





# 24th Finswimming European Championship





### **RULES**

### 1-DENOMINATION:

The F.I.P.S.A.S. with the agreement of C.M.A.S. has the pleasure to invite you at the "24<sup>TH</sup> Finswimming European Championship" in LIGNANO SABBIADORO from Monday 13<sup>TH</sup> to Friday 23<sup>TH</sup> of August 2012.

### 2 - COMPETITION PLACE:

The Competition will be held in: Ge.Tur. Sport Village - Viale Centrale, 29 – Lignano Sabbiadoro (UD) - ITALY - Number 8 lanes, 50 meters long Olympic swimming pool features a constant depth 2,10 m.



### 3 -PARTICIPATION RULES AND RACES:

Eligible to participate at this Championship are the teams of National Federations, affiliated to CMAS. Each National team should comply with the Championship Rules, Safety Requirements set by the Organizers and all other CMAS Rules and Regulations.

**Swimming pool events:** Each national team should enter not more than two (2) competitors to each individual event and not more than one team to each relay.

**Long Distance events:** Each national team should enter not more than four (4) competitors to each individual event and not more than one team to the relay.

National teams should bring two (2) national flags (m. 2,00 x m. 1,00) and a CD with the national anthem.

# Swimming-pool races:

Apnea: 50m

Immersion: 100m, 400m, 800m

Surface Finswimming: 50m, 100m, 200m, 400m, 800m, 1.500m

Bifins: 50m, 100m, 200m Relay: 4x100m, 4x200m

# Long Distance races (in the sea or in lake in case of bad conditions weather):

Individual: 6.000m, 20.000m

Relay: 4x3.000m

# 4 -CLASSIFICATION AND AWARD, :

According to CMAS Rules and Regulations.

### 5 -INTERNATIONAL JURY:

International Chief Judge: According to CMAS Rules .

### 6 - PROTEST:

According to CMAS Rules .

### 7 -BOTTLE FILLING:

Besides how much previewed from the Italian law (presence indication check "air", ministerial stamp every two years and/or certified of ministerial test), the bottles will have to be delivered in perfect state of physical integrity and will come loaded to the maximum pressure of 200 bars (atm).

They will not come accepted bottles with important signs of rust.

# 8 - DEADLINE. CONDITION FOR ENTRY AND PARTECIPATION:

# • no later than 25<sup>Th</sup> May 2012

(Annex 1) The preliminary declaration of participation and registration form to the CMAS and Organizing Committee in Italy should be sent.

(Annex 2) Preliminary Hotel Booking form and entry fee to the Organizing Committee in Italy has to be sent.

(Annex 3) The letter proving the bank transfer should be sent to the Organizing Committee .

# • no later than 5 July 2012

(Annex 4) Competitor's List has to be sent to CMAS HQ.

(Annex 5) Hotel Booking period is closed, Final Booking List has to be sent to the Organizing Committee in Italy. Participation declaration and bookings after the above indicated date would carry a 15% surcharge. We are calling all federations to observe this second deadline as hotels in the area are servicing tourism in the peak season, so the surcharge will be strictly applied.

### 9- PROGRAM OF THE CHAMPIONSHIP

# Monday 13<sup>TH</sup> August 2012

- -Arrival of the delegations
- -Documents check and delivery of accreditation at the swimming pool.

# Tuesday 14 TH August 2012

- -Training at the pool -Technical meeting of the team-leaders at the pool -Documents check and delivery of accreditation at the swimming pool.
- -OPENING CEREMONY OF THE CHAMPIONSHIP

# Wednesday 15 TH August 2012

Competition Day 1

# Thursday 16<sup>TH</sup> August 2012

Competition Day 2.

# Friday 17<sup>TH</sup> August 2012

- Competition Day 3.

# Saturday 18<sup>TH</sup> August 2012

- Competition Day 4.
- Arrival of the "Long Distance" delegations
- Documents check and delivery of accreditation at the swimming pool.

# Sunday 19<sup>TH</sup> August 2012

- Competition Day 5.
- Long distance training
- Technical meeting of the team-leaders at the swimming pool

# Monday 20<sup>TH</sup> August 2012

-Long distance competition day 1.

# Tuesday 21<sup>TH</sup> August 2012

-Long distance competition day 2.

# Wednesday 22<sup>TH</sup> August 2012

-Long distance competition day 3.

### -CLOSING CEREMONY AND PARTY OF THE CHAMPIONSHIP

# Thursday 23<sup>TH</sup> August 2012

-Departure of the delegations

### 10 -BOOKING AND ENTRY FEE:

> Choice 1: Entry fee for each participant is 900 Euro. The organizer will provide:

- Accommodations in hotel in rooms with three or four beds.
- Breakfast, lunch and dinner, beginning with the dinner of the 13 of August until the breakfast of the 23 of August 2012.
- Participation at the opening, closing ceremony and gala-diner.

# > Choice 2: Entry fee for each participant is 710 Euro. The organizer will provide:

- Accommodations in hotel in rooms with three or four beds.
- Breakfast, lunch and dinner, beginning with the dinner of the 13 of August until the breakfast of the 20 of August 2012
- Participation at the opening and closing ceremony.

# > Choice 3: Entry fee for each participant is 530 Euro. The organizer will provide:

- Accommodations in hotel in rooms with three or four beds.
- Breakfast, lunch and dinner, beginning with the dinner of the 18 of August until the breakfast of the 23 of August 2012.
- Participation at the opening, closing ceremony and gala-diner.

- > Transfer airport-hotel-airport 40 EURO per person.
- > Extra charges for single room is 50 Euro/day.
- > Extra charges for **double room** is **15 Euro/**day for person.
- > Extra day expenses 80 Euro per extra day, including 3 meals and accommodation in hotel in rooms with three or four beds.
- > Swimming pool charges: 30 euro/lane for 60 minutes. To agree availability with organization

Minimum 50% of total entry fee should be deposited at our bank no later than 25 of May 2012 to guarantee the booking.

After this date (25 of May 2012) the participation fee will be add to 10% of the total amount. The balance payment should be made at the arrival.

Organizer can accept only cash and wire transfer (bank charges are due for remitter).

### - IBAN CODE:

### IT64D0200805272000101768577 - FINSWIMMING EUROPEAN CHAMPIONSHIPS ITALY 2012

(For tax of engagements Finswimming European Championships Italy 2012 national federation of ......)

BIC SWIFT: UNCRITM10T9 - UNICREDIT BANCA AGENZIA ROMA CASSIA.

# 11- SECRETARY AND COMPETITION FEE

The participants who want to use other hotels by themselves, have to pay **350 Euro** per person for secretary, competition, opening and closing ceremony. No local transportation will be provided.

### 12- VISA

If you need visas, please send copies of the first page of passports of the members of your delegation by e-mail <a href="mailto:nuotopinnato@fipsas.it">nuotopinnato@fipsas.it</a> or contact the Italian Consulate in your country at least 30 days prior to entry in Italy.

### 12- CONTACTS:

Federazione Italiana Pesca Sportiva ed Attività Subacquee, Viale Tiziano, 70 00196 Rome (Italy)

tel: 0039632858290 fax: 0039636858109 web site: www.fipsas.it

mail: nuotopinnato@fipsas.it - cednuotopinnato@fipsas.it

# How you can get to Lignano Sabbiadoro

You can get to Lignano Sabbiadoro by various ways of transportation:

By Car - on the highway (motorway)

By car you can reach Lignano driving on the A4 Venice - Trieste motorway or on A23 motorway linking Tarvisio and Venice; the motorway exit for Lignano is made at Latisana, following the local road no 354 which ends at Lignano.

By Bus - Bus Stations

There are many bus lines which regularly depart from the northern part of Italy towards Lignano. There are special buses linking important cities in Germany, Switzerland and Austria to Lignano. More information about bus schedules and timelines: Biglietteria Autostazione Viale Gorizia, 26 Tel. 0039 0431 71373



# Bus Station Lignano SAF www.saf.ud.it

By Train - Train Stations Latisana Train station is just 20 km away from Lignano. From Latisana train station you can access by train Venice (Mestre) and its neighboring airports as well as Trieste, Udine and other main cities in Italy. Lignano and Latisana are linked by regular bus lines

Italian Railways Website: www.trenitalia.com

By Plane - Airports

The nearest airports to Lignano are *Friuli Venezia Giulia Airport* from Ronchi dei Legionari, just 58 km away from Lignano Sabbiadoro, *Marco Polo Airport* in Venice 100 km away and *San Giuseppe Airport* of Treviso, 110 km away from Lignano

City: Venice

Airport: Marco Polo

Telephone: 00390412606111 Website: www.veniceairport.it

City: Treviso Airport: St Joseph

telephone: 0039042220393 Website: <u>www.trevisoairport.it</u>

City: Trieste

Airport: Ronchi dei Legionari Telephone: 0039040631484 Website: www.aeroporto.fvg.it AMSTERDAM
BRUXELLES
STUTTGART
AUGSBURG
WARSZAWA
PRAHA
BRATISLAVA

MÜNCHEN
SALZBURG
WIENS
BRENNERO
FILER
TUMBE
LIENZ

ZÜRICH
TORINO
MILANO
WESTRE
LIGNANO
TRIESTE
VENEZIA

BOLOGIAA
FIRENZE
ROMA

Marc Adribulo

Marc Adribulo

Other information on www.getur.com.







(Full name in block letters)

Annex 1

# INITIAL ENTRY FORM Before 31 March 2012

We will participate in the 24<sup>th</sup> Finswimming European Championship 2012 in Lignano Sabbiadoro (UD) – Italy.

# **INITIAL ENTRY FORM**

(President's Signature/ stamp)

Please complete this form and send it to CMAS HQ and Italian Federation by mail at <a href="mailto:spo@cmas.org">spo@cmas.org</a> and <a href="mailto:spo@cmas.org">nuotopinnato@fipsas.it</a> no later than 31 march 2012

COUNTRY							
FEDERATION							
TOTAL NUMBE OF ATHLETES	I NAME	FEMALE					
TOTAL NUMBE OF OFFICIALS	N/I AI E	FEMALE					
TOTAL NUMBE OF DELEGATION							
Declaration of	liability:						
Release from liability: I/We hereby declare that I/we exonerate of all liability however so arising CMAS, itsaffiliates, the event Organizing Federation and/or Committee and staff, the venue owners, sponsors, and any other persons that participate at the event in respect of all and every action or claim about accidents that may occur.							
	signatures will only be v	ralid on the presentation by each Federatio <b>POLICY</b> for participants.	n of the obligatory				
Please check CMAS Procedures for participation in CMAS Championship.							
Date,	2012						





Annex 2

# HOTEL BOOKING FORM Before 25 May 2012

# **Hotel Booking Form:**

Please complete this form (type or print) and send by e-mail at <a href="mailto:nuotopinnato@fipsas.it">nuotopinnato@fipsas.it</a> and <a href="mailto:cednuotopinnato@fipsas.it">cednuotopinnato@fipsas.it</a> to the Organizing Committee <a href="mailto:before 25 May 2012.">before 25 May 2012.</a>

Cour	ntry								
Fede	ration	n							
Telep	ohone	)							
Fax		•			e- mail				
Pleas	e com	plete:	Hotel						
			Number of Rooms			From	Dat	e To	
Single	е								
Doub	le								
Multip	ole								
Extra	Nights	s: If you	u need extra nights, please t	fill in the	e followin	g:			
			Number of Rooms			From	Dat	e To	
Single	e					From		10	
Doub	le								
Multip	ole								
Moth	od o	f Payn	nent: Please check (x) in	one of	the follo	wing	,		
	nk Tra	_			f transfe				
b) Ca	sh on	Arrival							
	- B/	ANK: L	JNICREDIT BANCA AGEN	ZIA RO	MA CAS	SIA			
	IBA	N COD	E: IT64D020080527200010	176857	7 – BIC	SWIFT: UNCR	ITM10T9		
	FINS	SWIMM	IING EUROPEAN CHAMPI	ONSHIE	PS ITAL	<b>/ 2012</b>			
(For t	ax of e	engage	ments Finswimming Euro	pean C	hampio	nships Italy 20	12 national	federation of	)
Date,			_2012						
(Pres	ident	's Sign	ature/ stamp)				(Fi	ull name in block l	etters)





Federation:
Country:
Annex
We confirm that the paymenteuro from account,
Is our contribution for participation in Finswimming European Championship in Lignano
Sabbiadoro 2012.
Date2012
(President Signature/ stamp)
Federation:





Annex 4	Α	n	n	ex	4
---------	---	---	---	----	---

# Competitors List Form Before 5 July 2012

Please complete this form and send to CMAS HQ by e-mail spo@cmas.org not later than 5 July 2012

Country					
Federation					
Athletes Men			Women		
Official	Men		Women		
Official	IVIOII		VVOITICIT		
n.	NAME	First Name	Athlete, Trainer, Delegation Chief, Doctor, Judge, Other	women m	Single; ouble or nultiple ooms
1					
2 3					
4				+ +	
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					
16					
17					
18 19					
20					
21				_	
22					
23				+	
24					
25					
26				1	
27					
28					
29					
20					

Time:	Date:	ARRIVAL:
Flight No.		Airport:
Time:	Date:	DEPARTURE:
Flight No.		Airport:

Date,2012	
(President's Signature/ stamp)	(Full name in block letters)





Annex 5

# **FINAL HOTEL BOOKING FORM** Before 5 July 2012

	itee <u>no later than 5 Jul</u>		at <u>muotopimiato@i</u>	<u>ıpsas.it</u> anu <u>t</u>	<u>eunuolopinnalo@</u>	inpsas.it to the
		<u> </u>				
Country Federation						
Competitors	Men			Women		
Officials	Men			Women		
		1				
Please complete:				Da	ate	
	Number of Ro	oms	From			о
Single						
Double						
Multiple						
	<u> </u>			D.	240	
	Number of Ro	oms –	From	Da	ate T	o
Single			-			-
Double						
Multiple						
Extra Nights: If yo	u need extra nights, ple	ase fill in the fo	ollowing:			
	Number of Ro	oms –	F	Da	ate	•
Sin alla			From		<u> </u>	Ö
Single						
Double						
Multiple						
	T					
	Number of Ro	oms	From	Da	ate T	о
Single						<del>-</del>
Double						
Multiple						

A) TOTAL AMOUN	NT BY:			
BANK TRANSFER		DATE OF TRANSFER	SEE TH ATTACH DOCUM	HED
B) 50% OF TOTAL AM	OUNT AND BALANCE	E AT THE ARRIVAL:		
a) Bank Transfer		Date of transfer :		
b) Cash on Arrival				
- BANK: UNIC	REDIT BANCA AGEN	IZIA ROMA CASSIA		
IBAN CODE: IT	64D02008052720001	01768577 – BIC SWIFT: UNC	CRITM10T9	
FINSWIMMING	EUROPEAN CHAMP	IONSHIPS ITALY 2012		
(For tax of engagemen	ts Finswimming Euro	opean Championships Italy	2012 national federation of	)
Date,	2012			
(President's Signatur	re/ stamp)		(Full name in bloc	k letters)

Method of Payment: Please check (x) in one of the following:



# Finswimming Championship Out of CMAS Games Registration Version 2007/01

	!!! To sen	d to CM	AS HQ 3	month	s at lea	st before th	ne openin	ig of the c	hampionship	!!!!	
			K	ind of o	hampio	onship and	disciplin	e			
	Name of the	Continer	nt / Zone	YES	NO	<u> </u>			Discipl	ine	
World									•		ES NO
									Swimming		
Continental											
Zone									Long Dis	tance	
				N	lame, da	ate and pla	ce				
N° and na	me of the Comp	étition									
Country			(	City				Dates	from	to	
Country				only				Dates	II OIII	10	
		l unde	ersigned 📙								
	Representative	of the Fe	deration								
_											
			Position								
1.		ne athlet	es and r	nember	s of the	e above fe	deration	to particip	ate to the he	re above	mentioned
champio 2.		2012	annual du	a faas f	or the a	ffiliation to	tha Snorts	Committe	e and the Apn	oes comm	iccion have
been pai		6 2012	aiiiiuai uu	e iees i	or the a	illiation to	ine oponia	Committee	e and the April	oea comm	iissioii iiave
3.		these ath	nletes are	fit to pa	articipate	at this cha	mpionship	p and this	according to th	ne current	laws of our
,	as concerns me								_		
4.									nips will be reg		
Site With	nin and not late rathlete if this l	<u>r than 30</u>	days beto	ore the	date fixe	d for athlete	s' entries	on compet	ition venue an	d it accep	ts to pay 25
5.	certify that all						sports lice	nse			
6.	pay today to							11001			
Wo	rld championsh		2.00 EUR			ontinental o	=	ampionship	62,00 EUR		
		p	,00 _011			mber			02,00 2010	_	
	Athletes	Coach	, MD, etc	\ \ \ \/	IP Fed	IIIDEI		Othe	are		
W		W	M	W	П ГСС	W	М	Otile	713	Tot	ol.
VV	IVI		IVI	VV	IVI		IVI			100	al_
	Durchesure										
	By cheque			CMAS A	ooount l	Pangua Pan	ulaira Braz	voncele et (	Corco (PDDC)		
			,	CIVIAS	iccount i		Michelet Bi		Corse (BPPC)		
_					1	3274 Marseil					
В	y bank transfer			Cod	e IBAN				de SWIFT / BIC		
						34 8137 778			CBPFRPPMAR		
			В	ANK CC	DE: 146	07		GUIC	HET CODE: 001	05	
В	By Credit cards										
	Date			S	ignature			Stan	np of the federa	ation	
	ayment by credi										
	Name		ame of the	card h	older		N°		Expiry (	date	
American I	Name Express		ame of the	card h	older		N°		Expiry	date	
American I	Name Express ter Card		ame of the	card h	older		N°		Expiry	date	
American I	Name Express		ame of the	card h	older		N°			date	
American I	Name Express ter Card		ame of the	card h	older		N°		Expiry of Signature	date	
American I	Name Express ter Card		ame of the	card h	older		N°			date	
American I	Name Express ter Card		ame of the	card h	older		N°			date	
American I	Name Express ter Card		ame of the	card h	older		N°			date	