





6th CMAS FINSWIMMING WORLD CUP

15-17 APRIL 2011

SZCZECIN, POLAND

PARTICULAR REGULATION

1. Denomination:

The Polish Underwater Federation PZP-n – authorized by CMAS – invite all interested Federations and Clubs to participate on the 6th CMAS World Cup 2011

The 3th serie to be organized in the periode from 15th to 17th of April 2011 in Szczecin (Poland) on the new opened olimpic swimming pool.

2. Participation rules and races:

The competition is governed by the Finswimming International Rules of CMAS, by the Finswimming Worls Cup-Pool Rules of CMAS, that every athlete affirms to know and to follow.

Races and categories are the following:

SENIOR (Cat. "A") M/F

50 m ap., 100 m im., 50 m sf., 100 m sf., 200 m sf., 400 m sf., 800 m sf., **Relay: 4 x 100 m sf.** 50 m bf., 100 m bf., 200 m bf.,

JUNIOR (Cat. "B, C, D") B/G

50 m ap., (competitors of Cat. "D" cannot entering) 100 m im., 50 m sf., 100 m sf., 200 m sf., 400 m sf., 800 m sf., **Relay: 4 x 100 m sf.** 50 m bf., 100 m bf., 200 m bf.,

Europarty program:

SENIOR (Cat. "A") M/F and JUNIOR (Cat. "B, C, D") B/G Relay: 4 x 100 m bf

IMPORTANT:

- All team members of the respective National Federation must be affiliated to CMAS. The Clubs have to send the required approvals from their National Federations affiliated to the Sport Committee and the Finswimming Commission of CMAS.
- 2. All athletes have to have their respective CMAS licences.
- **3.** Each competitor can take part in a maximum of three (3) individual races and one (1) relay.
- **4.** Each team can enroll a maximum of two (2) swimmers for each individual race.
- 5. Only clubs can participate in the CMAS Finswimming World Cup Meeting.
- **6.** Each competitor can participate only on behalf of one (1) club during the year.

3. Competition place:

The competition will take place in the "FLOATING ARENA Swimming Pool" of Szczecin

<u>http://www.mosrir.szczecin.pl</u>. The swimming pool has a length of 50m., a width of eight lanes and a depth of 2m. The temperature of the water is $26\Box C$ ($\pm 1\Box C$).



4. Final enrolement:

The only valid an acceptable application form is supplied as attachement with this set of

rules and must be filled duely. Final enrolement has to be completed on the attached entry

form and must be received before $\underline{\text{the 1st}}$ Avril 2011 at the following e-mail address:

<u>biuro@pzp-n.pl</u> <u>sylwesterwilczki@onet.pl</u>

5. Inscription fee:

The inscription fee: € 20 for each club; € 7 each distance ; € 14 each relay

The inscription fee for Europarty is: € 10/event

Fee paid for not performed races will not reimbursed. Late enrolments may be accepted with a fine of \in 100. Also relays must be declared with time on the enrolement form as well, even though competitors names are not known. Payment should be made by direct bank transfer to:

Name of the Bank: BANK ZACHODNI WBK SA

I ODDZIAŁ GDYNIA

Address: UL. 10 LUTEGO 11

81-366 GDYNIA

Beneficiary: Polski Zwiazek Pletwonurkowania,

UI. Marii Curie-Skłodowskiej 19/201

81-231 Gdynia, Poland

Bank account no: SWIFT (BIC CODE): WBKPPLPP

IBAN: PL93109011020000000115588285

Enrolements will only be accepted when accompanied by bank transfer receipts.

6. Preliminary procedures:

All sport documents of the swimmers will be checked on Friday, 15th April 2011 from 12.00 to 19.00 at the swimming pool FLOATING ARENA, Wąska 16 Street, Szczecin

7. Equipment and bottle refills:

The control of the equipment and the bottles will be place at the the swimming pool FLOATING ARENA, Wąska 16 Street, Szczecin on Friday, 15^{th} April 2011 from 12.00 to 19.00.

8. Timer:

Timekeepers of the swimming pool of Szczecin will record electronically.

9. Classifications:

Classifications will be based on times registered by the timekeepers, results will be complied according to CMAS score. For distance races no finals are organized.

10. Prizes:

<u>Individual prizes:</u> medals will be given to the first three classified athletes in every individual

race and every relay.

Teams prizes: all clubs will be given cups.

Awarding ceremonies will take place during the competition, so the involved athletes have to

be at organizing staff's disposal at the right time. During ceremonies awarded athletes must

wear official uniforms of their teams.

11. Antidopping:

WADA - World Antidoping Code

CMAS - Antidoping Rules

MBSZ – Antidoping Rules

Athletes accept these rules as a condition of participation.

12. Responsability:

The Polish Underwater Federation Pzp-n, CMAS, the Competition Director, Competition

Officers and the Chief Judge are not responsible for accidents or damage caused to people

and personal effects before, during or after the competition. The organizer ensures the

presence of medical assistance.

13. National Flag:

Each team has to bring a national flag of their country with an approximate size of $2m \times 1m$

and a CD with the official national anthem.

14. Special Notes:

The program of the World Cup could be modified according to the needs of the organizer's

judgement. Participating teams will get all information about the changes in time. Swimmers

must be available for the Start Judge with their equipment complete at last 10 minutes

before the race starts. Organizers reserve the right to accept and insert an athlete or relay at

any time at their discretion, in or outside the official classification, on the specific request of

a participating club.

Rules in general concerning this competition can be found on the website of CMAS, under

the Finswimming Rules.





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PROGRAM

Friday 15th April 2011

12.00 Arriving of teams, checking of documents, payment of participant

fee and

accommodation fee

Check of equipment (fins, snorkels, bottles)

17.00 – 21.00 Training time

19.30 Technical meeting with trainers at the swimming pool FLOATING

ARENA

Saturday morning 16th April 2011

8.00 – 8.55 Warming up

9.00 50 m ap M/F "A" cat.

50 m ap B/G "B,C" cat. 800 m sf M/F "A" cat. 800 m sf B/G "B,C,D" cat.

Prize Giving

Saturday afternoon 16th April 2011

14.00 – 15.00 Warming up

15.00 **Opening Ceremony**15.30 **Opening Ceremony**50 m bf M/F "A" cat.

50 m bf B/G "B,C,D" cat. 200 m sf M/F "A" cat. 200 m sf B/G "B,C,D" cat. 100 m im M/F "A" cat. 100 m im B/G "B,C,D" cat.

Relay 4 x 100 m bf M/F "A" (Europarty)
Relay 4 x 100 m bf B/G "B,C,D" (Europarty)

Prize Giving

Sunday morning 17th April 2011

8.00 – 8.55 Warming up

9.00 100 m bf M/F "A" cat.

100 m bf B/G "B,C,D" cat. 100 m sf M/F "A" cat. 100 m sf B/G "B,C,D" cat. 400 m sf M/F "A" cat. 400 m sf B/G "B,C,D" cat.

Prize Giving

Sunday afternoon 17th April 2011

14.00 – 15.00 Warming up

15.00 50 m sf M/F "A" cat.

50 m sf B/G "B,C,D" cat. 200 m bf M/F "A" cat. 200 m bf B/G "B,C,D" cat. 4 x 100 m relay M/F "A" 4 x 100 m relay B/G "B,C,D"

Prize Giving and Closing Ceremony







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ACCOMMODATION

Organizers offer accommodation possibility during the competition with enrolment deadline of 14th March 2011 (Enclosure 2_Booking Form):

1. Full board accommodation is offered in the following categories: (from Friday 15th April 2011 – dinner, until Sunday 17th April 2011 – lunch)

Hotel * 105€/person (rooms with 2-3 beds) Hotel** 120€/person (rooms with 1-2 beds)

2. Full board accommodation is offered in the following categories: (from Friday 15th April 2011 – dinner, until Monday 18th April 2011 – breakfast)

Hotel * 130€/person (rooms with 2-3 beds) Hotel** 150€/person (rooms with 1-2 beds)

3. Single room extra price is 25€/person/day.

Those who do not accept aither of the full board accommodations offered by the Organizing Committee but arrange their accommodation have to pay a 50€ person as organizing fee.

TRANSPORTATION

T ransfer	Goleniów – Szczecin	50€	(for 8 persons)/transfer
	Goleniów – Szczecin 75€		(for 20 persons)/transfer
	Berlin - Szczecin	100€	(for 8 persons)/transfer
	Berlin - Szczecin	250€	(for 20 persons)/transfer

BOOKING CONDITIONS AND PAYMENT

1. The booking deadline will be **on 14th March 2011**. After this period fee will be increased by 10%.

2. Payment should be made by direct bank transfer:

Name of the Bank: BANK ZACHODNI WBK SA

I ODDZIAŁ GDYNIA

Address: UL. 10 LUTEGO 11

81-366 GDYNIA

Beneficiary: Polski Związek Płetwonurkowania,

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DEADLINES

PRELIMINARY ENTRY (Enclosure 1 and 2)

14TH MARCH, 2011

FINAL ENTRY (Enclosure 3)

01ST APRIL, 2011

WITHDRAWAL

30TH MARCH, 2011

CONTACT:

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