



# 5<sup>ème</sup> CMAS WORLD CUP 2010

Fin Swimming "Golden Finale"

October 2010 from 22<sup>nd</sup> to 25<sup>th</sup> - AIX EN PROVENCE - FRANCE

## PROGRAM

### Friday, the 22<sup>nd</sup> of October 2010

15h00	17h00	Teams arrival, CMAS licenses checking, documents, payments of financial participation and registration to the competition by Federation & FRANCE SPORT,
15h00	18h30	Equipment checking
19h00		Technical meeting with Teams Leaders
15h00	20h00	Training

### Saturday, the 23<sup>rd</sup> of October 2010

7h30	9h00	Warming up
9h15		50 AP Boys, girls (Cat B-C) - Women, men (Cat A) <i>50 AP awarding ceremony</i>
		800 SF Boys, girls (Cat B-C-D) - Women, men (Cat A) <i>800 SF awarding ceremony</i>
14h00	15h00	Warming up
15h00	15h30	Opening ceremony
15h45		50 BF Boys, girls (Cat B-C-D) - Women, men (Cat A)
		200 SF Boys, girls (Cat B-C-D) - Women, men (Cat A) <i>50 BF awarding ceremony</i>
		100 IM Boys, girls (Cat B-C-D) - Women, men (Cat A) <i>200 SF awarding ceremony</i> <i>100 IM awarding ceremony</i>

### Sunday, the 24<sup>th</sup> of October 2010

7h30	9h00	Warming up
9h15		100 BF Boys, girls (Cat B-C-D) - Women, men (Cat A)
		100 SF Boys, girls (Cat B-C-D) - Women, men (Cat A) <i>100 BF awarding ceremony</i>
		400 SF Boys, girls (Cat B-C-D) - Women, men (Cat A) <i>100 SF awarding ceremony</i> <i>400 SF awarding ceremony</i>
14h15	15h15	Warming up
15h30		50 SF Boys, girls (Cat B-C-D) - Women, men (Cat A)
		200 BF Boys, girls (Cat B-C-D) - Women, men (Cat A) <i>50 SF awarding ceremony</i>
		4 x 100 SF Boys, girls (Cat B-C-D) - Women, men (Cat A) <i>200 BF awarding ceremony</i> <i>4x100 SF awarding ceremony</i>
21h00	24h00	Golden Finale ceremony, musical gala buffet

### Monday, the 25<sup>th</sup> of October 2010

Teams' departure

Nota : the program can be changed in according with the CMAS