

# CMAS APNEA COMMISSION

# INTERNATIONAL JUDGE COURSE CONDITIONS & GENERAL INFO

 $18^{TH} - 19^{TH}$  JULY 2011,

KALYMNOS ISLAND, GREECE



# 1. INTERNATIONAL APNEA JUDGE COURSE CONDITIONS & GENERAL INFO

CMAS International Apnea Judge Course will be held in Kalymnos, Greece on 18-19 July 2011. The course will be given on the basis of Theory and Practice. The theory session will cover the details of the rules and procedures of related CMAS and Apnea Competitions. The practical part will be done just as in a CMAS Competition. But since the candidates are mandatory to attend a real CMAS competition the successful ones are excepted to be in a CMAS competition (national or International but managed by a CMAS International Judge) as Main Judge assistant for practice.

The conditions as written on the CMAS web page;

http://www.cmas.org/114-28634.php?commission=apnea are as follows;

An International Judge's Certificate will be awarded, provided:

- 1. The course can be International Judge Course (IJC) and/or Judge Assistant Course (JAC),
- 2. Even the candidates gets the same course on the theoretical part, the candidates of each part will be responsible from their part e.g. Candidate for ICS will be responsible for all items of theory and practical but candidate for JAC will be responsible for only his/her task.
- 3. The course is organized under the authorization of CMAS (and CMAS Apnea Commission),
- 4. The instructor is a CMAS International Judge appointed by CMAS for the course,
- **5.** The course outline has been approved by CMAS Apnea Commission prior to the course.
- **6.** The candidates should be selected by the local federation and proposed to CMAS.
- **7.** First theoretical training of candidate judges (CJs) will be done with the judge assistants to be used in the competition.
- **8.** The CJs will also attend to the practical issues in a competition.
- **9.** The instructor will follow the CJs at all phases, and it is up to him to make verbal or written exam for the CJs.
- **10.** At the end of the theoretical and practical process the instructor will propose who has succeeded the course as the International Judge for the approval of BoD.



Finally the candidates who passed successfully the course should practice as a Main Judge assistant in a CMAS International Championship (and/or CMAS National championship managed by an CMAS International Judge), and be approved by the Main Judge of that championship (soonest one is in Tenerife, Spain at 29 August-4 September 2011).

# 1.1 COST OF THE COURS

150 euro: without accommodation

**200** euro :2 nights with breakfast at double bed room and ceremony dinner included.

The contact person from Greek Federation for registration is Mr Tolis BELLOS tolisbellos@gmail.com and also please CC to leventu@bilgigis.com.

### 1.2 INFO ABOUT KALYMNOS

#### KALYMNOS the island of the mariners

For the majority of people Kalymnos is simply "the island of sponge divers", and this was so until a few decades ago when, the sponge diving was the main activity of the inhabitants of the island. However, Kalymnos is much more than this: It still remains unaffected by mass tourism, with proud and hospitable people, it boasts natural beauty, history and tradition. From its climbing cliffs to the rich bottom of the sea and the diving festival, the island offers strong emotions to those who do not hesitate to explore it.





# **1.3 DIVING INFORMATION**

Depths from 0-60 metres very near to the coast Water temperature on June 19-22 Celsius Air temperature 25-30 Celsius Weather sunny

Diving activities http://www.kalymnos-hotels.com/the-Skandalopetra-Freediving-games/







# 1.4 ACCOMMODATION IN KALYMNOS

All hotels on Kalymnos Island are 2 and 3 Stars. Prices at this period range from 40 to 60 Euro for a double room with breakfast, 30 to 45 Euro for a single room and 40 to 70 Euro for a triple room. You might also negotiate special deals for groups.

You can find a list of the hotels with contact details at http://www.kalymnoshotels.com/Accommodation/Hotel-List.asp

and you can also see them on a map at

http://www.kalymnos-hotels.com/Accommodation/Kalymnos-island-Hotels-on-a-Map.asp where you will also find links for online reservations with www.kalymnos-bookings.gr.

#### 1.5 **FOOD**

Although it is possible to make a half board reservation with many of our hotels, guests usually prefer to eat at the nice and cheep restaurants and tavernas around Kalymnos Island. A normal reach meal costs from 10-15 Euro.



### 1.6 COMING TO KALYMNOS

By boat: From Piraeus, Thessaloniki, Samos and all the other islands of Dodecanese.

By air:

Directly to Kalymnos Island with domestic flights from Athens

Through Kos Island's International airport which is 30 minutes away trip to Kalymnos Island

Through Rhodes Island's International airport (3 hours trip to Kalymnos)

From Bodrum: Through Kos port or Mastichari (on Kos Island too).

Please visit:

http://www.hotelelies.gr/Kalymnos-island-Greece/Travel-information/default.asp for detailed information.

Inquiries sent to the email members@kalymnos-hotels.com will be received by all our members.

Contact person Mr Nikolas Reissis Chairman of KALYMNOS HOTELIERS ASSOCIATION

Mobile: +30 6947604120

Getting to the island of Kalymnos by AIR (IATA Code: JKL)

Direct flight to ATHENS, then local Olympic flight to KALYMNOS

One or two return flights(seasonal) daily serve KALYMNOS from Athens.

Currently, the flights are ensured by the new airline Olympic Air www.olympicair.com

#### IN THE SUMMER SEASON FLIGHTS NEED TO BE BOOKED WELL IN ADVANCE

#### **Athens to Kalymnos**

Sunday, Monday, Wednesday, Friday Departure: 08:35 (OA 012), 14:25 (OA 014)

Tuesday, Thursday, Saturday Departure: 14:25 (OA 014)

**Kalymnos to Athens** 

Sunday, Monday, Wednesday, Friday Departure: 10:00 (OA 013), 15:45(OA 015)

Tuesday, Thursday, Saturday Departure: 15:45 (OA 015)

Flying time: 1 hour

Ticket Cost: € 81,00 each leg (€ 162,00 return)

Kalymnos by SEA

Blue Star Ferries: http://www.bluestarferries.gr/site/content.asp?sel=&loc=2



## SCHEDULE CAN CHANGE DUE TO SEA & WEATHER CONDITIONS

Athens (PIRAEUS) to Kalymnos

Monday, Wednesday: Ferry departs15:00 and arrives 04:20 following day

Friday: Ferry departs 15:00 and arrives 05:15 following day

Kalymnos to Athens (PIRAEUS)

Tuesday: Ferry departs 22:10 and arrives 07:50 following day

Friday: Ferry departs 01:15 and arrives04:20 following day

Saturday: Ferry departs 22:10 and arrives 09:25 following day

Ticket Cost: Deck Class - 48,50, Reclining Seat - € 53,00, Cabin Berth -€ 74,00 to 165,00

per person each leg (average cabin € 200,00 return)











