



**GOLDEN FINAL**  
**CMAS FINSWIMMING WORLD CUP**

**POOL – LONG DISTANCE**  
**EGYPT – ALEXANDRIA 2012**



**27 SEPTEMBER – 01 OCTOBER 2012**



## **Particular Regulation**

### **Denomination:**

The Egyptian Diving and Lifesaving Federation (EDLF) with the CMAS Authorization organizes during the days 27<sup>th</sup> September – 1<sup>st</sup> October 2012, the golden final of Finswimming World Cup 2012 (Pool – Long Distance).

### **Participation Rules and Races:**

The competition is ruled by CMAS Finswimming International Rules, by CMAS Finswimming World Cup Rules, and by these Particular Rules that every athlete, with his/her enrolment affirms to know and to agree to follow:

### **Golden Final Finswimming World Cup Program**

#### **Senior (Cat. A) M/F**

50 m ap., 100 m im.,

50 m sf., 100 m sf., 200 m sf., 400 m sf., 800 m sf., relay 4 x 100 m sf.,

50 m bf., 100 m bf., 200 m bf.

#### **Junior (Cat. B) B/G**

50 m ap., 100 m im.,

50 m sf., 100 m sf., 200 m sf., 400 m sf., 800 m sf., relay 4 x 100 m sf.,

50 m bf., 100 m bf., 200 m bf.

- All team members of National Federations should be affiliated to CMAS.
- Clubs need to send agreements from their national federations affiliated to the Finswimming Commission of the Sports Committee.
- All athletes must be in the possession of "CMAS licenses".
- Each competitor can take part in a maximum of three (3) individual races and (1) relay.
- Each team can enroll a maximum of two (2) swimmers into each individual race.
- In the CMAS Finswimming World Cup Race only clubs can participate.
- Each competitor can participate on behalf of only one (1) club during the year

### **Competition Field:**

The competition will take place in the "Olympic Swimming Pool (Pool) and Montazah Gulf (Long Distance)" in Alexandria City. The swimming pool has a length of 50 m., a width of 10 lanes, depth of 2 m, electronic scoreboard about 3000 spectator's seat. The temperature of water is 26 °C.



### **Final Enrolment:**

- The only valid application form that must be filled in is supplied as attachment to this set of rules.
- The final enrolment must be completed on the attached entry form and must be received before 1<sup>st</sup> September 2012 at the following e-mail address [uwf@access.com.eg](mailto:uwf@access.com.eg) – [edlf\\_eg@yahoo.com](mailto:edlf_eg@yahoo.com)
- The inscription fee for World Cup : 25 EURO per club and 15 EURO per athlete
- Late enrolments may be accepted with a fine of 100 EURO.
- Relays must be declared with time on the enrolment forms well (even without competitor's names)

Payment should be made by direct bank transfer:

**Name of the Bank:** : Banque Misr  
**Saving Department** : 17, Gawad Hosni Street, Cairo, Egypt  
**Swift Code** : B M I S E G C X 1 0 1  
**Name** : Egyptian Diving and Lifesaving Federation  
**Account #** : 1011 20000 27054

Enrolment will only be accepted when accompanied by bank transfer receipt.

### **Preliminary Procedures:**

All sport documents of the swimmers will be checked on Thursday, 27<sup>th</sup> September 2012 from 15:00 at the swimming pool.

### **Timer:**

The timekeeper of the swimming pool of Alexandria will record the times through electronic system.

### **Classifications:**

The classifications will be based on the times registered by the timekeepers; the results will be compiled according to CMAS score. For all distance races no final are provided.



**Prizes:**

**Individual Prizes:** Medals will be given to the first three classified athletes in every individual race and in every relay.

**Teams Prizes:** Each club will be given prizes.

Cups will be given to the best swimmer male / female in Cat. A / B.

Award ceremonies will take place during the competition, so athletes involved should be at the full disposal of the organizing staff at the right time. During the ceremony athletes involved must wear official uniforms of their team.

**Anti-dopping:**

WADA – World Antidoping Code

CMAS – Antidopping Rules

All athletes accept these rules as a pre-condition of their participation

**Responsibility:**

The Egyptian Diving and Lifesaving Federation, CMAS, the Competition Director, Competition Officers and the Chief Judge are not responsible for accidents or damage caused to people and objects before, during or after the competition. The organizer shall ensure the presence of medical assistance.

**National Flag:**

Each team is supposed to bring one national flag with an approximate size of 2 m x 1 m.

**Special Notes:**

The present program could be modified based on for organizational causes. Participating teams will get all information about the changes on time. Swimmers must be available for the Start Judge with their complete equipment at last 10 minutes before the race starts. The organizer reserves the right to accept and insert an athlete or a relay at any time at their discretion, in or outside the official classification, on the specific request of a participating club.

Any other rule concerning the competition can be found in the CMAS Finswimming Rules.



## Golden Final

### CMAS Finswimming World Cup

27<sup>th</sup> September – 01<sup>st</sup> October 2012,

#### **Thursday 27<sup>th</sup> September 2012:**

- 12:00 Arrival Teams, Checking of Documents, Payment of Participant Fee and Accommodation Fee.
- 15:00 Checking of Equipment (Fin, Snorkel)
- 16:00 – 19:00 Training Possibility
- .....

### POOL PROGRAM

#### **Friday Morning 28<sup>th</sup> September 2012:**

- 08:00 – 08:45 Warming Up
- 09:00 50 m ap M/F "A" Cat.
- 50 m ap B/G "B" Cat.
- 800 m sf M/F "A" Cat.
- 800 m sf B/G "B" Cat.

#### **Prize Giving**

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#### **Friday Afternoon 28<sup>th</sup> September 2012:**

- 15:00 – 15:45 Warming Up
- 16:00 Opening Ceremony
- 200 m sf M/F "A" Cat.
- 200 m. sf B/G "B" Cat.
- 50 m bf M/F "A" Cat.
- 50 m bf B/G "B" Cat.
- 100 m im M/F "A" Cat.
- 100 m im B/G "B" Cat.

#### **Prize Giving**

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#### **Saturday Morning 29<sup>th</sup> September 2012:**

- 08:00 – 08:45 Warming Up
- 09:00 100 m sf M/F "A" Cat.



100 m sf B/G "B" Cat.  
100 m bf M/F "A" Cat.  
100 m bf B/G "B" Cat.  
400 m sf M/F "A" Cat.  
400 m sf B/G "B" Cat.

**Prize Giving**

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**Saturday Afternoon 29<sup>th</sup> September 2012:**

15:00 – 15:45 Warming Up  
16:00 50 m sf M/F "A" Cat.  
50 m bf B/G "B" Cat.  
200 m bf M/F "A" Cat.  
200 m bf B/G "B" Cat.  
4 x 100 m relay M/F "A" Cat.  
4 x 100 m relay B/G "B" Cat.

**Prize Giving**

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**LONG DISTANCE PROGRAM**

**Sunday 30<sup>th</sup> September 2012:**

09:00 – 09:30 Warming Up  
10:00 – 12:00 6 km M/F "A" Cat.  
12:00 – 14:00 6 km B/G "B" Cat.

**Prize Giving**

19:00 **Closing Ceremony - Gala Dinner Party**

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**Monday 1<sup>st</sup> October 2012:**

12:00 Departure



**Accommodation:**

- Organizers offer accommodation possibility during the competition deadline of enrollment 20<sup>th</sup> September 2012
- Full board accommodation is offered in the following category:
- The official accommodation starts from the lunch of Thursday 27<sup>th</sup> September 2012 till the breakfast of Monday 1<sup>st</sup> October 2012.

**Cost:** 200 EURO / person in double or triple rooms.

Single room extra price is 25 EURO / person / night.

Cost will include full board accommodation, local transportation, training, opening and closing ceremony. These rates apply for any extra days.

**Payment Conditions:**

- 50% Advance payment with preliminary entry form no later than 01/09/2012
- 50% Remaining balance no later than 20/09/2012
- Those athletes who do not accept the accommodation offered by the Organizing Committee are supposed to pay 50 EURO / person as organizing fees.

**Transportation:**

- The cost of transfer (Cairo Airport – Alexandria – Cairo Airport) or (Alexandria Airport – Hotel – Alexandria Airport) will depend on the number of persons transported.

**For Further Information, Please Contact:**

**Egyptian Diving and Lifesaving Federation**

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Email: [uwf@access.com.eg](mailto:uwf@access.com.eg) – [EDLF\\_EG@YAHOO.COM](mailto:EDLF_EG@YAHOO.COM)

Website: [WWW.EDLF-EG.COM](http://WWW.EDLF-EG.COM)

**Looking Forward to Seeing You in Alexandria, Egypt**

*Yours Sincerely*

*EDLF President*

*Sameh El-Shazly*

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