

# CMAS Overhead Environment Scooter Diver Course Level III

# **STANDARDS AND REQUIREMENTS**

# **VERSION 2008/01**

(CA 158 12/01/08)

# CAUTION

The operation and handling of an underwater scooter, as well as the appropriate technical maintenance requires a certain minimum of technical understanding and knowledge, a certain minimum level of diving skills and competence and an appropriate equipment configuration. As any moving object may represent a potential danger to other persons in its vicinity, the driver must also have a distinctive feeling of responsibility for all his/her doing.

Therefore, CMAS does NOT endorse, promote or otherwise recommend the use of such devices, even at recreational diver course level, for

- > persons of less than 16 years of age
- divers not having at least a CMAS 2star diving certificate (or equivalent)
- > divers without the proper training as received in a CMAS (or otherwise) sanctioned scooter diver course
- divers not meeting the minimum requirements for mandatory equipment and its configuration (ref. to standards and training program for CMAS scooter diver courses)
- diving beyond the limits as set by the diver's certification level or the operational limits set by the manufacturer of such a device (whichever applies first)

Having appropriate private liability insurance with a minimum coverage of 2 Million Euros is absolutely mandatory. By no means and under no circumstances, must scooters or any other towing devices be used as a substitute for the lack of physical fitness.

## 1. Glossary of used terms and abbreviations

## 1.1 Equipment

BC	Buoyancy Compensator (vest, jacket)
SPG	Submersible Pressure Gauge (depth-gauge)
SMB	Surface Marker Buoy
a dangly	a piece of equipment loosely hanging down, not closely attached to the body

## 1.2 Organisations

NACD	National Association for Overhead Diving
NSS-CDS	National Speleological Society – Overhead Diving Section
SNSS	Scuola Nazionale di Speleologia Subacquea
CDAA	Overhead Diving Association of Australia
CDG	Overhead Diving Group (Great Britain)
ANDI	American Nitrox Divers International
TDI	Technical Diving International
IANTD	International Association of Nitrox and Technical Divers

## 1.3 Certifications / Levels of Training

### 1.3.1. Foreign

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	OWD	Open Water Diver (entry diver level); equiv. to CMAS 1 star
	AOWD	Advanced Open Water Diver; equiv. to CMAS 2 star
	MSD	Master Scuba Diver ; equiv. to CMAS 3 star
	DM	Divemaster; approx. equiv. to a CMAS 4 star

### 1.3.2. CMAS

Cave Diver 1	= Cavern Diver Diver certified to dive in zone 1 (daylight zone) of a overhead with a per- manent guideline; depth limit 20m, max. penetration 50m from surface
Cave Diver 2	<ul> <li>= (Advanced) Cave Diver</li> <li>Diver certified to dive in zone 2 (zone of total darkness) of a overhead;</li> <li>depth limit 30m, no sumps, no restrictions, max. penetration set by 2x10l tank</li> </ul>
Cave Diver 3	= Full Cave Diver Diver certified to dive in zone 3 of a overhead, which is anything beyond zone 2; depth limit 40m EAD.

## 1.4 Scooters designations (synonyms)

DPV	Diver Propulsion Vehicle (mainly used in US)
ADV	Advanced Diving Vehicle (used by SUEX)
UPV	Underwater Propulsion Vehicle
Propulseur	French term for underwater scooter

## 1.5 Other

Overhead environment	Any diving place where the direct ascent to the water surface is not possi- ble due to natural or artificial obstructions such as caverns, caves, wrecks, mines, submerged buildings, under ice.
OOA- situation	Out-of-Air situation
OOG- situation	Out-of-Gas situation (more general term)

## 2. Preface

#### The main objectives of this course compared to Tec Scooter Diver course are:

2.1 To refresh and reinforce knowledge and skills learned in the Recreational- and Tec Scooter Diver

- courses and improving them to a higher level of proficiency
- 2.2 Getting familiar with the technique of class 3 scooters
- 2.3 To correctly and safely use class 3 scooters in overhead environment
- 2.4 To learn all necessary skills to master emergency situations in overhead environment

## 3. Course Classification

The Overhead Environment Scooter Diver Course is an advanced specialty course This course can only be classified as an addition to other certifications which develop the necessary basics.

## 4. Course Prerequisites and Constraints

### 4.1 Prerequisites for students (for course admission)

- 4.1.1. Must be at least 18 years old
- 4.1.2. CMAS three star diver or equivalent (e.g. Master Scuba Diver)
- 4.1.3. CMAS Advanced Nitrox Diver or equivalent
- 4.1.4. CMAS stage handling course OR must show proof of mastering stage handling techniques AT BEGINNING of course (assessment)
- 4.1.5. CMAS Buddy Rescue Course OR must show proof of mastering buddy rescue techniques AT BEGINNING of course (assessment)
- 4.1.6. CMAS Tec Scooter Diver or equivalent
- 4.1.7. CMAS Full Cave Diver or equivalent (accepted organisations: NACD, NSS-CDS, SNSS, CDAA, CDG)

OR CMAS Wreck Penetration Diver

OR CMAS (UNDER) ICE DIVER

OR any equivalent certification from accepted organisations giving advanced diving competence in overhead environment

- 4.1.8. Minimum of 50 logged overhead dives after certification as a CMAS Full Cave Diver OR CMAS Wreck Penetration Dive OR CMAS (UNDER) ICE DIVER
  - OR any equivalent certification from accepted organisations
- 4.1.9. Valid medical attest (fitness for diving) in compliance with the regulations of the national CMAS federation
- 4.1.10. Equipment as requested under "Personal equipment"
- 4.1.11. Private Liability Insurance with a minimum coverage of 2 Million Euros

#### 4.2 Requirements for training scooters in use

All scooters used must fulfil at least all technical characteristics as defined in the "CMAS CONSTRUCTION STANDARDS FOR UNDERWATER SCOOTERS" for Class 3 rated scooters.

#### 4.3 Training limits

- 4.3.1. Training limits for cave zone 3 (40m EAD); ref. to document "CMAS CAVE DIVING STANDARDS AND TRAININGG SYSTEM"
- 4.3.2. Within diver's certification limits
- 4.3.3. Within scooter's operational limits (depth and range); ref. to manufacturer's "User Manual for Operation"

## 5. Entry assessment (only if deemed necessary)

An entry assessment can be utilized to verify that candidates fulfil all prerequisites with regard to theoretical knowledge, practical skills and physical performance. Candidate must successfully pass all assessment requirements before being accepted to course.

#### 6. Aims and priorities of the training

- 6.1 To reinforce the understanding of the 3 different types of scooters, their relevant technical characteristics, their intended range of operation and their limitations, as defined in the "CMAS CONSTRUCTION STANDARDS FOR UNDERWATER SCOOTERS".
- 6.2 To provide a clear understanding of the basic functions of the scooter : mechanical, electrical and nautical
- 6.3 (i.e. buoyancy in fresh and sea water, trim, torque, steering)
- 6.4 To provide a clear understanding of the basic scooter's maintenance
- 6.5 Proper equipment set-up for efficient scooter diving
- 6.6 To provide a clear description of the scooter operation in different environment with advantages and limitations of the machine
- 6.7 Scooter dive planning in the overhead environment: scooter's burn time and gas management planning

- 6.8 Multiple scooters dive planning
- 6.9 Pre-dive and post-dive operations
- 6.10 Positioning in the water and recover of the scooter
- 6.11 Correct trim and buoyancy while managing several scooters diver's horizontal position -
- 6.12 Proper use of the scooter during the descent, bottom time and ascent
- 6.13 Correct fining technique with a deactivated scooter
- 6.14 Team diving :
  - Speed adjusting
    - signals
  - line placing
- 6.15 Emergency scenarios :

#### 6.15.1. Scooter malfunctioning

- . runaway
- complete stop
- If the second s
- > . propeller line entanglement / how to fix the problems

#### 6.15.2. OOG situation; all appropriate procedures

#### 6.15.3. Towing the buddy with a deactivated scooter/ towing multiple scooters

- 6.16 Using the reel while scootering placing a line
- 6.17 Using the spools for jumps and gaps
- 6.18 Gas switching; using stage tanks
- 6.19 Scooter positioning during penetration. Recover on the way out.
- 6.20 Restriction negotiation
- 6.21 Handling in silty environment
- 6.22 Positioning during decompression
- 6.23 Awareness of the environment

#### 7. Instructor : Student Ratio

- 7.1 Theory/classroom 1:8
- 7.2 Practical
  - 7.2.1. In open water, confined area AND cave zone 1 (or comparable zone): max. 4 students per 1 instructor or instructor candidate, under normal or better conditions; must be reduced to 1:2 if situation is considerably worse
  - 7.2.2. In cave zone 2 and 3(or comparable zones): max. 2 students per 1 instructor or instructor candidate under normal or better conditions; must be reduced to 1:1 if situation is considerably worse

#### 7.3 Note

- 7.3.1. In open water and cave zone 1 (or comparable zone): assistants may only account on a basis of 1 assistant: 2 more students.
- 7.3.2. In cave zone 2 and zone 3 (or comparable zones): assistants can only be used on a 1 assistant 1 more student basis.
- 7.3.3. In all zones, assistant candidates may only account on a basis of 1 assistant candidate: 1 more student.

#### 8. Requirements for instructors/assistants

- 8.1 Responsible course director must be Overhead Environment Scooter Instructor or Overhead Environment Scooter Instructor CANDIDATE under supervision of a delegated supervising instructor from the national federation.
- 8.2 Assistants must be Overhead Environment Scooter Assistants or Overhead Environment Scooter Assistant CANDIDATES.
- 8.3 Equipment as requested under "Personal Equipment" for all staff

#### 9. Personal Equipment

#### 9.1 Mandatory Equipment:

- 9.1.1. All standard overhead environment diving equipment for dives at CMAS Full Cave Diver level AND for cave zone 3 or comparable zones respectively (incl. harness with the possibility of attaching max. 2 stage tanks, crotch-strap with front-strap D-ring)
- 9.1.2. One (1) primary long hose with a min. length of 2.10m and a max. length of 3m (7-10 feet)
- 9.1.3. Two (2) additional stage tanks per student with a min. volume of 7liters (recommended are 80cft aluminium tanks)
- 9.1.4. Each student has to bring his own Class 3 rated scooter (tow-behind style only!)

## 9.2 Recommended (suggested) Equipment:

Nothing special

## 9.3 Equipment configuration and body position:

## Scooter class 3 only - Tow behind style mandatory.

In any case the diver must wear a harness with front crotch-strap D-ring where the scooter is clipped by means of special safety spring-clip and tow leash with proper length.

- 9.3.1. **Correct equipment configuration** is a crucial factor for safe diving in general and becomes a must when diving with the scooter. As a rule, gear configuration should guarantee a very good streamlining and no elements should protrude or be left dangling.
- 9.3.2. **The diver's position** during the dive must be more as horizontal as possible (posture and buoyancy always derive from correct equipment configuration and adequate training). This ensures safety, longer running times, scooter speed and cruise comfort.

Be especially careful when setting out your equipment especially as regards : hoses, regulators, stages, SPGs, audible alarms, light cords, reels and so on; making sure they do not dangle and that they cannot come into contact with the propeller or entangle themselves on the bottom or on your buddy, creating possibly serious hazard situations

## **10. Course Facilities & Supporting Material**

- 10.1 A class room suitable to match the needs of the course
- 10.2 Minimum visibility 3m and max depth 30m
- 10.3 At least one class 3 rated scooter per any participant, instructors and assistants included
- 10.4 At least one fully operational class 3 spare scooter for backup, replacement and for emergency towing exercises
- 10.5 Suitable handouts or a manual given to every student; all this teaching material must be accredited/endorsed by the CMAS TC
- 10.6 The document "CMAS CONSTRUCTION STANDARDS FOR UNDERWATER SCOOTERS"
- 10.7 The document "CMAS CAVE DIVING STANDARDS AND TRAINING SYSTEM"
- 10.8 Corresponding documentation of CMAS certification courses "Wreck Penetration Diver" and "Under Ice Diver" (currently under development)

## 11. Final Knowledge (Theory) Evaluation

Theoretical knowledge will be evaluated with one single, written test, consisting of 30 multiple choice questions on the main topics as listed under "aims and priorities of the training".

In order to pass, the student must have a scoring of at least 80% (correct answers).

#### **12. Final Skills Evaluation**

At the end of the class the candidate has to demonstrate confidence with scooter diving in all these steps :

- 12.1 Clear understanding of the basic functions of the scooter : mechanical, electrical and nautical
- 12.2 Clear understanding of the basic scooter's maintenance
- 12.3 Proper equipment set-up for efficient scooter diving
- 12.4 The scooter operation in different environment with advantages and limitations of the machine
- 12.5 Scooter dive planning: scooter burn time and gas planning
- 12.6 Multiple scooters dive planning
- 12.7 Pre-dive and post-dive operations
- 12.8 Positioning in the water and recover of the scooter
- 12.9 Correct trim and buoyancy while managing several scooters diver's horizontal position -
- 12.10 Proper use of the scooter during the descent, bottom time and ascent
- 12.11 Correct fining technique with a deactivated scooter
- 12.12 Team diving :
  - Speed adjusting
  - Signals

### 12.13 Emergency scenarios :

- > Scooter malfunctioning  $\rightarrow$  how to fix the problems
  - OOG situation
- > Towing the buddy with a deactivated scooter/ towing multiple scooters
- 12.14 Using the reel while scootering placing a line
- 12.15 Using the spools for jumps and gaps
- 12.16 Gas switching
- 12.17 Scooter positioning during penetration. Recover on the way out.
- 12.18 Restriction negotiation
- 12.19 Handling in silty environment
- 12.20 Positioning during decompression
- 12.21 Awareness of the environment

## 13. Minimum Course duration, dives, different locations

- 13.1 Minimum of 3 days
- 13.2 Theory/Classroom : 4.0 hrs
- 13.3 Dives : Minimum 6 dives
  - Minimum duration per dive of 60min
    - Minimum of the 6 dives must take place in true overhead environment

Minimum 2 of the overhead dives must be in cave zone 2 and min. 2 dives must be in cave zone 3 or comparable environments

- 13.4 Training must take place in at least 2 different overhead environments
- 13.5 Two of the dives must include (simulated) decompression stops
- 13.6 Not more than 2 dives per day are allowed

#### 14. Certification

- 14.1 CMAS double-sided card
- 14.2 wall certificate in A4 format (left to the decision of the national federation)

#### 15. Quality Control

Compliant with CMAS Standards and the relevant procedures of the national CMAS federation

# **Training Program**

## 1. Minimum Course duration

- 1.1 Minimum of 3 days
- 1.2 Theory/Classroom : 4.0 hrs
- 1.3 Dives : Minimum 6 dives

Minimum duration per dive of 60min

Minimum 5 of the 6 dives must take place in true overhead environment

Minimum 2 of the overhead dives must be in cave zone 2 and min. 2 dives must be in cave zone 3 or comparable environments

- 1.4 raining must take place in at least 2 different overhead environments
- 1.5 Two of the dives must include (simulated) decompression stops
- 1.6 Not more than 2 dives per day are allowed

#### 2. Course contents

#### 2.1 Theory

- 2.1.1. Basic functions of the scooter: mechanical, electrical and nautical
- 2.1.2. Basic scooter's maintenance
- 2.1.3. Proper equipment set-up for efficient scooter diving.
- 2.1.4. Scooter dive planning: scooter burn time and gas planning.
- 2.1.5. Multiple scooters dive planning

### 2.2 Practical

- 2.2.1. Pre-dive and post-dive operations
- 2.2.2. Positioning in the water and recover of the scooter
- 2.2.3. Correct trim and buoyancy while managing several scooters diver's horizontal position -
- 2.2.4. Proper use of the scooter during the descent, bottom time and ascent
- 2.2.5. Correct finning technique with a deactivated scooter
- 2.2.6. Team diving :
  - Speed adjusting
  - > signals
- 2.2.7. Emergency scenarios :
  - > Scooter malfunctioning  $\rightarrow$  how to fix the problems
    - OOG situation
  - > Towing the buddy with a deactivated scooter/ towing multiple scooters
- 2.2.8. Using the reel while scootering placing a line
- 2.2.9. Using the spools for jumps and gaps
- 2.2.10. Gas switching
- 2.2.11. Scooter positioning during penetration. Recover on the way out.
- 2.2.12. Restriction negotiation
- 2.2.13. Handling in silty environment
- 2.2.14. Positioning during decompression
- 2.2.15. Awareness of the environment