

Standard Number: 2.B.32

CMAS Sidemount Diver Standard / BOD n. 185 (01-25-2014)

1. Aim of the training programme

1.1 The CMAS Sidemount Training Programme is designed to be an introduction to diving sidemount configuration for recreational and technical diving in open water irrespective of level and to help the student diver develop the skills, knowledge and techniques necessary for diving sidemount configuration. It provides non-CMAS trained divers with a gateway to CMAS training. irrespective of level

2. Classification

2.1 The CMAS Sidemount Training Programme is classified as an entry level speciality diver training programme.

3. Instructor and Assistant Requirements

3.1 The CMAS Sidemount Training Programme may be presented by any CMAS Sidemount Instructor with a minimum of a CMAS One Star Instructor grading that complies with the requirements as prescribed by Clause 2.1.16 of the definitions in Chapter 1.

3.2 The CMAS One Star Instructor may be assisted by a CMAS Dive Leader that complies with Clause 2.1.15 of the definitions Chapter1.

4. Competencies of a certified CMAS Sidemount Diver

4.1 A CMAS Sidemount Diver shall be trained such that when assessed by a CMAS Instructor, he shall be deemed to have sufficient knowledge, skill and experience to dive using Sidemount configuration within the parameters of his CMAS Diver qualifications or those applicable to the other diver training certifications he already holds.

5. Prerequisites for participation in the training programme

5.1 In order to gain access to the Sidemount Training Programme, the participant shall:

- 5.1.1 Be at least fourteen (14) years of age; there is no upper limit;
- 5.1.2 Hold a CMAS One Star Diver or equivalent certification;
- 5.1.3 Effectively demonstrate his basic watermanship ability by performing, to a CMAS Instructor, the prescribed physical conditioning and watermanship evaluation of the CMAS Federation;
- 5.1.4 Complete the medical history/statement form required by the CMAS Federation prior to participating in any in-water activities; and
- 5.1.5 Sign the appropriate form(s) as required by the CMAS Federation acknowledging and assuming the risks of SCUBA diving prior to participating in any in-water activities. Parental or legal guardian signature is required on the appropriate form(s) when the applicant is a minor.

6. Requirements for certification

6.1 In order to be certified as a CMAS Sidemount Diver, the student shall:

- 6.1.1 Comply with all the prerequisites for participation in the training programme as prescribed by Clause 5 of this Standard;
- 6.1.2 Successfully complete the theoretical assessment as provided for in Clause 10.1 of this Standard; and
- 6.1.3 Successfully complete the practical skills assessment as provided for in Clause 10.2 of this Standard.

7. Required theoretical knowledge and diving skills

7.1 The participant shall receive tuition in the theoretical knowledge and practical skills as prescribed in Standard 3.B.? in Chapter 3.

8. Theoretical training parameters

8.1 The CMAS Instructor shall conform to the standard theoretical training parameters as prescribed in Clause 4.5 of Chapter 1 with a minimum of 2 hours of theoretical sessions.

9. Practical training parameters

9.1 The CMAS Instructor shall conform to the standard practical training parameters as prescribed in Clause 4.6 of Chapter 1 with a minimum of 3 hours of practical sessions.

10. Assessment

10.1 **Knowledge**

10.1.1 The participant shall demonstrate to the CMAS Instructor knowledge of Sidemount diving theory and techniques by taking and passing an oral or written examination. This examination shall test Sidemount diving theory and techniques as prescribed in Standard 3.B.? in Chapter 3.

10.2 **Practical skills**

10.2.1 The participant shall demonstrate to the CMAS Instructor his mastery of Sidemount practical skills, as prescribed in Clause 2.1 of Standard 3.B.? in Chapter 3, during a practical skills assessment session.

11. Certification

11.1 Upon successful completion of the training programme the participant shall be awarded with a CMAS Sidemount Diver C-card.

11.2 In the event that the training programme is conducted in conjunction with a CMAS One Star Diver Training Programme the certification shall not be issued to the participant until such time that he has completed all the requirements for certification as prescribed by the CMAS One Star Diver Standard.