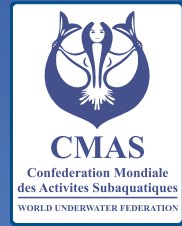


# Information BULLETIN



# inswimming 13<sup>th</sup> CMAS fjwc hampionships world junior 2014 CHANIA-GREECE



OFFICIAL SUPPLIERS

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## Hellenic Swimming Federation President's Message

The organization of the XIII CMAS Finswimming Junior World Championships to be held in Chania on 25/6-1/7/2014 , is a great sport event with long-range contribution to Sports and the Society general .

It is not the first time that the city of Chania hosts such a major sporting event in Aquatics and especially in Finswimming , a sport that since 2010 joined Hellenic Swimming Federation .

Consequently, we assure all participants to be confident that except the traditional hospitality they will find the guarantees which will contribute to a smooth and great organization of the Championships.

Upon completion of the Championships, I am convinced that , all participants will have good memories of the place that hosts it and the people who will work tirelessly for its success.

**Dimitris Diathesopoulos**  
**Hellenic Swimming Federation President**

# The City of Chania



Chania is considered to be the most poetic and cultured city of Crete. Visitors are astonished of the romantic taste of beauty of the scenery that comes from the ruins of ancient Kidonia, over which Chania is located. Castles, walls, antiquities, monasteries and churches compose the leftovers of the intruders during centuries.

The city has two entrances: the airport of Akrotiri and the port of Souda which is the largest of the Mediterranean. Public market holds a master place in the centre of the city with a an impressive star-shapped building in the center of it, that completed in 1913 in the pattern of the market of Marseille.

Chania is located at the western part of Crete and is divided into 5 provinces, covers 140.000 km<sup>2</sup> with population 140.000 residents. North, south and west sides of Chania are surrounded by the sea; peninsulas, Libyan sea and breathtaking beaches are mirroring the sunlight of Europe.

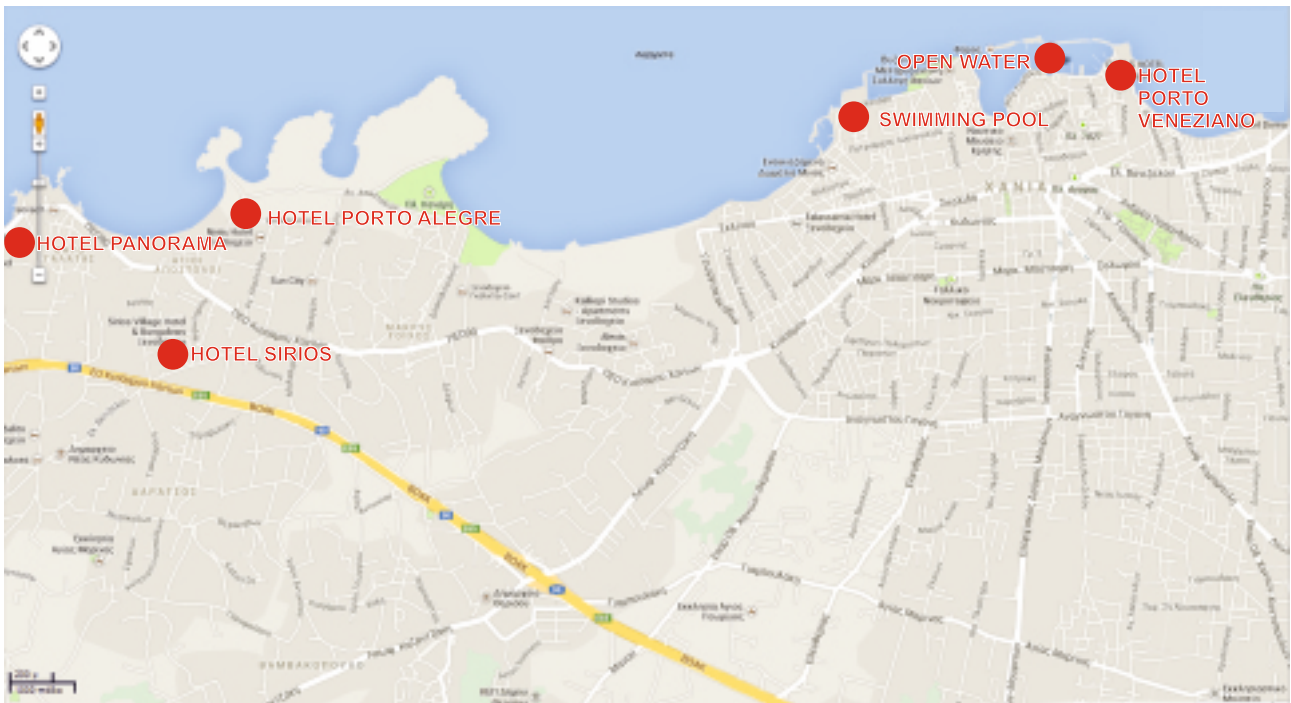
## Tourist Information

The area of Chania, due to its natural beauty and variety of sights, attracts many tourist from all over the world. The city also accepts visitors who are interested in economical activities in the area, as well as scientists and educators, who are interested in historical files, historical monuments and museums or are interested to visit the Technical University of Crete, which is an important research centre. The following diagrams show the tourist movement in the area of Chania during the last decade. The elements are from official sources.

## Tradition

The Cretan folk tradition which is marked mainly in weaves, jewelry, carpets, blankets, elaborated utensils, pottery, expresses the feel of beauty and artistic mood of the people of Chania. Simple village women, but also organized agricultural associations, make small "miracles" from silk and wool. You will also notice plenty of handicrafts from glass, wood, metal, along with pottery, woodwork and metalwork workshops. Give yourself some time to watch the production of the black leather boots "stivania" at Skridlof street in Chania where the smell of the processed leather is dominant and do not miss the opportunity to read poems that are gravened on Cretan knives.

# CITY MAP OF CHANIA



## PARTICIPATION

Only national federation teams affiliated to the CMAS are eligible to compete in the competition. Each national team should respect the rules of championship, the safety conditions set by the organizers and CMAS rules and regulations.

- Swimming-pool events: No more than two (2) athletes per national team are allowed to compete in each individual event and no more than one team per relay event.
- Long Distance events: No more than four (4) athletes per national team are allowed to compete in each individual event and no more than one team per relay event.

Each national team must bring two (2) national flags (m. 2,00 x m. 1,00) and a CD with the national anthem (short version).

## DISCIPLINES AND DISTANCES (Male and Female)

### Swimming-pool:

Surface Fin swimming (SF): 50m, 100m, 200m, 400m, 800m, 1.500m

Apnea (AP): 50m

Immersion (IM): 100m, 400m

Relay: 4x100m, 4x200m

Bifins (BF): 50m, 100m, 200m.

### Open Water:

Individual: 6.000m

Relay: 4x2.000m

## INTERNATIONAL JURY

International Chief Judge: According to the CMAS rules.

## CLASSIFICATION AND AWARDS

According to the CMAS rules and regulations.

## PROTEST

According to the CMAS rules.

## BOTTLE FILLING

The organizer guarantees the filling of DIN 200 or YOKE cylinders (bottles). The maximum charging pressure is 200 bar. All cylinders (bottles) must be in good condition and must have passed a hydraulic test 24 months prior to the date of the championship.

# SCHEDULE

The championship will be carried out over a period of 4 days and in 8 sessions.

Swimming pool events:

The qualifying heats are scheduled in the morning and finals in the afternoon.

All heats except 50m AP, 50m SF and 100m SF, 50m BF and 100m BF are swum in direct finals (heats with time classification).

All other distances: qualifying heats and finals.

Open Water events: Final race with all participants. The championship program is as follows:

## Wednesday 25<sup>th</sup> June 2014

- Arrival of delegations throughout the morning

## Thursday 26<sup>th</sup> June 2014

- **08:00 – 13:00** Training at the swimming Pool  
 - **16:00** Team Leaders technical meeting  
 - **19:00** Championship Opening Ceremony

## Friday 27<sup>th</sup> June 2014

### **Morning Section**

<b>08:15 -09:15</b>	Warm-up		
<b>09:30</b>	100 SF	Women	Heats
	100 BF	Women	Heats
	100 SF	Men	Heats
	100 BF	Men	Heats
	1500 SF	Women	Slow Heats
	1500 SF	Men	Slow Heats
	400 IM	Women	Slow Heats
	400 IM	Men	Slow Heats
	4X200 SF	Women	Slow Heats
	4X200 SF	Men	Slow Heats

### **Afternoon Section**

<b>16:15 – 17:15</b>	Warm-up		
<b>17:30</b>	100 SF	Women	Final
	100 BF	Women	Final
	Award ceremony	100 SF Women	
	100 SF	Men	Final
	Award ceremony	100 BF Women	
	100 BF	Men	Final
	Award ceremony	100 SF Men	
	1500 SF	Women	Fast Heat
	Award ceremony	100BF Men	
	1500 SF	Men	Fast Heat
	Award ceremony	1500 SF Women	
	400 IM	Women	Fast Heat
	Award ceremony	1500 SF Men	
	400 IM	Men	Fast Heat
	Award ceremony	400 IM Women	
	4X200 SF	Women	Fast Heat
	Award ceremony	400 IM Men	
	4X200 SF	Men	Fast Heat
	Award ceremony	4X200 SF Women	
	Award Ceremony	4X200 SF Men	

# SCHEDULE

## Saturday 28<sup>th</sup> June 2014

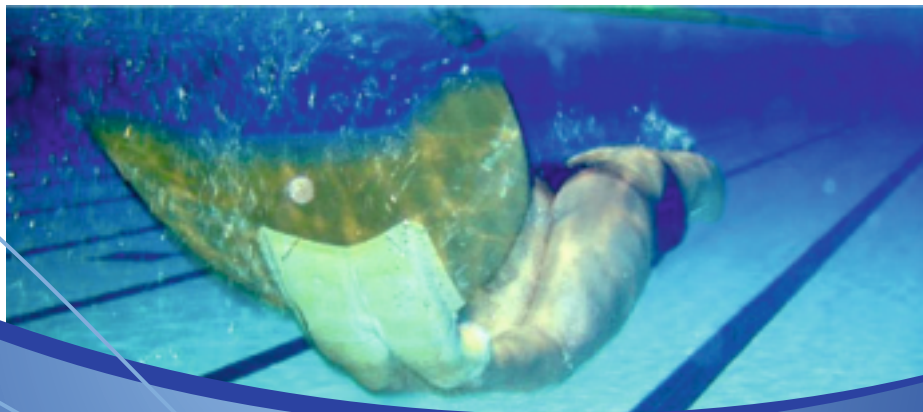
### Morning Section

<b>08:15 -09:15</b>	Warm-up		
<b>09:30</b>	50 SF	Women	Heats
	50 BF	Women	Heats
	50 SF	Men	Heats
	50 BF	Men	Heats
	400 SF	Women	Slow Heats
	400 SF	Men	Slow Heats
	100 IM	Women	Slow Heats
	100 IM	Men	Slow Heats

### Afternoon Section

<b>16:15 – 17:15</b>	Warm-up		
<b>17:30</b>	50 SF	Women	Final
	50 BF	Women	Final
	Award ceremony 50 SF Women		
	50 SF	Men	Final
	Award ceremony 50 BF Women		
	50 BF	Men	Final
	Award ceremony 50 SF Men		
	400 SF	Women	Fast Heat
	Award ceremony 50 BF Men		
	400 SF	Men	Fast Heat
	Award ceremony 400 SF Women		
	100 IM	Women	Fast Heat
	Award ceremony 400 SF Men		
	100 IM	Men	Fast Heat
	Award ceremony 100 IM Women		
	Award ceremony 100 IM Men		

- Arrival and documents check of Open Water Teams



# SCHEDULE

**Sunday 29<sup>th</sup> June 2014**

**Morning Section**

**08:15 -09:15** Warm-up

<b>09:30</b>	50 AP	Women	Heats
	50 AP	Men	Heats
	200 SF	Women	Slow Heats
	200 BF	Women	Slow Heats
	200 SF	Men	Slow Heats
	200 BF	Men	Slow Heats
	800 SF	Women	Slow Heats
	800 SF	Men	Slow Heats
	4X100 SF	Women	Slow Heats
	4X100 SF	Men	Slow Heats

**Afternoon Section**

**16:15 – 17:15** Warm-up

<b>17:30</b>	50 AP	Women	Final
	50 AP	Men	Final
	Award ceremony 50 Ap Women		
	200 SF	Women	Fast Heat
	Award ceremony 50 AP Men		
	200 BF	Women	Fast Heat
	Award ceremony 200 SF Women		
	200 SF	Men	Fast Heat
	Award ceremony 200 BF Women		
	200 BF	Men	Fast Heat
	Award ceremony 200 SF Men		
	800 SF	Women	Fast Heat
	Award ceremony 200 BF Men		
	800 SF	Men	Fast Heat
	Award ceremony 800 SF Women		
	4X100 SF	Women	Fast Heat
	Award ceremony 800 SF Men		
	4X100 SF	Men	Fast Heat
	Award ceremony 4X100 SF Women		
	Award ceremony 4X100 SF Men		

- Open Water
- 10:00 – 12:00 Training
- 15:00 Technical meeting



# SCHEDULE

## Monday 30<sup>th</sup> June 2014

### Morning Section

09:30 -10:00	Warm-up		
10:15	Relay 4X2.000		Final

### Afternoon Section

15:30 – 16:00	Warm-up		
16:15	6.000m.	Women	Final
17:45	6.000m.	Men	Final
19:15	Award ceremony 4X2000		
	Award ceremony 6.000 Women		
	Award ceremony 6.000 Men		
	Championship Closing Ceremony		

## Tuesday 1<sup>st</sup> July 2014

- Delegation departure

NOTE: The competition program is subject to change according to CMAS



# OFFICIAL COMPETITION POOLS AND TRAINING

The swimming pool competition part of 13th World Junior Championship will take place in the “Nautical Club Chania Swimming Complex”.  
Address: Akti Kanari, Nea Chora Chanion



This sport complex, with a capacity of 2.000 spectators and includes two swimming pools. The outdoor competition swimming pool is a 50 meters and 8 lanes pool with variable depth, and average temperature 26.0 +\_1.0 C.

On the other side, the training swimming pool is a 25 meters and 6 lanes pool.

The complex also include: Two groups of dressing rooms. Each group has adequate space for 100 persons with: showers, toilets, massage and rest rooms, dressing rooms for officials, separate from athletes, with showers and lockers etc.

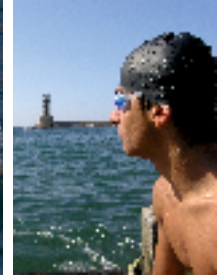
It also includes numerous rooms for preparation, meetings, victory ceremonies, preparations and cafeteria.

Official competitions that have been organised in this pool were:

- 2007 LEN EUROPEAN YOUTH WATER POLO WOMEN'S CHAMPIONSHIPS
- 2008 LEN EUROPEAN JUNIOR WATER POLO WOMEN'S CHAMPIONSHIPS
- 2009 LEN MEN U20 EUROPEAN WATER POLO CHAMPIONSHIPS
- 2010 MEDITERRANEAN SYNCHRONISED SWIMMING CUP



# OPEN WATER

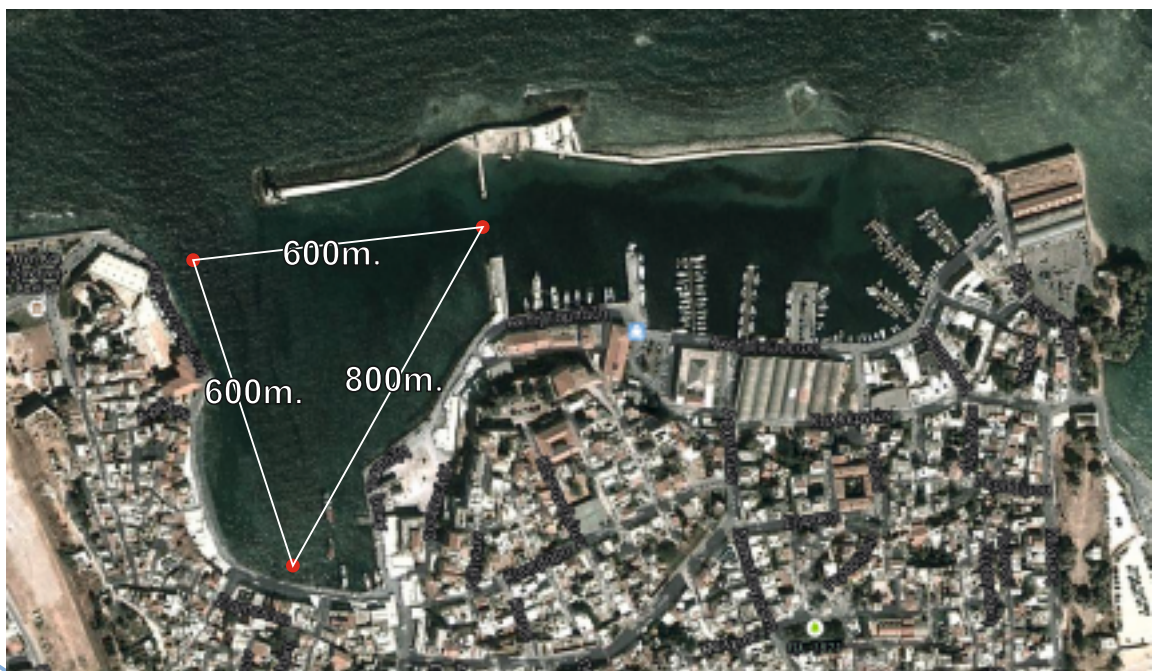


The Open Water competition part of 13th World Junior Championship will take place at the historic port of Chania, one of the most touristic places in Greece.

History and spectacle combined in the same scenery will compose a magnificent unprecedented show for finswimming.

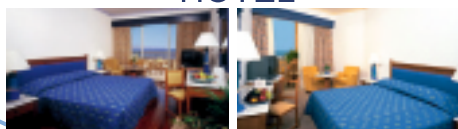
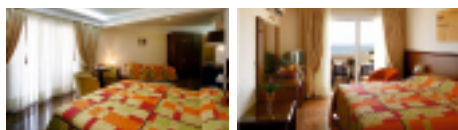
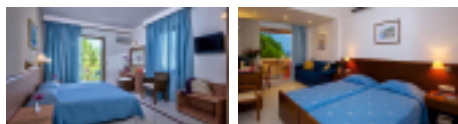
At the same time, participants' security during competition will be protected by the certified life-guard team of the Nautical Club of Chania. They have at their disposal all modern means (jet skis, life-guard boats etc.) as well as a medical team always available for immediate assistance.

The diagram of the Open Water race.



# ACCOMMODATION

Participants will be hosted at 4 stars Hotels.  
For their better convenience, hotels are located close to the swimming pool and the Open Water venue, only 15 minutes driving distance.



you are welcomed

# ACCOMMODATION

Porto Veneziano is a modern version of a navy style hotel, that will accommodate VIP guests, located at the Venetian Harbour of Chania. Rooms and suites of Porto Veneziano, guarantee a warm and comfortable stay.



## BOOKING & ENTRY FEE

- **Choice 1 (7 days):** Entry fee per participant is **750,00 Euros**. The organizer will provide:
- Accommodation in four star hotels with double or triple hotel rooms.
- Breakfast, lunch and dinner, starting with dinner on the **25th June** and ending with breakfast on the **1st July 2014**.
- Transfers from international Chania airport to hotel and return extra fee **20,00 Euros**.
- Free transfers between the official hotel and swimming pool and the Open Water venue.
- Participation at the opening and closing ceremony.

- **Choice 2 (6 days):** Entry fee per participant is **700.00 Euros**. The organizer will provide:
- Accommodation in four star hotels with double or triple hotel rooms.
- Breakfast, lunch and dinner, starting with dinner on **the 25th June** and ending with breakfast on the **30st June 2014**.
- Transfers from international Chania airport to hotel and return extra fee **20,00 Euros**.
- Transfers between the official hotel and swimming pool.
- Participation at the opening ceremony and farewell.

- **Choice 3 (4 days):** Entry fee per participant is **350,00 Euros**. The organizer will provide:
- Accommodation in four star hotels with double or triple hotel rooms.
- Breakfast, lunch and dinner, starting with dinner on the **28th June** and ending with breakfast on the **1st July 2014**.
- Transfers from international Chania airport to hotel and return extra fee **20,00 Euros**.
- Transfers between the official hotel and the Open Water venue.
- Participation at the welcome party and closing ceremony.

- Extra charges for single room ascend to **45. – Euros** per day.
- Extra day charged at **85. -- Euros** per day, including full board and accommodation.
- Any requests or queries on the price of the hire of the pool outside championship dates should be sent directly to the organizing committee.

## ATTENTION

Deadline for the final hotel booking on the 20<sup>th</sup> of April 2014.  
Later registrations will not be accepted.

## 1. PAYMENT

Minimum 50% of total entry fee should be deposited at our bank no later than **20th April 2014** to guarantee the booking. After this date (20th April 2014) the participation fee will be increased by a further 10% of the total amount. The remaining payment should be made on arrival. The organizer will only accept cash or transfers (bank charges will be charged to the remitter).

Bank cheques and credit card will not be accepted!

**BANK:** NATIONAL BANK OF GREECE  
**ADDRESS:** 38, STADIU STR. - ATHENS  
**ACCOUNT HOLDER:** HELLENIC SWIMMING FEDERATION  
**ACCOUNT:** 080/480901-72  
**IBAN:** Gr42 0110 0800 0000 0804 8100 401  
**SWIFT CODE:** ETHNGRAA

## 2. SECRETARY AND COMPETITION FEE

Participants who choose to be accommodated in hotels other than the official will have to pay **500 Euros** per person for secretarial fees, competition, opening and closing gala ceremony. No local transfers will be provided.

## 3. VISA

If you require a visa, please contact the Greek embassy or consulate in your country at least forty (40) days prior to entry in Greece.

## 4. VARIOUS

Electrical current in Greece is 220V, 50Hz.

## 5. DEADLINE - CONDITION FOR ENTRY AND PARTICIPATION

- **no later than 1st April 2014**

(Annex 1) The preliminary declaration of participation and registration form should be sent to the CMAS and organizing committee.

- **no later than 20th April 2014**

(Annex 2) Final hotel booking form and entry fee should be sent to the organizing committee. Send also copy of "bank transfer".

- **no later than 1st June 2014**

(Annex 3) The competitor's list form should be sent to CMAS HQ and the organizing committee. (on line web site [www.cmas.org](http://www.cmas.org)).

The list of national records should be sent to CMAS HQ and the organizing committee. Sport record of swimmers should be sent to the organizing committee.

**For further information, please contact us at the following address:**

Organizing Committee: Hellenic Swimming Federation  
A entrance former Western Airport, Helliniko, Athens  
PH: + 30 210-9851020 / FAX: + 30 210 9850964  
E-MAIL: [president@koe.org.gr](mailto:president@koe.org.gr) / [pr@koe.org.gr](mailto:pr@koe.org.gr)



2014 CHANIA-GREECE

# ANNEX 1

## INITIAL ENTRY FORM (Before 1th April 2014)

We will participate in the “13th CMAS FINSWIMMING WORLD JUNIOR CHAMPIONSHIP 2014” in Chania (GREECE).

### Initial Entry Form:

Please complete this form and send to CMAS HQ and Organizing Committee by e-mail: [hristoforato@gmail.com](mailto:hristoforato@gmail.com) before 14th April 2014

Country:		
Federation:		
Total number of Competitions:	male:	female:
Total number of Officials	male:	female:
Total number of the Delegation:	male:	female:

### Declaration Form:

Release from liability: I hereby declare that I exonerate of all liability however so arising, the CMAS, its affiliates, the event Organizing Committee and staff, the venue owners, sponsors, and any other persons that participate at the event, in respect to all and every action or claim about accidents that may occur.

- **Inscriptions will only be valid on the presentation, by each Federation, of the obligatory ACCIDENT INSURANCE COVERAGE POLICY for participants.**

**Please check the CMAS Procedures for participation in CMAS Championship.**

Date

(President Signature/ stamp)

(Full name in block letters)



# ANNEX 2

## HOTEL BOOKING FORM (Before 20th April 2014)

Please complete this form and send to CMAS HQ and Organizing Committee by e-mail:  
[hrisforato@gmail.com](mailto:hrisforato@gmail.com) before 14th April 2014

Country:		
Federation:		
Telephone:	Fax:	e-mail:

Please complete:

	Number of Rooms	Date	
		From	To
Single			
Double/Triple			

	Number of Rooms	Date	
		From	To
Single			
Double/Triple			

**Extra Nights:**  
 If you need extra nights, please fill in the following:

Please complete:

	Number of Rooms	Date	
		From	To
Single			
Double/Triple			

	Number of Rooms	Date	
		From	To
Single			
Double/Triple			

Method of Payment:  
 Please check (x) in one of the following:

## METHOD OF PAYMENT:

Please check (x) in one of the following:

A) Total amount by

Bank Transfer

Date Transfer

See the attached document

B) 50% of total Amount and balance at the arrival

Bank Transfer

Date Transfer

Cash on Arrival

BANK: NATIONAL BANK OF GREECE

IBAN: Gr42 0110 0800 0000 0804 8100 401

SWIFT CODE: ETHNGRAA

# ANNEX 3

## COMPETITOR'S LIST FORM (Before 1th June 2014)

<b>Country</b>			
<b>Federation</b>			
<b>Competitors</b>	<b>Men</b>		<b>Women</b>
<b>Officials</b>	<b>Men</b>		<b>Women</b>

n.	NAME	First Name	Athlete, Trainer, Delegation Chief, Doctor, Judge, Other	Male	Female	Single room
1						
2						
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30						

<b>ARRIVAL:</b>	<b>Date:</b>		<b>Time:</b>	
<b>Airport:</b>			<b>Flight No.</b>	
<b>DEPARTURE:</b>	<b>Date:</b>		<b>Time:</b>	
<b>Airport:</b>			<b>Flight No.</b>	

Date:

(President Signature/ stamp)

(Full name in block letters)



2014 CHANIA-GREECE