



Alexandria – Egypt
11 October 2014



Race : 4 K.M Senior Women

Rank	No	Name	Born	Club	Country	Time	Point
1 st	64	Shaymaa Elsayed Aly	2001	Suez canal	Egypt	0.41.24	100
2 nd	63	Rodina Mohey Mohamed	1997	Abu kier	Egypt	0.43.25	93
3 rd	62	Nermin Sherif Tawfeek	1996	Abu kier	Egypt	0.44.53	87
4	55	Zena Mohamed Khamies	2001	Smouha	Egypt	0.45.44	82
5	61	Farah Sherif Abd Elazeem	1996	Abu kier	Egypt	0.47.48	78
6	58	Nouran Ibrahim Abd Elfatah	1996	Alghaba	Egypt	0.48.48	75
7	57	Rewan Ashraf Mohamed Ali	1996	Army club	Egypt	0.49.32	72
8	60	Salma Elsayed Rashad	1996	Yachat port said	Egypt	0.50.19	69
9	56	Meral Mahmoud Mohamed	1999	Smouha	Egypt	0.55.18	66
10	53	Rawan Alaa Aldin a. Fatah	1996	Smouha	Egypt	0.56.31	63
-	54	Rawan Mohamed Hassan Khalil	1995	Smouha	Egypt	1.01.21	60
11	52	Ashrakat Hamada Ahmed	1995	Gezeria youth	Egypt	1.06.02	57



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Race : 4 K.M Junior Girls

Rank	No.	Name	Born	Club	Country	Time	Point
1 st	90	Alaa Abd El-latif Ahmed	1999	Shoting Alexandria	Egypt	0.39.40	100
2 nd	91	Yasmin Tarek Amin	2000	Shoting Alexandria	Egypt	0.40.03	93
3 rd	89	Mayar Saber Elshazly	1998	Shoting Alexandria	Egypt	0.43.14	87
4	67	Yara Rezek Ahmed	1998	Acacia	Egypt	0.43.22	82
4	77	Radwa Mohamed Gamal	1997	Alghaba	Egypt	0.43.22	78
6	72	Mona Mohamed Khamies	1999	Smouha	Egypt	0.44.11	75
7	85	Maryem Ayman Elsayed	1999	Abu kier	Egypt	0.45.40	72
8	74	Aya Mohamed Khamies	2000	Smouha	Egypt	0.46.34	69
9	76	Maram Abd elsalam ibrahim	1998	Army Club	Egypt	0.47.48	66
-	92	Basant Tarek Wasfy	2000	Shoting Alexandria	Egypt	0.47.48	63
10	84	Omina Mahmoud Alamir	2002	Ismaieli	Egypt	0.48.14	60
11	83	Nada Mohamed Moustafa	2000	Ismaieli	Egypt	0.48.44	57
12	78	Aya Yasser Mohamed	2000	Alghaba	Egypt	0.52.03	54
13	82	Ola Metwaly Mostafa	1998	Haras Hodod	Egypt	0.52.03	51
14	70	Youstina samir hafez	1999	Gezeria Youth	Egypt	0.52.20	48
15	73	Habiba Saad Aly	1999	Smouha	Egypt	0.53.14	46
16	68	Rewan Mohamed Aly	1999	Gezeria Youth	Egypt	0.55.42	44
17	71	Hager ahmed salah aldin	1998	Gezeria Youth	Egypt	0.55.44	42
18	86	Yasmin essam abd elaziz	2000	Abu kier	Egypt	0.55.53	40
19	93	Basma ashraf a. Elmohsen	2001	Bank Ahly- cairo	Egypt	0.57.26	38
20	88	Samar abd elathey mohamed	1997	Abu kier	Egypt	1.01.42	36
21	66	Omnia mohamed el-kady	1997	Bank Ahly- Cairo	Egypt	1.02.43	34
-	80	Hagar Motazbelaha Gaber	1999	Gezeria Youth	Egypt	1.03.51	32
20	87	Mona Wael Mohamed	2000	Yachat Port Said	Egypt	1.08.01	30
-	69	Sherouk khaled mahmoud	1999	Gezeria Youth	Egypt	1.18.47	28
-	75	Yasmin Abdou Mohamed	1998	Army Club	Egypt	DNF	



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Race : 4 K.M Senior Men

Rank	No	Name	Born	Club	Country	Time	Point
1 ST	8	Mostafa Mahmoud Nayel	1996	Shoting Alexandria	Egypt	0.37.27	100
2 ND	1	Maletin Roman	1984	Novosibirsk Region	Russia	0.37.43	93
3 RD	15	Abanoub Thrawat Moawoud	1993	Smouha	Egypt	0.38.02	87
4	24	Mohamed Alhassan Mohamed	1995	Ismaieli	Egypt	0.39.19	82
5	10	Abd Alaha Hassan Aly	1996	Shoting Alexandria	Egypt	0.41.02	78
6	14	Shady Amr Tawfeek	1995	Smouha	Egypt	0.42.14	75
7	16	Ahmed Mohamed Hassan	1997	Smouha	Egypt	0.44.52	72
8	5	Ahmed Samir Saad	1995	Bank Ahly- Cairo	Egypt	0.45.08	69
9	27	Omar Khaled Aly	1997	Abu kier	Egypt	0.46.45	66
10	6	Mohamed Mebed Ahmed	1995	Bank Ahly- Cairo	Egypt	0.48.00	63
11	30	Ahmed Ramdan Shehata	2000	Abu kier	Egypt	0.48.41	60
-	13	Amr Fawzy Saied	1997	Smouha	Egypt	0.48.57	57
12	21	Yasser Hany Abd Elrahman	1995	Yachat Port Said	Egypt	0.49.02	54
13	7	Karim Tarek Abd El-Aal	1995	Bank Ahly- Cairo	Egypt	0.49.52	51
14	29	Ahmed Sherif Abd Elazeem	1999	Abu kier	Egypt	0.49.58	48
-	28	Mohamed Sherif Saad	1997	Abu kier	Egypt	0.50.15	46
15	23	Mohamed Hassan Ibrahim	1996	Yachat Port Said	Egypt	0.51.39	44
16	22	Amr Hany Abd Elrahman	1996	Yachat Port Said	Egypt	0.53.01	42
-	32	Hossam Hassan Abas	1995	Abu kier	Egypt	0.54.42	40
17	11	Ghareeb Ahmed Ghareeb	1996	Gezeria Youth	Egypt	0.55.10	38
18	12	Mohamed Moustafa Almaahdy	1989	Gezeria Youth	Egypt	0.56.58	36
19	18	Gerguis Wagdi Boshra	1994	Army Club	Egypt	0.58.19	34
-	3	Mahmoud Walid Gaber	1996	Bank Ahly- Cairo	Egypt	0.58.37	32
-	20	Mahmoud Moukhtar Abaas	1992	Yachat Port Said	Egypt	DNF	



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Race : 4 K.M Junior Boys

Rank	No.	Name	Born	Club	Country	Time	Point
1 ST	1	Yakov Stryukov	1997	Altay	Russia	0.38.04	100
2 ND	34	Samy Gamal Abd Elhafez	1998	Ismaili	Egypt	0.39.22	93
3 RD	48	Alaa aldin Mohamed	1997	Suez canal	Egypt	0.39.23	87
4	38	Omar Sherif Tawfeek	1998	Abu kier	Egypt	0.39.30	82
5	43	Marwan yasser refaat	2000	Shoting alexandria	Egypt	0.39.41	78
6	42	Osama Mohamed Amin	1999	Shoting alexandria	Egypt	0.40.02	75
7	32	Aly Elsaïd Khalil	1997	Yachat Alexandria	Egypt	0.40.27	72
8	35	Hazem Nader Abd Elwahab	2000	Abu kier	Egypt	0.41.48	69
9	23	Moustafa Saeed Moustafa	1999	Army Club	Egypt	0.41.52	66
10	14	Peter Fady Adeeb	1997	Acacia	Egypt	0.41.53	63
11	39	Mohamed tarek ibrahim	1998	Abu kier	Egypt	0.42.34	60
12	21	Mazen Naiem Mohamed	1998	Smouha	Egypt	0.43.22	57
13	27	Hesham Mmdouh Morsy	1997	Yachat Port Said	Egypt	0.44.14	54
14	33	Omar Sayed Shabaan	1999	Ismaili	Egypt	0.44.26	51
15	22	Abd Elrahman Ahmed Salem	1999	Smouha	Egypt	0.44.35	48
16	3	Amr Walid Gaber	1999	Bank Ahly- Cairo	Egypt	0.44.36	46
17	24	Osama Abbas Rady	1997	Army Club	Egypt	0.45.00	44
17	41	Khaled Mohamed Nabil	2000	Alghaba	Egypt	0.45.00	42
19	46	Abd Alaha Emad Abd Alaha	2000	Ismaili	Egypt	0.46.12	40
20	15	Mohamed Ibrahim Mostafa	1998	Acacia	Egypt	0.46.18	38
21	26	Ragi Rando Fahmy	1998	Alghaba	Egypt	0.47.56	36
22	5	Mohamed Sayed Mahfouz	1998	Bank Ahly- Cairo	Egypt	0.48.05	34
23	28	Mohamed Tarek A.Elrahman	1997	Yachat Port Said	Egypt	0.48.07	32
24	2	Mostafa Ashraf Abd Elhamid	1997	Bank Ahly- Cairo	Egypt	0.48.24	30
25	18	Louay Walid Mohamed	1998	Gezeria Youth	Egypt	0.49.14	28
26	25	Ahmed Maher Hasnen	1998	Army Club	Egypt	0.49.39	26
27	16	Ahmed Mohamed Mabrouk	1999	Gezeria Youth	Egypt	0.49.56	24
28	7	Omar Hossam Aldin	2000	Acacia	Egypt	0.51.02	23
29	29	Mohand Mohamed Azmy	1998	Yachat Port Said	Egypt	0.52.39	22
30	47	Omar Mohamed Mosalam	2002	Ismaili	Egypt	0.53.08	21
31	8	Eyad Ahmed Khedr		Acacia	Egypt	0.53.43	20
32	31	Ahmed ibrahim a. Rahman	2000	Gezeria Youth	Egypt	0.54.24	19
33	44	Yousef mohamed ahmed	1999	Bank ahly- cairo	Egypt	0.54.57	18
34	6	Fady Esmail Mohamed	2000	Bank Ahly- Cairo	Egypt	0.55.02	17
35	12	Abd Elrahman Mohamed	2000	Acacia	Egypt	0.55.37	16
36	17	Abd Elrahman M. Mahrous	1998	Gezeria Youth	Egypt	0.56.14	15
37	10	Mohab Omar Elghmry	2000	Acacia	Egypt	0.58.21	14
38	37	Mohamed Magdy Khamies	2000	Sea Scout Alexandria	Egypt	0.59.00	13



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39	9	Kerles Hany Samouel	1999	Acacia	Egypt	0.59.15	12
40	45	Mahmoud khaled ahmed	1999	Bank ahly- cairo	Egypt	0.59.28	11
41	11	Omar Mohamed Ibrahim	2000	Acacia	Egypt	0.59.41	-10
-	13	Yehia Abd Elfatah Alghrabawy		Acacia	Egypt	DNF	-
-	19	Ahmed Salah Aldin a. Elmegeed		Smouha	Egypt	DNF	