



CMAS
CONFÉDÉRATION MONDIALE
DES ACTIVITÉS SUBAQUATIQUES
WORLD UNDERWATER FEDERATION



7th CMAS FINSWIMMING WORLD CUP

27-29 APRIL 2012

GLIWICE, POLAND

PARTICULAR REGULATION

1. Denomination:

The Polish Underwater Federation PZP-n – authorized by CMAS – invite all interested Federations and Clubs to participate on the 7th CMAS World Cup 2012.

The 4th Round to be organized in the period from 27th to 29th of April 2012 in Gliwice (Poland) .

2. Participation rules and races :

The competition is governed by the Finswimming International Rules of CMAS, by the Finswimming Worlds Cup-Pool Rules of CMAS, that every athlete affirms to know and to follow.

Races and categories are the following:

SENIOR (Cat. "A") M/F

50 m ap., 100 m im.,

50 m sf., 100 m sf., 200 m sf., 400 m sf., 800 m sf., **Relay: 4 x 100 m sf.**

50 m bf., 100 m bf., 200 m bf.,

JUNIOR (Cat. "B, C, D") B/G

50 m ap., (competitors of Cat. "D" cannot entering) 100 m im.,

50 m sf., 100 m sf., 200 m sf., 400 m sf., 800 m sf., **Relay: 4 x 100 m sf.**

50 m bf., 100 m bf., 200 m bf.,

IMPORTANT:

1. All team members of the respective National Federation must be affiliated to CMAS. The Clubs have to send the required approvals from their National Federations affiliated to the Sport Committee and the Finswimming Commission of CMAS.
2. All athletes have to have their respective CMAS licenses.
3. Each competitor can take part in a maximum of three (3) individual races and one (1) relay.
4. Each team can enroll a maximum of two (2) swimmers for each individual race.
5. Only clubs can participate in the CMAS Finswimming World Cup Meeting.
6. Each competitor can participate only on behalf of one (1) club during the year.

3. Competition place :

The competition will take place in the “OLIMPIJCZYK Swimming Pool” in Gliwice
The swimming pool has a length of 50m, a width of eight lanes and a depth of 2m. The temperature of the water is 26°C (± 1°C).



4. Final enrolment :

The only valid and acceptable application form is supplied as attachment with this set of rules and must be filled duly. Final enrolment has to be completed on the attached entry form and must be received before **the 5th April 2012** at the following e-mail address:

biuro@pzp-n.pl

logo@logo.gdynia.pl

5. Inscription fee :

The inscription fee: € 20 for each club; € 7 each distance ; € 14 each relay

Fee paid for not performed races will not be reimbursed. Late enrolments may be accepted with a fine of € 100. Also relays must be declared with time on the enrolment form as well, even though competitors names are not known. Payment should be made by direct bank transfer to:

Name of the Bank : BANK ZACHODNI WBK SA
I ODDZIAL GDYNIA
Address: UL. 10 LUTEGO 11
81-366 GDYNIA
Beneficiary: Polski Związek Pletwonurkowania,
Ul. Marii Curie-Skłodowskiej 19/201
81-231 Gdynia, Poland
Bank account no: SWIFT (BIC CODE) : **WBKPPLPP**
IBAN: PL9310901102000000115588285

Enrolments will only be accepted when accompanied by bank transfer receipts.

6. Preliminary procedures :

All sport documents of the swimmers will be checked on Friday, 27th April 2012 from 12.00 to 19.00 at the swimming pool OLIMPIJCZYK, Oriona 120 Street, Gliwice

7. Equipment and bottle refills :

The control of the equipment and the bottles will take place at the swimming pool OLIMPIJCZYK, Oriona 120 Street, Gliwice on Friday, 27th April 2012 from 12.00 to 19.00

8. Timer :

Electronic. Omega system.

9. Classifications :

Classifications will be based on times registered by the timekeepers, results will be compiled according to CMAS score. For distance races no finals are organized.

10. Prizes :

Individual prizes: medals will be given to the first three classified athletes in every individual race and every relay.

Teams prizes: all clubs will be given cups.

Awarding ceremonies will take place during the competition, so the involved athletes have to be at organizing staff's disposal at the right time. During ceremonies awarded athletes must wear official uniforms of their teams.

11. Antidopping :

WADA – World Antidoping Code

CMAS – Antidoping Rules

MBSZ – Antidoping Rules

Athletes accept these rules as a condition of participation.

12. Responsibility :

The Polish Underwater Federation PZP-n, CMAS, the Competition Director, Competition Officers and the Chief Judge are not responsible for accidents or damage caused to people and personal effects before, during or after the competition. The organizer ensures the presence of medical assistance.

13. National Flag :

Each team has to bring a national flag of their country with an approximate size of 2m x 1m.

14. Special Notes :

The program of the World Cup can be modified according to the needs of the organizer's judgment. Participating teams will get all information about the changes in time. Swimmers must be available for the Start Judge with their equipment complete at least 10 minutes before the race starts. Organizers reserve the right to accept and insert an athlete or relay at any time at their discretion, in or outside the official classification, on the specific request of a participating club.

Rules in general concerning this competition can be found on the website of CMAS, under the Finswimming Rules.



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PZPh



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GLIWICE, POLAND

PROGRAM

Friday 27th April 2012

- 12.00 Arriving of teams, checking of documents, payment of participant fee and accommodation fee
Check of equipment (fins, snorkels, bottles)
- 17.00 – 21.00 Training time
- 19.30 Technical meeting with trainers at the swimming pool OLIMPIJCZYK

Saturday morning 28th April 2012

- 8.00 – 8.55 Warming up
- 9.00 50 m ap M/F "A" cat.
50 m ap B/G "B,C" cat.
800 m sf M/F "A" cat.
800 m sf B/G "B,C,D" cat.
Prize Giving

Saturday afternoon 28th April 2012

- 14.00 – 15.00 Warming up
- 15.00 **Opening Ceremony**
- 15.30 50 m bf M/F "A" cat.
50 m bf B/G "B,C,D" cat.
200 m sf M/F "A" cat.
200 m sf B/G "B,C,D" cat.
100 m im M/F "A" cat.
100 m im B/G "B,C,D" cat.
Prize Giving

Sunday morning 29th April 2012

8.00 – 8.55 Warming up
9.00 100 m bf M/F "A" cat.
100 m bf B/G "B,C,D" cat.
100 m sf M/F "A" cat.
100 m sf B/G "B,C,D" cat.
400 m sf M/F "A" cat.
400 m sf B/G "B,C,D" cat.
Prize Giving

Sunday afternoon 29th April 2012

14.00 – 15.00 Warming up
15.00 50 m sf M/F "A" cat.
50 m sf B/G "B,C,D" cat.
200 m bf M/F "A" cat.
200 m bf B/G "B,C,D" cat.
4 x 100 m relay M/F "A"
4 x 100 m relay B/G "B,C,D"
Prize Giving and Closing Ceremony



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ACCOMMODATION

Organizers offer accommodation possibility during the competition with enrolment deadline **of 30th March 2012 (Enclosure 2_Booking Form):**

1. Full board accommodation is offered in the following categories:
(from Friday 27th April 2012 – dinner, until Sunday 29th April 2012 – lunch)

Hotel * 105€/person (rooms with 2-3 beds)
Hotel** 120€/person (rooms with 1-2 beds)
2. Full board accommodation is offered in the following categories:
(from Friday 27th April 2012 – dinner, until Monday 30th April 2012 – breakfast)

Hotel * 130€/person (rooms with 2-3 beds)
Hotel** 150€/person (rooms with 1-2 beds)
3. Single room extra price is 25€/person/day.

Those who do not accept either of the full board accommodations offered by the Organizing Committee but arrange their accommodation have to pay a 50€ person as organizing fee.

TRANSPORTATION

Transfer Katowice-Pyrzowice Airport – Gliwice 50€ / person / in group up to 4 person
Katowice-Pyrzowice Airport – Gliwice 40€ / person / in group 5 to 15 person
Katowice-Pyrzowice Airport – Gliwice 30€ / person / in group 16+ person
(price include arrival and departure)

BOOKING CONDITIONS AND PAYMENT

1. The booking deadline will be **on 30th March 2012**. After this period fee will be increased by 10%.
2. Payment should be made by direct bank transfer:

Name of the Bank : BANK ZACHODNI WBK SA
I ODDZIAŁ GDYNIA

Address: UL. 10 LUTEGO 11
81-366 GDYNIA

Beneficiary: Polski Związek Płetwonurkowania,
Ul. Marii Curie-Skłodowskiej 19
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DEADLINES

PRELIMINARY ENTRY (Enclosure 1 and 2) 30TH MARCH, 2012

FINAL ENTRY (Enclosure 3) 05TH APRIL, 2012

WITHDRAWAL 05TH APRIL, 2012

CONTACT:

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