International Finswimming and Sport Diving competition



Snow Fins 2013

15-20 November 2013, Tomsk - Russia













Snow Fins 2013 (CMAS Finswimming and Sport Diving competition) 15 – 20 November 2013 Tomsk, Russia Prize fund - USD 25 000

OFFICIAL INVITATION

Dear Mrs/Mr President, dear sport friends,

Russian Underwater Federation and Tomsk Organizing Committee have the pleasure to invite you to participate in **Snow Fins 2013** to be held in Tomsk, Russia from 15^{th} to 20^{th} November 2013.

You will find all the information concerning the competition and the forms necessary for your participation in this package.

We shall be very honored to welcome you soon in Tomsk, Russia.

Faithfully yours,

Natalia Grechikhina Tomsk Regional Underwater Federation **President** Anna Arzhanova Russian Underwater Federation **President**

Address: 43/1, Lodochnaya str., Moscow, Russia 125364 Tel: +7 (495) 995 59 22 Fax: +7 (495) 493 83 83

Regulations and competition program

1. Denomination:

• Tomsk region underwater federation (TRUF) with the agreement of Russian underwater federation (RUF) and World Underwater Federation (CMAS) will organize the International Finswimming and Sport Diving competition Snow Fins 2013, which will be held in Tomsk on 15-20 November 2013.

2. General information:

• CMAS Finswimming and Sport diving rules will be applied.

3. Organization:

• Competition will be held in one category for finswimming competition - senior category (50 ap., 50 sf., 100 sf., 200 sf., 400 sf., 50 bf., 100bf. and 200 bf.)

With junior awards (see section 18)

- One category for sport diving competition senior category (300 m. Trial M and emersion 6kg)
- 4. Participation conditions:
 - The competition are for individuals <u>ONLY</u>;
 - Each competitor must have the National Federation Licence and CMAS Sport Licence;
 - Each competitor can take part at a maximum of three (3) individual races.

5. <u>Competition place</u>:

• The competition will be held in:

All finswimming races except Sprint CMAS Cup – swimming pool "Kedr", 25 meters, 6 lanes, water temperature is 27C 1C Address: Visotskogo Street 7, Tomsk



Sprint CMAS Cup and sport diving – swimming pool "Akvatika", 25 meters, 4 lanes, water temperature is 27C 1C

Address: Lenina Street 207, Tomsk (http://akvatika.tomsk.ru/)



6. Enrolments:

• The enrolments must be complete in the enclosed form and must be send by e-mail at the following addresses:

oxanasartakova@gmail.com band88@mail.ru

THE ENROLMENTS MUST BE SEND AT **BOTH** E-MAILS

• Hotel reservation and transportation: oxanasartakova@gmail.com band88@mail.ru

LETTERS MUST BE SEND AT **BOTH** E-MAILS

• To receive an invitation and visa support, please write to: ruf@ruf.ru Tel/fax - +7 495 493 83 83

PRELIMINARY ENTRY FORMS DEADLINE - 15.09.2013 FINAL ENTRY FORMS DEADLINE - 15.10.2013

7. Competition program:

FINSWIMMING

15 November 2013

- arrival and accommodation for <u>finswimming</u> competition participants 14:00 - 18:00 - athletes and other participants registration (IN SWIMMING POOL <u>KEDR</u>)

14:00 - 16:00 - training (IN SW. POOL KEDR)

16:00 - technical meeting (IN SW. POOL KEDR)

17:00 - judge meeting (IN SW. POOL KEDR)

16 November 2013

morning

9:30 - 10:15 - warm up

10:30 - start

Preliminary heats

- 50 surface (women, men)
- 50 bi-fins (women, men)
- 200 surface (women, men)

evening

16:00 - 16:45 - opening ceremony

17:00 - warm up

18:00 - start

Finals

- 50 surface (women, men)
- 50 bi-fins (women, men)
- 200 surface (women, men)

Award ceremony

17 November 2013

morning

9:30 - 10:15 - warm up

10:30 - start

Preliminary heats

- 50 apnea (women, men)
- 100 bi-fins (women, men)
- 100 surface (women, men)

evening

16:00 - 16:45 - warm up

17:00 - start

Finals

- 50 apnea (women, men)
- 100 bi-fins (women, men)
- 100 surface (women, men)

Award ceremony

18 November 2013

<u>morning</u>

9:30 - 10:15 - warm up

10:30 - start

Direct finals

- 400 surface (women, men)
- 200 bi-fins (women, men)

Award ceremony

evening (IN SW. POOL AKVATIKA)

16:00 - 16:45 - warm up

17:00 - Sprint CMAS Cup

Sprint CMAS Cup

- Sprint CMAS Cup (sprint marathon) consists of 8 male finswimmers and 8 female finswimmers
- 4 world best sprint male finswimmers and 4 world best sprint female finswimmers are invited to Snow Fins. Snow Fins organizers pay for their transport and accommodation expenses. These 8 finswimmers are decided after World Championship 2013 in Kazan after their results calculated. 2 male and 2 female are decided from combination 50 surface + 50 apnea; and other 2 male and female from combination 100 surface + 200 surface
- Other 8 finswimmers are decided on Snow Fins with similar calculation.

Program:

Heat 1 - 100 surface women (Snow Fins best finswimmers)

First two finswimmers proceed to heat 5

<u>Heat 2 - 100 surface women (WC Kazan best finswimmers)</u>

First two finswimmers proceed to heat 5

Heat 3 - 100 surface men (Snow Fins best finswimmers)

First two finswimmers proceed to heat 6

<u>Heat 4 - 100 surface men (WC Kazan best finswimmers)</u>

First two finswimmers proceed to heat 6

Heat 5 - 50 apnea women

First two finswimmers proceed to Grand Final

Heat 6 - 50 apnea men

First two finswimmers proceed to Grand Final

Grand Final

<u>Heat 7 - 50 surface women</u>

Heat 8 - 50 surface men

SPORT DIVING

18 November 2013

- arrival and accommodation for <u>sport diving</u> competition participants 13:00 - 16:00 - athletes and other participants registration (IN SWIMMING POOL AKVATIKA)

13:00 - 16:00 - training (IN SW. POOL AKVATIKA)

16:00 – technical and judge meeting meeting (IN SW. POOL AKVATIKA)

19 November 2013

11:00 - 11:45 - warm up

12:00 - start

- 300 m. Trial M
- Emersion 6kg

Award ceremony

20 November 2013

Delegations departure

! IMPORTANT ADDITIONAL INFORMATION!

18 November 2013

21:00

Closing and money awards & prizes ceremony Stand-up meal and party at nightclub

19 November 2013

VIP reception, press conferences, excursions and more

8. Race judges and time registration:

The race will be directed by CMAS and RUF judges.

Chief judge - according to CMAS rules

9. Protest:

- According to CMAS rules
- CMAS Finswimming and Sport diving rules with a fee of 100€

10. <u>Prizes</u>:

Medals will be given for the first, second and third classified athletes in every individual race.

Money awards and prizes - see section 18

11. Doping control:

According to CMAS rules.

12. Behavior rules:

Team manager is responsible for the behavior of the athletes during the competition.

13. Responsibility:

• TRUF, RUF, CMAS, the Competition Director, the Competition Officers and the Chief Judge are not responsible for accidents or damages caused to people and things before, during or after the competition;

14. Accommodation:

Organizing Committee offers accommodation in: Hotel Sputnik 3*, address: Belinskogo Street 15, Tomsk

a) Economy class:

30€ / person / night / breakfast (single room) 25€ / person / night / breakfast (double or triple room)

b) Standard:

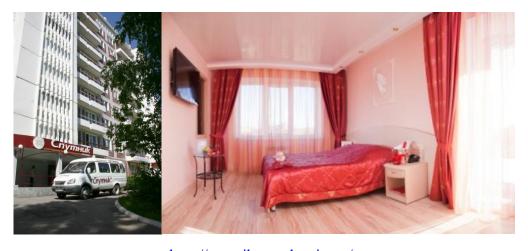
50€ / person / night / breakfast (single room) 50€ / person / night / breakfast (double room) 40€ / person / night / breakfast (triple room)

c) Luxe:

100€ / person / night / breakfast (double room) 110€ / 2 persons / night / breakfast (double room)

Meals:

Lunch + dinner can be organized in hotel for additional 15€ per person.



http://sputnik.tomskturist.ru/

15. <u>Competition fee</u>:

To participate in competition each athlete pays 50€.

(Cost of organized International competition Snow Fins 2013 including hotel – pool transfers.)

16. Transportation:

Airport Tomsk - hotel - Airport Tomsk - included in competition fee Airport/Train station Novosibirsk - hotel Tomsk - Airport/Train station Novosibirsk - 100€/person

17. Special note:

THE PRESENT PROGRAM COULD BE MODIFIED FOR ORGANIZATION CAUSE.

18. Awards:

Sprint CMAS Cup

Place	Women	Men
1	2500\$	2500\$
2	1500\$	1500\$
3	1000\$	1000\$
4	800\$	800\$
5	600\$	600\$
6	500\$	500\$
7	400\$	400\$
8	300\$	300\$

1. Best Bi-fins Swimmer – *Women* (sum of 3 distances)

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1^{st} place – 400$ + exclusive Diana finswimming set* 2^{nd} place – 300$ 3^{rd} place – 200$
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2. Best Bi-fins Swimmer – <u>Men</u> (sum of 3 distances)

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1^{\rm st} place – 400$ + exclusive Diana finswimming set* 2^{\rm nd} place – 300$ 3^{\rm rd} place – 200$
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3. Best Bi-fins Swimmer – *Girls* (sum of 3 distances)

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1<sup>st</sup> place – 400$
2<sup>nd</sup> place – 300$
3<sup>rd</sup> place – 200$
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4. Best Bi-fins Swimmer – <u>Boys</u> (sum of 3 distances)

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1<sup>st</sup> place – 400$
2<sup>nd</sup> place – 300$
3<sup>rd</sup> place – 200$
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^{*}exclusive Diana finswimming set – finsuit, swimming cap, towel, t-shirt and bag

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5. Best Finswimmer – Girls
(sum of 3 distances – 50 ap, 50 sf and 100 sf)
1<sup>st</sup> place – 400$ + exclusive Diana finswimming set*
2<sup>nd</sup> place – 300$
3<sup>rd</sup> place – 200$
6. Best Finswimmer – Boys
(sum of 3 distances – 50 ap, 50 sf and 100 sf)
1<sup>st</sup> place – 400$ + exclusive Diana finswimming set*
2<sup>nd</sup> place - 300$
3<sup>rd</sup> place – 200$
7. Best stayer – Women
(sum of 2 distances – 200 sf and 400 sf)
1^{st} place – 600$ 2^{nd} place – 400$
3<sup>rd</sup> place - 200$
8. Best stayer – Men
(sum of 2 distances – 200 sf and 400 sf)
1<sup>st</sup> place – 600$
2<sup>nd</sup> place – 400$
3<sup>rd</sup> place – 200$
9. Best Sport Diver - Women
(sum of 2 events – 300 m. Trial M and emersion 6kg)
1<sup>st</sup> place – 500$
2<sup>nd</sup> place - 300$
3<sup>rd</sup> place - 200$
10. Best Sport Diver – Men
(sum of 2 events – 300 m. Trial M and emersion 6kg)
1<sup>st</sup> place - 500$
2<sup>nd</sup> place – 300$
3<sup>rd</sup> place – 200$
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Total prize fund 25 000 \$

^{*}exclusive Diana finswimming set – finsuit, swimming cap, towel, t-shirt and bag