CMAS – invite all interested Federations and Clubs to participate on the CMAS World Cup 2015 IV Round to be organized in the period from 11 to 12 of April 2015 in Olsztyn

2. Participation rules and races :

The competition is governed by the Finswimming International Rules of CMAS, by the Finswimming Worlds Cup-Pool Rules of CMAS, that every athlete affirms to know and to follow. Races and categories are the following:

SENIOR (Cat. "A") M/W

50 m ap., 100 m im.,

50 m sf., 100 m sf., 200 m sf., 400 m sf., 800 m sf., **Relay: 4 x 100 m sf.**

50 m bf., 100 m bf., 200 m bf.,

JUNIOR (Cat. "B, C, D") B/G

50 m ap., (competitors of Cat. "D" cannot entering) 100 m im.,

50 m sf., 100 m sf., 200 m sf., 400 m sf., 800 m sf., **Relay: 4 x 100 m sf.**

50 m bf., 100 m bf., 200 m bf.,

Extra distance:

President of Olsztyn City Cup - 400 m immersion - SENIOR M/W, JUNIOR B/G

IMPORTANT:

1. All team members of the respective National Federation must be affiliated to CMAS. The Clubs have to send the required approvals from their National Federations affiliated to the Sport Committee and the Finswimming Commission of CMAS.
2. All athletes have to have their respective CMAS licenses.
3. Each competitor can take part in a maximum of three (3) individual races and one (1) relay.

4. Each team can enroll a maximum of two (2) swimmers for each individual race.
5. Only clubs can participate in the CMAS Finswimming World Cup Meeting.
6. Each competitor can participate only on behalf of one (1) club during the year.

3. Competition place :

The competition will take place in the "AQUASFERA Swimming Pool" in Olsztyn. The swimming pool has a length of 50m, a width of 25m (10 lanes) and a depth of 2m. The temperature of the water is 26°C (± 1°C).

4. Final enrolment :

The only valid and acceptable application form is supplied as attachment with this set of rules and must be filled duly. Final enrolment has to be completed on the attached entry form and must be received before **1st April 2015** at the following e-mail address:
Polish Underwater Federation biuro@pzp-n.pl

5. Inscription fee :

The inscription fee: € 20 for each club; € 7 each distance ; € 14 each relay

Fee paid for not performed races will not be reimbursed. Late enrolments may be accepted with a fine of € 100. Also relays must be declared with time on the enrolment form as well, even though competitors names are not known. Payment should be made by direct bank transfer to:

Name of the Bank : BANK ZACHODNI WBK SA
I ODDZIAL GDYNIA
Address: UL. 10 LUTEGO 11
81-366 GDYNIA
Beneficiary: Polski Związek Pletwonurkowania,
Ul. Marii Curie-Skłodowskiej 19/201
81-231 Gdynia, Poland
Bank account no: SWIFT (BIC CODE) : **WBKPPLPP**
IBAN: PL93109011020000000115588285

Enrolments will only be accepted when accompanied by bank transfer receipts.

6. Preliminary procedures :

All sport documents of the swimmers will be checked on Friday, 10th April 2015 from 12.00 to 19.00 at the swimming pool AQUASFERA, Olsztyn

7. Equipment and bottle refills :

The control of the equipment and the bottles will take place at the swimming pool AQUASFERA Olsztyn on Friday, 10th April 2015 from 12.00 to 19.00

8. Timer :

Electronic. Omega system.

9. Classifications :

Classifications will be based on times registered by the timekeepers, results will be compiled according to CMAS score. For distance races no finals are organized.

10. Prizes :

Individual prizes: medals will be given to the first three classified athletes in every individual race and every relay.

Teams prizes: all clubs will be given cups.

Awarding ceremonies will take place during the competition, so the involved athletes have to be at organizing staff's disposal at the right time. During ceremonies awarded athletes must wear official uniforms of their teams.

11. Antidopping :

WADA – World Antidoping Code

CMAS – Antidoping Rules

MBSZ – Antidoping Rules

Athletes accept these rules as a condition of participation.

12. Responsibility :

The Polish Underwater Federation PZP-n, CMAS, the Competition Director, Competition Officers and the Chief Judge are not responsible for accidents or damage caused to people and personal effects before, during or after the competition. The organizer ensures the presence of medical assistance.

13. Special Notes :

The program of the World Cup can be modified according to the needs of the organizer's judgment. Participating teams will get all information about the changes in time. Swimmers must be available for the Start Judge with their equipment complete at least 10 minutes before the race starts. Organizers reserve the right to accept and insert an athlete or relay at any time at their discretion, in or outside the official classification, on the specific request of a participating club.

Rules in general concerning this competition can be found on the website of CMAS, under the Finswimming Rules.



4th CMAS FINSWIMMING WORLD CUP

11 - 12 APRIL 2015

OLSZTYN, POLAND

PROGRAM

Friday 10th APRIL 2015

12.00	Arriving of teams, checking of documents, payment of participant fee and accommodation fee Check of equipment (fins, snorkels, bottles)
17.00 – 21.00	Training time
19.30	Technical meeting with trainers at the swimming pool AQUASFERA

Saturday morning 11th APRIL 2015

8.00 – 8.55	Warming up
9.00	50 m ap M/W senior 50 m ap B/G junior 800 m sf M/W senior 800 m sf B/G junior 400 m im M/W senior 400 m im B/G junior Prize Giving

Saturday afternoon 11th APRIL 2015

14.00 – 15.00	Warming up
15.00	Opening Ceremony
15.30	100 m im M/W senior 100 m im B/G junior 50 m bf M/W senior 50 m bf B/G junior 200 m sf M/W senior 200 m sf B/G junior Prize Giving

Sunday morning 12th APRIL 2015

8.00 – 8.55 Warming up
9.00 100 m bf M/W senior
100 m bf B/G junior
100 m sf M/W senior
100 m sf B/G junior
400 m sf M/W senior
400 m sf B/G junior
Prize Giving

Sunday afternoon 12th APRIL 2015

14.00 – 15.00 Warming up
15.00 50 m sf M/W senior
50 m sf B/G junior
200 m bf M/W senior
200 m bf B/G junior
4 x 100 m relay M/W senior
4 x 100 m relay B/G junior
Prize Giving and Closing Ceremony

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ACCOMMODATION

Organizers offer accommodation possibility during the competition with enrolment deadline of **20th March 2015 (Enclosure 2_Booking Form)**:

1. Full board accommodation is offered in the following categories:
(from Friday 10th April 2015 – dinner, until Sunday 12th April 2015 – lunch)
Hotel ** 130 €/person (rooms with 1-2-3 beds) – extra day 50€/person
2. Full board accommodation is offered in the following categories:
(from Friday 10th April 2015 – dinner, until Sunday 12th April 2015 – lunch)
Hotel * 100 €/person (rooms with 1-2-3 beds)- extra day 40€/person
3. Full board accommodation is offered in the following categories:
(from Friday 10th April 2015 – dinner, until Monday 13th April 2015 – breakfast)
Hotel 190 € /person (rooms with 1-2-3 beds) - extra day 50€/person**
4. Full board accommodation is offered in the following categories:
(from Friday 10th April 2015 – dinner, until Monday 13th April 2015 – breakfast)
Hotel* 145 € / person (rooms with 1-2-3 beds)- extra day 40€/person
5. Single room extra price is 30 €/person/day.

Those athletes who do not accept one of the accommodations offered by the Organizing Committee - but arrange their accommodation by themselves are supposed to pay 40€ / person as organizing fee.

TRANSPORTATION

(Enclosure 3)

T ransfer	Warszawa Airport - Olsztyn 60 € / person / in group up to 4 person
	Warszawa Airport - Olsztyn 50 € / person / in group 5 to 19 person
	Gdansk Airport - Olsztyn 60 € / person / in group up to 4 person
	Gdansk Airport - Olsztyn 50 € / person / in group 5 to 19 person
	Kaliningrad - Olsztyn 50 € / person / in group 5 to 19 person

BOOKING CONDITIONS AND PAYMENT

1. The booking deadline will be **on 20th March 2015**. After this period fee will be increased by 10%.
2. Payment should be made by direct bank transfer:

Name of the Bank : BANK ZACHODNI WBK SA
I ODDZIAŁ GDYNIA

Address: ul. 10 LUTEGO 11
81-366 GDYNIA

Beneficiary: Polski Związek Płetwonurkowania,
ul. Marii Curie-Skłodowskiej 19
81-231 Gdynia, Poland

Bank account no: SWIFT (BIC CODE) : **WBKPPLPP**
IBAN: PL93109011020000000115588285

DEADLINES

PRELIMINARY ENTRY (Enclosure 1, 2, 3) - 20th MARCH 2015

After receiving preliminary entry the organizer will send the Splash program file to proceed with the online final entry registration.

FINAL ENTRY in SPLASH program - 1st APRIL, 2015

CONTACT:

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