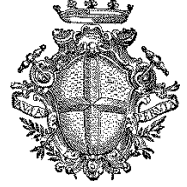


Patrocinio della
Provincia
di Modena



Patrocinio del
Comune di Modena
Settore Sport

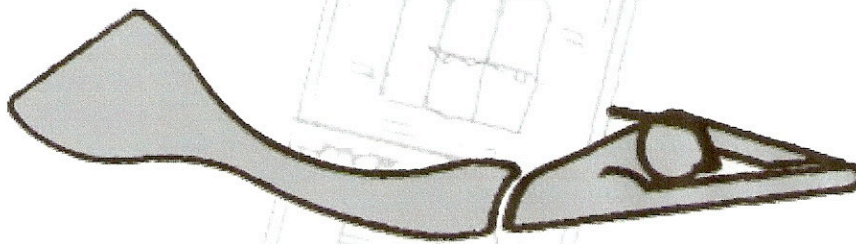


TROFEO INTERNAZIONALE GHIRLANDINA

International Finswimming Competition

**Saturday 25 and Sunday,
May 26 th 2013**

**Town swimming pool
Dogali - Modena**



MODENA – 25 and 26 May th 2013

TROFEO INTERNAZIONALE GHIRLANDINA

International Finswimming Competition

The Club **A.S.D. Nuoto Sub Modena Bruno Loschi**, with the agreement of F.I.P.S.A.S. and the participation of the Municipality of Modena, organizes the International Finswimming Competition “**TROFEO INTERNAZIONALE GHIRLANDINA**”, that will be held in Modena on 25 and 26 May th 2013.

PARTICULAR REGULATION

➤ **1- ORGANIZATION:**

The competition, in accordance with the C.M.A.S. Finswimming Rules and this Particular Regulation, accepted from all the participants, includes the following races and categories:

CATEGORY A (year 1995 and older) – F/M:

mt.50sf - mt.50bf - mt.50apnea - mt.100sf - mt.100bf - mt.100im ASSOLUTI - mt.200sf - mt.200bf
mt.400sf ASSOLUTI - mt.400bf ASSOLUTI - mt.400im ASSOLUTI - mt.800sf ASSOLUTI - mt.800im ASSOLUTI
mt.1500sf ASSOLUTI - Relay 4x100

CATEGORY B (years 1996-2001) – F/M:

mt.50sf - mt.50bf - mt.50apnea - mt.100sf - mt.100bf - mt.200sf - mt.200bf - Relay 4x100sf

CATEGORY C (years 2002 and younger) – F/M:

mt.50bf - mt.100bf – Unified Relay 4x50bf (years 2002-03) – Unified Relay 4x50bf (years 2004-05)

Swimming style: sf=*surface*; im=*immersion*; bf=*bifins*

ASSOLUTI= *Categories A and B*

➤ **2- PARTICIPANTS:**

Each club must be associated by a National Federation recognized by C.M.A.S. and each competitor must have the **CMAS International Licence**.

➤ **3-ENROLMENTS**

The enrolments must be done only fill in the attached form and sent it **before Thursday 16th May 2013** to: **A.S.D. Nuoto Sub Modena Bruno Loschi – Via IV Novembre, No.40/D - 41123 Modena**, or by fax +39(0)59219812, or e-mail: pinnato@brunoloschi.it.

For each team are required the name, surname and telephone number of one of the team manager.

Inscription fees are € 10,00 for each club, € 4,00 for each athlete/competition, and € 12,00 for each relay race.

Regardless of the number of athletes registered the maximum amount of taxes owed is € 600,00.

The matches not played will not be refunded.

Payment must be made by direct bank transfer:

BANK: **UniCredit Banca – Agenzia Modena Corassori**

ACCOUNT: **A.S.D. Nuoto Sub Modena Bruno Loschi – Trofeo Internazionale Ghirlandina**

EU IBAN: **IT13A020081290700002906824** BIC: **UNCRTBINO7**

IMPORTANT. Enrolment will be accepted only when accompanied by bank transfer receipt sent by fax to +39(0)59219812.

➤ **IMPORTANT:** The event will be filmed by television and a photographer will take pictures during the various moments of the competition. Sunday 27th May, at the end of the event, close to the swimming pool, there'll be a traditional lunch called “Ghirlandina’s Barbecue” (also guaranteed in the adjacent indoor place in case of bad weather). ➤

Open to all, obligatory booking (inserting the number of the participants in the registration’s form).

Information: Mr. Giancarlo Pagliarini tel. No. +39337295401.

➤ **4-COMPETITION PLACE and PRELIMINARY PROCEDURES**

The Competition will be held in county swimming pool “Dogali”, Via Dogali No.17 Modena, tel.+39(0)59217525, (close to the Braglia’s Football Stadium).

The Olympic open swimming pool is 50mt long, with nr. 8 lines, deep from 1,40 to 3.80 meters.

All sport documents of the swimmers will be checked on Saturday 25th May 2013 from 8.00 am at the swimming-pool.

The races will start on 8.45 am both on Saturday and on Sunday morning. Warm up will be from 8.00 am to 8.30 am (mt.50 only categories A and B, mt.25 only category C). On Saturday afternoon the races will start on 3.45 pm and the warm up will be from 3.00 pm to 3.30 pm. Inside the structure, a 25mt swimming pool will be available for warm up: on Sunday from 8.00 am to 8.30 am only category C and from 8.30 am to 10.00 am all categories.

On Sunday morning before the starting session of races is planned the “Athletes of category C Parade”.

All athletes invited to parade must wear their team uniform.

The end of the competition is expected to be on Sunday at 13.00 am.

➤ **5-RACES JUDGES AND TIMING REGISTRATION**

The competition will be directed by the judges of F.I.P.S.A.S.
Timekeepers with electronic systems are from Federazione Italiana Cronometristi (F.I.Cr.) of Modena.

➤ **6-RACES**

There's no limit to participate to individual races, but each competitor will be allowed to take only one relay race;
Different relay races both for men and women are admitted for each club and category.

➤ **7-STARTS**

The enrolment times will be used to define the starting lines. The athletes will have to remain at complete disposal of the Starting Judge, with his/her complete equipment, at least 10 minutes before the race starts.

IT WILL BE CONSIDERED VALID ONLY ONE START.

➤ **8-EQUIPMENT AND BOTTLE REFILLS**

The equipment, including bifins, monofins, snorkel and bottle, must respect F.I.P.S.A.S. and C.M.A.S. Italian regulation. Bottles without homologation will not be accepted.

All bottles used must have passed a hydrostatic test less than 2 years before the competition, or even less if it is required by the local registration;

Bottles' recharge could be done on Saturday and on Sunday. But all the bottles, including those used for warm-up, must be delivered before 8.30am for the races of Saturday and Sunday morning, and before 3.30pm for the races on Saturday afternoon.. Swimming caps are obligatory.

➤ **9-RANKING**

The classification both for individual races and for relay races will be done on the basis of each report and of the R.G.N. regulation. The competition's rank will be determined by race times. There will be no final.

Times to determine Regional qualifications will be taken from the races of Absolute category.

➤ **10-AWARDS**

Medals will be given to the first, second and third classified for each individual race and relay race. Prizes will be given to the best competitor for categories men, women, boys and girls. Cups will be given to each club. The award ceremony will take place during the event. The athletes must remain available for awards and **each athlete MUST WEAR his TEAM UNIFORM.**

➤ **11-LIABILITY**

F.I.P.S.A.S., A.S.D. Nuoto Sub Modena Bruno Loschi, the Competition Director, the Competition Officers and Judge Director are not responsible for accidents or damage caused to people and thing, before, during or after the competition. The organizer shall ensure the presence of medical assistance and ambulance.

➤ **12-SPECIAL NOTES**

The present regulation and program could be modified by the organization club.

Like R.N.G. of F.I.P.S.A.S., the athletes that will not be respectful to the organization, the judges, other athletes and the place of the event, will be immediately disqualified.

Each team will be completely liable of their athlete's behaviour during the event.

The organization club
A.S.D. Nuoto Sub Modena Bruno Loschi
Via IV Novembre 40/D – tel/fax.+39(0)59219812
e-mail: pinnato@brunoloschi.it

PROGRAM RACES

Saturday morning – 25th May 2013

8.00/8.30 - Warm-up -
 8.45 - Start races -
 mt.1500 surface ASSOLUTI
 mt.50 bifins
 mt.50 apnea
 mt.800 immersion ASSOLUTI
 mt.200 bifins
 mt.200 surface
 12.00 - Lunch -

Saturday afternoon – 25th May 2013

15.00/15.30 - Warm-up -
 15.45 - Start races -
 mt.50 surface
 mt.800 surface ASSOLUTI
 mt.100 bifins
 mt.100 surface
 mt.400 immersion ASSOLUTI
 mt.400 bifins ASSOLUTI

Sunday morning – 26th May 2013

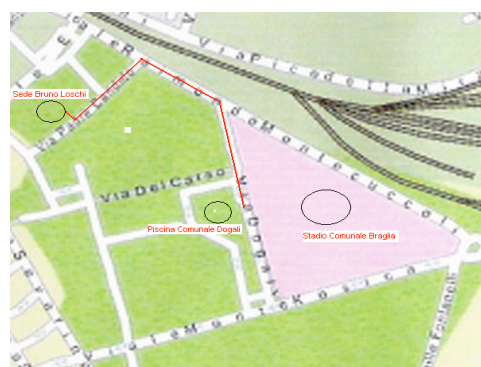
8.00/8.30 - Warm-up: **pool mt.50 only categories A and B** -
 8.00/8.30 - Warm-up: **pool mt.25 only category C** -
 8.45 - Unthread athletes category C in social uniform -
 9.00 - Start races -
 mt.50 bifins CATEGORY C
 mt.100 immersion ASSOLUTI
 mt.100 bifins CATEGORY C
 mt.400 surface ASSOLUTI
 Unified Relay 4x50 bifins (years 2002-03) Female
 Unified Relay 4x50 bifins (years 2002-03) Male
 Unified Relay 4x50 bifins (years 2000-01) Female
 Unified Relay 4x50 bifins (years 2000-01) Male
 Relay 4x100 CATEGORIES B Female/Male
 Relay 4x100 CATEGORIES A Female/Male
 13.00 - Closing Ceremony -



13.00 – The traditional “GHIRLANDINA’S BARBECUE”- BOOKING REQUIRED –



The GHIRLANDINA’S BARBECUE is located in Bruno Loschi’s head office (500mt from the swimming pool as you can see on the map). It will be also guaranteed in case of bad weather in the adjacent indoor area.



Special promotion 24 and 25 May th 2013

Bed and breakfast

Special promotion: HOTEL EDEN (to 4km from the swimming pool)

Via Emilia Ovest, No.666 (to 3Km outside Highway exit Modena Nord, in the direction centre of the city)

To book require the “**Special Promotion Bruno Loschi 2013**” bed and breakfast:

- single room €50,00 - double room €65,00 - triple room €85,00

- Info: www.hoteledenmodena.it - e-mail: info@hoteledenmodena.it

fax.+39(0)59820108, tel.+39(0)59335660 Mr. Andrea.

Special promotion: PRINCIPE HOTEL (to 1 km from the swimming pool).

C.so Vittorio Emanuele, No.94 (to 200 meters from the central railway station).

To book require the “**Special Promotion Bruno Loschi 2013**” bed and breakfast:

- single room €50,00 - double room €70,00 - triple room €90,00

- Info: www.hotelprincipe.mo.it - e-mail: info@hotelprincipe.mo.it - tel.+39(0)59218670, fax+39(0)59237693

Mr.Giacomo.

Special promotion: LA CORTE DEI SOGNI (6 km away from the swimming pool, 5 km Highway Modena Sud) -

Stradello Romano, No. 8 (lateral Via Emilia Est, location Fossalta).

To book require the “**Special Promotion Bruno Loschi 2013**” bed and breakfast:

- single room €60,00 - double room €70,00 - quad room €110,00

- Info: www.lacortedeisogni.it - e-mail: info@lacortedeisogni.it - tel.+39(0)59283138 Mr. Andrea.

Lunch and dinner

Special promotion: Restaurant “PIZZA & ALTRO” for lunch and/or dinner on Friday and Saturday,

Via Marianini n°79, at 600 meters from the swimming pool.

Info: e-mail: eccociqua@eccociquapizzeriaristorante.com - tel.+39(0)59821688 Mr. Emanuele (Monday closed).

To book require the “**Special Promotion Bruno Loschi 2013**”

SPORTING MENU’ to € 12,00 to person (inclusive only water as drink):

Lunch

- pasta with tomato
- fromage and cold cuts (ham, etc..)
- vegetables
- water

Dinner

- pasta with tomato
- meat
- vegetables
- water

Special promotion: Self service “D.L.F.” for lunch and/or dinner on Friday and Saturday,

Via Dell’Abate n°46, at 800 meters from the swimming pool, near central railway station.

To book require the “**Special Promotion Bruno Loschi 2013**”:

MENU’ to € 12,00 to person (inclusive only water as drink)

Info: tel.+39(0)59242459 Mr. Valerio.