

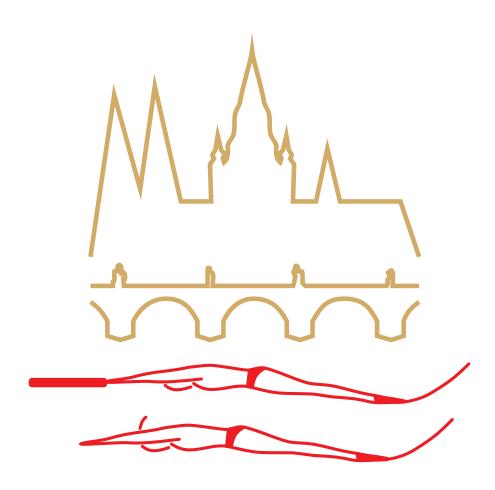








# 5<sup>th</sup> Round of IX. CMAS Finswimming World Cup Golden Fin of Prague



25<sup>th</sup> – 27<sup>th</sup> April 2014

Prague





















Prague, 25<sup>th</sup> – 27<sup>th</sup> April 2014

#### 1. DENOMINATION

The Club Blue Star Prague (Modrá Hvězda Praha) has the pleasure to invite all interested Clubs to participace at the 5th round of the 9th CMAS World Cup 2014. Our Club was authorized by CMAS and by Czech Divers Federation.

#### 2. PARTICIPATION RULES AND RACES

The competion is organized in accordance with the CMAS Finswimming Rules (version 2013/01 – valid from January 2014), CMAS Finswimming World Cup Rules and by this Particular Regulations.

Races and categories:

Senior (Cat. "A") M/F

50 m ap., 100 m im.

50 m sf., 100 m sf., 200 m sf., 400 m sf., 800 m sf., Relay 4x100 m sf.

50 m bf., 100 m bf., 200 m bf.

Junior (Cat. "B, C, D") B/G

50 m ap.(competitors of Cat "D" cannot entering), 100 m im.

50 m sf., 100 m sf., 200 m sf., 400 m sf., 800 m sf., Relay 4x100 m sf.

50 m bf., 100 m bf., 200 m bf.

Minimum age for participation – according the point 2.1.5. of CMAS NAP Rules minimum age to participate at World Cup is 12 years, minimum age to participate at World Cup and to be classified in senior category is 15 years.

#### **GOLDEN FIN OF PRAGUE**

Duathlon 400m im. + 800m im. M/F - open category























Prague, 25th - 27th April 2014

All team members of National Federations must be affiliated to CMAS. All Clubs need an agreement from their National Federation affiliated to the CMAS Finswimming Commission.

All competitors have to have the CMAS International license (except Golden Fin of Prague races).

Each competitor can take part in a maximum of three (3) individual races (except Golden Fin of Prague races) and one (1) relay.

Each team can enroll a maximum of two (2) swimmers for each individual race (except Golden Fin of Prague races).

In the CMAS Finswimming World Cup Meetings, only National Federations teams and clubs can participate.

Each competitor can participace only on behalf of one (1) club during the year.

#### 3. COMPETITION PLACE

The competition will take place in "Aquacentrum Šutka pool" in Prague 8 – Kobylisy, Čimická 41/848. (The bus station "Čimický háj" – buses 102,144, 152, 177, 200 from Metro station "Kobylisy".) GPS: 50°7'35.130"N, 14°26'12.080"E.

Swimming pool 50 m, 8 lanes a 2 m, depth 1,35 – 2,20 m. Temperature of the water 26°.























# 5<sup>th</sup> round of IX. CMAS Finswimming World Cup Prague, 25<sup>th</sup> – 27<sup>th</sup> April 2014





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Prague, 25th - 27th April 2014

#### 4. ENROLEMENTS

Preliminary enrolemant – to the 1<sup>st</sup> April to emails skruzny.mh@gmail.com and logo@logo.gdynia.pl

Final enrolment – to the 18th April to emails skruzny.mh@gmail.com and logo@logo.gdynia.pl

#### 5. INSCRIPTION FEES

Each club - 20 EUR
Each distance - 7 EUR
Each relay - 14 EUR

Golden Fin of Prague - 5 EUR each distance

Name of the Bank: Československá obchodní banka, pobočka Praha – Moskevská

Address: Moskevská 25, 101 00, Praha 10

Account: CZK Spořící World Cup 263557142/0300

IBAN: CZ160300000000263557142

Payment of inscription fees and of accommodation fees (on the base of the order in January 2014) should be made by direct bank transfer. Fees paid for not performed races won't be reimbursed. Late enrolements may be accepted with a fine of Euro 50.

















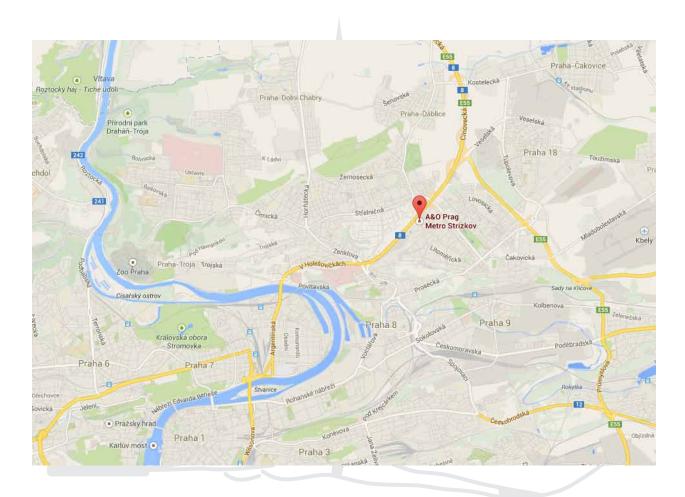




Prague, 25th - 27th April 2014

#### 6. PRELIMINARY PROCEDURES

All sport documents of the swimmers and the control of equipment will take place during an acommodation in AO Hostel – Prague 8 Střížkov, Děčínská 1 – on Friday 25th of April from 12,00 to 19,00.



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Prague, 25th - 27th April 2014

#### 7. TIMER

**Electronic system of Omega.** 

#### 8. CLASSIFICATIONS

Classifications will be based on times registered by the timekeepers; the results will be compiled according to CMAS score. For distance races no finals are organized. Four classifications will be for individuals (juniors, seniors, males, females) and general classifications for club.

#### 9. PRIZES

Individual prizes: medals will be given to the first three athletes in every individual race and every relay.

Teams prizes: each club will be given cups.

Golden Fin of Prague: the special prize will be given to the best three men and women in open category in duathlon (sum of both disciplines) according the CMAS Swimming pool individual points.

#### 10. ANTIDOPING

In accordance with WADA, CMAS Antidoping Rules, CMAS procedures and obligations (V2014-01).

#### 11. NATIONAL FLAG

Each team has to bring a national flag of their country with an approximate size 2m x 1m.

#### 12. RESPONSIBILITY

Czech Divers Federation, CMAS, the Competition Director, the Competition Officers, and the Chief Judge are not responsible for accidents or damage caused to people and objects before, during and after the competition. The organizer shall ensure the presence of medical assistance.

#### 13. ACCOMMODATION

All teams have reservation in the AO Hostel on the base of their order done on January 2014.





















## $5^{\text{th}}$ round of IX. CMAS Finswimming World Cup

Prague, 25th - 27th April 2014

#### 14. PROPOSAL OF MEALS

Lunch – A) Warm catering at swimming pool – 6 EUR

B) Packet from Hostel - 4,20 EUR

- incl. 2 sandwiches, 1 fruit, 1 cereral bar, juice

Dinner - Hostel - 7 EUR

- Warm dish, salad, desert, beverage





















# 5<sup>th</sup> round of IX. CMAS Finswimming World Cup Prague, 25<sup>th</sup> – 27<sup>th</sup> April 2014

#### 15. PROGRAM

Friday 25th April 2014
12.00 arrival of teams, checking of documents, payment of participant fees and accommodation fees
12.00 check of equipment (fin, snorkel)
19.00 – 21.00 training possibility

Saturday morning 26<sup>th</sup> April 2014
8.00 – 8.45 Warming up
9.00 Opening Ceremony
50 m ap M/F "A" cat.
50 m ap B/G "B,C" cat.
800 m sf M/F "A" cat.
800 m sf B/G "B,C,D" cat.
400 m im Open category (Golden Fin of Prague)
Prize Giving

Saturday afternoon 26<sup>th</sup> April 2014
14.00 – 14.45 Warming up
15.00
50 m bf M/F "A" cat.
50 m bf B/G "B,C,D" cat.
200 m sf M/F "A" cat.
200 m sf B/G "B,C,D" cat.
100 m im M/F "A" cat.
100 m im B/G "B,C,D" cat.
Prize Giving





















# 5<sup>th</sup> round of IX. CMAS Finswimming World Cup Prague, 25<sup>th</sup> – 27<sup>th</sup> April 2014

Sunday morning 27th April 2014
8.00 – 8.45 Warming up
9.00
100 m bf M/F "A" cat.
100 m bf B/G "B,C,D" cat.
100 m sf M/F "A" cat.
100 m sf B/G "B,C,D" cat.
400 m sf M/F "A" cat.
400 m sf B/G "B,C,D" cat.
800 m im Open category (Golden Fin of Prague)
Prize Giving

Sunday afternoon 27th April 2014
14.00 –14.45 Warming up
15.00
50 m sf M/F "A" cat.
50 m sf B/G "B,C,D" cat.
200 m bf M/F "A" cat.
200 m bf B/G "B,C,D" cat.
4x100 m relay M/F "A" cat.
4x100 m relay B/G "B,C,D" cat.
Prize Giving and Closing Ceremony









