

## **8th CMAS FINSWIMMING WORLD CUP**

**17-19 MAY 2013**

**GLIWICE, POLAND**

### **PARTICULAR REGULATION**

#### **1. Denomination:**

**T**he Polish Underwater Federation PZP-n – authorized by CMAS – invite all interested Federations and Clubs to participate on the 8<sup>th</sup> CMAS World Cup 2013.

The 4<sup>th</sup> Round to be organized in the period from 17<sup>th</sup> to 19<sup>th</sup> of May 2013 in Gliwice (Poland)

#### **2. Participation rules and races :**

**T**he competition is governed by the Finswimming International Rules of CMAS, by the Finswimming Worlds Cup-Pool Rules of CMAS, that every athlete affirms to know and to follow.

Races and categories are the following:

##### **SENIOR (Cat. "A") M/F**

50 m ap., 100 m im.,

50 m sf., 100 m sf., 200 m sf., 400 m sf., 800 m sf., **Relay: 4 x 100 m sf.**

50 m bf., 100 m bf., 200 m bf.,

##### **JUNIOR (Cat. "B, C, D") B/G**

50 m ap., (competitors of Cat. "D" cannot entering) 100 m im.,

50 m sf., 100 m sf., 200 m sf., 400 m sf., 800 m sf., **Relay: 4 x 100 m sf.**

50 m bf., 100 m bf., 200 m bf.,

**IMPORTANT:**

1. All team members of the respective National Federation must be affiliated to CMAS. The Clubs have to send the required approvals from their National Federations affiliated to the Sport Committee and the Finswimming Commission of CMAS.
2. All athletes have to have their respective CMAS licenses.
3. Each competitor can take part in a maximum of three (3) individual races and one (1) relay.
4. Each team can enroll a maximum of two (2) swimmers for each individual race.
5. Only clubs can participate in the CMAS Finswimming World Cup Meeting.
6. Each competitor can participate only on behalf of one (1) club during the year.

**3. Competition place :**

The competition will take place in the “OLIMPIJCZYK Swimming Pool” in Gliwice. The swimming pool has a length of 50m, a width of eight lanes and a depth of 2m. The temperature of the water is 26°C ( $\pm 1^{\circ}\text{C}$ ).



**4. Final enrolment :**

The only valid and acceptable application form is supplied as attachment with this set of rules and must be filled duly. Final enrolment has to be completed on the attached entry form and must be received before **the 17<sup>th</sup> May 2013** at the following e-mail address:

[biuro@pzp-n.pl](mailto:biuro@pzp-n.pl)

[logo@logo.gdynia.pl](mailto:logo@logo.gdynia.pl)

[www.cmasworldcup.org/2013poland/](http://www.cmasworldcup.org/2013poland/)

## **5. Inscription fee :**

**The inscription fee: € 20 for each club; € 7 each distance ; € 14 each relay**

Fee paid for not performed races will not be reimbursed. Late enrolments may be accepted with a fine of € 100. Also relays must be declared with time on the enrolment form as well, even though competitors names are not known. Payment should be made by direct bank transfer to:

**Name of the Bank :** BANK ZACHODNI WBK SA  
I ODDZIAL GDYNIA  
**Address:** UL. 10 LUTEGO 11  
81-366 GDYNIA  
**Beneficiary:** Polski Związek Pletwonurkowania,  
Ul. Marii Curie-Skłodowskiej 19/201  
81-231 Gdynia, Poland  
**Bank account no:** SWIFT (BIC CODE) : **WBKPPLPP**  
IBAN: PL9310901102000000115588285

**Enrolments will only be accepted when accompanied by bank transfer receipts.**

## **6. Preliminary procedures :**

All sport documents of the swimmers will be checked on Friday, 17<sup>th</sup> May 2013 from 12.00 to 19.00 at the swimming pool OLIMPIJCZYK, Oriona 120 Street, Gliwice

## **7. Equipment and bottle refills :**

The control of the equipment and the bottles will take place at the swimming pool OLIMPIJCZYK, Oriona 120 Street, Gliwice on Friday, 17<sup>th</sup> May 2013 from 12.00 to 19.00

## **8. Timer :**

Electronic. Omega system.

## **9. Classifications :**

Classifications will be based on times registered by the timekeepers, results will be compiled according to CMAS score. For distance races no finals are organized.

## **10. Prizes :**

**Individual prizes:** medals will be given to the first three classified athletes in every individual race and every relay.

**Teams prizes:** all clubs will be given cups.

Awarding ceremonies will take place during the competition, so the involved athletes have to be at organizing staff's disposal at the right time. During ceremonies awarded athletes must wear official uniforms of their teams.

## **11. Antidopping :**

WADA – World Antidoping Code

CMAS – Antidoping Rules

MBSZ – Antidoping Rules

Athletes accept these rules as a condition of participation.

## **12. Responsibility :**

The Polish Underwater Federation PZP-n, CMAS, the Competition Director, Competition Officers and the Chief Judge are not responsible for accidents or damage caused to people and personal effects before, during or after the competition. The organizer ensures the presence of medical assistance.

## **13. National Flag :**

Each team has to bring a national flag of their country with an approximate size of 2m x 1m.

## **14. Special Notes :**

The program of the World Cup can be modified according to the needs of the organizer's judgment. Participating teams will get all information about the changes in time. Swimmers must be available for the Start Judge with their equipment complete at least 10 minutes before the race starts. Organizers reserve the right to accept and insert an athlete or relay at any time at their discretion, in or outside the official classification, on the specific request of a participating club.

Rules in general concerning this competition can be found on the website of CMAS, under the Finswimming Rules.

## 7th CMAS FINSWIMMING WORLD CUP

17-19 MAY 2013

GLIWICE, POLAND

### PROGRAM

#### Friday 17<sup>th</sup> May 2013

- 12.00 Arriving of teams, checking of documents, payment of participant fee and accommodation fee  
 Check of equipment (fins, snorkels, bottles)
- 17.00 – 21.00 Training time
- 19.30 Technical meeting with trainers at the swimming pool OLIMPIJCZYK

#### Saturday morning 18<sup>th</sup> May 2013

- 8.00 – 8.55 Warming up
- 9.00 50 m ap M/F "A" cat.  
 50 m ap B/G "B,C" cat.  
 800 m sf M/F "A" cat.  
 800 m sf B/G "B,C,D" cat.  
**Prize Giving**

#### Saturday afternoon 18<sup>th</sup> May 2013

- 14.00 – 15.00 Warming up
- 15.00 **Opening Ceremony**
- 15.30 50 m bf M/F "A" cat.  
 50 m bf B/G "B,C,D" cat.  
 200 m sf M/F "A" cat.  
 200 m sf B/G "B,C,D" cat.  
 100 m im M/F "A" cat.  
 100 m im B/G "B,C,D" cat.  
**Prize Giving**

## **Sunday morning 19<sup>th</sup> May 2013**

8.00 – 8.55 Warming up  
9.00 100 m bf M/F "A" cat.  
100 m bf B/G "B,C,D" cat.  
100 m sf M/F "A" cat.  
100 m sf B/G "B,C,D" cat.  
400 m sf M/F "A" cat.  
400 m sf B/G "B,C,D" cat.

**Prize Giving**

## **Sunday afternoon 19<sup>th</sup> May 2013**

14.00 – 15.00 Warming up  
15.00 50 m sf M/F "A" cat.  
50 m sf B/G "B,C,D" cat.  
200 m bf M/F "A" cat.  
200 m bf B/G "B,C,D" cat.  
4 x 100 m relay M/F "A"  
4 x 100 m relay B/G "B,C,D"

**Prize Giving and Closing Ceremony**

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### ACCOMMODATION

**O**rganizers offer accommodation possibility during the competition with enrolment deadline **of 17<sup>th</sup> May 2013 (Enclosure 2\_Booking Form):**

1. Full board accommodation is offered in the following categories:  
*(from Friday 17<sup>th</sup> May 2013 – dinner, until Sunday 19<sup>th</sup> May 2013 – lunch)*

Hotel \*\*\* 120€/person (rooms with 1-2-3 beds)

2. Full board accommodation is offered in the following categories:  
*(from Friday 17<sup>th</sup> May 2013 – dinner, until Monday 19<sup>th</sup> May – breakfast)*

Hotel\*\*\* 170€/person (rooms with 1-2-3 beds)

3. Single room extra price is 25€/person/day.

### TRANSPORTATION

**T**ransfer Katowice-Pyrzowice Airport – Gliwice 50€ / person / in group up to 4 person  
Katowice-Pyrzowice Airport – Gliwice 40€ / person / in group 5 to 15 person  
Katowice-Pyrzowice Airport – Gliwice 30€ / person / in group 16+ person  
(price include arrival and departure)

## BOOKING CONDITIONS AND PAYMENT

1. The booking deadline will be **on 17<sup>th</sup> May 2013**. After this period fee will be increased by 10%.
2. Payment should be made by direct bank transfer:

**Name of the Bank :** BANK ZACHODNI WBK SA  
I ODDZIAŁ GDYNIA

**Address:** UL. 10 LUTEGO 11  
81-366 GDYNIA

**Beneficiary:** Polski Związek Płetwonurkowania,  
Ul. Marii Curie-Skłodowskiej 19  
81-231 Gdynia, Poland

Bank account no: SWIFT (BIC CODE) : **WBKPPLPP**  
IBAN: PL9310901102000000115588285

## DEADLINES

<b>PRELIMINARY ENTRY</b> (Enclosure 1 and 2)	<b>17<sup>TH</sup> MAY, 2013</b>
<b>FINAL ENTRY</b> (Enclosure 3 )	<b>25<sup>TH</sup> MAY, 2013</b>
<b>WITHDRAWAL</b>	<b>30<sup>TH</sup> MAY, 2013</b>

## CONTACT:

**Polish Underwater Federation**, fax: +48 58 739 10 74;

**Robert Nowicz** , mobile + 48 607 613 436;

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[www.cmasworldcup.org/2013poland/](http://www.cmasworldcup.org/2013poland/)